

The Highland Lakes Newsette



A publication of Highland Lakes Country Club and Community Association at Highland Lakes, New Jersey © 2023

Volume 2023 | Issue Number 2 | March 4, 2023

Volunteers: The Heart of Highland Lakes

BRENDA FLANAGAN, COMMUNICATIONS COMMITTEE

"When I found this house on the lake, it was like a dream come true," Joyce Healy says. She and her husband, Jack, had left Garfield, searching for a home in the country. They first tried the Adirondacks, but it just didn't fit. Finally, the Healys spotted their perfect house on the big lake, in 1989 — moved in — and instantly fell in love with the community.

For an artist like Joyce, who specializes in landscapes, Highland Lakes offered vistas that made her breath catch. It also offered her first chance to get involved with the Club at the Art Show. She entered a couple of paintings, and won! She's now been organizing Highland Lakes Art Shows for a decade. "It's the social event of the year," she says of the twoday gala held every July. But even more, "It's another avenue to hook up with people!"

Volunteers make Highland Lakes tick. The Club doesn't hire most of the folks who run all the fun activities that keep members engaged. And it also depends on volunteers to be vigilant about their community, to sign up for committees that keep the lake healthy and vibrant and clean and beautiful.

Like Joyce, members of the Highland Lakes community find their niche, something that matches their passions and talents. Joyce taught school for 38 years. She's gregarious, organized and informed. And once she got a taste of volunteering for the Art Show, she quickly found other projects where her talents could shine.

Joyce heads the Seniors Club — 90 members strong! which organizes trips to dinner theaters and baseball games, dances, and movies. She's particularly proud that it sponsors an annual Lantern Walk around the lake, and beach bonfire. It takes a lot of time and coordination. But there's far more to it, a sense of caring. Joyce says, Club members lend one another support and encouragement. She advises volunteers

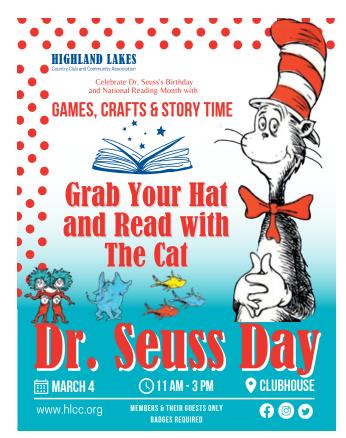


Joyce Healy. PHOTO COURTESY OF BRENDA FLANAGAN

to "take the emphasis off of 'me.' Open your eyes, and see your neighbor."

If that sounds like a lot, wait, there's more! Joyce for years has also worked with the Clubhouse Committee decorating, setting up tables, serving food, and cleaning up. Getting people to sign up isn't that hard, when they see how important volunteering is to the life of this community, she explains. "We're pretty much on the same page. Traditions are important," Joyce says. She notes, change is also important. But it's a delicate process. "We want to continue the community spirit. We want to continue the camaraderie, where you're looking out for your neighbor."

Joyce beams about the Wall of Honor dedicated on Memorial Day, 2017, in the Clubhouse Lake Room. It features rows of photos honoring family members who've served in the US Armed Forces. Joyce considers it her best idea. But she's always looking for new projects, and she'd love to help you find your volunteer niche at Highland Lakes!





Upcoming Meetings

Buildings and Grounds – Tuesday, March 7 – 7 pm Clubhouse Committee – No meeting scheduled at this time Communications Committee – Saturday, March 11 - 10 am Ecology Committee – Wednesday, March 22 – 8 pm Fish Committee – Thursday, March 16 – 7 pm Road Committee – Thursday, April 6 – 7 pm Rules and By-Laws – No meeting scheduled at this time Voting Board Workshop – Wednesday, March 8 - 7:30 pm Voting Board Meeting – Thursday, March 16 – 8 pm (Note date change)



Since all meetings are subject to change, please confirm meeting times by contacting the chairperson of the committee or the Club Office prior to the meeting time.

