



The Highland Lakes Newsette

A publication of Highland Lakes Country Club and Community Association at Highland Lakes, New Jersey © 2016
"All the News That Fits We Print"



Volume 2016 | Issue Number 9 | July 16, 2016



It's Community Yard Sale Day

SUE ROSS, GOODWILL FUND COMMITTEE

Saturday, July 16 - 8 am - 2 pm

Don't miss the one day of the summer when you are bound to find a bargain close to home. Buy a brick on the Path to Goodwill, browse wares at vendor tables, enjoy refreshments, and catch up with friends...everyone will be milling about. The grill will be fired up by late morning so plan on joining us for lunch. Sausage with peppers and onions, hotdogs and hamburgers will be offered at crowd-pleasing prices.

For those interested in finding useful items at reasonable prices the event is like a dream come true. Doors will open

at 8 am Saturday morning. The sale will continue until 2 pm. All proceeds raised will go to benefit the Goodwill Fund. Any items that have not been sold by day's end will be distributed to a local charity.

Volunteers Needed and Always Welcome

Anyone interested in helping with clean-up efforts after this event should come to the clubhouse at 2 pm to lend a hand. Thank you to the many people who have participated in the planning and staging of this event.

French Jazz Returns to Highland Lakes on Saturday, July 23

MICHAEL GELFAND

Saturday, July 23, marks the return of the mesmerizing Tatiana Eva-Marie and Adrien Chevalier, who are coming back to Seckler Stage to perform with their Avalon Jazz Band. The intoxicating French Café swing jazz band's passion for uncovering hidden gems from the past and giving them a second life never fails to transform the Clubhouse into a hotspot of the 1940's Parisian jazz scene (think Django Reinhardt, Stéphane Grappelli and the Hot Club of France).

With more than 400 songs in their repertoire, including instrumentals, the band (and its fans) enjoys the luxury of never having to play the same set, or even the same songs, night after night. "Every concert is a different experience," says Eva-Marie. "That's how our shows stay alive. They're always improvised and always changing, which keeps it fun and is what adds to that atmosphere. It's not like pop music where everything is written down, it's more casual and more intimate." Contact the Concert Series at 973-271-9780 or



Club Office at 973-764-4366 to buy tickets, or visit hlcc.org/events/concert-series for more information. Tickets for members-in-good-standing and their guests are \$20; tickets for non-members are \$25. Doors open at 7 pm, show starts at 8 pm BYOB.

Upcoming Events

July 16 -

Community Yard Sale

July 19 - Women's Auxiliary Wine and Cheese

July 23 - Concert Series - Avalon Jazz Band

Save the Date



About Boating Safely Course Offered

JACK MCLAUGHLIN, GENERAL MANAGER

Tentatively Scheduled for July 28 - Updates will be posted on the Club's website

Representatives of the U. S. Coast Guard Auxiliary will be conducting their "About Boating Safely" program at the Clubhouse on Thursday, July 28, 2016. The 8-hour course includes all New Jersey-specific material as required by law, and upon successful completion, each participant will receive a U.S. Coast Guard Auxiliary card that entitles them to operate a motorized boat legally in any state that has a mandatory education requirement (the course is approved by the National Association of State Boating Law Administrators). In addition, participants will receive the New Jersey Boating Safety Certificate, which is required to obtain a boating license or a boating endorsement on a driver's license.

PROOF OF IDENTIFICATION MUST BE BROUGHT TO CLASS



The course is only open to Highland Lakes members so please register with the Club office as soon as possible (not later than Monday, July 25, providing a check for \$50 payable to Highland Lakes Country Club--registrations *will not be accepted* after July 25.

Please be aware that a boat license is a separate document from a boat safety certificate and is required for operation on non-tidal water (water where the tide does not change) in the State of New Jersey. **The boat license is not a replacement for a boat safety certificate, it is an additional requirement.** Regardless of the type of boat (pontoon, canoe, row boat, etc.), if it has a motor the operator must have their boat license with them at all times. To obtain a boat license, go to your nearest NJ Division of Motor Vehicle Commission Facility. Persons must bring their NJ Boat Safety Certificate with them to apply for a boat license.

Doors open at 8 am, and the course begins promptly at 8:30 am.

Upcoming Meetings

Buildings and Grounds – Monday, July 18 – 7:30 pm
Clubhouse – Wednesday, July 20 – 7 pm
Ecology/CCHL – Thursday, August 11 – 7 pm
Fishing – Thursday, August 11 – 8 pm
Planning – Tuesday, September 6 – 7:30 pm
Roads – Thursday, August 4 – 7 pm
Goodwill Fund – July 16 – 7 pm
Voting Board Workshop – Wednesday, August TBD – 8 pm
Voting Board Meeting – July 15 – 8 pm
ANNUAL MEETING – Sunday, August 21 – 2 pm.

Since all meetings are subject to change, please confirm meeting times by contacting the chairperson of the committee or the Club office prior to the meeting time.

The Lakeland Swim Conference Highland Lakes Swim Team

Swim Team Summer Practice Schedule

9 am - 10 am: ages 13+

10 am - 11 am: ages 9 - 12

11 am - 11:45 am: ages 8 and under

11:30 am - 12 pm: ages 6 and under

2016 Swim Team Meet Schedule

July 20	Highland Lakes @ Wayne Township
July 23	Odd Age Invitational @ Packanack Lake
July 27	West Milford @ Highland Lakes
July 30	Highland Lakes “B” Invitational
August 3	Green Pond @ Highland Lakes
August 6	Erskine “C” Invitational @ Erskine
August 10	White Meadow Lake @ Highland Lakes
August 13	A” Championships @ Smoke Rise



Beach Hours

Beach 1..... 9:30 am – 7 pm
Beach 2.....10:30 am - 5:30 pm
Beach 3.....10:30 am – 6 pm
Beaches 4, 5, 6 and Swim Lanes - 12 pm – 5 pm
Beach 7.....11:30 am – 6 pm

Pickle Ball Equipment Now Available

BILL BEARDSLEY

Pickle ball equipment is now available in the Activity Center at the clubhouse. Boxes of 4 paddles and 4 balls can be borrowed Monday through Friday from 9am to 3:30 pm as well as Saturday and Sunday from 10 am to 3:30 pm. You need to show your badge and leave a \$20.00 refundable deposit. The equipment must be returned by 3:30 pm on the following day.

The rules are simple. You can go online to “pickle ball. com” or “You Tube pickle ball videos” to learn the rules and see the sport being played. Enjoy!

Wanted: HL Memories Curator

CLARE SWEENEY AND VINNY GAGLIOSTRO,
CLUBHOUSE DIRECTORS

Training in New Digital Picture Frame Provided

Curator: a keeper or custodian of a collection.
Do you enjoy photography? Do you love to have your pictures on display? The Clubhouse is looking for a couple of teens to upload photographs and create playlists of Highland Lakes activities, happenings and scenery. The teens will encourage members to submit pictures taken during activity time and of their favorite scenes from around Highland Lakes.

Our Memories Curators will organize these pictures for display on our new digital picture frame above the Activity Center. Training, equipment and passwords will be provided. Please sign up at the Activity Center if you are interested or leave a message for Clubhouse Directors Clare Sweeney or Vinny Gagliostro.

Beach Testing Results

Below are the results of the most recent fecal coliform testing at the Club’s beaches and swim lanes performed by Garden State Laboratories, Inc. Weekly tests are required by the State of New Jersey, and results must not exceed 200. All samples conformed to state recreational bathing standards. Testing results are reported by the lab to the Sussex County Department of Health.

	7/5	6/27	6/20
Beach 1	10	<10	<10
Beach 2 – Clubhouse	10	<10	20
Beach 3 – Lookover Lane	<10	<10	<10
Beach 4 – Bushwick	10	20	<10
Beach 5 – E. Lakeshore Dr.	<10	<10	30
Beach 6 – W. Lakeshore Dr.	<10	<10	<10
Beach 7 – Upper HL Dr.	10	<10	<10
Swim Lanes – Clubhouse	10	30	10

Beach 2 Needs Badge Checkers!

SUE BURUCHIAN, CAPTAIN, BEACH 2

We still need volunteers to sit and check badges at Beach 2 and the Boat Launch area this season. Anyone interested please call me at 973-764-7420. It doesn’t take much; an hour a week would be a big help. Pick your hours. Earn your volunteer appreciation hours by badge checking. Special thanks to Bob Diertitta for stepping up to the plate and volunteering. Help keep our beaches and lakes private.

