



The Highland Lakes Newsette

A publication of Highland Lakes Country Club and Community Association at Highland Lakes, New Jersey © 2021



Volume 2021 | Issue Number 7 | July 10, 2021

Getting to Know David Martin, General Manager

SUE ROSS, CHAIRPERSON, COMMUNICATIONS COMMITTEE



When the Communications Committee met recently to discuss feature article topics for the Newsette, Stu Blank suggested that we do a story on our new General Manager, David Martin. We all agreed it would be nice for our community to know a little bit more about him...after all, inquiring minds want to know. I took on the assignment and started by emailing David some questions. Here's what I learned.

Q. What city/town were you born in?

A. Franklin, NJ

Q. Where did you grow up?

A. Hamburg, NJ "The Children's Town," home of the long-ago shuttered Gingerbread Castle.

Q. Did you live there all of your life or move around some?

A. I lived in Hamburg until 1981 when I got married and moved to Hamilton Farm (official home of the U.S. Equestrian Team) in Peapack-Gladstone, NJ (Somerset County) for 10 years. My wife and I built a home and moved to Dingmans Ferry, PA in 1991 where we continue to live today.

Q. Do you have siblings?

A. Two brothers, one older, one younger.

Q. Where did you go to school? What was your major?

A. Raritan Valley College, Electronics and computer science.

Q. Were you involved in community management from the start, or did you gradually find yourself in this line of work?

A. I began my professional career in 1979, working for a multi-national, Fortune 100 consumer finance and insurance company, Beneficial Corporation, at its newly constructed global headquarters campus in Peapack-Gladstone, NJ. Following a series of corporate mergers, the 10-building, world-class corporate facilities which I managed, were purchased by a leading pharmaceutical firm, Pharmacia & Upjohn (now part of Pfizer). My services as Director of Facilities & Business Support Services were

included in the deal. I enjoyed a long and successful career in corporate property management at Pharmacia until 2002, when after surviving 4 corporate mergers in just 5 years, I decided to leave voluntarily in the hope of finding greater personal satisfaction in my work. I found that satisfaction in community management, which requires essentially the same skill set I had acquired as a corporate property manager, but with the added benefit of closer ties to the people I serve and the ability to affect their quality of life in positive ways. Prior to joining Highland Lakes, I served as General Manager for a large-scale, four-season private community in the Poconos for 15 years, culminating in it being recognized as Community Association of the Year by the PA/NJ Delaware Valley Chapter of the Community Associations Institute.

Q. What (if anything) do you find surprising about HL?

A. No surprises...and that's a good thing. Having grown up practically next door in Hamburg, helping out on the family farm on Route 94 (right where you now find Crystal Springs and Oxbow Stables), working seasonal jobs at Vernon Valley/Great George, and enjoying family trips to Wawayanda State Park, I learned quite a bit about HL from co-workers, family and friends.

Q. What do you like about the community?

A. I like the volunteer spirit exhibited by so many. I also love the fact that much of the history and rustic aesthetic of the community has been preserved by community leaders, while also welcoming new generations and embracing change when needed.

Q. What do you find to be most challenging?

A. Making the switch from largely self-sufficient, in-house community operations to a primarily volunteer and out-sourced mode of operation has been something of a challenge. I am accustomed to having a full complement of well-qualified managers and staff who can respond on demand to the needs of the community and are fully accountable for expected outcomes. Given my experience, it's something of a challenge to rely more heavily on a combination of volunteers and outside service providers to accomplish a multitude of tasks. This is not to say that one way is necessarily better than the other, but they are different and it requires that I take a different approach to getting things done.

Q. What do you hope to accomplish in your first year here?

A. First and foremost, do no harm! My predecessor, Jack McLaughlin, has done yeoman's work, laying the foundation for the continued growth and success of Highland Lakes over the years and providing the fiscal and administrative oversight to make that success a reality. I hope to build upon that success in my first year by bringing a new and perhaps, different perspective on ways to accomplish

our goals for the community. I expect to implement new community management and accounting systems, improve customer service with a new website that's easily accessible from any device, anywhere, anytime, and launch a secure online, members-only portal which provides members the ability to view their account, access information, submit service requests and a host of other self-help options. I'll recommend ways to improve efficiency, control operating expenses, and improve fiscal discipline and transparency by implementing best practices of the community association management industry. And as I work through my first full year as your General Manager, I will continue learning all about the wants and needs of our members and everything that makes Highland Lakes such a very special place.

Q. Where do you live now?

A. In a private lake community in Dingmans Ferry, PA.

Q. What hobbies do you enjoy?

A. I like to cook and enjoy music, mostly old blues, Motown and classic rock from the 60's, and 70's. I'm an amateur (really amateur!) musician and I have a small recording studio setup at home. I do nearly all my own auto maintenance and repairs and enjoy tinkering with various projects from time to time (e.g., guitar refinishing, amp modifications).

