



The Highland Lakes Newsette

A publication of Highland Lakes Country Club and Community Association at Highland Lakes, New Jersey © 2016
"All the News That Fits We Print"



Volume 2016 | Issue Number 6 | June 25, 2016



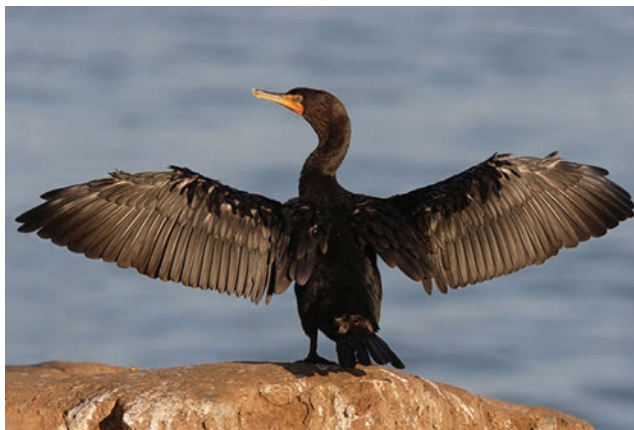
Photo courtesy of Sara Gillooley

Birding at the Lake: The Double-crested Cormorant

CHRISTINE MAGEE

A great way to get into birding is to take your binoculars along with you when boating. One bird that is commonly seen while out on the lake is the Double-crested Cormorant. The name comes from Latin meaning sea crow and is apt since this bird is as at home under the water as it is on the surface. Double-crested Cormorants are large aquatic birds ranging from 27 to 34 inches in length, mostly black in color, with short stiff tail feathers, hooked bills and long snake-like necks. They have short black legs and strong webbed feet for underwater swimming. They hunt both alone and in flocks and can dive as deep as 60 feet below the surface to find fish. Amazingly, they can stay under water for up to 70 seconds without coming up for air. The history of the cormorant species shows that in ancient China these birds were caught and trained to fish for their owners.

The Double-crested Cormorant is a common sight in the summer at Highland Lakes where you can see them sitting in groups on logs, or rocks in the middle of the Lake with their large wings outstretched. Cormorants must dry their wings in this way as a survival mechanism because, unlike most birds, they have no oil glands to grease their feathers,



Double-crested Cormorant

so their feathers are not water repellent. Double-crested Cormorants nest in colonies on inland lakes and build their nests of drift material and sticks, in trees or on the ground near the water's edge. While most birds sit on their eggs to incubate them, the cormorant species wrap their large

Continued on page 2

The Highland Lakes Concert Series Presents

Saturday June 25 - 7pm doors/\$20

SUGAR JAY

Jay Rodriguez groove quintet

Saturday July 23 - 7pm doors/\$20

AVALON JAZZ BAND

French cafe swing jazz

Saturday October 22- 7pm doors/\$15

WALTER SALAS-HUMARA

All ticket prices are for Members in Good Standing
Non-member pricing add \$5

Jody Raffoul BAND
8:00 PM
DANCE INTO SUMMER
FRIDAY July 1ST
ROCK & ROLL MUSIC
BYOB
Advanced Tickets Recommended! \$20 P.P.
from HL Club Office or Carol Hastie 764-6521
Sue Buruchian 764-7420 Russ Strube 764-4210
FOR HL MEMBERS & GUESTS
Presented by
HL Clubhouse Committee
Doors open at 7:30 PM

Upcoming Events

June 25 –
Concert Series – Sugar Jay

June 27 –
Swim Team Practice Starts

**Save
the
Date**



DON'T MISS THE *Declaration of Independence* **READING ★ JULY 4TH AT 10:30 AM ★ THE LAKE ROOM**



Birding at the Lake
From Page 1

webbed feet around the eggs to keep them warm and hatch them.

Sometimes cormorants are considered pests because each bird can consume one to one and a half pounds of fish per day, depleting the fish population. Conservationists, the fishing industry, and the US Department of Fish and Wildlife all have distinctive views about cormorants. Some saying that the cormorants are important regulators of the food chain and keep fish from over populating in streams and lakes, while others feel that they over fish, especially when they consume commercially reared fish. Whatever your stance is on cormorants, they are here at Highland Lakes for us to learn about their behavior and to enjoy watching them while boating and fishing. These fascinating birds, with their unique diving abilities and wing-display behaviors, offer us a glimpse into a lineage that can be traced back to prehistoric times! ‘Til next time, enjoy the sights and sounds of our fine feathered friends at the lake!

Women’s Auxiliary

JENNIFER ZIEGLER

The Highland Lakes Women’s Auxiliary will have its first meeting on Tuesday, June 28 in the Lakeroom at 10 am. Come make some new friends or reconnect with old ones! Enjoy a Continental breakfast and hear about the exciting summer events that are planned for 2016!

Our events include our Wine and Cheese Party, casino bus trip, covered dish, that is a wonderful catered affair, and the Fashion Show/Live Auction where you get to see our members transformed by Donna’s Boutique with beautiful clothing and a chance to bid on some great baskets and items. Become a member and get in on the fun!

“Just Us Kids” Ceramics!!!

(Ages 5 and up...please)
Mondays evenings throughout the summer!!!
From 7 – 9 pm @ the Clubhouse

The Highland Lakes Newsette

Highland Lakes Country Club
and Community Association
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Roe Hall, Administrative Assistant
Barbara Schellhammer, Production Assistant
Judy Norton, Editor
Special Thanks to the Communications
Committee
Thanks to all our contributors
PO Box 578 - 2240 Lakeside Drive West
Highland Lakes, New Jersey 07422
973 - 764 - 4366 / Email: hlcc@warwick.net

Upcoming Meetings

Buildings and Grounds – Monday, July 18 – 7:30 pm
Clubhouse – Wednesday, July 20 – 7 pm
Ecology/CCHL – Thursday, July 14 – 7 pm
Fishing – Thursday, July 14 – 8 pm
Planning – Tuesday, July 5 – 7:30 pm
Roads – Thursday, July 7 – 7 pm
Goodwill Fund – July 7 – 7 pm
Voting Board Workshop – Wednesday, July 6 – 8 pm
Voting Board Meeting – Friday, July 15 – 8 pm
Since all meetings are subject to change, please confirm meeting times by contacting the chairperson of the committee or the Club office prior to the meeting time.

Unused Dock Spaces
to be Forfeited

July 5 Deadline Approaches
Members assigned permanent dock space or a spot on a waiting list by the Boat Dock committee at Club Park, Comet Row, Eckhart Sailing Center, Beach 3 and Beach 4 are advised that failure to place your boat in its assigned space by July 5, 2016, will result in the forfeiture of your space. NO EXCEPTIONS WILL BE MADE for failing to place your boat in the spot unless for extreme family emergencies.