Upcoming Events

March 4 - Dr. Seuss Day March 10 - Teen Trivia Night March 17 - St. Patrick's Day Dinner and Show March 24 - Teen Pool Tournament Sign Up and Practice April 1 - Ghost Hunter Q&A April 22 - Earth Day at the Lake

Voting Board Roster

October 1, 2022 - September 30, 2023

Officer		Name	E-Mail	
Preside	ent	Ray Zimmerman	president@hlcc.org	
First Vice President		Lisa Entwistle	firstvp@hlcc.org	
Secon Vice Pres		Patty Thompson	secondvp@hlcc.org	
Treasu	rer	Lou Iannucci	hltreasurer@hlcc.org	
Secreta	ary	Jennifer Ziegler	secretary@hlcc.org	
Section	Trustee		E-Mail	
1	Sue Buruchian		trustee1@hlcc.org	
2	Lyle Timpson		trustee2@hlcc.org	
3	Heidi Fuhrmann		trustee3@hlcc.org	
4	Janice Fajardo		trustee4@hlcc.org	
5	Julia Campbell		trustee5@hlcc.org	
6	Melissa Hardin		trustee6@hlcc.org	
7	Stuart Blank		trustee7@hlcc.org	
8	Joan Danaher		trustee8@hlcc.org	
9	Thomas Castiglione		trustee9@hlcc.org	
10	Madeline Hollingsworth		trustee10@hlcc.org	
11	Andrea Cottrell		trustee11@hlcc.org	
12	Robert Reffelt		trustee12@hlcc.org	

Road Committee News

TOM MULCAHY, CHAIRMAN, ROAD COMMITTEE

The Club owns and maintains approximately 32 miles of roads. Each year the Club budgets a significant amount of funds for the resurfacing of roads and the improvement of road drainage and sight distance. The committee, with the help of the Club Maintenance Department, decides what improvements are needed, then makes recommendations to the Voting Board.

One such project is Shadow Lane Drainage Improvements. Work is now underway and involves installation of new drainage along the full length of Shadow Lane and a state-of-the-art filtration system to remove sediment and phosphorus from stormwater before it gets to the lake. Roadway widening, full-depth pavement reconstruction and resurfacing will complete the project in the coming months.

The committee is always looking for new members. We meet the first Thursday of the month in the lake room. Please remember that the roads are narrow and hilly with lots of blind turns, and many of our community's family members and friends regularly walk and bike around the lakes, so please drive slowly for the safety of all.

Attention Members with Long-Term Rentals

This is a reminder to register your tenants for 2023. Registrations are due either upon renewal of current lease or change in tenant. Any questions, please call the Club Office at 973-764-4366.

Just for Fun

National Days to Note

March 3	National Day of Unplugging
March 4	National Sons Day
March 5	National Cheese Doodle Day
March 6	National Oreo Cookie Day
March 8	International Women's Day
March 9	National Get Over it Day
March 11	National Promposal Day
March 12	National Working Moms Day
March 14	National Potato Chip Day
March 22	National Goof Off Day
March 29	National Mom and Pop
	Business Owners Day
March 30	National Take a Walk
	in the Park Day

Mark Your Calendar for the Teen Pool Tournament

LAUREN LA ROCCA

Form Your Team in March -**Tournament is April 28**

Teens are invited to come to the Clubhouse on Friday, March 24, at 7 pm to play pool and form their teams for the Teen Pool Tournament to be held on Friday, April 28. Whether you have a good eye for the pocket, are just starting to love the game or have never played before, all skill levels are invited to come join the fun.



Winter Pickleball

KATHIE TAYLOR

Our winter weather has been amazing and has been enjoyed by all on the courts. The moderate temperatures have been perfect for outdoor pickleball. We will continue with our winter hours during March. Come out and join us on Mondays and Wednesdays from 2 to 4 pm. Make sure to wear sneakers and your badge. If you have questions call Kathi Taylor at 973-303-2689 or Peggy Warner at 973-764-5126.