Q. Can you tell us a little about your home life?

A. I share my home with Theresa, my high school sweetheart and wife of 40 years, and our two chocolate Labs, Charlie and Alvie. We don't go out much except to visit nearby friends and family, preferring instead the peace and quiet of our home in the Pocono Mountains. We have been known to occasionally get hooked on historical period drama series on popular online streaming channels - she prefers fictional western and early American topics, and I tend to favor foreign dramas based on real life.

Upcoming Events

July 9 – Friday Night Lights

July 10– Beach 2 Bonfire

July 17 – GWF Community Yard Sale



Beach Water Testing Results

Below are the results of the most recent E. coli testing at the Club's beaches and swim lanes performed by Garden State Laboratories, Inc. Weekly tests are required by the State of New Jersey, and results must not exceed 320 organisms per 100 milliliters. All samples conformed to NJ State recreational bathing standards. Testing results are also reported by the lab to the Sussex County Department of Health.

	6/16	6/23	6/29
Beach 1	6.20	15.80	58.80
Beach 2 – Clubhouse	101.70	6.30	2.0
Beach 3 – Lookover Lane	5.20	6.30	<1
Beach 4 – Bushwick	12.10	7.40	1.0
Beach 5 – E. Lakeshore Dr.	3.10	7.50	1.0
Beach 6 – W. Lakeshore Dr.	2.00	<1	4.10
Beach 7 – Upper HL Dr.	3.10	133.40	9.70
Swim Lanes – Clubhouse	10.90	3.10	2.0

2021 Swim Team Schedule

Practice Schedule

9 am - 10 am: ages 13+
10 am - 11 am: ages 9 - 12
11 am - 11:45 am: ages 8 and under
11:30 am - 12 pm: ages 6 and under

Meet Schedule

July 7	Fayson Lakes @ Highland Lakes
July 14	Canistear Cup @ Highland Lakes
July 17	Pequannock Individual Age Invitational @ Pequannock
July 21	Wayne Township @ Highland Lakes
July 24	Highland Lakes "B" Invitational
July 28	Highland Lakes @ Pequannock
August 4	Highland Lakes @ Erskine Lake
August 5	Coaches' Choice @ Fayson Lakes
August 7	Erskine "C" Invitational Meet
August 11	Highland Lakes @ Packanack
August 14	"A" Championships @ Pequannock

Beach Hours

Beach 1 – 9 am -7 pm
Beach 2 10:30 am -5 pm
Beach 3 10 am – 6 pm
Beach 7 – 10 am -6 pm
Beach 4, 5, 6 - 11:30 am -5 pm*
*These beaches will be open based on staff availability- see postings at beaches.



Petitions for Trustee Positions Available

Filing Deadline - Monday, July 26

At this year's Annual Meeting on August 15, 2021, elections will be held for full, three-year terms commencing October 1, 2021, for Trustee positions for Sections 2, 9, 10, 11 and Section 5 for the remaining 2 years of the 3-year term.

In order for a candidate's name for Trustee to be on the ballot, the candidate must reside in the section, be a property owner and have been a member in good standing for the three years immediately preceding the election. The candidate is required to file a petition with the Elections Chairperson containing five signatures from members in good standing in the section electing a Trustee. Petitions will be available at the Club Office only, Monday through Friday, 10 am to 3 pm, and on Saturdays, 10 am to 1 pm beginning July 5, 2021. The petition must be received at the Club Office at least twenty (20) days before the election, which means no later than 4 pm on Monday, July 26, 2021.

Once the petitions have been certified by the Elections Chairperson, absentee ballots will become available. The absentee ballot must be received at the Club Office, either by mail or in person, with your validated 2021 Membership Card enclosed in the provided envelope no later than Wednesday, August 11, 2021, at 4 pm.

Elections will be held at the Annual Meeting on August 15. Please make sure that you attend this meeting and that you have your 2021 Membership Card and badge with you.

The Highland Lakes Newsette

Highland Lakes Country Club
and Community Association
Copyright© 2021
Roe Hall, Administrative Assistant
Sue Ross, Editor
Special Thanks to the
Communications Committee and
all of our contributors
PO Box 578 - 2240 Lakeside Drive West
Highland Lakes, New Jersey 07422
973-764-4366 / Email: hlcc@warwick.net

- Take downs
- Trimming
- Pruning
- Stump grinding

Fully Insured

FREE ESTIMATES

PO Box 3
Glenwood, NJ 07418

Trees Plus

Professional Tree Service

973.875.0147

Vernon, NJ

David Talmadge - Owner
Email: treesplus4u@mmn.com

Hiking Club

ROE HALL, EVENTS COORDINATOR

Hiking Club Needs a Leader

Do you love nature? Do you love to walk and/or hike? Highland Lakes is in need of a volunteer to coordinate hikes around the area. There are many people in the community who enjoy hiking and we need someone to bring them all together. The "job" isn't a hard one. You just need to know the area, have the desire to get people together and plan the hike. The hiking group usually doesn't meet in the summer months, but we would like to get someone on board to be ready when the fall comes. Coordinator will also be responsible for submitting articles for the Newsette as needed. Anyone interested please call 973-764-4366 or email the office at hlcc@warwick.net



High demand has an impact on everyone's electric bills

This summer, help Beat the Peak!

