



The Highland Lakes Newsette

A publication of Highland Lakes Country Club and Community Association at Highland Lakes, New Jersey © 2016
"All the News That Fits We Print"



Volume 2016 | Issue Number 10 | July 23, 2016



French Jazz Returns to Highland Lakes on Saturday, July 23

MICHAEL GELFAND

Saturday, July 23, marks the return of the mesmerizing Tatiana Eva-Marie and Adrien Chevalier, who are coming back to Seckler Stage to perform with their Avalon Jazz Band. The intoxicating French Café swing jazz band's passion for uncovering hidden gems from the past and giving them a second life never fails to transform the Clubhouse into a hotspot of the 1940's Parisian jazz scene (think Django Reinhardt, Stéphane Grappelli and the Hot Club of France).

With more than 400 songs in their repertoire, including instrumentals, the band (and its fans) enjoys the luxury of never having to play the same set, or even the same songs,

night after night. "Every concert is a different experience," says Eva-Marie. "That's how our shows stay alive. They're always improvised and always changing, which keeps it fun and is what adds to that atmosphere. It's not like pop music where everything is written down, it's more casual and more intimate." Contact the Concert Series at 973-271-9780 or Club Office at 973-764-4366 to buy tickets, or visit hlcc.org/events/concert-series for more information. Tickets for members-in-good-standing and their guests are \$20; tickets for non-members are \$25. Doors open at 7 pm, show starts at 8 pm BYOB.

From the President's Desk

BOB HUGHES, PRESIDENT

Our thanks to the Goodwill Fundraising Committee, and all of its volunteers and supporters of the Community Yard Day Sale. I can think of no greater example of the spirit of our community than the willingness of its members to give of their time and financial support to assist those who have suffered a catastrophic event in their lives.

Our July Voting Board meeting had three items in New Business. A motion passed appropriating \$100,000.00 in this year's Capital Fund budget for additional speed

humps, as determined by the Road Committee. A motion passed authorizing an examination by our General Counsel to determine whether the Club's By-Laws authorize the Club to assume the care, custody and control of children through a summer camp (Kids' Club), and whether additional charges are permissible. A motion passed granting an exception from the requirements of the Club's dock placement regulations related to projected side yard setbacks, conditional upon adjacent neighbors' agreement.

Entrance to Beach 1 from Breakneck Road Closed Saturday, July 30

JACK MCLAUGHLIN, GENERAL MANAGER

Parking in Loop Road around Beach Hut Reserved for "B" Invitational

The Highland Lakes Swim Team is sponsoring its "B Invitational" on Saturday, July 30. To accommodate the event's parking requirements, the following ONE DAY changes are being made to parking at Beach 1.

The Swim Team will be using the entire "loop road" around the Beach Hut for parking. Access from Breakneck Road to the parking aisles next to the ball field and playground will not be possible. Use the rear entrance at Lakeside Drive for parking for the beach.

Elections Report

JEANNE JAMESON, CHAIRPERSON, ELECTIONS COMMITTEE

The Nominating Committee has completed its work and filed its report with the Chairperson of the Elections Committee as required by the By-Laws. The following members have been nominated by the Nominating Committee and will appear on the ballot at this year's Annual Meeting scheduled for Sunday, August 21, 2016:

President:	Suzanne Ross
1st Vice President:	Michael Gelfand
2nd Vice President:	Steve Amato
Treasurer:	Robert Hughes
Secretary:	Ellen Buchney

Petitions are available at the Club Office only, Monday through Friday, 9 am to 4 pm, and on Saturdays, 10 am to 1 pm for any member in good standing interested in the above five Officer positions, for full three-year terms and for Trustees for Sections 6, 7, 8 and 12 for full three-year terms.

In order for a candidate's name for Officer to be on the ballot, the petition must be returned to the Chairman of the Elections Committee at the Club Office at least twenty (20) days prior to election, which means no later than 4 pm on Monday August 1, 2016, containing the required 60 signatures from members in good standing (no exceptions will be allowed).

In order for a candidate's name for Trustee to be on the ballot, the petition must be returned to the Chairman of the Elections Committee at the Club Office at least twenty (20) days prior to election, which means no later than 4 pm on Monday August 1, 2016, containing the required five (5) signatures from members in good standing residing in that section.

Candidates for the Office of Treasurer must have experience in the field of accounting. The requirements for eligibility to serve the Club as either an Officer or Trustee are found in Article V of the By-Laws.