Highland Lakes Art Show, 2016

MARY ANN MASTRANGELO, CHAIRPERSON

Special Category this Year - A Tribute to the 100th Anniversary of the National Parks

To commemorate the 100th Anniversary of our National Parks, our Art Show Committee has planned a one-time only special category with an appropriate award. All entries in the National Parks category can be entered using any art/creative medium. All ages are eligible. We are looking forward to a variety of entries with National Park themes. Take on the challenge and start working on your tribute.

More information will follow. The Art Show is Sunday, August 28. The Professional Exhibit is Saturday, August 27.

Junior Appreciation

CAROL HASTIE,
CLUBHOUSE COMMITTEE CHAIRPERSON

Calling all of you between the ages of 8 and 18! It is time to begin accumulating your volunteer hours for the season. You only need 10 hours. There are many ways to do this in order to be invited to attend Junior Appreciation on August 17 and receive your gift as a token of our appreciation. You can help out in the clubhouse with activities or with any of the athletic activities, such as sailing, tennis, softball, basketball, soccer to name a few. It is a rewarding experience to volunteer your time and give back to our community!

The Highland Lakes Newsette

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and Community Association
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Special Thanks
to the Communications Committee
Thanks to all our contributors
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	<i>Highland Lakes Happenings July 17 - July 23, 2016</i>	
<i>Sunday</i> <i>7/17</i>	11:00 AM Flying Junior Races 2:30 PM Sr. Sunfish Races	
<i>Monday</i> <i>7/18</i>	8:00 AM Exercise 9:00 AM - 10:00 AM Aqua Aerobics Beach 1 1:00 PM Bridge 1:00 PM - 7:00 PM Lifeguard Training Class 7:30 PM Bldgs & Grds Mtg. 7:30 PM Ceramics	
<i>Tuesday</i> <i>7/19</i>	10:00 AM Women's Auxiliary Mtg. 1:00 PM - 7:00 PM Lifeguard Training Class 7:00 PM W/A Wine & Cheese	
<i>Wednesday</i> <i>7/20</i>	8:00 AM Exercise 9:00 AM - 10:00 AM Aqua Aerobics Beach 1 11:00 AM Jr. Singles Sunfish Races 1:00 PM - 4:30 PM Lifeguard Training Class 7:00 PM Clubhouse Mtg. 7:00 PM Swim Meet (A)	
<i>Thursday</i> <i>7/21</i>	10:00 AM Women's Volleyball 11:00 AM Ladies Sunfish Races 1:00 PM Bridge 1:00 PM - 7:00 PM Lifeguard Training Class *B* Parent Meeting	
<i>Friday</i> <i>7/22</i>	8:00 AM - 9:00 AM Exercise 9:00 AM - 10:00 AM Aqua Aerobics Beach 1 11:00 AM Jr. Dbl Sunfish Races 1:00 PM - 2:00 PM Lifeguard Training Class	
<i>Saturday</i> <i>7/23</i>	8:00 AM - 5:00 PM Lifeguard Training Class 11:00 AM Force 5 Races 12:00 PM Red Hatters 3:00 PM Windsurf Races 8:00 PM Avalon Jazz Band	

Donations Needed

CLARE SWEENEY AND VINNY GAGLIOSTRO,
CLUBHOUSE DIRECTORS

Please donate your recyclables. Sometimes the best crafts come from “upcycled” items. If you have any of the following, please donate to the clubhouse. Ask for Clare or Vinny and your donation will be accepted graciously.

- baby food jars
- paper towel / toilet paper rolls
- a mini pool table
- old magazines
- buttons
- soda bottles (1l and 2l)
- anything else that you think can help

“Just Us Kids” Ceramics (Ages 5 and up...please)

Monday evenings throughout the summer
From 7 – 9 pm @ the Clubhouse

Save the Date

VINNY GAGLIOSTRO AND CLARE SWEENEY,
CLUBHOUSE DIRECTORS

Raging Reptile Day
Mark your calendars for August 4 at 1 pm.
Rizzo’s Wildlife Program will be coming with reptiles. All ages are welcome.

Schedule for July 18-July 22

Theme: Space

Monday –July 18

9:30am - 10:30 am: Game Room Instruction Time - Learn how to play the games (10+)
10:30 am – 11:30 am: Make and Take Crafts (Ages 6+)
Space Explorer Jet Pack
11:30 am - 12:30 pm: Tween Room (Ages 9-12)
Galaxy in a Jar
12:30 pm- 1 pm: BINGO on the porch *winners get prizes* (all ages welcome)
1 pm - 2 pm: Kickball Game (all ages welcome)
2 pm - 4 pm: Pool Room Open (ages 10+)
7 pm - 8 pm: Kids Ceramics (all ages)

Tuesday – July 19

9:30 am - 10:30 am: Munchkin Fun (2-4ish)
Create a flying Saucer!
10:30 am – 11:30 am: Make and Take Crafts (ages 8 – 10)
Make your own Robot Assistant!
11:30 am - 12:30 pm: Tween Room (ages 9-12)
Intergalactic Tie Dye
12:30 - 1 pm: All Kids Crafts Galaxy Dough

1 pm - 2 pm: Arts & Crafts (ages 7-9)
Cardboard Tube Aliens
2 pm - 3 pm: Games at FIELD 1 (all ages)
2:30 pm -4 pm: Pool Room Open (ages 10+)/
Krazy Karaoke (any age)
Wednesday - July 20
9:30 am - 10:15 am: Picture Bingo *winners get prizes* (ages 6 and under) and a story in the LAKEROOM
10:15 am - 11 am: Arts & Crafts (ages 6 and under)
Make your own Straw Rocket
11 am - 11:30 am: Card Games / Small Board Games on the porch (ages 7 and up)
12 – 1 pm: Kids Can Cook (Come Hungry, Leave Happy)
No Bake Astronaut Food
SIGN UP at the Activity Center Sidewalk Chalk to Follow
1 pm - 4 pm Pool Room Open (ages 10+)

Thursday – July 21

9:30 am – 10 am: Kids vs. Staff: Secret Challenges:
Astronaut Writing Competition
10 am - 10:30 am: Make and Take Craft (ages 5 and up)
Rubber Band Rocket

10:30 am - 11 am: Messy Craft (any age) Moon Sand
11am - Noon: Blast from the past “Street Games” on the LAWN
Noon - 1:30 pm: Bingo, board games, and card games on the PORCH (all ages)
1:30 pm – 2:30 pm: Leathercraft (ages 8 and up)
2:30 pm-4 pm: Pool Room Open (ages 10+)
5:30 pm -7:30 pm: Weekly Night Activity Wall-E Movie

Friday –July 22

9:30 am – 10:30 am: Make and Take Craft Friday - Melted Crayon Planets
10:30 am - 11:30 am: Blast from the Past
Street Games on the lawn
11:30 am – Noon: Water Bonanza on the LAWN
Noon – 1 pm: Weekly craft round up
1 pm – 3 pm: Pool Room OPEN (ages 10+)

NOTE: The Pool Room will be OPEN during craft activities, for ages 10 and up only, in addition to the scheduled time slot.

Big Thank You

CLARE SWEENEY AND VINNY GAGLIOSTRO, CLUBHOUSE DIRECTORS

A big thank you to all who came out for the annual patriotic cake contest on Wednesday, July 6.



Photos courtesy of Clare Sweeney

Petitions for Officer and Trustee Positions Available

JEANNE JAMESON, ELECTIONS CHAIRPERSON

Filing Deadline - Monday, August 1

At this year’s Annual Meeting on August 21, 2016, elections will be held for full, three-year terms commencing October 1, 2016, for the positions of President, 1st Vice President, 2nd Vice President, Treasurer and Secretary, as well as for Trustee positions for Sections 6, 7, 8, and 12. In order for a candidate’s name for Trustee to be on the ballot, a petition must be filed with the Elections Chairperson containing five signatures from members in good standing in the section electing a Trustee. Petitions are available at the Club Office only, Monday through Friday, 9 am to 4 pm, and on Saturdays, 10 am to 1 pm. The petition must be received at the Club Office at least twenty (20) days

before the election, which means no later than 4 pm on Monday, August 1, 2016. The Nominating Committee is required to file its report of nominees for Officer positions not less than thirty days before the Annual Meeting. Members not nominated may have their names placed on the ballot by filing a petition with the Elections Chairperson containing the signatures of sixty (60) members in good standing. The petition must be received at the Club Office at least twenty (20) days before the election, which means no later than 4 pm on Monday, August 1, 2016. Please note that candidates for Treasurer must have experience in the field of Accounting. The requirements for

eligibility to serve the Club as either a Trustee or Officer are found in Article V - Officers and Trustees of the By-Laws. Once the Nominating Committee report is received and the petitions have been certified by the Elections Chairperson, Absentee Ballots will become available. The Absentee Ballot must be received at the Club Office, either by mail or in person, with your validated 2016 Membership Card enclosed in the provided envelope no later than Wednesday, August 17, 2016, at 4 pm. Elections will be held at the Annual Meeting on August 21. Please make sure that you attend this meeting and that you have your 2016 Membership Card and badge with you.