Register your electric water heater or central AC to save energy & earn money back!

LEARN MORE:

sussexrec.com/peak

Sussex Rural Electric Cooperative, Inc.

Schedule for Week of July 12-16

LAUREN LAROCCA, CLUBHOUSE DIRECTOR

Theme: Under the Sea
Activities will be outside and inside if it rains

Monday – July 12
10:00 am - 11:00 am: Paper Jellyfish (all ages)
11:00 am - 12:00 pm: Handprint Fish (ages 4+)
1:00 pm - 2:00 pm Ocean Slime (ages 6+)
2:00 pm - 3:00 pm Paper Circle Crab (all ages)
3:00 pm - 4:00 pm: Light Up Tropical Reef (ages 3+)
6:00 pm - 8:00 pm: Kids Ceramics (all ages) Please sign up for the following week by Wed. July 14
12:30 pm - 4 pm: Pool Room Open (10+)

Tuesday – July 13
10:00 am - 11:00 am: Paper Plate Fish (ages6+)
11:00 am - 12:00 pm: Rainbow Fish (ages 4+)
1:00 am - 1:00 pm: Crab Walk race (all ages)
2:00 pm - 3:00 pm: Egg carton Goldfish (ages 3+)
3:00 pm - 4:00 pm: Whale Puppet (ages 6+)
12:30 pm – 4:00 pm: Pool Room Open (10+)

Wednesday - July 14
10:00 am - 11:00 am: Starfish Texture Art (ages 4+)
11:00 am - 12:00 pm: Paper Roll Octopus (all ages)
1:00 pm - 2:00 pm: Under the Sea Bingo (all ages) *Win a prize*
2:00 pm - 3:00 pm: Fish Windsock (all ages)
3:00 pm- 4:00 pm Swimming Jellyfish (all ages)
12:30 pm – 4:00 pm: Pool Room Open (10+)

Thursday – July 15
10:00 am - 11:00 am: Newspaper Shark (ages 4+)
11:00 am – 12:00 pm: Puffy Bubble Wrap Octopus (ages 6+)
1:00 am - 2:00 pm: Octopus Tag (all ages)
2:00 pm - 3:00 pm: Paper Turtle (ages 4+)
3:00 pm - 4:00 pm: Cereal Box Aquarium (ages 4+) *Bring an empty cereal box
12:30 pm - 4:00 pm: Pool Room Open (10+)

Friday - July 16
10:00 am - 11:00 am: Seahorse Puppets (ages 4+)
11:00 am - 12:00 pm: Toilet Paper Frog (ages 3+)
1:00 pm – 2:00 pm: Feed the Shark (all ages)
2:00 pm - 3:00 pm: Crab Headband (ages 4+)
3:00 pm - 4:00 pm Ocean Animal Coffee Filter Sun catcher (ages 4+)
12:30 pm - 4 pm: Pool Room Open (10+)



A Message from the Clubhouse Director

LAUREN LAROCCA, CLUBHOUSE DIRECTOR

A Look into Summer Fun
Hello Highland Lakes and welcome to summer. I hope everyone is having a great start to summer. This past week has been incredible. We had a lot of kids come out and do some amazing Fourth of July arts and crafts, cake feuds and ceramics. Cake Feuds was a fun activity. Everyone had a blast decorating them. Ceramics will be every Monday night from 6 pm until 8 pm. I would also like to thank the staff for all their effort in making the activities run smoothly this week and for all of the up-coming events. Here are the themes for the summer that I hope you and your children will love and participate in:

Under the Sea - July 12 - 16
Christmas in July –July 19 - 23
Jurassic Park - July 26 - 30
Prince, Princess & Super Hero - August 2 - 6
Zoo/Farm Animal - August 9 - 13
Transportation - August 16 - 20
Bugs Life - August 23 - 27
Please come and sign up each week for the following week so that I know how many pieces to buy. If anyone can save and bring down to the Clubhouse any empty water bottles, empty toilet paper rolls, empty paper towel rolls and empty vegetable or fruit cans, we will put them to good use all summer long! Thank you.