Swim Team Practice Starts Monday, June 27

*The Lakeland Swim Conference
Highland Lakes Swim Team*

Swim Team Summer Practice Schedule

9 am - 10 am: ages 13+
10 am - 11 am: ages 9 - 12
11 am - 11:45 am: ages 8 and under
11:30 am - 12 pm: ages 6 and under

2016 Swim Team Meet Schedule

July 6	Highland Lakes @ Smoke Rise
July 13	Fayson Lakes @ Highland Lakes
July 16	Individual Age Invitational @ Pequannock
July 20	Highland Lakes @ Wayne Township
July 23	Odd Age Invitational @ Packanack Lake
July 27	West Milford @ Highland Lakes
July 30	Highland Lakes “B” Invitational
August 3	Green Pond @ Highland Lakes
August 4	Coaches Choice @ TBD
August 6	Erskine “C” Invitational @ Erskine
August 10	White Meadow Lake @ Highland Lakes
August 13	A” Championships @ Smoke Rise

<div><div><div><div><div><div></div><div>HIGHLAND LAKES</div></div></div><div><div><div></div></div><div>2016</div></div></div><div>Country Club and Community Association</div></div><div>Highland Lakes Happenings June 26 - July 2, 2016</div></div>	
Sunday 6/26	
Monday 6/27	8:00 AM Exercise 9:00 AM -10:00 AM Aqua Aerobics Beach 1 1:00 PM Bridge 7:30 PM Ceramics
Tuesday 6/28	6:00 PM -8:00 PM Artist's Group 7:00 PM Sr.Mtg.
Wednesday 6/29	8:00 AM Exercise 9:00 AM -10:00 AM Aqua Aerobics Beach 1
Thursday 6/30	1:00 PM Bridge 7:00 PM Goodwill Fund Mtg.
Friday 7/1	8:00 AM Exercise 9:00 AM -10:00 AM Aqua Aerobics Beach 1 7:30 PM Jody Rafoul Concert
Saturday 7/2	3:00 PM Windsurf Race

Bocce News

SHIRLEY BOND



Thursday, May 26 was a very warm day with the afternoon temperature reaching about 90°. It was a little cooler there under the trees. Nine members played and had a good time. Three games were played. The Green Team won two games and the Red Team won one game. Hope to see more players out next week

at the bocce court outside of the Clubhouse. No experience necessary, so come out and have some fun!

Thursday, June 2 was such a beautiful day to be outdoors, meet with friends and enjoy playing this fun and easy game called bocce. It was a good turn out, with twelve people this week including a new player, Michele...welcome! The Green Team came out on top winning two of the three games played. The Red Team was able to avoid a shut out by winning one of the games. Everyone had a good time. We look forward to meeting again on Thursdays at 1 pm on the Bocce Court outside of the Clubhouse, weather permitting. If sun exposure is an issue for you, bring a lawn chair and sit in the shade with a cool bottle of water. Come join us!

Thursday, June 9 was a sunny, but windy cool day. Not enough players came out to play. Many went away for graduations and other events. Hope to see everyone back next week. The Bocce Club meets every Thursday at 1 pm on the bocce court outside of the Clubhouse, weather permitting. We welcome new players!

Beach Hours

June 25 through July 1, beach operations will be as follows:

Daily:..... Beaches 1 and 3 - 12 pm to 6 pm
Beaches 2 and 7 - 12 pm to 5 pm
Weekends:..... Beaches 1 and 3 - 10:30 am to 6 pm
Beaches 2 and 7 - 12 pm to 5 pm

Beginning Saturday, July 2:

Beach 1..... 9:30 am – 7 pm
Beach 2..... 10:30 am – 5:30 pm
Beach 3..... 10:30 am – 6 pm
Beaches 4, 5, 6 and Swim Lanes..... 12 pm – 5 pm
Beach 7..... 11:30 am – 6 pm



Aqua Aerobics

PAULA SCHRINER

Please join us at Beach 1 for Aqua Aerobics (adults only, please). Enjoy the lake and get fit!

When: Monday, Wednesday and Friday mornings, beginning June 20, 2016, until the end of the summer! For more information call Paula at 973-764-5817 or Gail at 973-764-3194.

Time: 9 am-10 am

Where: Beach 1, in the water!

What to bring: a noodle, and a towel

No experience necessary!





Summer Athletics

PAT ECKHART, ATHLETIC DIRECTOR

The 2016 Athletic Season is starting up and I hope everyone is as excited as I am. I have a few announcements and reminders to go over:

- The official start of the youth athletic season will be on Monday, June 27. The season will extend to Friday, August 19.
- We will not hold any activities on Monday, July 4 due to the holiday.
- We could use one or two volunteer umpires for the Grasshopper League and Boys Little League softball games. Please sign up at the clubhouse if you are available and interested.
- All club sponsored athletic events are still in the sign-up book at the Clubhouse Activities Center. The activities include tennis, tennis lessons (children and teens), softball, basketball, volleyball, pickleball, bowling, and golf outings, Men's golf outing August 5 and Women's golf outing August 9. I'd like to remind everyone to bring plenty of water and apply sunscreen before you leave the house. Also, please bring your badge to any sporting event. See you on the fields! If you have any questions, call me at 973-557-6824.

2016 Athletics Schedule:

Sunday:
9 am Pickleball, Ages 13+, Canistear Courts
6 pm Men's Softball League, Ages 17 and up, Field 2

Monday:
9 am Tennis, ages 11-12, Beach 1 Courts
10 am Tennis, ages 9-10, Beach 1 Courts
9 am Boys Farm Team, ages 4-5, Field 1
9 am Mosquito League, boys ages 6-8, Field 1
5 pm Basketball, ages 8-14, Beach 1 Courts
6 pm Pickleball, Ages 13+, Canistear Courts

Tuesday:
9 am Mosquito League, boys ages 6-8, Field 1
6 pm Butterfly League, girls ages 9-11, Field 1
6 pm Adult Men's Basketball, ages 17+, Beach 1 Courts

Wednesday:
9 am Tennis, ages 7-8, Beach 1 Courts
10 am Tennis, ages 5-6, Beach 1 Courts
6 pm Pickleball, Ages 13+, Canistear Courts
7 pm Swim Team Scheduled Meets, @ lanes

Thursday:
9 am Girls Farm Team, ages 4-5, Field 1
10 am Women's Volleyball, ages 18+, Beach 1 Basketball Courts
6 pm Grasshopper League, boys ages 9-11, Field 1
6 pm Volleyball League, co-ed ages 12+, Clubhouse Lawn

Friday:
9 am Soccer, ages 5-8 & 9-12, Field 1
10 am Gem League, girls ages 6-8, Field 1
6 pm Boys Little League, ages 12-16, Field 2

Saturday:
9 am Adult Team Tennis, Beach 1 Tennis Courts

Grasshopper League Schedule:

Thursday:
6/30 Hornets v Wasps
7/7 Wasps v Hornets
7/14 Hornets v Wasps
7/21 Wasps v Hornets
7/28 Hornets v Wasps
8/4 Wasps v Hornets
8/11 Hornets v Wasps
8/18 Wasps v Hornets

Boys Little League Schedule:

Friday:
7/1 Ch v Co
7/8 Co v Ch
7/15 Ch v Co
7/22 Co v Ch
7/29 Ch v Co
8/5 Co v Ch
8/12 Ch v Co
8/19 Co v Ch

Newsette Article Submissions

JACK MCLAUGHLIN, GENERAL MANAGER

Deadlines Do Matter

In the Newsette production cycle, articles received by noon on the Friday of the week preceding publication (for example, by Friday, July 15 for the July 23 Newsette) are produced and made available for review and editing over the weekend by volunteers. Mondays are reserved for articles submitted over the weekend and by noon on Monday that cover events that took place in those preceding days.