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Next Newsette: July 23, 2016

Newsette articles should be submitted on the Friday before the week of publication at noon. Under no circumstances will submissions be accepted after noon on Monday of the week of publication. Typed submissions must be emailed to the Club office at hlcc@warwick.net. Sorry – we can only print photographs submitted as .jpg files with a minimum of 150 dpi. Thanks!

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Upcoming Tricky Trays

JILL WALLACE

There will be a Tricky Tray sponsored by the HLFD Women's Auxiliary Tricky Tray at the Highland Lakes Firehouse, located at 813 Canistear Road, on Friday, August 5, 2016. Sponsored by the Highland Lakes Fire Department Ladies Auxiliary, all proceeds will benefit the Fire Department. Doors open at 7 pm, with prizes being called at 8 pm. Refreshments will be available, and the firehouse is air-conditioned and handicapped accessible. There will be great trays, specials, and a 50/50. Admission is \$2, and you must be at least 18 years old to be admitted. For further information, contact Auxiliary President Irene Boeren at 973-764-7371.

Family Day – Sunday August 7

CAROL HASTIE CHAIRPERSON, CLUBHOUSE COMMITTEE

Help Wanted!

I am looking for someone to help me run the day, since I have a broken ankle and will be very limited as to what I am able to do. Please call me or leave your name in the office if you are interested.

We also need volunteers for the following areas:

- Food servers
- Cooks
- Food ticket sellers
- Baby Parade organizer
- Baby Parade judges
- Popcorn maker
- Cotton candy twirler – (as long as the machine works this year!)
- Game organizers

If you can help out for an hour or more, please volunteer. Anything helps and it takes many volunteers to run this day! Please leave your name and number at the office.

Members Stop Speeding!

Children and adults are walking, biking, strolling our streets. Use caution and Slow Down!

Women’s Auxiliary

JENNIFER ZIEGLER

The Highland Lakes Women’s Auxiliary’s July 5 meeting was well attended with more than 30 members.

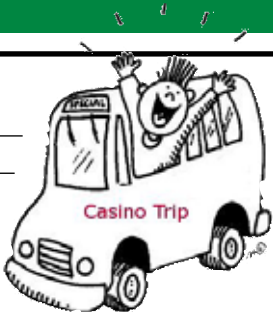
At the July 16 Community Yard Sale look on the porch of the clubhouse for the Women’s Auxiliary table selling baked goods and coffee. All proceeds are donated to the Goodwill Fund.

Tuesday, July 19 is our Wine & Cheese party in the Lakeroom at 7 pm. Come meet our members and enjoy a variety of wines and cheeses. Contact a member and come join us.

August 2 is the Fashion Show/Live Auction Doors open at 6:45 pm. Come see our members model the beautiful clothes from Donna’s Boutique in Hamburg. Donna is a professional stylist. Donna makes women of all ages and sizes shine. Become a member and model. Every model enjoys a 30% discount for participating.

We are excited about our auction items, a back to school basket with rolling back pack, and a wonderful basket of Wen hair care products to name a few. Tickets are available now for \$20.00 each. Contact a member or Jennifer Ziegler at 203-979-7135, jczinc@gmail.com. Tickets have assigned seats and tables so get your friends together and buy as a group. Don’t wait!

Are you feeling lucky? August 11 is the Sands Casino Bus Trip to Bethlehem PA. Enjoy wonderful restaurants and shopping with the excitement of the casino. Cost is \$30, which includes \$20 back in slot play and \$5 voucher for lunch. The bus leaves Acme parking lot at 7:45 am. Contact Doreen Cordes for tickets, 973-764-8658 or 201-3137-2057.





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Community Yard Sale - What We’ll Take

THE GOODWILL FUND COMMITTEE

For those looking to de-clutter their homes, this is the perfect opportunity to box up the treasures that no longer satisfy your needs. Volunteers will be on hand from eight in the morning until five at night on Friday, July 15 to accept any of the following items:

- Small appliances
- Bric-a-brac
- Household items (dishes, glasses, mugs)
- Lamps
- Holiday items and decorations
- Linens (comforters, sheets, tablecloths, placemats, napkins, etc.)
- Tools
- Books, DVDs, CDs, VHS tapes, stationary
- Electronic games
- Small electronics
- Toys, puzzles, games
- Sports equipment
- Bikes / helmets
- Miscellaneous household items including small furniture
- Jewelry

- Handbags/totes/backpacks/umbrellas
- Luggage with working wheels
- Fabrics/notions/wool
- Craft and art materials of every description
- Garden items
- Pictures
- Frames
- Highland Lakes memorabilia

All donations must be in good condition and good working order. The committee reserves the right to refuse donations it deems unfit and will not accept any of the following items under any circumstance:

- Clothing
- Computers
- Televisions
- Car Seats
- Cribs
- Items that have been recalled by the manufacturer
- Luggage without wheels
- Stuffed animals
- Exercise equipment



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Highland Lakes Swim Team Wins First Meet of Season

MICHAEL BUCHNEY, HEAD COACH

The Highland Lakes Swim Team visited the Smoke Rise Stingrays for the first meet of the 2016 Lakeland Swim Conference Season. Highland Lakes expected a tough meet against Smoke Rise, who took 3rd place at last year’s A Championships. But, after three sweeps in the first three breaststroke events, Highland Lakes opened up a 30-9 lead, and set the tone for a night of dominance in the youngest age groups.

S. Allen-Poole and D. Mitchell opened the scoring with 1-2 finish in the 8U Boys Breaststroke, followed by A. Amato and S. Werner achieving the same feat for the 8U Girls. The 9/10 Boys quickly followed suit with A. Brantner and Ma. Puccio taking another 1-2 finish. Despite the strong early start in the breaststroke events, Smoke Rise clawed back in the older age groups to a 77-74 lead by the end of the breaststroke events.

First place finishes by J. Brantner and H. Wisniewski in the 10U Butterfly continued the pattern of strong scoring in the younger age brackets, but Smoke Rise scored well throughout the butterfly events, opening up a solid lead. The HL 15/18 Boys offered a strong rebuttal in the 50 fly, with C. Beninati, T. Ruiz, and J. Lenyk sweeping 1-3 places, but by the end of the butterfly events, Smoke Rise held a solid 141-132 lead.

Highland Lakes mounted a major comeback in the backstroke events, starting with the 8U Boys Backstroke event, where N. Beninati, A. LePore, S. Bednarick and T. DiGuiseppe took a clean 1-4 sweep. Not to be outdone, the 9/10 Boys squad of D. Staley, A. Brantner, and F. Uschnig took maximum points with a 1-3 sweep of their backstroke race. Strong performances through the backstroke events took Highland Lakes into the lead, closing out the discipline with a 221-207 lead.

From there on, Highland Lakes never looked back! A clean sweep again in the 8U Freestyle (J. Brantner, N. Beninati, D. Mitchell, and A. LePore), followed by a 1-2-4-5 finish from the 8U Girls (A. Amato, G. Cefaloni, S. Smaldino, and S. Werner), and book-ended with another 1-4 sweep in the 9/10 Boys Freestyle (Ma. Puccio, D. Staley, F. Uschnig, D. Kabbez) took Highland Lakes to a 42 point lead, which they would not relinquish. A 1-3 sweep by the 11/12 Girls (S. Staley, A. Salomonsson, M. Bednarick) and a clean 1-4 sweep of the 15/18 Boys 100 Free (C. Beninati, J. Wootton, R. Wisniewski, T. Ruiz) further bolstered HL’s lead. The freestyle events finished and HL were leading the proceedings 311-277.

A strong showing by the relay teams stretched HL’s lead even further. First place finishes by the 8U Mixed Squad (Beninati, Cefaloni, Mitchell, Amato), 9/10 Boys (D. Staley, Ma. Puccio, J. Brantner, D. Kabbez), 11/12 Boys (Mi. Puccio, A. Bonardi, JT Wisniewski, R. Amato), 13/14 Girls (B. Conlin, A. Stoddard, S. Bednarick, E. Meichsner) and 15/18 Mixed Squad (C. Beninati, R. Kabbez, N. Berutti, J. Wootton) gave HL control of the meet. The 15/18 Mixed Squad finished the evening’s events with an exciting come-from-behind victory, sealing an important upset victory in enemy waters. The final score was Highland Lakes 363, Smoke Rise 318.