July 2021																																																																																										
Highland Lakes Happenings																																																																																										
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																				
<div><div>Jun 2021</div><table><tr><th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th></tr><tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td></td></tr><tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr><tr><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr><tr><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr><tr><td>27</td><td>28</td><td>29</td><td>30</td><td></td><td></td><td></td></tr></table></div> <div><div>Aug 2021</div><table><tr><th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th></tr><tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr><tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr><tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr><tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr><tr><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td><td></td></tr></table></div>			S	M	T	W	T	F	S		1	2	3	4	5		6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30				S	M	T	W	T	F	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31						1 1:00 PM Bocce 7:00 PM Stitching Group	2	3 8:00 AM -11:30 AM Welcome Summer Breakfast with Ray
S	M	T	W	T	F	S																																																																																				
	1	2	3	4	5																																																																																					
6	7	8	9	10	11	12																																																																																				
13	14	15	16	17	18	19																																																																																				
20	21	22	23	24	25	26																																																																																				
27	28	29	30																																																																																							
S	M	T	W	T	F	S																																																																																				
1	2	3	4	5	6	7																																																																																				
8	9	10	11	12	13	14																																																																																				
15	16	17	18	19	20	21																																																																																				
22	23	24	25	26	27	28																																																																																				
29	30	31																																																																																								
4 Happy 4th of July	5 9:00 AM -10:00 AMAqua Aerobics 9:00 AM First Lifeguard Class 5:00 PM Yoga	6 10:00AM Women's Auxiliary Mtg. 1:00 PM Bocce 7:00 PM Sunset Yoga 7:00 PM Women's Auxiliary Wine & Cheese Gathering	7 9:00AM Aqua Aerobics 11:00 AM Jr. Singles Sunfish Race 5:00 PM Yoga 7:00 PM Swim Meet (H) 8:00 PM Voting Board Workshop	8 11:00 AM Ladies Sunfish Race 1:00 PM Bocce 7:00 PM Stitching Group	9 9:00AM -10:00 AM AquaAerobics 11:00 AM Jr. Doubles Sunfish Race 12:00 PM Senior Club 7:00 PM Friday Night Lights	10 8:00 AM Lifeguard Recert Class 10:00 AM Force 5 Race 3:00 PM Windsurf Race 7:00 PM Beach 2 Bonfire																																																																																				
11 11:00 AM FJ Race 2:30 PM Sunday Sunfish	12 9:00 AM -10:00 AMAqua Aerobics	13 10:00 AM Women's Auxiliary Mtg. 12:00 PM Sr. Club Luncheon 1:00 PM Bocce	14 9:00 AM Aqua Aerobics 11:00 AM Jr. Singles Sunfish Race 7:00 PM Swim Meet (H)	15 11:00 AM Ladies Sunfish Race 1:00 PM Bocce 3:00 PM Community Yard Sale Set Up 7:00 PM Ecology Comm. Mtg. 8:00 PM Fishing Comm. Mtg.	16 8:00 AM -5:00 PM Community Yard Sale Drop Off 9:00 AM -10:00 AM Aqua Aerobics 11:00 AM Jr. Doubles Sunfish Race 8:00 PM Voting Board Wkshp and Mtg.	17 10:00 AM Force 5 Race 3:00 PM Windsurf Race Goodwill Fund Community Yard Sale																																																																																				
18 11:00 AM FJ Race 2:30 PM Sunday Sunfish	19 9:00 AM -10:00 AMAqua Aerobics	20 10:00AM Women's Auxiliary Mtg. 1:00 PM Bocce 5:00 PM Clubhouse Comm. Mtg. 7:00 PM Sunset Yoga	21 9:00 AM Aqua Aerobics 11:00 AM Jr. Singles Sunfish Race 7:00 PM Swim Meet (H)	22 11:00 AM Ladies Sunfish Race 1:00 PM Bocce 7:00 PM Stitching Group	23 9:00AM -10:00 AM AquaAerobics 11:00 AM Jr. Doubles Sunfish Race 12:00 PM Senior Club 7:00 PM Friday Night Lights	24 9:00 AM Highland Lakes "B" Invitational 10:00 AM Force 5 Race 3:00 PM Windsurf Race																																																																																				
25 11:00 AM FJ Race 2:30 PM Sunday Sunfish	26 9:00 AM -10:00 AMAqua Aerobics	27 10:00 AM Women's Auxiliary Mtg. 1:00 PM Bocce 7:00 PM Sr. Club Mtg.	28 9:00AM Aqua Aerobics 11:00 AM Jr. Singles Sunfish Race 7:00 PM Book Club 7:00 PM Swim Meet (A)	29 11:00 AM Ladies Sunfish Race 1:00 PM Bocce 7:00 PM Stitching Group	30 9:00 AM -10:00 AM Aqua Aerobics 11:00 AM Jr. Doubles Sunfish Race 7:00 PM Friday Night Lights	31 10:00 AM Force 5 Race 3:00 PM Windsurf Race Red Hatters Picnic																																																																																				

Friday Night Lights

LOUISE STALEY, CHAIRPERSON, CLUBHOUSE COMMITTEE

Teens 13 – 18 – 7:00 - 9 pm, Clubhouse

Our Friday Night Lights season is here again. Starting Friday, July 9, food and team competitions to include: cornhole, dodgeball, badminton, egg tosses, water balloons, ladder ball. Pizza is on the menu this week. Be ready to laugh and be hungry, this informal competition will be on Fridays throughout the summer. Tentative schedule:

- 7/9 Teens
- 7/16 No FNL due to GWF Sale
- 7/23 Adults
- 7/30 Tweens

Teen Volunteers Needed

NANCY EISENBERG, CO-CHAIRPERSON,
GOODWILL COMMITTEE

Earn Hours for Appreciation

The Goodwill Fund Committee is looking for teens to help out with the upcoming Community Yard Sale on July 16 and 17. We would like you to help members needing assistance getting donated items out of their cars on Friday, July 16 and again on Saturday, July 17 to help people get items they've purchased to their cars. Hours are flexible, any time you can help from 8 am to 5 pm on Friday and 8 am to 2 pm on Saturday. Contact Mardee Ullmer at 732-996-7505.

Aqua Aerobics is Back

PAULA SCHRINER

Beach 1 – 9 am M, W, F

Aqua aerobics is happening at Beach 1 on Monday, Wednesday and Friday from 9 – 10 am through Labor Day. Please join us for the water fun. Bring your noodle, a towel, sunscreen and of course, your badge. No experience required. Any questions contact Gail Morton or Paula Schriner. Hope to see you in the water!

Badge Checkers Wanted

URSULA FAHMY, CHAIRPERSON, BADGE CHECKING

Summer is knocking on our door, and we are in for a great beach season. Thanks to all new members who have signed up to badge check, and of course to all our veteran checkers and captains. We are always looking for just an hour or two amongst many to lighten the load. For more information on becoming a badge checker at one of our beaches or launches, please contact me at ursula.fahmy@gmail.com. If you're going to be at the beach anyway, why not do your part and volunteer. Thank you.

Community Yard Sale - Saturday, July 17



Join us for lunch! The grill opens at 11:00 am. We'll be serving hot dogs, hamburgers and sausage, peppers and onions.



Join the Pink Shirt Brigade - Volunteers are needed and welcomed for the Annual Community Yard Sale, Friday, July 16 for set up and/or Saturday, July 17. Give us an hour or a day. Please contact Mardee Ulmer at mardeeru@comcast.net or 732-996-7505 to sign up.



Too big for your car? To make arrangements for pick up of large pieces or to confirm if we will accept, contact Maryann Gunning - maryanngunning@me.com. Please send the condition of a piece along with a photo. If you have no computer access, call MaryAnn Gunning at (516-319-0729).



Something for everyone – Saturday, July 17, 8 am to 2 pm

Vernon Township Housing Market Report - May 2021

"Having grown up in Highland Lakes, I understand the value in this thriving, active community. Contact me today to discuss a no-cost comparative market analysis for your property."

# Beds	Avg. Sales Price	Avg. Days on Market	Sale / Listing Price
1	\$76,500	67	103%
2	\$181,444	67	99%
3	\$266,299	47	98%
4	\$355,986	51	97%
5+	\$300,000	8	100%
TOWN	\$206,265	58	99%

Copyright, Garden State MLS, L.L.C.



carlyebers.re@gmail.com
Licensed in NJ & NY

862-268-2808 direct
973-657-9222 main office



Carly Ebers

Licensed Real Estate Salesperson
Highland Lakes Specialist

Ecology Corner

LUKE SLOTT, ECOLOGY COMMITTEE



Vegetative buffers along water bodies provide incredible benefits, or “ecosystem services” to all of us. Maintaining natural plants along our lakes, unlike plain old lawn, allows nitrogen and other chemicals to be absorbed before they can enter the lake. This reduces the likelihood of hazardous algae blooms and “sedimentation”, which is the process of dirt slowly filling the lake up over time.

Also known as “riparian buffers”, allowing plants to grow along the water provides a number of benefits including: filtering pesticides and animal waste, stabilizing banks, filtering sediment from runoff, providing shade, shelter, and food for fish and other aquatic organisms, as well as providing a safe wildlife corridor.

Riparian buffers are the most valuable protection a lake system has against outside influences. Enhancement of the buffer by re-planting native grasses, flowering plants, shrubs, and trees is the first step in the recovery of our lake back to a more natural balance.

Filtration of sediment is also important for removing chemical pollutants that bind to sediment. For example, excess phosphorus binds to soil and is found primarily in the top few inches of the soil, which are very susceptible to erosion. Trapping sediments is the most effective way to reduce non-point source pollution - vegetation removes metals, nutrients, and other chemicals from runoff via plant uptake and by facilitating bacterial degradation of the pollutants. One study found 200-800 times more nitrogen reached a stream in the non-forested segments than in forested areas.

A broad range of mammals, birds, reptiles and amphibians rely on riparian buffers for habitat. Riparian

buffers are core habitat for many semi-aquatic and terrestrial ecotone (transitional) species, such as salamanders, frogs, turtles, minks, beavers and otters, and these species require a buffer that is both long and wide. Many birds, such as herons, fishers, eagles, and ospreys, as well as some mammals, rely on forested buffers for both habitat and resting places. These birds hunt for fish in the water and nest in adjacent forests.