Septic Pumping

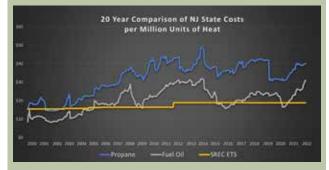
Get a \$50 account credit the next time you pump! In 2022, the Voting Board approved a limited three-year program offering a \$50 account credit to members who provide proof of septic pumping between Oct 1, 2022 - Sept 30, 2025. Regular septic pumping is the #1 recommended step we can take as individual homeowners in our community to ensure we're doing our part to help protect our lakes. So let's all do it, because it's the right thing to do anyway, and take advantage of the \$50 credit while we're at it. Read more about how you can do your part at www.epa.gov/septic/septicsmart. Send a copy of your septic pumping receipt to info@hlcc.org.



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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5 Private Member Rental	6 5:00 PM Yoga 6:00 PM Scouts 6:00 PM -7:00 PM Women's Fitness 7:00 PM Ceramics	7 9:30 AM -11:30 AM Playgroup 7:00 PM Artists Group 7:00 PM Bidgs & Grounds Comm. Mig.	8 5:00 PM Yoga 7:00 PM Darts 7:30 PM VB Workshop	9 8:00 AM Yoga and Meditation 7:00 PM Stitching	10 Teen Trivia	11 10:00 AM Communications Comm. Mtg.
12 Daleh Sarrer Brein	13 5:00 PM Yoga 6:00 PM -7:00 PM Women's Fitness 7:00 PM Coramics	14 9:30 AM -11:30 AM Playgroup 12:00 PM Senior Club Luncheon 7:00 PM Scouts	15 5:00 PM Yoga 6:00 PM Scouts 7:00 PM Darts	16 800 AM Yoga and Meditation 7:00 PM Stitching 8:00 PM VB Meeting	17 6:00 PM St. Patrick's Day Dinner and Show	18
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26 27 5:00 PM Yoga 6:00 PM -7:00 PM Vomen's Fitness 7:00 PM Ceramics		28 9:30 AM -11:30 AM Playgroup 7:00 PM Scouts	29 5:00 PM Yoga 7:00 PM Darts	30 BOO ANI Yoga and Meditation 7:00 PM Stitching	31	Ţ

A perfect place to relax and have fin! A perfect place to relax and have fin! RESTAURANT, BAR, OUTDOOR DINING, EVENT SPACE & CATERING THE UNDERGROUND downstairs bar with interactive darts, golf simulators, pool tables and shuffleboard. Available for private events.

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St. Patrick's Day Dinner and Show

ROE HALL, ADMINISTRATIVE ASSISTANT/ EVENTS COORDINATOR

Friday, March 17 at 6:30 pm - show at 7:30 pm

Come join us on St. Patrick's Day for an evening of fun, food and festivities. We are bringing our annual dinner back with a special event. This year we will be presenting O'Murphy's Irish Wake. Kathy Cogan and Glen Ryan, Highland Lakes residents, are part of KKC Theatrical Productions. This year marks the 25th Anniversary of this hilarious interactive show.

Bailey Misty O'Murphy has passed on and left behind his fortune, who will inherit it? According to his Last Will and Testament whoever is the most Irish by singing a song, doing a dance, and telling a joke to prove their Irishness is in the running.

The evening includes buffet dinner of traditional Irish fare, dessert, the show and a good time with friends and family. Tickets MUST BE purchased in advance at the office by March 10 for \$25.00 for adults and \$8.00 for kids (ages 4-12). After March 10 and at the door tickets will be \$30.00 and \$10.00.





The Highland Lakes Newsette

Earth Day in Highland Lakes

BARBARA JAGGI, ECOLOGY COMMITTEE

On Saturday April 22, 2023, join us for our annual roadside clean-up. Meet at the Clubhouse at 10 am to check in with the Ecology Committee, grab trash bags, and submit your clean-up locations. Please wear brightly colored clothing (for safety), sturdy shoes and work gloves. The Vernon DPW will pick up the bags on Monday, April 24.

At noon, head back to the Clubhouse to mark the location of filled trash bags on a map and join the Communications and Ecology Committees for lunch and a presentation. Lisa Chiariello, from Rutgers Cooperative Extension, will be presenting on Landscaping Design Tips for Lakeside Communities - Protecting Water Quality while Benefitting Wildlife.



Following the presentation, a handful of HLCC members who are experienced gardeners will be available for small group discussions about gardening in Highland Lakes and will be opening up their yards for members to tour afterwards.

