

The Highland Lakes Newsette

A publication of Highland Lakes Country Club and Community Association at Highland Lakes, New Jersey © 2021



Volume 2021 | Issue Number 8 | July 17, 2021

Summer Morning Soundtrack

JACQUELYN GREEN, COMMUNICATIONS COMMITTEE

We are reminded numerous times in our lives, to stop and smell the roses. A basic mindful approach, to slow down and notice what is going on around us. What do you see, hear, smell, taste or feel? A subliminal reminder, to ground yourself. We can get so busy, being busy, that the sights and sounds surrounding us, can be taken for granted. We are so lucky, here at Highland Lakes, to be encompassed by immeasurable flora and fauna. Take a moment, if you will, to acknowledge our summer morning soundtrack, courtesy of our resident songbirds.

There is no denying the awe inducing sights of some of the most majestic of feathered friends, in our area. How fortunate we are, that our nation's bird, has chosen a spot on our lakes to call home. Words fail to explain the magnificence felt, as you watch the eagles gracefully soar to and from their nest perched high above in a tree, by our islands, on the Main Lake. Watching a gulp (group) of cormorants fishing over the lake, hovering and diving, is nothing shy of a national geographic show, right before your eyes. Catching a glimpse of a blue heron, standing in shallow water, or gliding low around the lake's edge, with its' exaggerated bill and long crooked legs hanging below its body, can be likened to a prehistoric feathered creature sighting. Let us not forget, the beautifully colored mallard duck, looking so calm, cool and collected. Sporting its

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RETURNS

SATURDAY JULY 17

DONATION DRUP-OFFS ACCEPTED

FILDAY JULY 16 FROM BAM-59 M

DETAILS IN THE NEWSETTE & AT HIGC.ORG - VOIUNTEERS WELCOME!

iridescent emerald "hair-do", divinely slicked back, never a feather out of place. Perfectly painted, appearing to effortlessly move smoothly across the lake, while it paddles feverishly below the waters' surface. While you may, actually hear the stereotypical "quack" from this one, I can't help but feel the beat, of a most memorable song from the Bee Gees, as it leaves a photographic ripple in its wake. But the songbirds, the small chirping fowl, that fill our air with music, those are the unsung heroes of our morning.

Now we have some common early morning squawkers, such as the blue jays, robins, orioles and sparrows. Coincidentally, in years past, HLCC and CA had a girls softball league, respectively named after these four birds. Of this bunch, the Blue Jays are one of the larger sized songbirds. Stunning with their various shades of blue feathers and tile-like patterned wing feathers. Their bellies are subdued, fashioned in feathers of a whitish grey color. Fancily wearing a thin black necklace and winged eyeliner, the blue jay is intelligent and adaptable. Although it does have other calls, it is most recognized by its loud, piercing screech, which can feel somewhat intimidating and aggressive.

In contrast, the robins' colorings are earth toned wings, with brightness only peaking through its belly of orange. The robins' call has a softer tone to it. A little bit of chirping

with some singing thrown in. Very much the quintessential parent figure, stern, yet loving. It can often be seen, on a freshly mowed lawn, fulfilling the cliché "the early bird catches the worm". Do not underestimate the stark contrast in color and sound, the robin is fiercely protective of its territory and young.

Now the oriole is a bird, I know I have heard, but, I have yet to see. Feathered in deep black and bright orange colors, it carries a beautifully mid pitched tone, perfectly tuned to delight the ears. Nothing harsh, nothing brash, just a comforting song to fill the air. These birds are well known for their remarkable nests that dangle precariously from unimaginable heights.

Lastly the sparrow, quite unassuming in size and color, is camouflaged in browns and whites. It can be seen flitting and fleeting about the grounds and the trees. What it lacks in luster, it makes up for in song. Although higher in pitch than the oriole, its song is still right on the cusp of sweetness. There is a busyness in its actions. Yet when the sparrow sings, it seems to hold its notes longer. Its song is very calming and soothing.

We should all take lessons from nature. In the hustle and bustle of our lives, take a moment to unplug, get grounded and whistle while you work.

Q&A About Algae, Beach 5 Closure and Lake Treatment Protocol

DAVE MARTIN, GENERAL MANAGER

By now you may have heard of the recent closure of Beach 5, on Lake 4 (Upper East Highland Lake). Many of you may have called or emailed your Trustee, the General Manager or Club office to ask questions or express concern about lake conditions. While we try to respond to every inquiry we receive, the truth is that the calls and emails are highly repetitive and place a strain on time and resources when providing the same answers again and again. So that which follows is a summary of the most common questions and answers we have received.

Q: What causes "bad" lake conditions such as algae and green water?

A: The leading causes are excess nutrients in the water, higher than normal temperatures and bright sunny days. Excess nutrients occur naturally and because of human activity. For example, rainwater runoff washes organic compounds and minerals into the lakes and streams from the surrounding lands. But this same runoff also carries with it your grass clippings, lawn and garden fertilizers, detergents, and seepage from poorly operating septic

systems. When excess nutrients combine with warm sunny weather algae blooms can occur.

Q: Why was Beach 5 closed and when will it reopen?

A: Algae cell count sample results reported on June 9th indicated elevated levels of specific types of algae known to have the potential of creating HABs. The beach was closed because the cell counts exceeded the NJDEP recommended advisory level. Follow up tests conducted on Monday, July 12th showed that the level was lower, but not yet below the recommended NJDEP threshold for reopening. Treatment is scheduled Thursday, July 15th and will be followed by another cell count sample on Friday. Beach 5 will be reopened only after 2 successive samples indicate that the blue-green algae cell counts are below the recommended threshold.

Q: Should I be concerned about all the algae I see in/ on the lakes? Is it all harmful?

A: No. In fact, most algae are harmless and amount to nothing more than an unsightly and sometime smelly nuisance. However, cyanobacteria, also known as blue-

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Beach Water Testing Results

Below are the results of the most recent E. coli testing at the Club's beaches and swim lanes performed by Garden State Laboratories, Inc. Weekly tests are required by the State of New Jersey, and results must not exceed 320 organisms per 100 milliliters. All samples conformed to NJ State recreational bathing standards. Testing results are also reported by the lab to the Sussex County Department of Health.