A special shout out is in order for two swimmers making their competitive debuts (T. DiGuiseppe and G. Cefaloni), here’s to a long and decorated career!

Think you have what it takes to be a member of the Highland Lakes Swim Team? Come on down to practice, every weekday between 9 and noon to get in on what is shaping up to be an exciting season for the swim team.

Results

- Event 1 Boys 50 Breast 8 & Under
- Allen-Poole, Sean 1:14.79
 - Mitchell, Demetri 1:27.30

- Event 2 Girls 50 Breast 8 & Under
- Amato, Abbey 56.84
 - Werner, Samantha 1:28.57

- Event 3 Boys 50 Breast 9-10
- Brantner, Andrew 52.92
 - Puccio, Matthew 55.30

- Event 4 Girls 50 Breast 9-10
- Annunziata, Victoria 56.30
 - O’Donnell, Deirdre 1:03.71
 - Burns, Kylie 1:08.35
 - Emmerich, Meghan 1:22.20

- Event 5 Boys 50 Breast 11-12
- Bonardi, Albert 48.24
 - Wisniewski, JT 50.28
 - Mann, Declan 52.21
 - Sullivan, Ben 55.64

- Event 6 Girls 50 Breast 11-12
- Staley, Sofia 47.00
 - Cefaloni, Vanessa 59.15
 - Burns, Zoe 1:01.05

- Event 7 Boys 50 Breast 13-14
- Benkendorf, Cole 44.05
 - Sullivan, Sam 50.93
 - DiGuiseppe, Sage 53.12
 - Mann, Kilian 54.35

- Event 8 Girls 50 Breast 13-14
- Stoddard, Ariana 46.77
 - Meichsner, Erica 48.27
 - Campbell, Lucy 55.70
 - Berutti, Ciara 57.79

- Event 9 Boys 50 Breast 15-18
- Wisniewski, Robert 37.89
 - Randazzo, Gregory 42.59
 - O’Donnell, Liam 46.22
 - Sullivan, Luke 48.30

- Event 10 Girls 50 Breast 15-18
- Kabbez, Renee 41.14
 - Tze, Julia 46.58
 - Hall, Kelsey 48.34
 - Annunziata, Samantha 50.52

- Event 11 Boys 50 Fly 10 & Under
- Brantner, James 51.88

- Event 12 Girls 50 Fly 10 & Under
- Wisniewski, Hannah 44.15
 - Annunziata, Victoria 1:03.61

- Event 13 Boys 50 Fly 11-12
- Puccio, Michael 40.52
 - Wisniewski, JT 46.55
 - Mann, Declan 1:00.07
 - Brantner, Peter 1:06.88

- Event 14 Girls 50 Fly 11-12
- Bednarick, Molly 51.28
 - Burns, Zoe 57.43

- Event 16 Girls 50 Fly 13-14
- Bednarick, Sarah 40.26
 - Stoddard, Ariana 45.31

- Event 17 Boys 50 Fly 15-18
- Beninati, Christopher 31.00
 - Ruiz, Tyler 31.16
 - Lenyk, John 33.79
 - Wisniewski, Grant 35.57

- Event 18 Girls 50 Fly 15-18
- Berutti, Niav 37.07
 - Runfola, Riley 40.76
 - Stoddard, Emmaline P. 43.71
 - Corbutt, Maggie 45.28

- Event 19 Boys 50 Back 8 & Under
- Beninati, Nicholas 55.60
 - LePore, Anthony 1:17.84
 - Bednarick, Steven 1:18.39
 - DiGuiseppe, True 1:36.58

- Event 20 Girls 50 Back 8 & Under
- Leiter, Audra 1:05.34
 - Cefaloni, Gabriella 1:05.58
 - Arnold, Devin 1:11.40

- Event 21 Boys 50 Back 9-10
- Staley, Duke 48.54
 - Brantner, Andrew50.23
 - Uschnig, Felix 54.97

- Event 22 Girls 50 Back 9-10
- Wisniewski, Hannah 47.21
 - O’Gureck, Anna 55.27
 - Leiter, Cora 56.90
 - Salomonsson, Isadora 58.62
 - Bernier, Ryleigh 1:00.96
 - Borges, Nina 1:09.29
 - Dobrzynski, Grace 1:11.89
 - Scheuermann, Maddy 1:22.92

- Event 23 Boys 50 Back 11-12
- Puccio, Michael 41.33
 - Bonardi, Albert 45.13
 - Amato, Richard 48.31
 - O’Gureck, Jackson 52.33

- Event 24 Girls 50 Back 11-12
- 1. Salomonsson, Annika T. 38.11
 - 4. Cefaloni, Vanessa 48.03
 - 6. Conlin, Catherine 51.17

- Event 25 Boys 50 Back 13-14
- 4. Sullivan, Sam 1:13.39

- Event 26 Girls 50 Back 13-14
- 1. Conlin, Bridget 39.40
 - 4. Berutti, Ciara 1:03.72

- Event 27 Boys 50 Back 15-18
- 1. Beninati, Christopher 33.31
 - 2. Wootton, Jacob 34.60
 - 4. Wisniewski, Grant 42.07
 - 5. Bednarick, Bobby 44.41

- Event 28 Girls 50 Back 15-18
- 2. Campbell, Anna 40.85
 - 3. Berutti, Niav 44.18
 - 5. Shmuel, Shayla 48.56
 - 6. Annunziata, Rebecca 48.75

- Event 29 Boys 50 Free 8 & Under
- 1. Brantner, James 43.32
 - 2. Beninati, Nicholas 52.83
 - 3. Mitchell, Demetri 59.10
 - 6. LePore, Anthony 1:05.95
 - Allen-Poole, Sean 1:09.44
 - Bednarick, Steven 1:16.46

- Event 30 Girls 50 Free 8 & Under
- 1. Amato, Abbey 46.38
 - 2. Cefaloni, Gabriella 54.21
 - 4. Smaldino, Sadie 1:02.72
 - 5. Werner, Samantha1:12.16

- Event 31 Boys 50 Free 9-10
- 1. Puccio, Matthew 41.12
 - 2. Staley, Duke 43.45
 - 3. Uschnig, Felix 49.14
 - 4. Kabbez, Daniel 49.80
 - Dignan, Colin 52.80

- Event 32 Girls 50 Free 9-10
- O’Gureck, Anna 49.63
 - 4. Leiter, Cora 49.77
 - 5. Salomonsson, Isadora 57.18
 - 7. Bernier, Ryleigh 59.88
 - Scheuermann, Maddy 1:02.96
 - Emmerich, Meghan 1:05.78
 - 8. Borges, Nina 1:06.64
 - Dobrzynski, Grace 1:07.16

- Event 33 Boys 50 Free 11-12
- 2. Amato, Richard 39.07
 - 4. O’Donnell, Rory 45.54
 - O’Gureck, Jackson 49.82
 - Sullivan, Ben 50.47
 - 5. Brantner, Peter 50.51
 - 6. Corbutt, Kiernan 52.34

- Event 34 Girls 50 Free 11-12
- 1. Staley, Sofia 34.76
 - 2. Salomonsson, Annika T. 37.02
 - 3. Bednarick, Molly 42.64
 - 5. Conlin, Catherine 48.05

- Event 35 Boys 50 Free 13-14
- 2. Benkendorf, Cole 32.41
 - 5. Mann, Killian 41.57
 - 7. DiGuisseppe, Sage 49.70

- Event 36 Girls 50 Free 13-14
- 2. Conlin, Bridget 34.67
 - 4. Meichsner, Erica 39.15
 - 5. Shmuel, Donna 47.95
 - 7. Campbell, Lucy 49.45

- Event 37 Boys 100 Free 15-18
- 1. Beninati, Christopher 1:04.03
 - 2. Wootton, Jacob 1:06.53
 - 3. Wisniewski, Robert 1:09.24
 - 4. Ruiz, Tyler 1:11.57

- Event 38 Girls 100 Free15 -18
- 3. Kabbez, Renee 1:18.66
 - 4. Campbell, Anna 1:28.49
 - 6. Shmuel, Shayla 1:30.96
 - 8. Stoddard, Emmaline P. 1:45.22



Tree Swallows

Birding at the Lake

CHRISTINE MAGEE

Tree Swallows Put on a Show

Whether you are out in your kayak, sailing, at a party, on a fishing boat or swimming, you probably have seen the tree swallows performing their beautiful aerial acts over the lake. The male tree swallow has a striking deep-blue iridescent back and clean white front, while the female is duller in color. You can find tree swallows in the summer in farm fields and wetlands all across North America. There are other swallows that may visit the lake but the tree swallow is the most common. We are lucky to have these mosquito eating friends at the lake. You can see them every day sitting on our power lines and soaring after flying insects with acrobatic twists and turns over the lake, while their steely blue-green feathers flash in the sunlight. You would think that tree swallows get their name from perching in trees, but

they actually get their name from where they live, in hollow tree cavities.