Please follow these guidelines when submitting articles to the Newsette:
Friday by 12 PM before the week of publication: all non-time sensitive articles ineligible for Monday submission

Monday by 12 PM of the week of publication: articles reporting on activities and events that took place the preceding Friday, Saturday and Sunday ONLY

We need your cooperation in reducing staff time devoted to Newsette production and in helping us produce the Newsette in a timely fashion. Thank you.

8TH ANNUAL HIGHLAND LAKES COMMUNITY YARD SALE

A RAIN-OR-SHINE EVENT!

LIMITED VENDOR TABLES AVAILABLE!

BENEFITING THE GOODWILL FUND

SATURDAY JULY 16TH 8AM-2PM

THE HLC CLUBHOUSE & LAWN
2240 LAKESIDE DR WEST @ BREAKNECK RD

DONATION DROP-OFFS ACCEPTED
FRIDAY, JULY 15TH FROM 8AM-5PM

DETAILS IN THE NEWSETTE & AT HLC.ORG - VOLUNTEERS WELCOME!

Hands Needed

SUE ROSS

Plans for the Community Yard Sale are now in full swing and we are looking for Club members to share an hour or two, or more if they can. Working on the Yard Sale is perfect for people who want to give something back to the community but are reluctant to commit themselves to monthly committee meetings or regular events.

The Yard Sale itself is a one-day event with a single-day lead up on the day prior to the sale. This year we will be collecting items on July 15 from 8 am to 5 pm and holding the sale on July 16 from 8 am to 2 pm. There is a lot that gets done in those two days but as long as we have many hands, the work is light.

We are looking for people to help accept and organize items that are delivered on Friday the 15th, staff tables on Saturday the 16th and load any unsold items into waiting trucks once the sale is closed. If you have as little as an hour to spend, tell us when you would like to help and we will fit you into the schedule. Past years' volunteers – Come on Back!

Volunteer lists are now being made. Contact Grace Lewin at 973-764-4535 or email gracelewin@gmail.com and be a part of the fun.

Ecology Corner

MARY JO JABLONSKI, COMMITTEE CHAIRPERSON

This summer the Ecology Committee will be introducing "Ecology Corner" in the "Newsette". The topics will explore nature in and around Highland Lakes. The articles will be short. There will be fun quizzes, matching games, facts of the week, tips of the week, etc. Some of the topics to be covered will be local plants, amphibians, reptiles, birds, and pollinators.

We will start off this season in the July 4 edition of the "Newsette" with an ecology quiz that you can take as individuals, a family, or both. It is a fun way to begin focusing on nature in Highland Lakes. If you have a favorite topic you would like to read about or if you would like to submit a short article (250 words max.) or an environmental fact or tip of the week, please come to an Ecology Committee meeting. Check the "Newsette" for time and place. The next meeting is July 4 at 8 pm in the Lake Room. Hope to see you there.

Next Newsette: July 2, 2016

Newsette articles should be submitted on the Friday before the week of publication. Under no circumstances will submissions be accepted after noon on Monday of the week of publication. Typed submissions must be emailed to the Club office at hlcc@warwick.net. Sorry – we can only print photographs submitted as .jpg files with a minimum of 150 dpi. Thanks!

If You Were *Snowed* by
Your Oil Company's Service



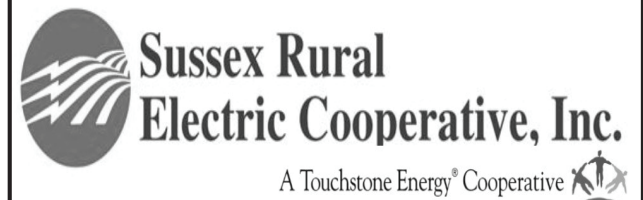
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79th Annual Meeting of Members

Held for the purpose of electing directors, approving reports and transacting other such business as may come before the meeting.

Monday, June 6, 2016

High Point Regional High School
299 Pidgeon Hill Road, Sussex, NJ 07461

Doors open at 5:30 PM,
Refreshments at 6:00 PM
Meeting Begins at 7:00 PM

Each member who registers will receive a
\$10 bill credit.



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Get Packing – Community Yard Sale 3 Weeks Away

SUE ROSS

Don't miss your opportunity to declutter your home and help your neighbors at the same time. The HL Community Yard Sale (July 16 from 8 am to 2 pm) is the perfect place to bring the gently used things in your home that are still in good shape but have lost their usefulness to you. Toys that your children loved but have now outgrown; kitchen items that have been replaced and now sit in the back of a cabinet taking up space; tools and sporting equipment that sit gathering dust in the garage...let us take this and all that other stuff off your hands. See the list of items we will accept and the list of the few things we just can't take. Then haul your stash down to the clubhouse anytime between 8 am to 5 pm on Friday, July 15 and we will take it off of your hands. Any items that don't sell the following day are delivered to charitable organizations to help others in need.

What We'll Take

- Small appliances
- Bric-a-brac
- Household items (dishes, glasses, mugs)

- Lamps
- Holiday items and decorations
- Linens (comforters, sheets, tablecloths, placemats, napkins, etc.)
- Tools
- Books, DVDs, CDs, VHS tapes, stationary
- Electronic games
- Small electronics
- Toys, puzzles, games
- Sports equipment
- Bikes / helmets
- Miscellaneous household items including small furniture
- Jewelry
- Handbags/totes/backpacks/umbrellas
- Luggage with working wheels
- Fabrics/notions/wool
- Craft and art materials of every description
- Garden items

- Pictures
- Frames
- Highland Lakes memorabilia

All donations must be in good condition and good working order. The committee reserves the right to refuse donations it deems unfit and will not accept any of the following items under any circumstance:

- Clothing
- Computers
- Televisions
- Car Seats
- Cribs
- Items that have been recalled by the manufacturer
- Luggage without wheels
- Stuffed animals
- Exercise equipment

Beach 2 Needs Badge Checkers!

SUE BURUCHIAN, BEACH 2 CAPTAIN



Summer has just begun, so we are in need of a few members to step up to 'sit and check badges' at Beach 2 and the Boat Launch area this season. Anyone interested please call me at #7420.

It doesn't take much, an hour a week would be a big help! Pick your hours! Start your season off by earning your volunteer appreciation hours by badge checking! Thanks so much for your help in advance to keep our beaches and Highland Lakes private!

The next Goodwill Fundraising Committee meeting will take place at 7 pm on June 30 in the Lake Room. Come join us. All are welcome to participate in the planning and execution of this event.

HIGHLAND
GENERAL STORE, INC.
"ALWAYS TRY THE GENERAL FIRST"
(973) 764-4541
FAX: (973) 764-4542
111 HIGHLAND LAKES RD. HIGHLAND LAKES, NJ 07422

Highlights from Marcus King Concert



Photos courtesy of Dennis Dalelio

WANTED: HL
Memories Curator

CLUBHOUSE DIRECTORS

Training in new Digital Picture Frame Provided
Curator: a keeper or custodian of a collection.
Do you enjoy photography? Do you love to have your pictures on display? The Clubhouse is looking for a couple of teens to upload photographs and create playlists of Highland Lakes activities, happenings and scenery. The teens will encourage members to submit pictures take during activity time and of their favorites scenes from around Highland Lakes.
Our Memories Curators will organize these pictures for display on our new digital picture frame above the Activity Center. Training, equipment and passwords will be provided. Please sign up at the Activity Center if you are interested or leave a message for Clubhouse Directors Clare Sweeney or Vinny Gagliostro.