	<u>6/23</u>	6/29	7/7
Beach 1	15.80	58.80	38.8
Beach 2 – Clubhouse	6.30	2.0	2.0
Beach 3 – Lookover Lane	6.30	<1	33.2
Beach 4 – Bushwick	7.40	1.0	6.3
Beach 5 – E. Lakeshore Dr.	7.50	1.0	22.8
Beach 6 – W. Lakeshore Dr.	<1	4.10	7.3
Beach 7 – Upper HL Dr.	133.40	9.70	12.1
Swim Lanes - Clubhouse	3.10	2.0	3.0

2021 Swim Team Schedule

Practice Schedule

9 am - 10 am: ages 13+ 10 am - 11 am: ages 9 - 12 11 am - 11:45 am: ages 8 and under 11:30 am - 12 pm: ages 6 and under

Meet Schedule

	Pequannock Individual Age
July 17	Invitational @ Pequannock
July 21	Wayne Township @ Highland Lakes
July 24	Highland Lakes "B" Invitational
July 28	Highland Lakes @ Pequannock
August 4	Highland Lakes @ Erskine Lake
August 5	Coaches' Choice @ Fayson Lakes
August 7	Erskine "C" Invitational Meet
August 11	Highland Lakes @ Packanack
August 14	"A" Championships @ Pequannock

Beach Hours

Beach 1 – 9 am -7 pm

Beach 2 10:30 am -5 pm

Beach 3 10 am - 6 pm

Beach 7 – 10 am -6 pm

Beach 4, 5, 6 - 11:30 am -5 pm*

*These beaches will be open based on staff availability- see postings at beaches.



Petitions for Trustee Positions Available

Filing Deadline - Monday, July 26

At this year's Annual Meeting on August 15, 2021, elections will be held for full, three-year terms commencing October 1, 2021, for Trustee positions for Sections 2, 9, 10, 11 and Section 5 for the remaining 2 years of the 3-year term.

In order for a candidate's name for Trustee to be on the ballot, the candidate must reside in the section, be a property owner and have been a member in good standing for the three years immediately preceding the election. The candidate is required to file a petition with the Elections Chairperson containing five signatures from members in good standing in the section electing a Trustee. Petitions will be available at the Club Office only, Monday through Friday, 10 am to 3 pm, and on Saturdays, 10 am to 1pm beginning July 5, 2021. The petition must be received at the Club Office at least twenty (20) days before the election, which means no later than 4 pm on Monday, July 26, 2021.

Once the petitions have been certified by the Elections Chairperson, Absentee Ballots will become available. The Absentee Ballot must be received at the Club Office, either by mail or in person, with your validated 2021 Membership Card enclosed in the provided envelope no later than Wednesday, August 11, 2021, at 4 pm.

Elections will be held at the Annual Meeting on August 15. Please make sure that you attend this meeting and that you have your 2021 Membership Card and badge with you.

The Highland Lakes Newsette

Highland Lakes Country Club
and Community Association
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Judy Norton, Editor
Special Thanks to the
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all of our contributors
PO Box 578 - 2240 Lakeside Drive West
Highland Lakes, New Jersey 07422
973-764-4366 / Email: hlcc@warwick.net

Friday Night Lights will return on Friday, July 23, with fun and games for the adults.

Flotation Devices

HLCC WATER SAFETY

All swimmers (toddlers through seniors) may use flotation devices such as swimmies, rafts, tubes, etc. as long as while they are using these devices they stay where they can STAND! Thanks for your cooperation.

For Your Information

Beach #	Location
1	Lake 1 (park area of Upper Highland Lake)
2	Main Lake at the Clubhouse
3	Main Lake (Lookover Lane at Lakeside Drive East)
4	Main Lake (Lakeside Drive East near Island Drive)
5	Lake 4 (East Lakeshore Drive)
6	Indian Lake (West Lakeshore Drive extension)
7	Lake 5 (Upper Highland Lakes Drive at Tranquility Drive)

Upcoming Meetings

Buildings and Grounds – No meeting scheduled at this time Clubhouse Committee – Tuesday, July 20 – 5 pm Communications Committee – Saturday, July 24 Ecology Committee – Thursday, August 19 – 7pm Fishing Committee – Thursday, August 19 – 8pm Planning Committee – No meeting scheduled at this time Road Committee – Thursday, August 5 – 7:30 pm Rules and By-Laws – No meeting scheduled at this time Voting Board Workshop – Wednesday, August 11 – 8pm ANNUAL MEETING – Sunday, August 15 – 2 pm Voting Board Meeting – Friday, September 17 – 8pm

Since all meetings are subject to change, please confirm meeting times by contacting the chairperson of the committee or the Club office prior to the meeting time.

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Schedule for Week of July 19-23

LAUREN LAROCCA, CLUBHOUSE DIRECTOR

Theme: Christmas in July

Activities will be outside but inside the Clubhouse if it rains. Activities listed for time frames 11 am – 4 pm will also be held at Beach 1 weather permitting

Monday - July 19

 $10\ \mathrm{am}$ - $11\ \mathrm{am}$: Handprint Christmas tree canvas (all ages)

11 am - 12 pm: Christmas chains (snowman, Santa and reindeer) (ages 4+)

1 pm - 2 pm: How to grow a candy cane (ages 6+)

2 pm - 3 pm: Melted snowman (all ages)

3 pm - 4 pm: Salt dough keepsake (ages 3+)

6 pm - 8 pm: Kids ceramics (all ages)

Please sign up for the following week by Wed. July 21

12:30 pm - 4 pm: Pool room open (10+)

Tuesday - July 20

10 am - 11 am: Popsicle stick gingerbread house (ages6+)

11 am - 12 pm: Paper plate baubles/popsicle ornaments (ages 4+)

1 pm - 2 pm: Crepe paper Christmas game (all ages)

2 pm - 3 pm: Christmas toilet paper roll (ages 3+)

3 pm - 4 pm: Pine cone tree (ages 6+)

6 pm – 8 pm: Gingerbread house making/feed Santa bean bag toss/the great Candy Cane Pass/ Pin the nose on the snowman/ snowman smash/ Santa hat ring toss/ Rudolph ring toss

12:30 pm – 4 pm: Pool room open (10+)

Wednesday - July 21

10 am - 11 am: paper plate Christmas tree (ages 4+)

11 am - 12 pm: popsicle stick reindeer (all ages)

1 pm - 2 pm: holiday milk experiment (all ages)

2 pm - 3 pm: marshmallow stamped gingerbread men (all ages)