With their natural habitats dwindling over the last decade because of tree clearing, they will happily nest in a nesting box that is empty if you put one in your yard. Swallows are easily spotted because they spend much of their day out in the open. Another reason they are easy to spot is that they are highly social birds, nesting close together and spending time as a flock during the day. They are beautiful birds and help us keep the mosquito population down. So next time you are taking that early morning or sunset swim or boat ride look to the skies and watch the incredible show that the swallows put on for us. ‘Til next time, enjoy the sights and sounds of our fine feathered friends at the Lake.

Ecology Corner

ECOLOGY COMMITTEE

“Daddy’s Hurting Nature”

I remember going to my parents’ farm in PA with my then five-year old daughter. Part of the activity for the weekend was to cut some firewood. (My parents heated with wood.) When we got back from the woods my daughter made the comment, “Daddy’s hurting nature.” After I explained that people should not indiscriminately cut down trees, I told her that sometimes cutting down trees can be beneficial. She then asked, “How do you decide which trees to cut?”

That is a great question and the answers are not obvious. Now keep in mind that we were in a wooded setting with over 50 acres of trees to choose from. One common misconception is that you only cut dead trees. We actually prefer to leave dead trees because they provide a great habitat for various birds, mammals and insects. And when they finally fall down years later, they provide a great habitat for salamanders and insects as they rot and return their nutrients to the soil.

We cut hardwoods such as oak, hickory and maple for greater heat and lower smoke. We sometimes thin trees where they are growing too close. We cut trees that are damaged from wind or ice or have another defect that would not grow into good lumber. And when deciding which trees to cut, we select trees to maintain species diversity. If the stand is 80% oak and 10% each maple and hickory, we cut oak.

So not every time a tree is cut has nature been hurt. A proper thinning can improve forest health. But remember that cutting trees is very dangerous. Leave that job to the professionals.

Annual Kids Fishing Derby

MICHAEL EWASKO, CHAIRMAN, FISH COMMITTEE

While most youngsters that saw the dark overcast skies and misty rain on Saturday morning decided to stay in under cover, a handful of our most dedicated junior anglers ventured out with worms and fishing rods in hand eager to participate in this year's Annual Kids Fishing Derby hosted by the HLCC Fish Committee at the Lake 4 Dam.

The prediction of thunderstorms along with a cool southern breeze across the lake understandably got things off to a slow start but as the day showed promise more participants registered for the event and the challenge for big fish was on. Now traditionally Lake 4 has proven to be a hotspot for shore fishing and Saturday was no exception. The fish of the day surprisingly turned out to be largemouth bass with over twenty bass caught and released. In addition about a half dozen large bluegills kept the red & white floats bobbing beneath the surface.

Hotdogs and soft drinks was the standard fare provided by the committee and kept our busy anglers fueled for the constant excitement throughout the morning. At the 1 pm close of the event trophies were awarded to all successful anglers with notable catches. Congratulations to all participants and thank you to fellow Fish Committee volunteers for making this ever popular event possible.



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Summer Athletics

PAT ECKART, ATHLECTIC DIRECTOR

The 2016 Athletic Season is underway and we are going strong. It’s great to see so many new faces participate in all that Highland Lakes has to offer. Reminder: If there is a threat of weather or you don’t know if an event is taking place, you can call the Athletic Hotline at 973-764-6674. Let’s get to the action!

Monday:

- Boys Farm Team (ages 4-5, 9 am, outfield of Field 1)
- Coordinator: Peter Parigi, Paul Parigi
- Tennis Lessons (ages 9-12, 9 am, Beach 1 tennis courts)
- Coordinators: Jennifer Ziegler and Darren Werner
- Kids Basketball (ages 8-14, 5 pm, Beach 1 Courts)
- Coordinator: Chris Beninati and Cody Williams

Tuesday:

Mosquito League (ages 6-8, 9 am, Field 1)

The Fireflies and Mosquitoes squared off for the second game of the season on Tuesday morning. Marcus Arias made a great catch to save a run for the Fireflies. The bats of the Mosquitoes were too much though, as Anthony LePore and Nicky Beninati each hit long homeruns to grab the lead. Nico Puccio hit a late RBI double to bring the Fireflies close, but the rally fell short and the Mosquitoes escaped with a 5-4 win. Great game boys!

Butterfly League (ages 9-11, 6 pm, Field 1)

Coordinator: Chip Ziegler

The second Butterfly League practice took place on Tuesday night and we had a nice turnout of 10 girls. After warming up, the Blue Jays and Robins took the field. Chip had the girls take batting practice and rotate positions so everyone had the chance to play each base. These girls are progressing well, and they want to challenge the parents and grandparents to a game this week! See you Tuesday!

Men’s Basketball League (ages 17+, 6 pm, Beach 1 courts)

Coordinator: John Ross

A few minor injuries made for a weak showing for the Blue and Black teams this Tuesday, but Red was in full force and we were able to squeeze in three official games. Although each game was close, the Red team was able to outlast and stand undefeated at night’s end. We hope everyone gets healthy for Blue and Black so they will be better represented next week.

Standings: Red 3-0, Blue 0-1, Black 0-2

Wednesday:

Tennis Lessons

(ages 5-8, 9 am, Beach 1 tennis courts)

Coordinator: Darren Werner and Paul Doll

We held our second official tennis lessons on Wednesday morning and had quite the turnout for both age groups. 28 total youngsters were eager to show off the skills that they learned last week. We warmed up and practiced ball control by bouncing the balls up and down with the racquets. Darren then taught the kids a proper forehand and backhand swing. The first group played a fun game of Jail to finish the hour. The second group practiced forehand on the mini nets and finished off the hour with a fun game of “clear the court”. Special thanks to Paul for the extra help. See you Wednesday!



Friday morning soccer in action.

Thursday:

Girls Farm Team (ages 4-5, 9 am, Field 1)

Coordinators: Shane and Dean Grundy

The Girls Farm Team got together for the second time this season on Thursday morning. We had a really nice showing of 12 girls on this extra hot day (we made sure to take a lot of water breaks)! They warmed up by rolling or throwing the ball to a partner or coach. Next it was time to hit, and we have already seen some great improvement after one week. The girls finished up by running the bases. See you next week!

Grasshopper League (ages 9-11, 6 pm, Field 1)

Coordinators: Frank Fogge, Robbie Wisniewski

The Wasps and Hornets took the field for the second game of the season on Thursday evening. This was another exhilarating game that came down to the last at-bat. These two teams are so evenly matched this year, and the players are super competitive. It was very fun to watch. Nicky Beninati sparked the Wasps by hitting opposite field doubles and taking extra bases when possible all night. Felix Uschnig made his 2016 debut and had some well struck singles and smart base running. This game was back and forth all night, and the Hornets entered the bottom of the sixth inning down one run. Michael Evanick tied the game with a hit and that brought Danny Kabbez up to the plate with a chance to win the game. Danny smashed the ball right up the middle and the Hornets won in walk-off fashion by the score of 13-12. Great game boys!

Standings: Wasps 1-1, Hornets 1-1

Friday:

Kids Soccer (ages 5-12, 9 am, Field 1)

Coordinators: Jonah Revalant, Peter Parigi, Annika Salomonsson, Hannah Wisniewski

We had our second soccer practice of the season on Friday with a whopping 38 kids showing up to play! The kids warmed up by taking a lap around the field with Coach Peter leading the way. The older group practiced their dribbling, shooting, and passing skills. The younger group practiced their skills by playing some fun games including ‘Red Light, Green Light’. Both groups had scrimmages at the end. Felix Uschnig scored the lone goal for his team to give them the 1-0 win. Great job everyone!

Gem League (ages 6-8, 10 am, Field 1)

Coordinator: Dalilah Gomez

The Gems took the field for the second practice of the season and were eager to show off their skills. The coaches warmed the girls up with some stretching and throwing and then they were ready to hit. Julie Evanick was the only Gem to take live pitching, and she had some nice hits into the outfield. See you Friday!