Please RSVP to communications@hlcc.org for lunch and the presentation, which will happen rain or shine. The rain date for the roadside clean-up is Sunday, April 23, 2023.

Please join us on Saturday, April 22, in this community effort. Mark your calendars now so you won't forget and keep an eye out for specific areas you might want to tackle. See you at the 10 am sign in!

Teen Council Trivia Night

MELISSA HARDIN, COORDINATOR

Teen Council is hosting a Trivia Night for Highland Lakes teens and their friends on Friday, March 10, starting at 7 pm. Teens ages 13 and older are challenged to come out and test their wits. Light refreshments and snacks will be available.



Communications Committee Update

CLIMEEN WIKOFF, CHAIRPERSON COMMUNICATIONS COMMITTEE

As the new Chair of the Communications Committee, I would like to invite you to our next meeting on Saturday, March 11, at 10 am. We have a dedicated group of members but are always looking for new people to join us. Our primary focus is on Newsette production, including writing articles and editing the issues, in conjunction with the Club staff. We also work with the Communications Manager on producing content for the website, social media, and email blasts. Additionally, the committee hosts an annual New Member Party to welcome new members to the community, introduce them to the general manager and Voting Board, and share pertinent information about the Club.

This year we are very excited to be working with the Ecology Committee on Earth Day in Highland Lakes. We will be co-hosting an afternoon workshop on gardening to beautify and support the health of our lake (rain gardens, buffer planting and using native plants) following the annual morning Roadside Cleanup on Saturday, April 22. We hope to see you there!

Women's Fitness Class

KERI SCHUNDLER, INSTRUCTOR

Come join me on Mondays at 6 pm in the Lake Room for a low impact fitness class that is designed for women who want to build stronger and leaner bodies in a fun and safe space. The movements I teach are gentle enough for all ages and abilities. I blend a mix of pilates, strength training, light cardio and stretching - all you need is your mat! Using your own bodyweight, we target arms, back, abs and legs. You'll leave the class feeling invigorated and confident.



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Ecology Corner

MIKE O'NEILL, CHAIRMAN, ECOLOGY COMMITTEE

I am excited to be the new Ecology Committee Chair! Over the 25 years I have been a member, I have seen the results of the great work of the committee and plan to continue this legacy of caring for our five lakes. Stewardship for our beautiful mountain top lakes is a shared community-wide responsibility. Please feel free to contact me with your ideas.

The Ecology Committee is focused on improving and beautifying our mountain top lake environment especially related to bettering the water quality of our 5 lakes. The committee is action-oriented working together to advance initiatives between our monthly meetings. We meet every 4th Wednesday of the month via Zoom covering new topics each meeting.

So far this year (only 2 months), we have been getting results by working on the following projects:

• Aquatic Plant Life Team – provided a list of 16 locations across all 5 lakes with at least two locations per lake

Girl Scout Cookie Sale

JESSICA KLIMASH

It's Girl Scout cookie season! Please consider supporting Girl Scout Troop 98071. We will be holding a drive-thru cookie booth sale again in the Clubhouse parking lot on Sunday, April 16, from 9 am to 1 pm. The cookies range in price from \$5.00 to \$6.00 a box depending on variety. Can't eat the cookies and still want to support the girls, please consider donating a few boxes to our local first responders. Thank you for supporting our local Girl Scout troop.



Thinking about a renovation or addition? Talk to an Architect! Free no obligation consultation



Jim Schriner, AIA (973) 764-5817 1110 Lakeside Drive East HIGHLAND ARCHITECTURAL DESIGN, LLC jim@highlandarchitectural.com where we can focus more on plant removal versus use of chemicals.

• Septic Pumping By-Law Team – provided recommendation to the Voting Board for incentive based septic pumping by-laws to encourage regular septic pumping.

• Communications Team – drafted a Communications Plan for 2023 that will utilize social media and the Newsette to communicate with members about how to live at our lakes in an ecologically friendly way.

• Earth Day Team – planning an Earth Day event on April 22 that will spend the morning with the Annual Spring Roadside Clean up with midday presentations on native plants at the clubhouse.