3 pm- 4 pm swimming jellyfish (all ages)

12:30 pm - 4 pm: pool room open (10+)

Thursday - July 23

10 am - 11 am: paper plate Christmas elf (ages 4+)

11 am – 12 pm: clothes pin Christmas (ages 6+)

1 am - 2 pm: Christmas bingo (all ages)* win a prize

2 pm - 3 pm: Christmas wreath (ages 4+)

3 pm - 4 pm: Santa binoculars (ages 4+)

12:30 pm - 4 pm: pool room open (10+)

Friday - July 24

10 am - 11 am: Grinch handprint card (ages 4+)

11 am - 12 pm: puffy paint snow globe (ages 3+)

1 pm - 2 pm: shave Santa's beard (all ages)

2 pm - 3 pm: accordion paper reindeer (ages 4+)

3 pm - 4 pm marshmallow ornaments (ages 4+)

12:30 pm - 4 pm: pool room open (10+)

Upcoming Events

July 17 - GWF Community Yard Sale



Expanded Schedule for Boys and Girls Softball Leagues

ORLANDO GOMEZ, ATHLETIC DIRECTOR

Boys and girls Farm Team T-ball will be on Mondays at 9 am (ages 4-5).

The boys Mosquito and girls Gem Leagues (ages 6-8) will be combined and held on Tuesday mornings at 9 am. These morning sessions are being added at the request of and will be conducted by Coordinators, Tom Marry (asphaltrepairman@verizon.net) and Chip Ziegler (Chip@zieglerchemical.com), who have volunteered their services for many years.

The Youth Athletics Program Schedule published on our website remains in effect and includes co-ed softball clinics on Wednesdays and Saturdays as follows.

Wednesdays:

4 pm ages 5 – 7;

5 pm ages 8 – 10;

6 pm ages 11 – 13

Saturdays:

10 am ages 5 - 7;

11 am ages 8 - 10;

12 pm ages 11 - 13

Volunteers are needed and welcome to help keep our summer athletics programs a fun-filled success for all. Please consider stepping up and lend a hand for the kids.

Any questions, please contact Athletic Director Orlando Gomez at (201) 421-5538.



July 2021

Highland Lakes Happenings



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6 7 13 14 20 21	Jun 2021 T W T F S 1 2 3 4 5 8 9 10 11 12 15 16 17 18 19 22 23 24 25 26 29 30	S M T W T 1 2 3 4 5 8 9 10 11 12 15 16 17 18 19 22 23 24 25 26 29 30 31	20 21	1:00 PM Bocce 7:00 PM Stitching Group	2	8:00 AM -11:30 AM Welcome Summer Breakfast with Ray
Happy 4th of July	9:00 AM -10:00 AM Aqua Aerobics 9:00 AM First Lifeguard Class 5:00 PM Yoga	6 10:00 AM Women's Auxiliary Mtg. 1:00 PM Bocce 7:00 PM Sunset Yoga 7:00 PM Women's Auxiliary Wine & Cheese Gathering	9:00 AM Aqua Aerobics 11:00 AM Jr. Singles Sunfish Race 5:00 PM Yoga 7:00 PM Swim Meet (H) 8:00 PM Voting Board Workshop	8 11:00 AM Ladies Sunfish Race 1:00 PM Bocce 7:00 PM Stitching Group	9:00 AM -10:00 AM Aqua Aerobics 11:00 AM Jr. Doubles Sunfish Race 12:00 PM Senior Club 7:00 PM Friday Night Lights	8:00 AM Life guard Recert Class 10:00 AM Force 5 Race 3:00 PM Windsurf Race 7:00 PM Beach 2 Bonfire
11:00 AM FJ Race 2:30 PM Sunday Sunfish	9:00 AM -10:00 AM Aqua Aerobics 5:00 PM Yoga	10:00 AM Women's Auxiliary Mtg. 12:00 PM Sr. Club Luncheon 1:00 PM Bocce	9:00 AM Aqua Aerobics 11:00 AM Jr. Singles Sunfish Race 5:00 PM Yoga 7:00 PM Swirn Meet (H)	11:00 AM Ladies Sunfish Race 1:00 PM Booce 3:00 PM Community Yard Sale Set Up 7:00 PM Ecobogy Comm. Mtg. 8:00 PM Fishing Comm. Mtg.	8:00 AM -5:00 PM Community Yard Sale Drop Off 9:00 AM -10:00 AM Aqua Ae robts 11:00 AM Jr. Doubles Sunfish Race 8:00 PM Voting Board Wkshp and Mlg.	17 10:00 AM Force 5 Race 3:00 PM Windsurf Race Goodwill Fund Community Yard Sale
18 11:00 AM FJ Race 2:30 PM Sunday Sunfish	9:00 AM -10:00 AMAqua Aerobics 5:00 PM Yoga	20 10:00AM Women's Auxiliary Mig. 1:00 PM Bocce 5:00 PM Clubhouse Comm. Mig. 7:00 PM Sunset Yoga	9:00 AM Aqua Aerobics 11:00 AM Jr. Singles Sunfish Race 5:00 PM Yoga 7:00 PM Swim Meet (H)	22 11:00 AM Ladies Sunfish Race 1:00 PM Bocce 7:00 PM Stitching Group	9:00 AM -10:00 AM Aqua Aerobics 11:00 AM Jr. Doubles Sunfish Race 12:00 PM Senior Club 7:00 PM Friday Night Lights	9:00 AM Highland Lakes "B" Invitational 10:00 AM Force 5 Race 3:00 PM Windsurf Race
25 11:00 AM FJ Race 2:30 PM Sunday Sunfish	9:00 AM -10:00 AM Aqua Aerobics 5:00 PM Yoga	10:00 AM Women's Auxiliary Mtg. 1:00 PM Bocce 7:00 PM Sr. Club Mtg.	9:00 AM Aqua Aerobics 11:00 AM Jr. Singles Sunfish Race 5:00 PM Yoga 7:00 PM Book Club 7:00 PM Swim Meet (A)	29 11:00 AM Ladies Sunfish Race 1:00 PM Bocce 7:00 PM Stitching Group	9:00 AM -10:00 AM Aqua Aerobics 11:00 AM Jr. Doubles Sunfish Race 7:00 PM Friday Night Lights	31 10:00 AM Force 5 Race 3:00 PM Windsurf Race Red Hatters Picnic