Boys Little League (ages 12-16, 6 pm, Field 2)

Coordinators: Ray Loughren

The first Boy’s Little League Game was cancelled due to thunderstorms.

2016 Athletics Schedule:

Sunday:

- 9 am Pickleball, Ages 13+, Canistear Courts
- 6 pm Men’s Softball League, Ages 17 and up, Field 2

Monday:

- 9 am Tennis, ages 11-12, Beach 1 Courts
- 10 am Tennis, ages 9-10, Beach 1 Courts
- 9 am Boys Farm Team, ages 4-5, Field 1
- 9 am Mosquito League, boys ages 6-8, Field 1
- 5 pm Basketball, ages 8-14, Beach 1 Courts
- 6 pm Pickleball, Ages 13+, Canistear Courts

Tuesday:

- 9 am Mosquito League, boys ages 6-8, Field 1
- 6 pm Butterfly League, girls ages 9-11, Field 1
- 6 pm Adult Men’s Basketball, ages 17+, Beach 1 Courts

Wednesday:

- 9 am Tennis, ages 7-8, Beach 1 Courts
- 10 am Tennis, ages 5-6, Beach 1 Courts
- 6 pm Pickleball, Ages 13+, Canistear Courts
- 7 pm Swim Team Scheduled Meets, @ lanes

Thursday:

- 9 am Girls Farm Team, ages 4-5, Field 1
- 10 am Women’s Volleyball, ages 18+, Beach 1 Basketball Courts
- 6 pm Grasshopper League, boys ages 9-11, Field 1

Friday:

- 9 am Soccer, ages 5-8 & 9-12, Field 1
- 10 am Gem League, girls ages 6-8, Field 1
- 6 pm Boys Little League, ages 12-16, Field 2

Saturday:

- 9 am Adult Team Tennis, Beach 1 Tennis Courts

Grasshopper League Schedule:

Thursday:

- 7/14 Hornets v Wasps
- 7/21 Wasps v Hornets
- 7/28 Hornets v Wasps
- 8/4 Wasps v Hornets
- 8/11 Hornets v Wasps
- 8/18 Wasps v Hornets

Boys Little League Schedule:

Friday:

- 7/15 Ch v Co
- 7/22 Co v Ch
- 7/29 Ch v Co
- 8/5 Co v Ch
- 8/12 Ch v Co
- 8/19 Co v Ch



Aqua Aerobics

PAULA SCHRINER

Please join us at Beach 1 for Aqua Aerobics (adults only, please). Enjoy the lake and get fit!

When: Monday, Wednesday and Friday mornings, beginning June 20, 2016, until the end of the summer! For more information call Paula at 973-764-5817 or Gail at 973-764-3194.

Time: 9 am-10 am

Where: Beach 1, in the water!

What to bring: a noodle, and a towel
No experience necessary!

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Adult Ceramics

ANGELA ABRAMS AND KATHY STRUBE

Summer is here! Come on down to the clubhouse every Monday night at 7:30 pm. You will be amazed at the projects in progress, and more amazed at the beautiful creations you can create. You can begin a project for this year's Art Show or create unique, birthday, anniversary, Mother's/Father's Day gifts. Let your imagination run wild.

Our instructor, Mary, supplies the brushes and paint. She also supplies a collection of bisque for purchase. All adult members in good standing are welcome. All young people ages 8 to 15 are also welcome, if accompanied by an adult member. And as with all Highland Lakes activities... please wear your badges.



Lifeguards Wanted

CLARE SWEENEY AND KAITLYN NIX

Lifeguard Class Scheduled

The following dates in July are the scheduled dates for the 2016 Lifeguard Class. Please note that the class costs \$150, \$50 is due by July 18 and the balance is due by July 21. All classes are mandatory and any class exceeding 4 ½ hours will have a minimum ½ hour lunch break. Students are required to bring an exercise appropriate bathing suit and a pencil. It is recommended that students bring 2 towels, a change of clothes, lunch and snacks, plenty of water, and sunblock. Classes will be held rain or shine and we will meet at the swim lanes unless told otherwise.

Please call the clubhouse office to sign up 973-764-4366. Please call Clare Sweeney 973-897-4917 or Kaitlyn Nix 862-266-5093 with any questions.

Dates:

Monday July 18: 1 pm – 7 pm
Tuesday July 19: 1 pm – 7 pm
Wednesday July 20: 1 pm – 4:30 pm
Thursday July 21: 1 pm – 7pm
Friday July 22: 1 pm – 7 pm
Saturday July 23: 8 am – 5 pm
Monday July 25: 1 pm TEST

Woven Winds Stretches on the Beach

CAROL CHAVE

Come to Beach 7 for Woven Winds Stretching, 8 - 8:30 am, Thursdays and Fridays, beginning July 14, weather permitting. Starting with standing stretches, we will continue with seated stretches and stretches lying down on the beach. We conclude with an optional run/walk around the lake, while enjoying the quiet and beauty of morning at the lake. Wear clothes you can move in comfortably. Bring a towel and a cup. A cool beverage will be available. All ages welcome.



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Welcome Back Sailors

MARYJANE KRESIC, FLEET CAPTAIN

It’s another exciting junior sailing season off to a great start here at Highland Lakes. Our new Junior Fleet Captains are Emmaline Stoddard and Robbie Wisniewski.

July 6 was the first singles race and it was a gorgeous day. The winds cooperated and a red/red/red Course 1 was sailed. The race was won by Grant with Robbie a close second. JT and Greg were battling for third. Emmaline just got in for fifth and the Mann brothers, Kilian and Declan were battling for 6th and 7th. Dennis and Hannah both beginning to skipper by themselves finished 8th and 9th. Congratulations to them for being out there and getting around the course!

The results were:

- 1 Grant Wisniewski
- 2 Robbie Wisniewski
- 3 JT Wisniewski
- 4 Greg Randazzo
- 5 Emmaline Stoddard
- 6 Killian Mann
- 7 Declan Mann
- 8 Dennis Jimenez
- 9 Hannah Wisniewski

On July 8 we had the first Junior Doubles Race. It was exciting opening to the season with 10 sunfish out on the water and 2 FJ’s and 1 Hobie. It was a Course 1 with red, red and red and the winds were in our favor. Not too strong and not to weak. All the sailors and crew who came down to the dock were able to sail or crew so we had 26 juniors in all out on the water. We welcome the Evanick, Vandenbroek, and Wilson families to sailing and welcome the return of the Brantner family who now have a boat!

The results were:

- 1 Grant Wisniewski and Dennis Jimenez
- 2 Robbie and Niko Puccio
- 3 Greg Randazzo and Gabriela Cefaloni
- 4 Kilian Mann and Matthew Puccio
- 5 Albert Bonardi and Andrew Brantner
- 6 JT Wisniewski and Michael Puccio
- 7 Declan Mann and Peter Brantner
- 8 Emmaline Stoddard and Deidre O’Donnell
- 9 Hannah Wisniewski and Annika Salmonson
- 10 Chip Ehrhart (Hobie) with Sophia Randazzo and Vanessa Cefaloni
- 11 Ray Mann (FJ) and Michael Evanick and Rory O’Donnell
- 12 Rich Spoerl (sunfish) with Teddy Wilson
- 13 Robert Wisniewski with Grace D., Julie Evanick and Sophie Vandenbroek

Remember next week is our ice cream party plus our rules and regulation session. Also, please come down and try to sail singles as we will be having coaching out on the water this Wednesday.

Important dates to keep in mind:

- July 15- Ice Cream Party- Please bring something
- July 22, Wear a Bathing Suit Day
- The Mann’s are hosting a barbecue after junior sailing. All families are welcome to come. Please speak to the Mann’s about contributing items.
- July 23- SANJL- It is at Spruce Run in Hunterdon this year. Please let me know if you are interested in attending. Boats need to be cleaned and waxed. Last year Highland Lakes won the event, and we hope to do so again this year. In addition we need a strong team to compete for the team trophy. We have won two years in a row, so I would like to see HL win a third time.

Force Five Results – July 2 and July 9

ERIKA RODGER

What a day. Saturday, July 2 was marked by very strong and shiftY winds. We started with a full course, but the wind was so strong that we chose to do a short course for the second race. How strong was the wind? Well, during the second race both Chip and myself ended up capsizing. Strong winds indeed! There is a great need for shout outs this week.

- Shout out to the Iannuccis for doing dock committee. A wonderful job.
- Shout out to the safety boat for being at the ready to assist Chip and me.
- Shout out to the lovely fisherman in the yellow shirt that helped me after my boom fell off on the way home.
- Shout out to the safety boat again who made the trip to help me get my boat home.
- Shout out to Lou and Phyllis who let me hitch a ride back home.
- Shout out to Randy Rodger for last week’s dock committee, which I forgot to mention.