Please join us and help contribute to our beautiful lake surroundings. Email me at ecology@hlcc.org to stay informed of our progress and meetings. I will put you on our email distribution list.

Thanks to Online Imprints

MARYANN GUNNING, GOODWILL FUNDRAISING COMMITTEE

A generous donation has been received for the Goodwill Fund once again from OnLine Imprints from the sale of apparel. Sue Buruchian continues to help support our community through this effort and we thank her.



Fish Committee Update

MICHAEL EWASKO, CHAIRMAN, FISH COMMITTEE

After a winter season of little to no ice fishing the HLCC Fish Committee members eagerly await the first fishing action of spring. Topics for discussion at the next committee meeting will include follow-up to the successful fall fish stocking as well as the ongoing study of the potential carp problem and ideas to deal with the overabundance of the fish-eating cormorants that have found a good home on our lakes. The committee welcomes new thoughts and ideas and the membership is always invited to attend Fish Committee meetings.

Meetings are held on the third Thursday of each month at 7:00 pm in the Lake Room.





Downes Tree Service Isn't the Only One Doing Tree Work

BARBARA JAGGI, ECOLOGY COMMITTEE

There has been a visitor in the main lake who has been doing some tree work. This beaver has done some tree removal at the end of Island Road as well as on blueberry island. These photos were taken by Murt Meltzer who has watched as he removed some small birches from blueberry island and stashed them under her dock. As they say, a busy little beaver.

Lucky Charms

SUE BURUCHIAN

HLCC Apparel

Get lucky this March and buy in-stock HL Apparel. Short sleeved T \$15, long sleeved T \$20 and sweatshirts \$25 are available now. As always, a portion of your purchase benefits the HL Goodwill Fund. Call Sue at 973-271-0227 to grab your lucky HLCC apparel. Official classic HLCC logos of Fisherman, Little Girl Swimmer, HL Swim Team & HL Sailing logos.

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This beautiful shot of our local wildlife was captured by

Christine Alber

Team Massimo Warriors Foundation 4th Annual Golf Outing

CAROL HASTIE

Save the date and come join us at Farmstead Golf and Country Club – 1:30 shotgun start; \$135.00 a golfer; \$45.00 for dinner only.

Get your golf clubs cleaned up and get your foursome together for an afternoon and evening of fun and games. Registration is at 12 noon with lunch, 18 holes of golf, golf cart, dinner, prizes and a basket raffle included. Don't have a foursome? That's all right, we will put you in a great group. Don't play golf? That's all right, too – come to the dinner. Proceeds help medical costs for Massimo's next surgery, which will be in April.

Massimo was born premature at 23 weeks and developed some medical problems. One leg is shorter than the other and he needs to have bone lengthening surgery every two years. The best place and one of the only places to do this is in Florida. He has to stay there for three months after surgery so his leg can be checked by the doctors. We will also help Thomas, another local resident who has leukemia. He is 6 years old and has been having extensive chemotherapy, steroid shots, radiation and whatever else is needed. Both of these boys have tremendous costs for their medical care and medication. The goal of Team Massimo Warriors Foundation is to help local children with special medical needs. So many people have helped over the years in so many ways that this is a way for the Foundation to pay it forward. In the past they have supported Sam's NICU at Morristown Medical Center, The Quantum House in West Palm Beach, Osteogenesis Imperfecta Foundation, and other local families in need.

Call me if you want to register for golf or the dinner or would like to donate anything to help.

Thank you, Carol Hastie - 973-764-6521



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Classified Ads

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5/6/23



Hiking News

DINA D'ARGENIO

On January 29 we had a small group hike around Wawayanda Lake. Interested? Join us for our next hike. For more information, email hiking@hlcc.org.

Senior Club News

JOYCE HEALY, PRESIDENT, SENIOR CLUB

Hello, my friends. Here's hoping all is well with you and your families. I'd like to start by thanking all the S/C members for always being such a great group of friends. You have each other's back, you care, you call, you send cards & greetings, you go grocery shopping, you make homemade soups, stews, meals...EVERYTHING - YOU ARE THE BEST! Thank God for all of you. Truly.