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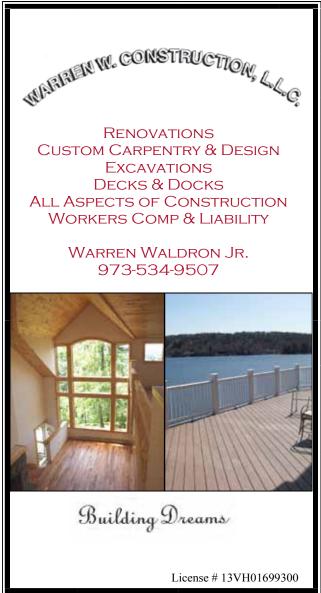
61st Annual Art Show

JOYCE HEALY

August 21 and 22

Our Annual Art Show is back this year after taking a break due to COVID 19 last year. Mark your calendars for the Meet & Greet with the professional artists on August 21 from 6 – 9 pm in the Lake Room with a wine & cheese reception. Our theme this year is "Heroes". All HL members in good standing may participate in the art show...from the youngest to the oldest by bringing in any form of art work: painting, drawing, quilting, photography, mixed media, sculpting, etc. All amateur art work will be accepted at registration on Sunday, Aug. 22 from 9 – 11 am only. Artwork will be on display at the Clubhouse from 1 – 3 pm.



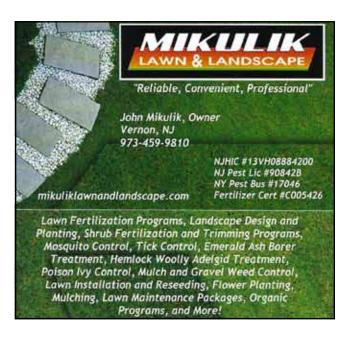


Beach Rules

Everyone's Safety Matters

Beach rules have been adopted for everyone's safety and comfort. Failure to obey posted rules will result in expulsion from the beach and/or other disciplinary action.

- Swimming is permitted ONLY when a lifeguard is on duty, within the roped-in areas, and is done at the swimmer's own risk.
- Lifeguards supervise the roped-in areas only.
- Directives from lifeguards must be followed at all times.
- Flotation devices may only be used where the user can stand.
- An adult must accompany children requiring supervision.
- Swimmers must enter and leave the swimming area via the beach.
- Swimming is prohibited when thunder or lightning is present.
- Roughness, rowdiness, spitting, foul language, littering or other conduct affecting the safety and/or comfort of others is prohibited.
- Alcohol, glass containers, and pets (with the exception of dogs used for medical/physical assistance) are not permitted on the beach at any time.
- New Jersey's bathing beach regulations require that all children in diapers must wear plastic pants with snug fitting elastic waist and leg bands. Acceptable disposable swim pants are now available in the diaper aisle in grocery stores. Do not wash out soiled diapers in the bathing water.
- All boats must stay clear of the swimming areas. Boats may not drop-off or pick-up swimmers from within the roped swimming areas.
- Fishing is prohibited within designated areas at all beaches.
- In the interest of the safety of all members using our beaches, please be advised that grills are allowed ONLY on Beaches 3 and 5 and ONLY in the grassy area where the picnic tables are, away from the beach patrons, lifeguard equipment and any playground equipment. Your cooperation is appreciated.
- Smoking, vaping or the use of tobacco products is prohibited at all times on all Club properties, including Club beaches and parking lots.



Q&A About Algae (continued from p1)

green algae, are naturally present in lakes and streams and can form both toxic (harmful) and non-toxic blooms. Cyanobacteria, are responsible for the majority of freshwater HAB occurrences. Microscopic and chemical analysis are required to positively confirm the existence of a HAB.

Q: What is the Club doing to treat and control algae and the health of our lakes?

A: First, there is no foolproof method to prevent HABs short of sterilizing the entire lake with chlorine or similar compounds, effectively killing all aquatic life, and turning it into a swimming pool. The Club employs two well-qualified firms; Princeton Hydro, which performs inspections, water quality monitoring and analysis, and Solitude Lake Management, which also performs inspections and is responsible for application of appropriate chemical and organic products for lake treatment when needed. Both Princeton Hydro and Solitude visit each lake two or more times each month to inspect and sample the waters, provide narrative reports, and update lab test results

The information above should answer the most common questions and concerns regarding the health and overall condition of our lakes and our lake management efforts. If you would like more information on HABs, we urge you to visit the NJDEP HAB website at https://www.nj.gov/dep/hab/. Thank you.

Ice Cream Social Big Success

LAUREN LAROCCA, CLUBHOUSE DIRECTOR

Tuesday, July 6

You scream, I scream, we all scream for ice cream! The ice cream social last Tuesday was a big success with approximately 50+ children and adults who enjoyed a frozen treat to kick off many fabulous events happening this summer. Thank you to the staff and volunteers who helped.



If You Boat/Swim/Sail on Highland Lake

FLEET CAPTAINS

In an effort for everyone's boating and lake enjoyment, we ask you to review the following if you swim, boat, kayak, fish or sail on Highland Lakes main lake.

1. Lake swimmers, please wear a cap or use a flotation device to be seen while swimming. Waves and sun reflection make it difficult to see you when it is windy and/or with wave chop on the water.

Please do not swim in the race course area while races are going on.

2. Sailing Race courses are triangles made up of red buoys (shortened course markers) or white buoys long course markers) the course is decided by the Dock Committee or Fleet Captain prior to the start. Please do not tie up to the buoys.

3. For you knowledge, sailors use three different courses that start all at the same place by ESC (Eckhart Sailing Center - the large long dock at midway of main lake) You will note the two red buoys in a line by the ESC dock. This is the start/finish line for all races. Races are determined by wind direction and consistency by the dock committee at ESC. A series of horns are used to notify racers of the start/finish of the race: start warning horns...3 long horns (3 mins) then 2 long horns (2 mins) then 1 long horn (1 min).3 short horns (30 sec).2 short horns (20 sec).1 short horn (10 sec).1 long horn...START! During race time, you'll notice a number on the ESC dock. This reflects the course we are sailing and the buoys we are using by color. You'll be able to reference where we are going whether shortened course (red buoys) or long course (white buoys) noted by the small squares next to the number.

Course 1: heads to/between the big island, then towards north of Beach 4, up all the way to the Cclubhouse then down to the start/finish line. All port rounding.