Barbeque Grills
at the Beaches

In the interest of the safety of all members using our beaches, please be advised that grills are allowed ONLY on Beaches 3 and 5 and ONLY in the grassy area where the picnic tables are, away from the beach patrons, lifeguard equipment and any playground equipment. Your cooperation is appreciated.

Reserve Space

SUE ROSS

Be a part of the HL Community Yard Sale and reach hundreds of consumers in hours as they stroll the clubhouse lawn. For just \$25 (if you use your own table; \$35 if you rent one of ours), this prime piece of real estate can be yours. By renting space you can set up your table, sell your wares and take home all of the fortune. Complete the vendor rental form in this Newsette and submit it to the office with your check ASAP. Space goes fast and is limited.

Vendor Tables Going Quickly
Reserve Your Spot Today

**HLCC Community Yard Sale
Vendor Reservation Form
Saturday, July 16, 2016**

Name _____

Address _____

Email _____

Phone _____

Vendor Space #__ @ \$25 (bring own table)

Use one of ours #__ @ \$35.

I realize that I am responsible for removal of all unsold goods at the end of the sale.

Beach Testing Results

Below are the results of the most recent fecal coliform testing at the Club's beaches and swim lanes performed by Garden State Laboratories, Inc. Weekly tests are required by the State of New Jersey, and results must not exceed 200. All samples conformed to state recreational bathing standards. Testing results are reported by the lab to the Sussex County Department of Health.

	6/14	6/7
Beach 1.....	<10	<10
Beach 2 – Clubhouse.....	50	30
Beach 3 – Lookover Lane	20	<10
Beach 4 – Bushwick.....	<10	<10
Beach 5 – E. Lakeshore Dr.....	<10	<10
Beach 6 – W. Lakeshore Dr.	<10	<10
Beach 7 – Upper HL Dr.	<10	<10
Swim Lanes – Clubhouse	10	10



Highland Lakes Apparel Sales

SUE BURUCHIAN

OnLine Embroidery and Imprints is pleased to be the official embellisher of Highland Lakes apparel and promotional items. Whether you wish a sweatshirt, t-shirt or any other custom item, we are here to logo your choice.

Current offerings are: Swim Team (2 color new large little girl swimmer/can be used for all), sailing burgee (sailing flag) and HLCC “vintage” logos; little girl swimmer, fishing logo, and sailing logo designs! Highland

Lakes apparel and burgee stickers benefit our club in various ways. Help your club and look great!
Stop by the Activities Center for available stock or contact 973-764-7420 to order specific custom items.



Ladies Golf Outing

DIANNE KELLY

Looking for all interested golfers or wannabe golfers to join us in August for our annual outing.

The outing will be at Farmstead Golf and Country Club on Tuesday, Aug

9. There will be a 9 am shotgun start and we will play the Valley course. Lunch will follow at the

Farmstead clubhouse. The cost for

this wonderful day will remain at \$61.00. This includes the

9 holes of golf with a cart, lunch and prizes. There will be a cash bar. Please plan to join us! Let me know who you would like to have in your foursome or I will set one up for you. Look forward to hearing from you and spending a great day with you. Please contact Dianne Kelly 973-764-7407 for further information. Reservations and payment are due by Aug 1. Please make your check out to Dianne Kelly. Thanks!

Highland Lakes Country Club

Third Annual

BOARD SPORTS FESTIVAL

SUNDAY JULY 31

STARTING AT 11AM

STAND UP PADDLEBOARD *plus* WINDSURFING

DEMOS! INSTRUCTION! COME OUT *and* TRY!

EQUIPMENT PROVIDED OR BRING YOUR OWN • HOST AND SPONSOR:
MICKI & AL LEES OF JERSEY PADDLE BOARDS, GREENWOOD LAKE

Meet on the Clubhouse Lawn • Rain or Shine

HLCC Art Show - 2016

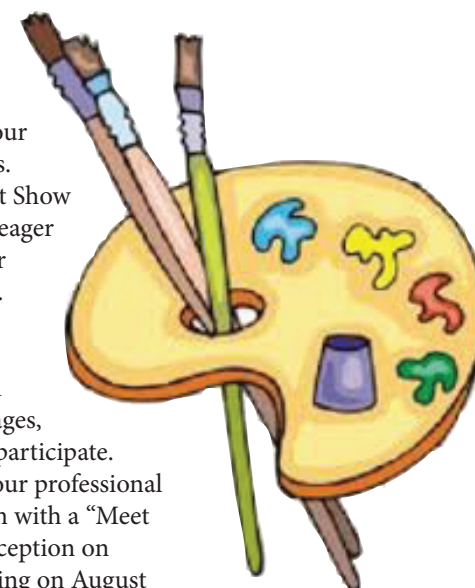
MARY ANN MASTRANGELO, CHAIRPERSON

Art, Crafts, Photography, and More

Don't hold back on your creativity. Share your talents with your Club members. The HLCC Art Show Committee is eager to display your artistic talents. Start working on some of your ideas. All members, all ages, are invited to participate.

This year, our professional show will open with a "Meet the Artists" reception on Saturday evening on August 27. The following day, Sunday, August 28, will feature the art and craft work of HLCC and CA members.

Participate and visit these art shows. Save the date!



2016 HLCC Sailing Fleet Schedule

LOU IANNUCCI, SAILING COORDINATOR

Below are the 2016 HLCC sailing fleet schedules. All races begin at the Eckhart Sailing Center located on Lakeside Drive West south of the intersection with Alturas Road.

Please take note of the following dates:

All Boat Regatta: Saturday, August 27

Sailor's Picnic: Sunday, September 4 at 4:30 pm

Senior Sunfish Races – Sundays at 2:30 pm

Mladen Kresic: (973) 764-0452

July 3, 10, 17, 24 / August 7, 14, 21 (2 pm), 28 / Sept. 4

Jr. Singles Sunfish Races – Wednesdays at 11 am

Maryjane Kresic: (973) 764-0452

July 6, 13, 20, 27 / August 3, 10, 17, 24

Ladies Sunfish Races – Thursdays at 11 am

Irene Boeren: (973) 764-7371

July 7, 14, 21, 28 / August 4, 11, 18, 25

Jr. Doubles Sunfish Races – Fridays at 11:00 am

Maryjane Kresic: (973) 764-0452

July 8, 15, 22, 29 / August 5, 12, 19, 26

Force 5 Sailing Races – Saturdays at 11 am

Erika Rodger: (201) 961-3092

June 25 / July 2, 9, 16, 23, 30 / August 6, 13, 20 / Sept. 3

Flying Junior Fleet Sailing Races – Sundays at 11 am

Mike Gillooley: (973) 764-4185

July 3, 10, 17, 24 / August 7, 14, 21, 28 / Sept. 4

Windsurfer Races – Saturdays at 3 pm

Kevin Gaston: (973) 764-7332

July 2, 9, 16, 23, 30 / August 6, 13, 20 / Sept. 3



Highland Lakes Hurricanes Sweat Benefit Apparel

SUE BURUCHIAN, ONLINE EMBROIDERY		
Honoring the 80th Anniversary of HLCC and the swimming tradition! Hooded Sweatshirt (\$30) - circle size Youth - S M L Adult - S M L XL XXL XXXL Name for sleeve: _____ Sweatpants - (\$20) circle size -Royal Blue with elastic bottom, logo & Hurricanes	Youth - S M L Adult - S M L XL XXL Name for pant leg: _____ Total Payment \$ _____ Contact: Sue Buruchian - OnLine Embroidery at onlineimprints@ptd.net Parent Contact: _____ Phone # _____	“Orders will be delivered and taken before busses for July 6 away meet”. Payment to OnLine Embroidery due when ordering/pick up. As these are custom printed, please size up if concerned. No returns. Standard sizing in Youth and Adult.