Given our recent struggles with harmful algae blooms, the most important benefit is the algae control provided by the plants’ uptake of nitrogen and phosphorous from fertilizers and animal waste. Buffers are a simple and inexpensive way of reducing pollution from runoff. Help protect our lakes by planting native plants along the lake.

Listed below are native plants you might want to consider, trees, shrubs, flowers and grasses as recommended by the Rutgers Agricultural Extension Service.

Trees: Arrowwood Viburnum, Black Willow River Birch, Silky Dogwood

Flowers: Blue Flag Iris, Cardinal Flower, Joe Pye Weed, New York Ironweed, Ox-eye Sunflower, Swamp Hibiscus, Swamp Milkweed, Sedges and Rushes

Need a Laundromat?

Valley Laundry, LLC
7 Vernon Crossing Road
Vernon, NJ 07422

Hours of Operation
Open 7 Days 6am -11pm

Air Conditioned
Coin Machines Available



Bonfire on the Beach

LOUISE STALEY, CHAIRPERSON, CLUBHOUSE COMMITTEE

Saturday, July 10 – 7 pm

Come to Beach 2 by the Clubhouse for our first bonfire of the season (weather permitting). Bring your own chair, snacks and sticks for s’mores. (The Club will be supplying s’mores ingredients.) Members can feel free to bring down hot dogs to roast too. We hope to see you all there with your party mood. Anyone interested in bringing their guitars or other instruments to get some campfire songs going, is strongly encouraged to do so.

Men’s Golf Outing

RAY LOUGHREN

Well it’s that time of year again. I hope everyone is well and ready for a great summer. This year the outing will be on August 6 at Black Bear Country Club, 1 pm shotgun scramble. The cost is \$110 which includes golf, dinner, prizes and a HL Golf Outing Commemorative Polo. Please include each player’s size when signing up. Any players without a requested size will receive an XL. Please contact Ray Loughren at 973-919-3270 or Mike Sweeney 973-764-7306. Thanks Ray.



Offers You a Better Way to Pay!

Take advantage of Fredericks Fuels’
Monthly Budget Payment Plan

Includes our cash discount, no finance charges, and you can include your service plan cost.

Spread your heating cost over 11 even payments. So they’re not concentrated in the winter right around the holidays.

You can pay on our secure web site or over the phone with a credit card.

It’s Service You Deserve!

- Comprehensive Service Plans
- Summer Capped Oil Price Plan
 - Air Conditioning
- Tank Protection Policy for above and in ground oil tanks
- Installation of High Efficiency Heating Equipment and Oil Tanks

(973) 697-4774
fredericksfuel.com

Master HVACR License# 19HC00204300



FULL SERVICE RESTAURANT AND BAR
INDOOR & OUTDOOR SEATING
CATERING FOR ANY SIZE EVENT
SPACE FOR PARTIES AND PRIVATE EVENTS
ORDER ONLINE

2 VERNON CROSSING RD.
GLENWOOD, NJ 07418

MARYANN GUNNING AND DEBBIE ZIMMERMAN

If you do not need help but have time or a talent to share with your neighbors, you can also contact us. Any hours you volunteer will count towards Highland Lakes' yearly Volunteer Appreciation hours. For more information, you can contact Maryann Gunning at 973-764-2054 /516-319-0729 (cell) or Deb Zimmerman 201-304-3285 or email at Maryanngunning@me.com and daz2158@msn.com. We look forward to hearing from you.



PHOTOS COURTESY OF LAUREN LARocca

KATHI TAYLOR

Sailing Fleet Schedule

LOU IANNUCCI, SAILING COORDINATOR

Questions? Call Lou at 973-764-7042 or hlccsailing@gmail.com

**NANCY EISENBERG, CO-CHAIRPERSON,
GOODWILL COMMITTEE**

Thank you for your donations.

Classified Ads



BOATS/TRAILERS: Old unwanted boats and trailers taken away for free. Also, can move boats from home to dock and shore for reasonable rates. Call Al for details: 973-271-4282 11/6/2021

MOUNTAIN CHIMNEY SWEEP: Since 1977. We clean, repair, reline and inspect chimneys. Also repair heatilators, replace dampers, chimney caps and repointing. Fully insured, call 973-764-3125. 7/17/21

GEORGE EDMONDSON MASONRY: All types masonry. Specializing in fieldstone, fireplace and brick chimneys. Complete restoration of old stone chimneys. All repairs such as pointing, stone walls, patios and retaining walls. All types of sealing stone work. Home additions and add-ons. Waterproofing basements. All types of excavation. Thirty-one years in business. Fully insured. Call 973-764-1359. 3/5/22