Course 2: heads from ESC start line towards Beach 4, over to behind the big island then a long tacking leg to

the Clubhouse and again finish down ESC. All starboard rounding.

Course 3: heads directly to the Clubhouse marker, down a long run through the slot of the big island, then towards Beach 4 the up the other finish at ESC. All marks port rounding.

4. We appreciate that boaters recognize the sailing courses. We are dependent on wind only, and we have to tack back and forth to get where we are going.

Please leave adequate space in the main part of the lake during race time. If anchored at the start of the race, stay anchored so the sailors know where you are or know where you will be as they navigate the winds.

Please try to stay to the shoreline during race times. Please note, a local rule is there is no boating between a private float and land.

5. You may be asked to move your boats if in the race course by the safety boat. This is for your safety as well as ours.

Obviously stay clear of all buoys, as we will be using them. Please be considerate. Most races last less than one hour, again we are dependent on wind.

Here are the time and days of the different fleet races: Wednesday – Junior Sunfish at 11:30 am

Thursday - Ladies Sunfish at 11 am

Friday – Junior Doubles Sunfish at 11 am

Saturday - Force 5 at 10 am

- Hobie Fleet at 1 pm (potential)

- Windsurfers at 3 pm

Sunday - Flying Juniors at 11 am

- Senior Sunfish at 2:30 pm

We thank you for your cooperation. Let's all enjoy our beautiful lake and come sail with us. Boating in any fashion is such a wonderful experience in Highland Lakes. Come and get out on the water!



Lurking heron, photo submitted by Brian Kloza

Ladies Bowling Recap

LYN KAPLAN AND PAT WOOTTON, COORDINATORS

Highland Lakes bowling ladies made their first appearance at PinStreet@Warwick on July 7 to show off their bowling expertise for Week 1. Some even had to dust off their equipment from summer 2019! Amid chatter and renewing friendships, the following gals had to show off:

Dolores Gaspari - 2 Turkeys, 165

Lyn Kaplan - double Judi Sunda - double, 156 Tara Burns - 159

Kathy Grifone - double Jennifer Ziegler - 5/10 split

Paula Kloza - double

Dee Cunningham - double





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Ecology Corner

CAROL GIROUX, ECOLOGY COMMITTEE

Why Choose Native Plants?

Many of us moved to Highland Lakes from urban or suburban areas for the trees, lakes, fresh air, and the sense of peace and serenity these things bring. Research shows that being in nature increases positive emotions and reduces blood pressure, heart rate, muscle tension and the production of stress hormones. Of course, most of us don't need research to tell us that.

Just as we need nature to recharge our well-being, our environment needs help from us to return to its natural state of balance. One way to do this is by relying on native plants when landscaping our yards and properties. According to the National Wildlife Federation, "a plant is considered native if it has occurred naturally in a particular region, ecosystem or habitat without human introduction." Homeowners are in a unique position to bring the landscape closer to its original form by using yard space to grow plants that existed in our area long before spaces were cleared to build homes and shopping centers--long before trees, shrubs, flowers and grasses that grew here for centuries were removed and replaced with lawns and ornamental plants from faraway regions.

So why exactly are plants native to our location better for the ecosystem? It turns out that, alongside native plants, birds and insects of a specific area evolve over hundreds or thousands of years to survive by feeding off these plants. Many insects feed or will lay eggs only on a specific type of plant. Take for example the monarch butterfly. Scientists believe that their numbers have vastly declined due to the disappearance of the common milkweed, which is the only plant that monarchs lay eggs on. Monarchs have gained attention in recent years, but many others are at risk because of the disappearance of the plants on which they thrive. And while insects may seem like nothing more than pests to be eliminated, they are an integral part of the food chain for birds and small animals. Consider that a pair of chickadee parents needs 6,000 to 9,000 caterpillars to raise one clutch of hatchlings. In addition, bees, butterflies, ants, beetles, flies and other insects are a vitally essential component in the pollination of crops as well as in the maintenance of wildlife habitats. Using your yard to support them benefits

all of us in the long run.

Start by researching trees, shrubs and flowers native to your area and deciding which are best for the conditions that exist in your spot. Once you have done that, you are ready to consider making a purchase. To be sure that you are buying truly native and not lookalike hybrids, buy from local plant nurseries dedicated solely to the sale of native plants. Direct Native Plants, a mail order nursery in nearby Maryland, and Toadshade Farms, based in New Jersey, are a great place to start. Anderson Farms on Route 23 in Sussex stocks sustainably grown native plants as well. An abundance of information can also be found by joining local native plant groups online. You are bound to learn a lot. Happy planting!



Asclepius Tuberose commonly known as "Butterfly Weed" and sold at most garden centers



We're Back! Join us TODAY! Shop, browse, socialize, visit the cake sale and enjoy lunch while helping your neighbors.

Club Policy on Lightning and Thunder

DAVE MARTIN. GENERAL MANAGER

Rules in effect at the Club's beaches require removal of all bathers from the water upon hearing thunder and the waiting period is thirty minutes after the last instance of thunder is heard.

These rules are in effect for everyone's safety, and follow guidelines from the American Red Cross which are excerpted here:

Leave the water at the first sound of thunder or sight of lightning. If possible, get to an enclosed area during an electrical storm. Do not stay in an open area, under a tree or near anything metal. The National Lightning Safety Institute recommends waiting at least 30 minutes after the last sound of thunder is heard before resuming activity in the water.

With the weather being unpredictable and storms rolling in fast, our lifeguards follow both Club Rules and American Red Cross guidelines. We appreciate the cooperation of most of our members. Please, for the safety of all, do not object to the actions of the lifeguards in removing bathers from the water.

Men's Golf Outing

RAY LOUGHREN

Well it's that time of year again. I hope everyone is well and ready for a great summer. This year the outing will be on August 6 at Black Bear Country Club, 1 pm shotgun scramble. The cost is \$110 which includes golf, dinner, prizes and a HL Golf Outing Commemorative Polo. Please include each player's size when signing up. Any players without a requested size will receive an XL. Please contact Ray Loughren at 973 919-3270 or Mike Sweeney 973 764 7306. Thanks Ray.



Thinking about a renovation or addition?

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Kids Enjoying Friday Night Lights Activities





PHOTOS COURTESY OF KAYLA PATTERSON

Look What We Have To Sell!

GOODWILL FUNDRAISING COMMITTEE

July 17

Do you play the piano or are interested in learning? We have a piano for you. This upright piano will be available today at the Goodwill Community Yard Sale.



