

Swim Team Summer Practice Schedule

9 am - 10 am: ages 13+

10 am - 11 am: ages 9 - 12

11 am - 11:45 am: ages 8 and under

11:30 am - 12 pm: ages 6 and under

2022 Swim Team Meet Schedule

July 6	Highland Lakes @ West Milford
July 13	Green Pond @ Highland Lakes
July 16	Odd Age Invitational TBD
July 20	Erskine Lakes @ Highland Lakes
July 23	Pequannock Individual Age Invitational @ Pequannock
July 27	Lake Mohawk @ Highland Lakes
July 30	Highland Lakes "B" Invitational
August 3	Highland Lakes @ Pequannock
August 4	Coaches' Choice @ Fayson Lakes
August 6	Erskine "C" Invitational Meet
August 10	Highland Lakes @ Packanack
August 13	"A" Championships @ Packanack