WANTED: Part-time experienced driver in August and September for groceries, drug store, recycling, bus station, this and that. Very flexible hours, good hourly pay. Please email Naomi at: nomiw1305@gmail.com. 7/17/21

JP ELECTRIC: Free estimates, insured and bonded. Serving HLCC since 1986 license and permit #8521. Brian Boeren 973-670-4175. 5/2/21



**Mark Your Calendar
Family Day is Sunday,
August 1
Rain Date – Sunday,
August 8**

Sailing Clinic Well Attended

SUE BURUCHIAN

Tuesday, July 6

Over 25 new sailors attended the Basic Sailing Clinic held last week. So great to have the sailing interest continue whether pleasure or sport. Hope to see all you new sailors out on the water. You can do this! Special thanks to my husband Mark who helped me endlessly during the clinic and to Kevin Murphy who showed up to lend a hand as well. Looking forward to a great sailing season on the lake. For those who attended the clinic, check your emails for the handouts and if you have questions, just email or call: buruchianfamily@ptd.net or 973-271-0227.



PHOTO COURTESY OF JIM FOLEY

Tom Watson

GO-GREEN PEST SOLUTIONS
973-764-5332

Residential Services - Gutter Cleaning
Commercial Services - Nuisance Wildlife Control

www.gogreenpestsolutions.com License #90321B

BBB ACCREDITED BUSINESS

M-F: 9-6
W: 9-7
S-S: 9-5

Healthy Thymes MARKET

EXPERIENCE MATTERS
Serving our community for over 31 years!

FRESH • ORGANIC • LOCAL
Nutritionists on staff!

SAVE 20%
ON YOUR NEXT PURCHASE
WITH THIS COUPON!

265 ROUTE 94 VERNON, NJ
973-209-8555 www.healthythymes.com

FOLLOW US [f/HealthyThymesMarket](https://www.facebook.com/HealthyThymesMarket) [@HealthyThymesMarket](https://www.instagram.com/HealthyThymesMarket)

WARREN W. CONSTRUCTION, L.L.C.

RENOVATIONS
CUSTOM CARPENTRY & DESIGN
EXCAVATIONS
DECKS & DOCKS
ALL ASPECTS OF CONSTRUCTION
WORKERS COMP & LIABILITY

WARREN WALDRON JR.
973-534-9507

MIKULIK LAWN & LANDSCAPE
"Reliable, Convenient, Professional"

John Mikulik, Owner
Vernon, NJ
973-459-9810

mikuliklawnandlandscape.com

NJHC #13VH08884200
NJ Pest Lic #90842B
NY Pest Bus #17046
Fertilizer Cert #C005426

Lawn Fertilization Programs, Landscape Design and Planting, Shrub Fertilization and Trimming Programs, Mosquito Control, Tick Control, Emerald Ash Borer Treatment, Hemlock Woolly Adelgid Treatment, Poison Ivy Control, Mulch and Gravel Weed Control, Lawn Installation and Reseeding, Flower Planting, Mulching, Lawn Maintenance Packages, Organic Programs, and More!

Thinking about a renovation or addition?
Talk to an Architect!
Free no obligation consultation



Jim Schriener, AIA

(973) 764-5817 1110 Lakeside Drive East
HIGHLAND ARCHITECTURAL DESIGN, LLC
jim@highlandarchitectural.com www.highlandarchitectural.com

Building Dreams

License # 13VH01699300

Sunday Sunfish July 4 Series

MLADEN KRESIC, FLEET CAPTAIN

“The Open Season or the Season is Open?!”

It is really great to be sailing again – without worrying about breathing on the lake! Once again the July 4 Series was a great reminder to all of us of how lucky we are to be here at Highland Lakes. While the winds were not great the heat and humidity were relatively low...and no one complained – all just happy to be on the water, even if we baked a little.

OK, so the winds on July 4th were not the greatest – 4-5 mph gusts (at best). We had 14 or 15 boats (depending on whose count you use – more on that later), with 2 experienced juniors (Richie Amato and Dennis Jimenez). Included were some newcomers with a new boat – welcome Chris C. Whatever wind we had was highly variable – we called a Course 1, but could have easily been 1, 2 or 3!

In Race 1, as is most often the case regardless of the season, Mark was already in the lead at the first mark, followed closely by Rich M. and James S. On the downwind the entire fleet made up ground – so much so that when crossing the Eckhart dock, we were lined up as if the race was just starting --- alas, not the case, as Mark, Rich and James quickly pulled away, followed by Dennis who was 4th. This was the order of finish with David in a close 5th in a photo with me 6th, Rob Schaap (congrats!) 7th and Bob 8th. It really was a close finish with Chip, Richie, Col Wayne, our newcomer Chris nosing out Mike (sailing with Sarah) and Roger in that order.

A very slow low wind Race 2 started and pretty much finished in the following order. Richie giving chase to Mark the entire way, with James S. once again third and Rich M. 4th. In a photo I nosed out Bob followed closely by Dennis and Gpa Chip. Dave was next with another good finish by Bob, Wayne, Mike, Chris and Roger.