Boat Auction, One More Chance Did you miss out on the Goodwill Boat Auction? Another paddle boat was donated after the sale, so we will conduct a silent auction at the Yard Sale.



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The HLCC Women's Auxiliary Presents:

MIDNIGHT AT THE MASQUERADE



A Murder Mystery Show

Attend the Billionaire's Ball and get the soirée back on track by solving the crime before the masked menace gets away!

Tuesday, August 3, 2021 - Doors open at 6:00 p.m., show starts at 7:00 p.m.

Benefits Highland Lakes Fire, Ambulance and Goodwill Fund

Tickets \$40. Includes interactive show, Hors d'oeuvres, Dessert & Coffee, B.Y.O.B.

Live/Silent Auction of Designer Handbags and other special items. Door prizes too!

Come watch the fun or be part of it! All are welcome! Bring a guest or your spouse!

Seating is limited, get your ticket now!

Contact Jennifer Ziegler, 203-979-7135, jczinc@gmail.com

Thanks But No Thanks!

NANCY EISENBERG, CO-CHAIRPERSON, GOODWILL COMMITTEE

Items Not Accepted as Donations

Looking forward to seeing you <u>Friday</u>, <u>July 16</u>, at the Goodwill Yard Sale, as you drop off your donations. But please, DO NOT BRING the following items:

No Books / Magazines

No TVs

No Exercise Equipment

No Candles / Candlesticks

No Clothes

No Large Electronics

No Holiday Decorations

No Baby Furniture or Car Seats

No Luggage Without Wheels

No Items on Recall

No Stuffed Animals

Thank you for your donations.

Next Newsette: July 24, 2021

Newsette articles should be submitted on the <u>Friday before</u> the week of publication at noon. Under no circumstances will submissions be accepted after <u>noon on Monday</u> of the week of publication. Typed submissions must be emailed to the Club office at <u>hlcc@warwick.net</u>. Sorry – we can only print photographs submitted as .jpg files with a minimum of 150 dpi. Thanks!

Highland Lakes Suffer Gator Bite, Lose First Meet to Fayson

MICHAEL BUCHNEY, HEAD COACH

Wednesday, July 7

The Highland Lakes Swim Team opened the 2021 Lakeland Swim Conference campaign with a setback, as the visiting Fayson Gators attacked relentlessly en route to a resounding victory at the Clubhouse lanes Wednesday evening. The final score was Fayson Lakes 345, Highland Lakes 256.

Although the overall team result was not in our favor, on an individual level we had a number of really excellent performances. Given that this was everyone's first swim meet in a long while, there was a lot of rust to shake off and I'm proud of everyone. We had 38 "A" time performances, which is great for a first meet. We also had a whopping 79 personal best swims that night, which is by far the most I can remember for a single dual meet.

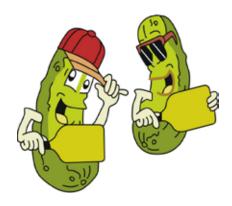
We had a number of swimmers make their competitive debuts for the team including Landon Howes, Graden Leiter, Avellina Reiser, Abigail Klimash, Ava Morley, Isabella Denuto, Isabella Elder, Scarlett Hruska, Jenalyss Laszloczky, Adelaide Matthews, and Ariel Strizhevsky. Congratulations to everyone on their first dual meet with Highland Lakes! I wish you all long and decorated careers in the water.

Finally, the team's loss was largely due to those swimmers who were NOT there, rather than those who did swim. We had lots of open lanes in the 8&U, 9/10, and 11/12 boys age groups. Send your kids down to the Clubhouse swim lanes and we'll turn them into future potential Olympic swimmers. We're a competitive team, but no previous experience is required - we'll work with swimmers of any/all abilities. We're convinced that the Swim Team is one of THE best ways to experience Highland Lakes, come see what all the fun is about!

Come Play Pickleball

PEGGY WARNER

Pickleball in July is something to celebrate. It's fun, healthy, and convenient. We're always eager to welcome new participants, no experience is necessary. We gather at the courts on Glen Wild Way on Mondays and Wednesdays from 6 - 8 pm. There is also a ladies' session on Friday mornings at 9 am. Come join us. Bring your sneakers and member badge, we'll supply paddles and balls. Questions? Call Kathi at 973-303-2689, or Peggy at 973-764-5126.







50th Anniversary Cookbooks On Sale

JOYCE HEALY

Step back in time a bit and read some of the wonderful recipes submitted 40 + years ago. Your HL Senior Club gathered these recipes and added some delicious new ones to create the 50th Anniversary HL Cookbook.

\$10.00 per copy is all it costs to get a great gift for yourself or for others in your life. Some of the recipes came from the grand ladies of the HL Women's Auxiliary. Maybe your mom, grannie, auntie or a special neighbor submitted a recipe, and you haven't had it since you were a child. Here's your chance to get your hands on those wonderful taste treats. Call Joyce - 845-544-3749 and pick up 1 or more copies for gift-giving.

Hiking Club

ROE HALL, EVENTS COORDINATOR

Hiking Club Needs a Leader

Do you love nature? Do you love to walk and/or hike? Highland Lakes is in need of a volunteer to coordinate hikes around the area. There are many people in the community who enjoy hiking and we need someone to bring them all together. The "job" isn't a hard one. You just need to know the area, have the desire to get people together and plan the hike. The hiking group usually doesn't meet in the summer months, but we would like to get someone on board to be ready when the fall comes. Coordinator will also be responsible to submit articles for the Newsette as needed. Anyone interested please call 973-764-4366 or email the office at hlcc@warwick.net







The Mighty Seniors

JOYCE HEALY, PRESIDENT, SENIOR CLUB

Hi! It's mighty nice to be here at the lake this summer. Speaking of summer, do you remember some of these "Signs of Summer"?

The ice cream man (in my neighborhood it was the Good Humor white truck that sent all of us kids yelling for mom to give a quarter). Or getting a luscious Italian Ice in the little white paper cup...talk about brain freeze! How about running around the yard at night hunting lightning bugs...mind you I said running...running with a glass jelly jar with holes punched in the lid.