**July 2 Results
Race 1**

- 1. Chip
- 2. Andy
- 3. Lou
- 4. Erika

Race 2

- 1. Andy
- 2. Lou
- 3. Chip
- 4. Erika

This week was racing on challenge mode. We had a dense fog that made it difficult to see what was in front of us, but enough wind to call for two full course twos! It was interesting to watch the fleet make individual guesses on where they estimated the next mark to be. Shout out to Randy Rodger and Sara Gillooley for an awesome, difficult dock committee.

**July 9
Race 1**

- 1. Andy
- 2. Lou
- 3. Erika
- 4. Mike
- 5. Chip

Race 2

- 1. Erika
- 2. Andy
- 3. Mike
- 4. Chip
- 5. Lou



Windsurf Happenings

KEVIN GASTON, FLEET CAPTION

That’s what I’m talking about -- a steady south wind tipped the scales at around 12 mph. Six hungry competitors, for the second week in a row, hooked in and rounded buoys while zipping up and down the lake with blazing speed. It was the week of the Virginia Gastons’ annual windsurfing pilgrimage to Highland Lakes. With Mike and George Gaston manning the dock duties, Daddy Dennis Gaston was busy inventing new moves never before seen in the history of the sport. We’re talking double Helicopter Tacks with a Half Duck Jibe thrown in for good measure. Intentional? It doesn’t matter. He finished with a pair of proud 5th places, the second one courtesy of Chip’s disqualification as he crossed the starting line early while trying to impose the Opposite Tack rule on the port starters. It was a brilliant strategy but just short of perfect execution. I’m certain, though, that he’ll have us all sweating it out next week.

Race 1

- 1- Bob Koeck
- 2- Kevin Gaston
- 3- Chip Ehrhardt
- 4- Joe Gaston
- 5- Dennis Gaston
- 6- Randy Staley (DNF)

Race 2

- 1- Kevin Gaston
- 2- Bob Koeck
- 3- Joe Gaston
- 4- Randy Staley
- 5- Dennis Gaston
- 6- Chip Ehrhardt (DSQ)

FJ Fleet Results for July 10

MIKE GILLOOLEY

We sailed an all red Course Three both races due to a mast that went swimming prior to the start of the race and the resulting rescue of the sailors. Thanks to the safety boat for their assistance. If you’re interested in joining the fleet let me know since there are a few boats available.

Race 1

- Will
- Grant
- Lou
- James
- John Wayne
- Mike
- Ray
- Rick

Race 2

- Will
- James
- Grant
- Lou
- John Wayne
- Rick
- Mike
- Ray

Senior Sunfish Races

MLADEN KRESIC, SENIOR SUNFISH CAPTAIN

July 3rd and 4th Series

Wow, what a 4th of July weekend to kick off our sailing season. We managed to get 2 good races in with modest winds on Sunday, and then, with fabulous wind 2 full length Course 1s on Monday. On Saturday 13 sailors showed up, with Rich Mastrangelo making his return to Highland Lake in true racing form. In the first race, amazingly for a first race of the year with this many boats we had...a clean start! Lyndsay “Zay” Stockwell got off the line at the east buoy, and carried her great start the entire length of the course. She fought off past champions Kevin Buruchian, Rich Mastrangelo, Will Kresic and Mark Buruchian.

In the second race, Will was back in the saddle, besting Kevin with Rich third, followed by Mark and our fearless commodore, Light Winds Lou. Lyndsay was next despite being fouled around the second buoy by yours truly who wound up doing circles on the downwind leg.

On Monday, the 4th, we had 10 boats participating – all having done all 4 July 4th series races. Before the start, it became clear the day would be fun and challenging as winds gusted between 8 and 12 knots. Bob had some issues with his sail, so we had a slightly delayed start. But once we started, there were two great races. In race 1 Maryjane got off to a quick start. By the first buoy, going around the island, Will was in 1st followed closely by Mark and Rich. That was the order of the finish, with Lyndsay in 4th and Maryjane beating me with a great port tack at the line.

In the second race, Will got off the line fast, and led to the second mark, when Rich passed him. Rich carried the lead through a tough race, getting a win in his HL return. Will was second with Mark 3rd and yours truly beating out Lyndsay on the last few tacks (ok, so I am a blind squirrel who found an acorn).

Kudos to all, especially those who were able to complete all 4 races, which included Chip Ehrhardt, Frank Etzel, Bob Tomsey as well as our Sunday sailors, John Wayne, Kevin B. and Ken Boschert.

Thanks Allan and Brett for doing a fantastic job calling the races.

July 3		Race 2	
Race 1			
1.	Lyndsay Stockwell	1.	Will Kresic
2.	Kevin Buruchian	2.	Kevin Buruchian
3.	Rich Mastrangelo	3.	Rich Mastrangelo
4.	Will Kresic	4.	Mark Buruchian
5.	Mark Buruchian	5.	Lou Iannucci
6.	Mladen Kresic	6.	Lyndsay Stockwell
7.	Chip Ehrhardt	7.	John Wayne
8.	Lou Iannucci		Wisniewski
9.	Bob Tomsey	8.	Bob Tomsey
10.	John Wayne	9.	Mladen Kresic
	Wisniewski	10.	Chip Ehrhardt
11.	Ken Boschert	11.	Ken Boschert
12.	Maryjane Kresic	12.	Maryjane Kresic
13.	Frank Etzel	13.	Frank Etzel

July 4		Race 4	
Race 3			
1.	Will Kresic	1.	Rich Mastrangelo
2.	Mark Buruchian	2.	Will Kresic
3.	Rich Mastrangelo	3.	Mark Buruchian
4.	Lyndsay Stockwell	4.	Mladen Kresic
5.	Maryjane Kresic	5.	Lyndsay Stockwell
6.	Mladen Kresic	6.	Bob Tomsey
7.	Lou Iannucci	7.	Maryjane Kresic
8.	Chip Ehrhardt	8.	Lou Iannucci
9.	Frank Etzel	9.	Chip Ehrhardt
10.	Bob Tomsey (DSQ)	10.	Frank Etzel

July 10 Race Results

This was an interesting Sunday. There was rain and still water at 1:45 pm. Some of us wondered if the race would go off at all. The faithful turned out. By the start of the race at 2:30 pm, there was some wind (4-8 knots) and the rain had gone away. It turned out to be a fun race for the 11 boats; yee of great faith!

A great welcome to Luca Bonardi with his new colorful Sunfish! Given that Luca has been spotted on the lake, practicing in all kinds of weather (getting lessons from his more experienced sons), I suspect we will see him regularly. And kudos to James Sullivan, who was still rigging his boat on the Eckhardt sailing dock when the start sequence began. How he got the boat in the water at the start line on time, only Poseidon and Neptune know.

The race was interesting, with extremely shifty winds. Yours truly got off the line and was first through the second mark, where (as usual) I made a tactical mistake, allowing someone who actually knows how to sail – namely Rich Mastrangelo, to cover me for half of the downwind leg. By the last mark, Rich was in first with Will close behind. After the mark, Lou caught up, and I promptly fouled him doing a port tack and being convinced I could make it. So Lou properly slipped into 3rd while I did some circles. I somehow limped home 4th, with Bob Tomsey, John Wayne and James close behind.

Ken Boschert’s cigar finished 8th with Ken trailing right behind. In their smoke was Mike Gillooley taking his time (I wonder if there was some long drawn out family function he was trying to avoid). And very close behind were Frank Etzel, and Luca, finishing his first race.

Thanks to our dock committee, Allan and Brett, for being the tip top professionals you are – you will be paid in full later (wink). See you all next week – if there is better wind we may do two.

1.	Rich Mastrangelo
2.	Will Kresic
3.	Lou Iannucci
4.	Mladen Kresic
5.	Bob Tomsey
6.	John Wayne Wisniewski
7.	James Sullivan
8.	Ken Boschert
9.	Mike Gillooley
10.	Frank Etzel
11.	Luca Bonardi

Wisolmerski Takes First!

SUE BURUCHIAN, FLEET SECRETARY, LADIES SF

It was a grand start of the Ladies Sunfish fleet racing on 7/7/16. Four sailors competed for the start of the Ladies fleet season. Missing were notables Irene Boeren and Diane Buono. Irene will be out for our season as she is still healing from a broken hip; but now she is on our official dock committee. On the other hull, we hope Diane can make it next week. We missed you!