On Monday July 5, the prospects looked dim around 10 am with a fog on the lake, but when it lifted we had better wind than the day before. This time we had 10 sailors, and it was a definite Course 1, with 6-7 knot gusts. Of course this being Highland Lakes, there were some considerable lulls in the wind at the most inopportune times.

The first race (Race 3 of the July 4 series) was a red course. Nothing changed at the top in the first race from the day before – Mark took off, followed by Richie and James, who was the only one on starboard at the start line....While I was on port...well, giving way I lost sight of the leaders as they steamed away. Chip was 4th with a great race, with John Wayne in close 5th. I caught up a bit as distant 6th with David close behind, followed by Bob, Wayne and Rob.

In the second race (Race 4) we got a bit excited by the prospect of more wind and called a long downwind leg to the white buoy by the dam. Of course, that guaranteed a lull in the wind on the downwind leg! But the finish was great with some very nice gusts. Richie this time edged out Mark with James in 3rd once again. Congrats to all 3, Mark for winning the July 4 Series, Richie for taking a race and James for definitely winning the Mr. Consistency award (4x3!)? Bob had a great finish in 4th with JW 5th, yours truly 6th followed by David, Wayne, Chip and Rob.

Thanks to all who showed up for the July 4 series. We hope to continue having a great turnout throughout the season! For any new entrants, my contact info is

mladen@negotiators.com or call/text me at (203) 918-1102.

Thanks Allan and Brett for once again doing a fantastic job calling all the races. We are very lucky to have the best dock committee!

Important Notes:

- Please put numbers or letters on your sails so the dock committee can identify you more easily.
- Most importantly, check in before the racing starts. When we have many boats, we want to make it as easy as possible for Allan and Brett to score the race accurately.

Sunday Sunfish team, please have a great week, and I look forward to seeing you next Sunday. Spread the word! Please check the sailing schedule periodically for any changes or updates.

The default for every week will be 2 races.

July 4 Race 1

1. Mark Buruchian
2. Rich Mastrangelo
3. James Sullivan
4. Dennis Jimenez
5. David Goldman
6. Mladen Kresic
7. Rob Schaap
8. Bob Tomsey
9. Chip Ehrhardt
10. Richie Amato
11. Wayne Wisniewski
12. Chip Conti
13. Mike and Sarah Gillooley
14. Roger Kirchner

July 5 Race 3

1. Mark Buruchian
2. Richie Amato
3. James Sullivan
4. Chip Ehrhardt
5. John Wayne Wisniewski
6. Mladen Kresic
7. David Goldman
8. Bob Tomsey
9. Wayne Wisniewski
10. Rob Schaap

July 4 Race 2

1. Mark Buruchian
2. Richie Amato
3. James Sullivan
4. Rich Mastrangelo
5. Mladen Kresic
6. Bob Tomsey
7. Dennis Jimenez
8. Chip Ehrhardt
9. David Goldman
10. Rob Schaap
11. Wayne Wisniewski
12. Mike Gillooley
13. Chip Conti
14. Roger Kirchner
15. John Wayne Wisniewski

July 5 Race 4

1. Richie Amato
2. Mark Buruchian
3. James Sullivan
4. Bob Tomsey
5. John Wayne Wisniewski
6. Mladen Kresic
7. David Goldman
8. Wayne Wisniewski
9. Chip Ehrhardt
10. Rob Schaap

Windsurf Happenings

KEVIN GASTON, FLEET CAPTAIN

A Tale of Two Winds

Kaboom! The season opener got off with a blast on Fourth of July weekend. Under cloudy skies and with temperatures in the low 60s, the conditions were certainly not ideal, however, a somewhat steady 6mph wind ushered in from various directions, namely north and east and all points in between. I made the call for a Number 3 course. That line of thinking changed when Justin suggested a course that is not yet on record - a “Number 4” course. It goes something like this: “Clubhouse Red”- “Rock Island Red”- “Big Island Red” and finish with all buoy roundings to starboard.

We all reached the first mark at the same time in the first race. Positions changed dramatically on the second leg. That’s when we suspected Justin of having a motor attached to the underside of his board. I hadn’t even rounded the second mark when he already had rounded the third. Then everything changed. When I finally rounded mark Number 3, I noticed that Justin and Joey were struggling to get to the finish line due to a northerly header while I was on a much faster beam reach courtesy of an easterly lift. The final result made for a more exciting finish with Justin holding on to first place by just a board length.

When the second race ended, it was Joey who was all ear-to-ear smiles as he logged his first victory of the young season after just his second race. Our races are a little bit challenging at times but a lotta fun. See you on the line.

Race 1

- 1- Justin Murphy
- 2- Kevin Gaston
- 3- Joey Gaston

Race 2

- 1- Joey Gaston
- 2- Justin Murphy
- 3- Kevin Gaston