Naturally, backyard bar-b-ques were the best with the family. Did your town have a local carnival or fair every summer? Mine did. Daddy would get a day off from work and we'd pile into the old Pontiac and head "down the shore". I've heard it said New Jerseyans are the only folks who say "down the shore". Summer evening outdoor concerts...the best...regardless of the humidity and the mosquitos. Learning how to swim and then your parents unable to get you OUT of the water until your lips were blue. Going fishing with Dad & Grandpa...very wonderful.... oddly enough this gal wasn't squeamish about the worms or handling the fish. There's always the jaunts to the summer bungalow waiting for Dad to come up for the weekend. Definitely we all loved fireworks on the 4th! And probably the lousiest part of summer: weeding, weeding, and weeding, ugh.

But we all have great memories to share about summers past and you can share your memories with the other Senior Club members at the 2nd and 4th Tuesday evening meetings at 7 pm in the Lake Room in the Clubhouse. Come on down and enjoy the yummy refreshments, a guest speaker from time to time, a short business meeting to

bring us all up to date on planned activities. We thoroughly enjoyed our off-premises luncheon hosted by Pat McNulty. We had over 35 in attendance and it was a great day! Thanks so much, Pat.

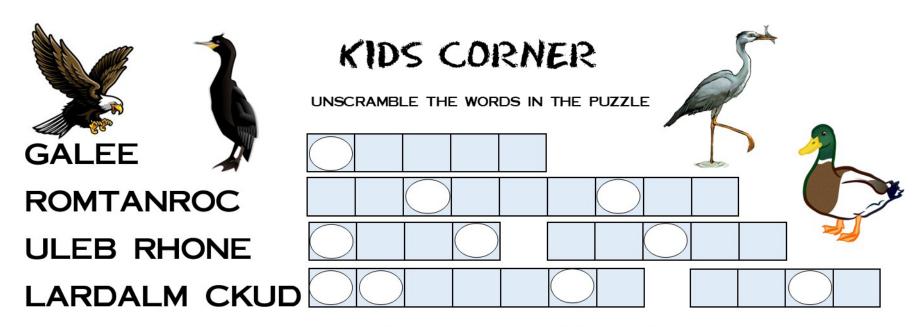
Our next meeting is scheduled for July 27 at 7 pm and we'll discuss the Senior Gala on Aug. 13 from 6-10 pm in the Lake Room. This lovely dinner/dance is free to our S/C members who have attended at least 3 activities or meetings this year. It's a catered event with live music and you shouldn't miss it.

We'll also be doing our own mini-version of "Antiques Roadshow" on August 10 at 7 pm - bring 1 or 2 antiques for display. We'll be going to a Miner's baseball game on Thursday, August 19 at 7 pm... a lot of fun on Thirsty Thursday!! And, our own Ron Dupont, Jr. will be a guest speaker at our August 24 meeting at 7 pm. Be there.

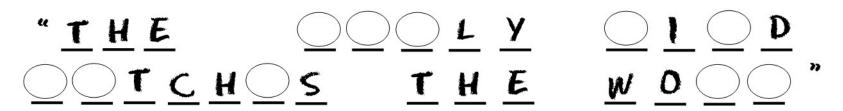
Our Mighty Seniors are indeed Mighty! They volunteer in many areas of lake life. Again, come on down and meet us - you can join at any time of the year. Need a ride to the meeting or event? Give me a call. Love ya, Joyce H. 845-544-3749.



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NOW UNSCRAMBLE THE LETTERS IN THE CIRCLED BOXES TO SOLVE THIS PHRASE



MATCH THE SONG BIRDS TO THEIR NEST AND EGGS







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ORIOLE



ROBIN











Windsurf Happenings

KEVIN GASTON, FLEET CAPTAIN

Force Five Results

ERIKA RODGER, FLEET CAPTAIN

July 10

It was the first race day for the Force Fives, as last week was cancelled because of weather. It was overcast, but good wind. We managed to fit in three races to partially make up for last week. Love the great turnout. Lots of start-of-season boat fixes, but we got through it all. If you are interested in the Force Five, please call or text me at (201) 961-3092 and we can see if we can hook you up with a boat. Thank you to Sara Gillooley for dock committee and of course to the safety boat.

Race 2:

1. Kevin Murphy

2. Justin Murphy

3. Lou Iannucci

4. Erika Rodger

5. Rob Wisniewski

6. Mike Gillooley

7. Chip Ehrhardt

DNF James Sullivan

Race 1:

1. Kevin Murphy

2. Justin Murphy

3. Erika Rodger

4. Lou Iannucci

5. Rob Wisniewski

6. Mike Gillooley

7. James Sullivan

8. Chip Ehrhardt Race 3:

1. Kevin Murphy

2. Erika Rodger

3. Justin Murphy

4. Rob Wisniewski

5. Chip Ehrhardt

6. Lou Iannucci7. Mike Gillooley

DNF James Sullivan

A refreshing northeast wind filled the race course before the first race and again after the last race, however, there was nothing in between. The highest recorded wind speed during the races reached an unfathomable 2.3 mph. Wind directions covered pretty much every compass point. How we actually got in two races, I'll never know.

I called for a number 3/finish course for the first race due to the feeble looking ripples on the lake that were coming out of the north. "No, no! Scratch that!" I yelled to our fine stand in Dock Committee member, Joe Gaston. "We're doing a one eighty and going with a number 1/finish because there's more wind down that way." Forget everything you learned about course racing having an upwind start and upwind finish. We are going to race wherever the wind is. "Hurry up with the starting sequence before the wind shuts down entirely."

The same or even worse conditions were evident in race number two as the wind, or lack thereof, registered zero on the meter as we rounded the mark and headed for home. Joey Gaston and I were neck and neck all the way down that long windless leg. It wasn't until about 50 feet from the finish when a welcome northeast breeze finally reached us. It came down to who would be the lucky recipient of this pleasant little puff first.

The recruits are here! The Virginia Gaston's arrived just in time to fill the void left by multiple injuries this year. Dennis Gaston gave brother and nephew a bit of a scare in the first race, chugging hard on a smaller sail like the little train that could. I thought I heard him mumbling under his breath "I think I can. I think I can." Just then, the wind died and the little train went off the rails. End of story.

Race #1

1. - Kevin Gaston

2. - Joey Gaston

3. - Dennis Gaston

Race #2

1. - Kevin Gaston

2. - Joey Gaston

3. - Dennis Gaston

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3/5/22

WANTED: Part-time experienced driver in August and September for groceries, drug store, recycling, bus station, this and that. Very flexible hours, good hourly pay. Please email Naomi at: nomiw1305@gmail.com. 7/17/21

JP ELECTRIC: Free estimates, insured and bonded. Serving HLCC since 1986 license and permit #8521. Brian Boeren 973-670-4175. 5/2/21

Vernon Township Housing Market Report - May 2021

"Having grown up in Highland Lakes, I understand the value in this thriving, active community.