Schedule for June 27 – July 2

Welcome Back Beach Blowout!

Monday, June 27

9:30 - 10:30 am: Game Room Instruction Time, learn how to play the games (10+)
10:30 – 11:30 am: Tween Room (Ages 9|2) DIY Seaglass Jewelry Bowl
11:30 am 12:30 pm: Make and Take Crafts (Ages 6+) Sand Clay Handprint Keepsake
12:30 - 1 pm: BINGO on the porch * winners get prizes* (All Ages Welcome)
1 - 2 pm: Kickball Game (All Ages Welcome)
2 - 4 pm: Pool Room Open (Ages 10+)
5 - 5:30 pm: Super Secret Flash Mob Club (Shhhhh, don’t tell Jack!) (ages 1 - 99)
7 pm: Kids Ceramics

Tuesday, June 28

9:30 – 10:30 am: Munchkin Fun (24ish) Sand Painting
10:30 – 11:30 am: Tween Room (Ages 9 - 12) Make a Mini Beach Hut
11:30 am – 12:30 pm: Make and Take Crafts (Ages 8 – 10) Baking Soda Sea Art
12:30 – 1 pm: ICE POP BINGO on the porch * winners get prizes* (all ages)

1 – 2 pm: Arts & Crafts (Ages 7 - 9) Make your own Sand Slime!
2 – 3 pm: BIG BOARD Games at Field 1 (All ages)
2:30 – 4 pm: Pool Room Open (Ages 10+) / Krazy Karaoke (any age)

Wednesday, June 29

9:30 – 10:15 am: Picture Bingo * winners get prizes* (Ages 6 and under) and a story in the LAKEROOM
10:15 – 11 am: Arts & Crafts (Ages 6 and under) Sea Animal Silhouette Painting
11 – 11:30 am: Card Games / Small Board Games on the porch (Ages 7 and up)
12 – 1 pm: Kids Can Cook (Come Hungry, Leave Happy!) Edible Sand
SIGN UP at the Activity Center
1 – 4 pm: Pool Room Open (Ages 10+)

Thursday, June 30

9 – 10 am: Kids Vs. Staff: Secret Challenges Movin on up , Wheel of a Deal , and Stack Attack
10 – 11 am: Make and Take Craft (Ages 5 and up) Popsicle Stick Bird Feeders

11 am – noon:
Blast from the PAST “Street Games” on the LAWN (Running Bases, Kick the Can, Wiffle Ball etc.)
12:30 – 1 pm: Bingo on the PORCH * winners get prizes* (All ages)
1 – 1:30 pm: Board and Card Games in the LAKE ROOM
1:30 – 2 pm: Leathercraft (Ages 8 and up)
2 – 4 pm: Pool Room Open (Ages 10+)
5:30 – 7:30 pm: NEW Weekly Night Activity Tye Dye

Friday, July 1

9 – 10 am: Make and Take Craft Spin Art
10 – 11 am: Blast from the Past Street Games on the LAWN
11 am – Noon: Create your water bonanza gear
Noon – 1 pm: Weekly craft round up
1 – 3 pm: Pool Room OPEN (Ages 10+)

Saturday, July 2

1 – 2 pm: Beach 1 Activity Watercolors and Sand Painting

NOTE: The Pool Room will be OPEN during craft activities, for ages 10 and up, in addition to the scheduled time slot.

Jody Raffoul Band is Coming!

HL CLUBHOUSE COMMITTEE

The HL Clubhouse Committee is pleased to offer our members a fantastic evening to open their summer fun.

Jody Raffoul may originally be from a small town in Southern Ontario, but his diverse career as a working class pop-rock singer/songwriter has continued to put him in the spotlight in the United States, Canada and Jamaica.

Already a reliable “critic’s pick” in the Detroit region, Jody performs over 200 shows a year and has opened for over 75 major acts including: Collective Soul, Kid Rock, Nickelback, Joe Cocker, Blues Traveler, Richard Marx, Counting Crows, The Allman Brothers Band, Uncle Kracker, John Entwistle, Chris Isaak, Paul Rodgers, Bon Jovi, Joe Walsh and most recently Santana in April 2016.

At home in a small club or the big stage, his signature voice and compassionate stage presence has been described as a hybrid mix of Bono and Bruce Springsteen making every performance unique which is what helped Jody to become the National WINNER of the 2006 Bon Jovi “Have a Nice Gig” Contest, hand-picked and announced personally by Jon Bon Jovi and Richie Sambora. He went on to open a sold out show at Giants Stadium in Bon Jovi’s home state, New Jersey, alongside fellow Canadians, Nickelback. Jody and his band also played the Can-Am-Jam in Negril, Jamaica in 2012 with Al Fazio, Mikey-Spice, Pinky Dread, Marvelous and the incomparable Judy Mowatt, one of the original “I Threes” - the background



female vocalists for legendary Bob Marley & The Wailers. In addition to his yearly performances, Jody’s acoustic album Simple Life (2003) not only garnered attention from the music industry, contemporaries and some of Jody’s musical influences, but it also showcased Jody’s diversity. His sensitive, in-tune songwriting ability combined with infectious riffs took his second album, Like A Star (2004), to another level backed with a full band. Albums had only been available at live shows and have collectively sold in excess of 25,000 copies, Other recordings include albums: Jody Raffoul, Live At the Black Pearl, Big Sky (2008), and Home (2009). Jody is currently recording another album.

The Jody Raffoul Band is pleased to come to

Highland Lakes Country Club for a special performance on July 1. Jody will be coming with the most in-demand, top session drummer in Detroit, Todd Glass, who has worked with the likes of Bo Diddley and Robert Gordon. The multi-talented guitarist Wes Buckley, a bandmate for 15 years and the legendary Phil “Greasy” Carlisi, on bass will also be playing. Tickets available now for \$20 through the Club office or through Clubhouse Committee members; Carol Hastie 973-764.6521, Sue Buruchian 973-764-7420, or Russ Strube 973-764- 4210. Advance tickets highly recommended and tickets will be available at the door. Come and dance into summer with us- you’ll be glad you did!

Concert Series Heats Up With Summer Shows

MICHAEL GELFAND

While the weather didn’t cooperate for our first outdoor show, The Marcus King Band didn’t disappoint the crowd that showed up on Sunday, June 5. The band rolled into town a little late from its gig the night before in Brooklyn after they got stuck in traffic behind the Puerto Rican Day parade in Manhattan, but despite their tough travels the band nearly blew shingles off the roof off the clubhouse roof with King’s prodigious riffs and soulful singing. Anyone who was present will be able to boast they saw him at the Clubhouse back before he became a household name.