I was recently scrolling down on my phone reading the bits and pieces of "information" or mindless drivel that appears daily. This time I came across something really good to read. Let me share it with you:

11 Habits of Supremely Happy People by Dr. Travis Bradberry

1. They slow down to appreciate life's little pleasures.

2. They exercise.

3. They spend \$\$ on other people.

4. They surround themselves with the right people - which builds confidence, stimulates creativity and it's fun

5. They stay positive - they reflect on what they are grateful for...bad things happen to everyone - don't sit there and complain.

6. They get enough sleep.

7. They have deep conversations - They are better at handling difficulties.

8. They help others.

9. They make an effort to be happy.

10. They do things in person - not solely on technology

11. They have a growth mindset, i.e. I can change and try to improve by making some effort.

I read this a few times and it made sense to me. We can all have a happy life...sometimes it DOES require a little effort. So, here's what's happening with the S/C:

Our Valentine's Day Luncheon was lovely - 53 in attendance, catered and homemade fare and desserts. Thanks a

big bunch to all helpers. We met Mark Heftler (HL resident), who will be running for Vernon town council. He came to introduce himself to our Seniors. Glad to have you there, Mark.

St. Patty's Day Luncheon will be held on Tuesday, March 14, at noon in the Lake Room. Corned beef & cabbage, shepherd's pie, desserts. GOOD STUFF! If you didn't sign up for this, please give me a call. Don't miss it.

A ServSafe Food Handler's Course was offered at our facility about a month ago with a few of your S/C members in attendance. Yes, we all passed the course. We are all certified (rather than certifiable!) and we will continue to do our best to keep things healthy and safe from our kitchen, our buffet tables, etc.

We are still collecting our annual dues for S/C, \$15 per person. No rush, cash, or a check made out to Cash. I'm always on the lookout for guest speakers. So, if you are reading this, NOT a member of the S/C but have something interesting to share with us, just give me a call and we love doing "continuing education".

Please take care of yourselves and check on your neighbors from time to time. Need help with something? Have questions? Call me: 845-544-3749.

- Love ya, Joyce H.



PHOTOS COURTESY OF DINA D'ARGENIO



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Winter Carnival Successful Despite No Snow

LAUREN LA ROCCA, CLUBHOUSE DIRECTOR

Despite the mild weather and no snow, lots of families came out to participate in the carnival games and enjoy the "eats" at the Clubhouse on February 18. Kids tried their skills to win tickets for prizes as they knocked down penguins, cups and balloons. They tossed ping pong balls and bean bags. There was a photo booth for selfies and a hot chocolate bar. The Walking Tacos were a big hit, and who can resist pizza! Thanks go out to the Clubhouse teen staff and the many volunteers who helped, and a special thank you to Kerry Tobin, aka Pixie Pop, for a fabulous job face painting the kids, she was painting non-stop. I couldn't have done it without you all. Hope to see everyone next year with a bigger and better carnival.







PHOTOS COURTESY OF SUE BURUCHIAN

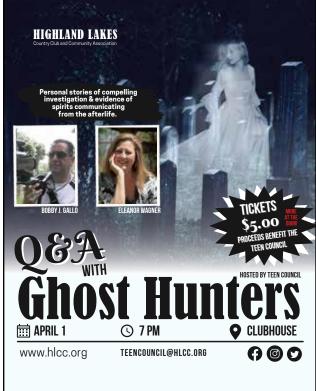
Welcome to the Paranormal

MELISSA HARDIN, TEEN COUNCIL COORDINATOR

April 1 - 7 pm

Hello Highland Lakes! Come on out to the Clubhouse on Saturday, April 1 at 7 pm to the Teen Council sponsored Q&A with paranormal investigators and authors Bobby J. Gallo and Eleanor Wagner.

Learn about haunted history and ghost hunting techniques from practicing investigators. Listen to their personal stories of compelling investigation and evidence of spirits communicating from the afterlife. Light food and refreshments will be available for a minimal cost. Ticket donation price of \$5.00 per person will be put towards future Teen Council Events. Tickets available at the Club office. Thank you and we are looking forward to this exciting evening. Please note Bobby Gallo and Eleanor Wagner will be signing their books as well.



No Ice Fishing Derby



PHOTOS COURTESY OF SUE BURUCHIAN