The sailing was fabulous. It was a full Course One, all white marks with nice medium air. Nothing is more enjoyable than wind to a sailor. Ellen and Nancy dueled tack for tack on the last leg with Ellen, our current champion, taking the horn over Nancy. Right after, followed “Dancing Jess” and “Lovely Lyle” right on their transoms. We welcome all ladies 19 and over to join our lovely sailing group. Not experienced? We’ll help you. Come, sail a sunfish in HL. We have fleet boats to share. Races start weekly at 11 am on Thursdays. It’s a great break from life!

Results:

- 1 Ellen Wisolmerski
- 2 Nancy Grimaldi
- 3 Jessica Castiglione
- 4 Lyle Timpson

2016 HLCC Sailing Fleet Schedule

LOU IANNUCCI, SAILING COORDINATOR

Below are the 2016 HLCC sailing fleet schedules. All races begin at the Eckhart Sailing Center located on Lakeside Drive West south of the intersection with Alturas Road.

Please take note of the following dates:

All Boat Regatta: Saturday, August 27
Sailor’s Picnic: Sunday, September 4 at 4:30 pm

Senior Sunfish Races – Sundays at 2:30 pm
Mladen Kresic: (973) 764-0452
July 17, 24 / August 7, 14, 21 (2 pm), 28 / Sept. 4
Jr. Singles Sunfish Races – Wednesdays at 11 am
Maryjane Kresic: (973) 764-0452
July 20, 27 / August 3, 10, 17, 24
Ladies Sunfish Races – Thursdays at 11 am
Irene Boeren: (973) 764-7371
July 21, 28 / August 4, 11, 18, 25
Jr. Doubles Sunfish Races – Fridays at 11:00 am
Maryjane Kresic: (973) 764-0452
July 15, 22, 29 / August 5, 12, 19, 26
Force 5 Sailing Races – Saturdays at 11 am
Erika Rodger: (201) 961-3092
July 16, 23, 30 / August 6, 13, 20 / Sept. 3
Flying Junior Fleet Sailing Races – Sundays at 11 am
Mike Gillooley: (973) 764-4185
July 17, 24 / August 7, 14, 21, 28 / Sept. 4
Windsurfer Races – Saturdays at 3 pm
Kevin Gaston: (973) 764-7332
July 16, 23, 30 / August 6, 13, 20 / Sept. 3

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Women’s Volleyball

KNOX STRUBE

The ladies have patiently been waiting for volleyball to start. It was a very hot and humid day but 13 of us came out to kick off the season. Lynette started by saying that she “needed to get the rust off her thing”. After she hit the ball once, she never stopped and never missed. The rust was never there. Keva showed us her flexibility with her body going one way and her arms the other. Tressa was awesome at the net and her arms had the bruises to prove it. Marsha and Leah came back after an absence of a couple of years and they brought Michele. Altogether they managed to constantly keep track of the score, make great serves, and get to all the balls to make great plays. Leah even called everyone off the ball a few times with a most determined “mine?” Cheryl came a little late but returned with her sneakers and managed to help us by steadily keeping the ball in play. Kathy was going after any ball that came her way while Knox managed to get one of the rare legal foot shots. As usual, Judy was making her great sets to anyone near the net. Then Val would wind up for a spike and put fear in the opponents. Christine brought back her rocket serve but Lisa managed to cover more than her share of the court and make wonderful returns. Overall it was amazing play for the first volleyball outing this summer. We will all need a lot of practice in order to take our game to another level in the next weeks.

We would like to have any ladies 18 and over (no limit) join us on Thursday mornings from 10-12 at the utility court at Beach 1. Just bring your badge, sneakers, water and ability to laugh. We always have a good time. We look forward to seeing you next Thursday!

Men’s Golf Outing

RAY LOUGHREN

This year’s outing will be held at the Black Bear Country Club in Franklin, NJ on August 5, 2016. Start time is 1 pm and the format is best ball scramble. The cost is \$100 which includes golf, lunch and dinner back at the Highland Lakes Clubhouse in the Lake Room. Please register early, call Ray Loughren 973-919-3270 or Mike Sweeney 973-764-7306 if you are planning on playing. Thank you.

Team Tennis 2016

KNOX STRUBE

The 4th of July weekend brought out 22 team tennis players. We were glad to welcome back Mark, Jonathan, Sara and Lee who was only able to take pictures due to an injury. We all wish him a speedy recovery and hope to see Lee back on the courts soon. The weather was beautiful and brought out some great matches. The men had a very competitive match with Luke and Charlie F. playing against Mark and Darren. Also, Sara and Gail enjoyed taking on Fran and Lyn in a women’s match. Our fearless leader, Jerry, managed to pull himself away from setting up the matches to play in a few mixed double matches.

We welcome all tennis players of all levels. There are a lot of laughs and time to catch up with friends between the games. Come out and join us on Saturday mornings from 9 – 11 am. Just bring your badge, racquet, sneakers and water. Hope you’re able to join us on Saturday!

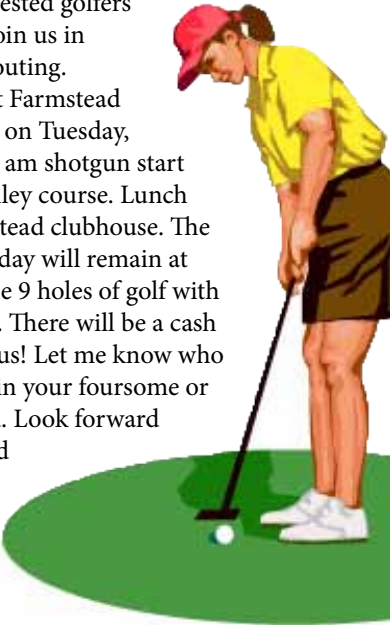
Ladies Golf Outing

DIANNE KELLY

Looking for all interested golfers or wannabe golfers to join us in August for our annual outing.

The outing will be at Farmstead Golf and Country Club on Tuesday, Aug 9. There will be a 9 am shotgun start and we will play the Valley course. Lunch will follow at the Farmstead clubhouse. The cost for this wonderful day will remain at \$61.00. This includes the 9 holes of golf with a cart, lunch and prizes. There will be a cash bar. Please plan to join us! Let me know who you would like to have in your foursome or I will set one up for you. Look forward to hearing from you and spending a great day with you. Please contact Dianne Kelly 973-764-7407 for further information.

Reservations and payment are due by Aug 1. Please make your check out to Dianne Kelly. Thanks!



Pickleball News

DORI ZARR

Sunday was special. Dori, an AT Angel, brought 2 young ladies, sisters actually, to watch our players in action. They were amazed at the speed and agility they witnessed on our beautiful courts. The girls were taking a zero day to swim and kayak. The young ladies started their walk in Georgia and planned to continue to Maine, over 2,000 miles on the Appalachian Trail. Allegra and Anna took time to wash their hiking clothes while showing the contents of their backpacks to Dori. Each pack weighed over 22 pounds. I saw their rolled up tent, cooking equipment, and sleeping bags - all very compact. The girls weighed the same as when they started, but both felt stronger and leaner. Both had trail names - Legs and Merge.

Bocce Update

SHIRLEY BOND



It was a hot day on Thursday, July 7, but there was a nice breeze by the bocce court. Two games were played and the Green Team won both games. Due to dark clouds and winds we did not play a third game. It appeared we were in for a rain storm, never knowing the storm would pass us by. We welcomed Theresa Deady and Joe Pierini back. Come out, join us and make new friends.

The Bocce Club meets every Thursday at 1 pm, weather permitting. Bocce is a fun, easy, low- impact game requiring no pervious experience to play. Hope to see everyone next time at the Court.

Ladies Bowling

PAT WOOTTON AND JUDI SUNDA

The HLCC Ladies’ Pro-Bowling Tournament has begun. Seventeen energetic ladies appeared at PinStreet, Warwick, on 7/6 to show off their bowling abilities (some dusted off their equipment from last summer.) We welcomed several guests as well. Good fun was had by all; amid some creaking knees and active chatter. It’s not too late to join the festivities and entertainment as we can definitely use more participants. No experience necessary; all skill levels are welcomed. We meet at 9:30 am every Wednesday until the end of August. Some noteworthy accomplishments were:

- Marian Benedicto – double
- Judi Sunda – 156
- Jennifer Ziegler – Turkey, 155
- Theresa Ruiz – double
- Dianne Kelly – 168
- Dolores Gaspari – double, 4-Bagger, 156, 165, 170!
- Lyn Kaplan – 6/10 split, 156
- Grace Lewin - 156



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