Upcoming Shows:

If you missed Grammy-nominated jazz saxophonist/flutist Jay Rodriguez’s recent appearance on The Jimmy Fallon show, or the gig earlier this month at Manhattan’s famous Blue Note, you’re in luck. Sugar Jay is coming back to Seckler Stage on June 25—he was here twice last summer with Azucar and Danny Bacher. Rodriguez is bringing his masterful music back to Highland Lakes, this time leading a groove-based quintet that fuses the blues, funk, soul, and hip-hop in a social music stew.

Playing alongside Rodriguez (Groove Collective, Prince) is drummer Damon Duewhite (Roberta Flack, Hugh Masakela), guitarist Billy Spaceman Patterson (Miles Davis, James Brown), organist Adam Klipple (Smokey Robinson), and percussionist Chuggy Carter (Donny Hathaway, Jon Hammond). Contact the Concert Series at 973-271-9780 or Club Office at 973-764-4366 to buy tickets, or visit hlcc.org/events/concert-series for more information. Tickets are on sale now for members-in-good-standing and their guests (\$20) and for non-members (\$25). Doors open at 7 pm., show starts at 8 pm.

Avalon Returns!

July marks the return of another Highland Lakes favorite. The mesmerizing Tatiana Eva-Marie and Adrien Chevalier will return to Seckler for the third time with their intoxicating French Café swing jazz band. As club president Bob Hughes will enthusiastically attest, the group never fails to transform the Clubhouse into a hotspot of the 1940’s Parisian jazz scene (think Django Reinhardt and Stéphane Grappelli). Tickets for members-in-good-standing and their guests are \$20; tickets for non-members are \$25.



Hiking News

CHRISTINE BILLACK AND JIM KENNEDY

Welcome to summer, hikers. Our last hike was on June 12. We do not hike in the summer, see you in September. If anyone is interested, we would like to plan a pot luck lunch in July, please let me know. We are also planning a canoe trip down the Delaware in the summer. Hope to see you there. Any questions, call Christine at 973-764-1458 or email christinebillack@yahoo.com

Women’s Volleyball

JUDY FORTENBACH

It’s that time of the year again, the time to dig out those volleyball shirts and sneakers and to get ready for another fun filled and exciting summer of impressive and inspiring play. Our first game will begin Thursday at 10 am on July 7. Don’t forget to bring water for hydration and your badge to play. Anyone 18 or older, experienced or not, will play. The games take place on the all-purpose court near the road at Beach 1. Hope to see lots of new and old (returning) players there!

Memorial Day Observance Highlights



Sr. Club President Joyce Healy moderates the ceremony.



The O'Hare Family inspires all.

Photos courtesy of Gloria Williams



Fr. Bob Carroll gives the Invocation.



Veterans of the military display their flags.



Pastor Willie Vaughn engages the audience.



Victoria Meneses and Alexander Gaura delight the crowd.



Elder Michael Rojas speaks to the crowd.

Highland Lakes Senior Club / The Progressive S/C

JOYCE HEALY, PRESIDENT

Howdy everyone! Continued greetings and good wishes of sunny days, new adventures, good health and an all-around Hoot of a good time to y'all! (Don't ask me where this 'western' twist came from just popped into my head).

First-off - here are the answers to the palindromes from the last issue: 1. radar, 2. pup, 3.boob (hey, watch it, I know you're smiling), 4.eve, 5. mom, 6. dad, 7. pop, 8.ep, 9.ip, 10.ig, 11. nun, 12. sis, 13. bob, 14, gag, 15. kayak, 16. mum, 17. dud, 18. did, 19. bib, 20.s os, 21. pap, 22. Madam, I'm Adam, 23. Abba, 24. Ono, 25. Nin, 26, non, 27. m'aam, 28. Otto, 29. toot, 30. Tut, 31. tat, 32. anna, 33. wow. Now, if you missed the last issue of the Newsette & our article, palindromes are words that are spelled the same forwards and backwards...rather simple, right?

Here are more "groaners". I didn't like my beard at first. Then it grew on me. Broken pencils are pretty much pointless! All the toilets in New York's police stations have been stolen. As of now, it appears the police have nothing to go on. What do you call a dinosaur with an extensive vocabulary? A thesaurus. When you get a bladder infection you know urine trouble. I'm reading a book about anti-gravity. I just can't put it down. This girl said she recognized me from the vegetarian club, but I've never met herbivore. Did you hear about the cross-eyed teacher who lost her job? She couldn't control her pupils. I saw a theatrical

performance about puns. It was a play on words. TAH-DAH!

OK, enough of those! Did it bring a smile to your face or a groan???

You know, our senior club is in full swing during the summer months. I'm so thrilled to welcome a bunch of new members who either have recently joined or hooked up with us a few months ago. Get the word out to your friends and neighbors and let them know that we meet twice a month from May through September - the 2nd and 4th Tuesday nights of the month at 7 pm in the Lake Room at the clubhouse. We often have guest speakers (and I try to find guest speakers who can edify us with all kinds of interesting news, facts, careers, etc.), sometimes 2 in one day! luncheon and dinner events, game nights, boat trips, theater jaunts, and of course our extra special Senior Gala.

Come on down to our meeting nights, enjoy some absolutely delicious "coffee and", great fellowship with an even greater bunch of "lakers". We have a short business meeting and then jump into something enjoyable for the rest of the evening. Of course I'm not saying our business meetings are not enjoyable---they're just necessary & bring us up to date on all kinds of news. We collect \$10 per person for dues for the year. *** I request that you attend a minimum of 3 meetings to then be allowed to sign up for

the Gala on August 12.*** It will be a wonderful catered event, live music & dancing and a whole bunch of good times!!!!

Many, many sincere thanks to all the wonderful volunteers who helped make the annual Memorial Day ceremony a huge success. We hosted our 16th ceremony on a day that was truly sent from above with very talented musicians, enlightening clergy and the patriotism was clearly evident as our service flags proudly waved in the breeze with Old Glory. I'm especially grateful for the support of our HL staff, we could never present this ceremony without their help. We had approximately 140 guests in attendance at the outdoor ceremony and 80 people joined us for an All-American lunch in the Lake Room!

The HL Senior Club has a new V E R Y B I G project underway: A lasting memorial "WALL OF HONOR" that will recognize your loved ones who served our great nation or are currently doing so. The Wall of Honor will be in the Lake Room for hundreds of members and guests to experience & show their pride. Please come to our meeting nights and you can find out how to register your loved one for this beautiful, lasting recognition of honor.

Well, that's it for news for now - if you need a hand with anything, a ride to the meetings or events, give me a call. Love ya.



Pickleball Update

DORI ZARR

Pickleball is in full swing, on Monday and Wednesday evenings at 6 pm. We also play on Sunday mornings at 9am on Glen Wild Way, off Cherry Ridge Road. Common questions:

1. How big is a court? 20 x 44 feet for both doubles and singles. The net is 36 inches high on the ends, and 34 inches in the middle.
2. When was it first played? 1965 Bainbridge Island, Washington.
3. How did it get its name? It was named after the family dog, Pickles, who was a canine of one of the co-inventors. He chased stray balls and then hid in the bushes, so they named the game after him.