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Ladies Sunfish

SUE BURUCHIAN, FLEET CAPTAIN

Thursday, July 8

Well, we tried to sail! Pre-Elsa storms with thunder wouldn't allow it. We waited and waited but after an hour, the storms kept building. Thanks for the patience ladies and lifeguards. Rule # 1 of sailing, always check the weather first. Double races next week July 15.

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Sailing Fleet Schedule

LOU IANNUCCI, SAILING COORDINATOR

Below are the 2021 HLCC sailing fleet schedules. All races begin at the Eckhart Sailing Center located on Lakeside Drive West south of the intersection with Alturas Road.

**Tentative Dates: All Boat Regatta - Sept. 4; Sailors' Picnic Sept. 5

Sunfish Races – All races Sundays at 2:30pm

Mladen Kresic: 973-764-0452

July 18, 25 / August 1, 8, 15, 22, 29

<u>Jr. Singles Sunfish Races – Wednesdays at 11am Arrive by 10:45</u>

Krissy Amato 512-206-6717 and Dominick Beninati 917-566-3136

July 21, 28 / August 4, 11, 18, 25 / Sept. 1

Ladies Sunfish Races - Thursdays at 11am

Sue Buruchian: 973-271-0227

July 22, 29 / August 5, 12, 19, 26 / Sept. 2

<u>Jr. Doubles Sunfish Races – Fridays at 11am</u>

Krissy Amato 512-206-6717 and Dominick Beninati 917-566-3136

July 16, 23, 30 / August 6, 13, 20, 27 / Sept. 3

Force 5 Sailing Races - Saturdays at 10am

Erika Rodger: 201-961-3092

July 17, 24, 31 / August 7, 14, 21, 28

Flying Junior Fleet Sailing Races – Sundays at 11am Arrive by 10:45am

Mike Gillooley: 973-764-4185

July 18, 25 / August 1, 8, 15, 22, 290 / Sept. 5

Windsurfer Races – Saturdays at 3pm

Kevin Gaston: 973-764-7332

July 17, 24, 31 / August 7, 14, 21, 28

Questions? Call Lou at 973-764-7042 or hlccsailing@gmail.com





Sunday Sunfish

MLADEN KRESIC, FLEET CAPTAIN

July 11 - A Chilly Southerly?

When we saw the FJ's this morning someone remarked that "it is a chilly southerly" coming up the lake, which made rigging boats a bit more challenging. Actually, it was more of an easterly than southerly so we had a very rare course 2; rounding marks on starboard was a completely new experience for some of our 13 participants. The wind was a steady 6-7 knots, which indeed made it chilly for this time of year. Both races were a red, red, white, which challenged some of those who wanted to round the red mark on the way to the dam. Course 2 is always a challenging start and that was indeed the case with both races beginning on the east side of the line, which proved a challenge for some.

In Race 1, Will got off to a quick start and was soon challenged by Mark, Lyndsay and Rich. The fleet closed on the downwind leg with JW taking the eastern island line along with Richie trying to catch the front 4. After the downwind buoy the fleet split, with some on down the middle on the lake and some on the western shore line. In the end Mark and Lyndsay were neck and neck, with Mark taking the finish, Will right behind Lynds and Rich in 4th followed by Richie and "short main" JW. This reporter was next followed by Colonel Wayne, Rob S, Bob, Chip, David and Roger.

Everyone attempted a more orderly start in Race 2, which was a short lived thought as multiple "starboard!" calls were followed by "what the f!" Rich then wound up in the water. As a result most of the fleet began on port in middle of the lake while Lyndsay and Will were "forced" starboard to the east. Somehow, by the first buoy the result was almost the same as last with Lyndsay, Mark and Will rounding the mark followed by Richie, JW and me. Downwind moved a bit faster as the gusts picked up. There was a starboard call, causing Col. Wayne to do some circles (more on that in a moment).

At the finish there was a photo with Lyndsay about to cross the line on port as the wind changed and Mark called starboard as he dipped inside the western buoy. There was some impedance, thus Mark took race 2. Will was third having a "short" centerboard on the last leg, followed by Richie, yours truly, JW and Rich M. who made up considerable ground on the downwind leg. Bob, Rob, Chip, David Roger and Wayne rounded out the fleet quickly with the nice wind helping speed the finish.

Regarding the calls on the lake, a few years ago sailing rules had been revised so that in most cases a starboard, leeward or similar foul impeding another boat requires only



one circle (not 2) by the offending party, unless the incident occurs within 3 boat lengths of a mark. If the incident occurs within 3 boat lengths, it is 2 circles that are the penalty. In all cases circles need to be completed as soon as safely possible, but no later than the next mark.

Thanks for the great enthusiasm you all! Please encourage your friends and family to participate. For any new entrants, my contact info is mladen@negotiators.com or call/text me at (203) 918-1102. Allan and Brett, the #1 dock committee, once again did a super job calling all the races.

I repeat the Important Notes:

Please put numbers or letters on your sails so the dock committee can identify you more easily. Most importantly, check in before the racing starts. When we have many boats, we want to make it as easy as possible for Allan and Bett to score the race accurately. Sunday Sunfish team, please have a great week and I look forward to seeing you next Sunday. Spread the word. Please check the sailing schedule periodically for any changes or updates. The default for every week is 2 races.

Race 1

1. Mark Buruchian

2. Lyndsay Kresic

3. Will Kresic

4. Rich Mastrangelo

5. Richie Amato

6. John Wayne Wisniewski

7. Mladen Kresic

8. Wayne Wisniewski

9. Rob Schaap

10. Bob Tomsey

11. Chip Ehrhardt

12. David Goldman

13. Roger Kirchner

Race 2

1. Mark Buruchian

2. Lyndsay Kresic

3. Will Kresic

4. Richie Amato5. Mladen Kresic

6. John Wayne Wisniewski

7. Rich Mastrangelo

8. Bob Tomsey

9. Rob Schaap

10. Chip Ehrhardt

11. David Goldman

12. Roger Kirchner

13. Wayne Wisniewski