Strategy: a) if you are receiving the serve, your partner is already at the net, so hit a slow, deep ball down the middle, and rush to the net. b) move side to side with your partner to avoid leaving a hole in the middle. c) check out Pickleball games on YouTube.

Summer Garbage Pickup

JACK MCLAUGHLIN, GENERAL MANAGER

First pickup - Tuesday, July 5

The Club's summer garbage pickup for ten weeks with Blue Diamond Disposal begins on Tuesday, July 5 (due to the July 4 holiday). Pickup on Mondays will continue throughout the summer and end on Tuesday, September 6 (due to Labor Day holiday). The schedule is as follows: July 5, July 11, 18, 25, August 1, 8, 15, 22 and 29. The last pickup will be Tuesday, September 6 (due to the Labor Day Holiday). Please note that both haulers will continue to provide and bill you for recycling services during the Club's ten week service period by Blue Diamond.

Customers of Blue Diamond or Waste Management will be receiving letters explaining the amount of the credit you are entitled to on your invoice if you have paid your dues and assessments in full. If you pay your dues after the start of garbage pickup the credit will be proportionately reduced. Only members in good standing are entitled to credits on their garbage bill.

In order to ensure that you are provided with the full ten weeks of garbage service by Blue Diamond and a full credit, your dues and assessments must be paid not later than Monday, July 4. Please remember - your garbage must be out by 6:30 am on collection day.

Team Tennis 2016

KNOX STRUBE

It was Memorial Day weekend and 19 eager players dug out their team tennis t-shirts and racquets. We were able to welcome 2 new players to our group, Barbara and Lou, who both added a great skill set to our games. It was extremely hot and humid for our season opener, but as many players were wilting and leaving we had a few dedicated souls. Adele, Glen, Darren and Charlie F. battled the heat and completed an entire regulation set. There was so much great play to be seen after the long winter.

The next week, June 4, 20 players came out to enjoy a beautiful day. This week we welcomed Gloria as a new player. There were many great matches. We all caught up with friends after the winter when we weren't on the courts polishing our skills. The day ended with a battle of the sexes. Adele and Knox decided to test their skills against Jerry and Joe. Let's just say that neither side prevailed and there will have to be a rematch later in the season.

We would like to thank Cathy Tansey for coordinating the season and our fearless leader Jerry for being there each week to organize and get everyone onto the courts efficiently. We welcome all players of all levels to join us on Saturday mornings at the courts at Beach 1 from 9 - 11 am. Just bring your sneakers, some water, your badge and join the fun. If you have any questions, please call Cathy at 973-764-3174.



Reading of the Declaration of Independence

RON BERUTTI

Monday, July 4 at 10:30 am

All Highland Lakes residents are encouraged to attend a reading of the Declaration of Independence in the Lake Room on Monday, July 4 at 10:30 am. Light refreshments will be served.

It once was said: “Freedom is never more than one generation away from extinction. We didn’t pass it to our children in the bloodstream. It must be fought for, protected, and handed on for them to do the same, or one day we will spend our sunset years telling our children and our children’s children what it was once like in the United States where men were free.” As national and world events seemingly occur at an ever-quickenning pace, what it is that makes us free must never be forgotten, lest we fail to pass the torch of freedom to future generations as our forebears did for us.

While Independence Day is a great national kick-off to summer in our nation, it was approval of the Declaration of Independence by the Second Continental Congress on July 4, 1776, that provided us with the well-deserved reason for our national celebration of freedom. Listen to the famous words of Thomas Jefferson and the other Founding Fathers, who risked everything to make the United States the first nation ever to be founded on universal principles of human rights and individual freedom. Learn why the Declaration of Independence expresses truths about mankind that people throughout the world have looked to as a beacon in their quest for freedom from oppression ever since and which, like an earthquake, jolted the foundation of every

single government to come before it and after it. Lear how great leaders such as Frederick Douglass, Elizabeth Cady Stanton, Abraham Lincoln, and Martin Luther King, Jr., have seized on the Declaration of Independence and its bedrock principles to advance the cause of freedom for those who have been denied its promise.

Highland Lakes resident Ron Berutti, an attorney and a published author on topics of constitutional history, returns again to read the Declaration of Independence and provide some historical context for the Declaration of Independence. Afterward, an open discussion will take place as to the Declaration’s meaning, its important role in the eternal struggle for freedom, and its continued vitality in today’s world. Younger residents of Highland Lakes who may not know much about the story of the American Revolution or who question the relevance of the Declaration of Independence to their lives today are particularly encouraged to attend. Adult residents who can share their American experiences are also encouraged to attend, so that we can learn from one another about how the torch of liberty has been carried forward to this day, and how we can help carry it forward into the future so that freedom may be preserved for future generations of Americans.

This is the fifth year for this popular event. The previous readings were well-attended and well-received by residents of all ages, and a lively and civil discussion took place among those in attendance. If you missed the prior presentations and discussions, make sure you don’t miss the opportunity to attend this year! You won’t regret it.

HLCC Women’s Bowling League

PAT WOOTTON AND JUDY SUNDA

Heads up!! We will be bowling once again this summer at PinStreet@Warwick, Rt. 94, in Warwick, NY. The league will begin on Wednesday, July 6, at 9:30 am sharp and will run for eight weeks. Teams are comprised of three women, but individuals are encouraged to sign up, as well. This is definitely a social and informal event; be prepared for lots

of laughs as there is no real talent required! The cost should be approximately \$81, payable promptly. We can discuss any changes on the first day. Please join the fun; the more the merrier!! Sign-up available at HLCC, with the chairpersons Pat, 973-764-3749 or Judy, 973-764-3069, or just show up on day 1.

Windsurfing Happenings

KEVIN GASTON

Another season of windsurfing fun is just around the corner so hop on board and join the party. You can race in one of two classes - Sport or Open. The Sport Class is designed for beginner or novice racers. Races are held on Saturdays at 3 pm starting on July 2. The maximum allowed sail sizes for racing are 7.5 for the Sport Class and 9.3 for the Open Class. Both classes can use any manufacturer’s board and sail. If anyone has any questions on racing or just windsurfing questions in general, give me a call at 973-764-7332 or 845-893-2923 (cell).

Keep an eye out for the Highland Lakes Board Sports Festival on Sunday, July 31. It’s all about fun for the entire family. There will be demos and instruction for both stand-up paddling and windsurfing. See you at the “party”.

Vernon 21st Annual Fireworks

TED WARNET, CHAIRPERSON

The 21st Annual Fireworks Display will be sponsored by the Highland Lakes and Vernon Volunteer Fire Departments on Saturday, July 2 at the Lounsberry Hollow Middle School on Sammis Road in Vernon, NJ. Gates open at 6 pm and tickets are \$15 for a family or a group of four (4). Refreshments, food, DJ and FUN!! The rain date for this event will be Sunday, July 3 or the next clear night. All proceeds benefit the Highland Lakes and Vernon Volunteer Fire Departments.



Sailing Tube Storage

LOU IANNUCCI, SAILING COORDINATOR AND SUE BURUCHIAN

Ahoy sailors! It’s time again to think sailing and tube storage. This year we have expanded the number of tubes at Eckhart Sailing Center from 15 to 22 in total. We will also be adding 5 new tubes at Comet Row. As always, Junior fleet racing sailors have the first right of refusal for the tube storage system at the Eckhart Sailing Center. Junior sailors and/or their parents need to email to request a tube no later than July 1, 2016, or call to reserve a tube for this sailing season. Please mark emails: Sailing Tube Request in subject line to HLCCSailing@gmail.com with name of sailor, parent name if junior and fleet sailing.

We will confirm active junior sailors with the Junior Fleet Captain, email you the release form to sign/return and assign your tube number. Additionally, any remaining tubes not assigned to juniors will be available to the other racers in fleets docked at Eckhart Sailing Center and Comet Row via email request. First come, first served.

Here are the basic rules for review to use the tubes:

1. Do not put wet sails in the tubes. Dry sails only.
2. Junior sailors have first right of refusal due to parent transportation considerations.
3. Lock and combination information must be provided on the form.
4. No wet items of any kind shall be placed in tube.
5. Only HL racing fleet sailors can utilize tubes.
6. Only non-lakefront members can use this option.
7. Only one set of sails with spars per tube.
8. Storage is only during the sail racing season. No year-round storage.
9. When Club docks go in water and are taken out, so must your sails!
10. Any abuse of the tubes forfeits your rights to use them.

Any questions please call Sue at 973-764-7420 or Lou at 973-764-7042 or e-mail. Happy Sailing!

Upcoming Tricky Trays

JILL WALLACE

There will be a Tricky Tray sponsored by the HLFD Women’s Auxiliary Tricky Tray at the Highland Lakes Firehouse, located at 813 Canistear Road, on Friday, August 5, 2016. Sponsored by the Highland Lakes Fire Department Ladies Auxiliary, all proceeds will benefit the Fire Department. Doors open at 7 pm, with prizes being called at 8 pm. Refreshments will be available, and the firehouse is air-conditioned and handicapped accessible. There will be great trays, specials, and a 50/50. Admission is \$2, and you must be at least 18 years old to be admitted. For further information, contact Auxiliary President Irene Boeren at 973-764-7371.

The Annual Tricky Tray sponsored by Our Lady of Fatima will be held Friday, July 1st, at the church hall, 185 Breakneck Road, Highland Lakes, NJ. Over 100 trays, specials, the well-known Kitchen Make-Over Super Special and a 50/50. Coffee, Iced Tea, cookies, and cake -- FREE. Hot dogs, soda for sale at \$1.00 each, Admission: \$1.00. Doors open at 6 pm – Drawing begins promptly at 7:30 pm. For more information, call 973-764-4457 or email us at olfatima@warwick.net.

Start a Non-Toxic Garden this Season: The What

DANI L. SEGAL, Ph.D.

The What: I think of any new garden area as a new, fresh canvas that I am excited to paint a beautiful scene on. All the prep has gone into preparing the nice white canvas (the ground) for the colors, textures and “eye candy”! Now it’s time to actually choose the plants (or “paint colors”). This can be an overwhelming decision, especially when you want to choose non-toxic, non-invasive, organic and healthy choices for our beautiful lake community.

- Of course, if your new garden is a vegetable garden and you are excited for the days of harvesting dinner from your garden, then as I stated in my previous article on “The How” – it’s very important to choose seed packets that clearly state “Certified Organic”.

- Select the right plants for the available space and sunlight, soil, climate, moisture, drainage and deer conditions. Good landscape design works with what Mother Nature has given you. Generally, choose plants whose full-grown height and spread fit the site you are planting. Place low-growing shrubs under windows, for instance. Think: How big will this plant, shrub or tree be in 5, 10 or 20 years?

- Decide whether you want perennials or annuals. Annuals offer instant gratification, where perennials can

give you year-round color without the replanting, fertilizing and removal required with heavy-feeding annuals. Most perennials grow indefinitely in one spot with minimal feeding, although most should be cut back once yearly.

- For pleasing, low maintenance “landscape harmony”: Choose plants that won’t outgrow their site and end up scraping the house, hiding windows or blocking walkways.

Supersize your beds, leaving room between plants and the house for chores such as painting and gutter cleaning.

- Although I prefer to make “Patchwork Quilt Gardens” (A term I coined for my gardens, which simply means that I grow plants of various colors and textures close together, like patches on a quilt, and then I do not need to weed) it may be easier for some people to leave a lot of space around the plants. You’ll buy fewer plants, prune less and have to remove fewer plants, but will need to mulch more and weed more. It is a personal preference.

- In our lake community I love to use stone as a border or edging against the lawn. It provides a natural looking barrier.

- For low maintenance, decorative gardens that happen to be in shade, I love the texture of ferns, such as the Lady Fern, Ostrich Fern or the Marginal Wood Fern. They are easy –to-grow, are deer resistant, and love our Highland Lake’s soil. They offer finely feathered leaves that contrast to a more broad-leafed plant, such as a Hosta, another shade-loving plant, but which need to be protected from deer. Hostas come in a variety of colors, so have fun choosing blues, bright greens or white and green stripes!

- Shade -tolerant favorites for easy-care ground covers: Pachysandra; Vinca

- Here are some of my favorite decorative plant choices: Coneflower or Echinacea purpurea is one of the great butterfly magnets of the native perennial garden. Used as a medicinal herb, Coneflowers are easy to grow in average to dry, well drained soils.

- Jack –in- the- Pulpit: Deer tolerant, it requires very little care once established. It thrives under a variety of conditions, but grows most vigorously in moist and shady locations.

- Black-Eyed Susan or Rudbeckia hirta – deer and drought resistant, adds a bright yellow sunshine that attracts birds and butterflies.

- Wild Bergamot or Bee Balm is a wildflower in the mint family. I adore my red bee balm & so do the hummingbirds!

- Joe-Pye Weed - Once utilized extensively as medicinal herbs, this is a tall plant, up to 6’ in the best sun & soil conditions, but strong stems support the flowering plant so it rarely needs to be staked.

- Solomon’s Seal: known as a medicinal herb, this is a hardy perennial with creamy white flowers, similar to Lily of the Valley. I am always amazed at the tenacity of this plant that blooms along my driveway every summer.

- Pasture Rose or Carolina Rose, it grows fine in partial shade but abundant flowering and disease-resistance occur in full sun. It is a fairly low-growing shrub with very attractive flowers followed by equally-stunning fall rose hips. It may be semi-aggressive and less suitable for small landscapes.

- Lobelia inflata: an annual or biennial plant (meaning that it reseeds every year or two, known as an herbal remedy to quit smoking, this fragile flower will add a light bluish to violet hue to your garden.

- Dandelion (Taraxacum officinale): although considered a nuisance weed, one of my all-time favorite yellow flowering plants is the dandelion (Taraxacum officinale), offering its roots as a coffee alternative that has been shown to be a liver tonic, and the leaves as delish bitter salad greens.

- For a full list of native to Highland Lakes plants, go to <http://hlcc.org/members-information/committees/ecology/list-of-native-plants/>

- Smart gardening practices can decrease maintenance, save money and protect our precious lake environment.

- Please be patient with your new garden. Remember: WABISABI – Do not expect perfection, and enjoy the beauty of imperfection! By going natural, non-toxic and organic, you are acknowledging that things aren’t going to be perfect, but things are going to be wonderfully beautiful for now and for the future!

Thinking about a renovation or addition? Talk to an Architect!

Jim Schriener, AIA

Licensed Architect

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