Once the petitions have been certified by the Elections Chairperson, Absentee Ballots will become available. The Absentee Ballot must be received at the Club Office, either by mail or in person, with your validated 2016 Membership Card enclosed in the provided envelope no later than Wednesday August 17, 2016, at 4 pm (no exceptions will be allowed).

Elections will be held August 21 at the Annual Meeting. Make sure that you attend this meeting and have your 2016 Membership Card with you. If you have lost or misplaced your card, one can be obtained at the Activity Center.

Upcoming Events

July 23 – Concert Series -
Avalon Jazz Band
July 28 – About Boating Safely
Boating Course
July 30 – HL "B" Invitational



Office and Activity Center Hours

The Office is open Monday through Friday from 9 am to 4 pm and on Saturdays from 10 am to 1 pm. The Activity Center is open for your convenience for payment of dues and badge pick-ups Saturdays and Sundays from 10 am to 4 pm through Labor Day Weekend.

The Lakeland Swim Conference Highland Lakes Swim Team

Swim Team Summer Practice Schedule

9 am - 10 am: ages 13+

10 am - 11 am: ages 9 - 12

11 am - 11:45 am: ages 8 and under

11:30 am - 12 pm: ages 6 and under

2016 Swim Team Meet Schedule

July 23	Odd Age Invitational @ Packanack Lake
July 27	West Milford @ Highland Lakes
July 30	Highland Lakes "B" Invitational
August 3	Green Pond @ Highland Lakes
August 6	Erskine "C" Invitational @ Erskine
August 10	White Meadow Lake @ Highland Lakes
August 13	A" Championships @ Smoke Rise

Upcoming Meetings

Buildings and Grounds – Monday, August 15– 7:30 pm
Clubhouse – Thursday, July 28 – 7:30 pm
Ecology/CCHL – Thursday, August 11 – 7 pm
Fishing – Thursday, August 11 – 8 pm
Planning – Tuesday, September 6 – 7:30 pm
Roads – Thursday, August 4 – 7 pm
Voting Board Workshop – Wednesday, August TBD – 8 pm
Voting Board Meeting – September 16 – 8 pm
ANNUAL MEETING – Sunday, August 21 – 2 pm.

Since all meetings are subject to change, please confirm meeting times by contacting the chairperson of the committee or the Club office prior to the meeting time.

The Highland Lakes Newsette

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and Community Association**

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Special Thanks

to the Communications Committee

Thanks to all our contributors

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About Boating Safely Course Offered

JACK MCLAUGHLIN, GENERAL MANAGER

Scheduled for July 28

Representatives of the U. S. Coast Guard Auxiliary will be conducting their "About Boating Safely" program at the Clubhouse on Thursday, July 28, 2016. The 8-hour course includes all New Jersey-specific material as required by law, and upon successful completion, each participant will receive a U.S. Coast Guard Auxiliary card that entitles them to operate a motorized boat legally in any state that has a mandatory education requirement (the course is approved by the National Association of State Boating Law Administrators). In addition, participants will receive the New Jersey Boating Safety Certificate, which is required to obtain a boating license or a boating endorsement on a driver's license.

The course is only open to Highland Lakes members so please register with the Club office as soon as possible (not later than Monday, July 25, providing a check for \$50 payable to Highland Lakes Country Club--registrations *will not be* accepted after July 25.

**PROOF OF IDENTIFICATION
MUST BE BROUGHT TO CLASS**

Please be aware that a boat license is a separate document from a boat safety certificate and is required for operation on non-tidal water (water where the tide does not change) in the State of New Jersey. **The boat license is not a replacement for a boat safety certificate, it is an additional requirement.** Regardless of the type of boat (pontoon, canoe, row boat, etc.), if it has a motor the operator must have their boat license with them at all times. To obtain a boat license, go to your nearest NJ Division of Motor Vehicle Commission Facility. Persons must bring their NJ Boat Safety Certificate with them to apply for a boat license.

Doors open at 8 am, and the course begins promptly at 8:30 am.

Petitions for Officer and Trustee Positions Available

JEANNE JAMESON, ELECTIONS CHAIRPERSON

Filing Deadline - Monday, August 1

At this year's Annual Meeting on August 21, 2016, elections will be held for full, three-year terms commencing October 1, 2016, for the positions of President, 1st Vice President, 2nd Vice President, Treasurer and Secretary, as well as for Trustee positions for Sections 6, 7, 8, and 12.

In order for a candidate's name for Trustee to be on the ballot, a petition must be filed with the Elections Chairperson containing five signatures from members in good standing in the section electing a Trustee. Petitions are available at the Club Office only, Monday through Friday, 9 am to 4 pm, and on Saturdays, 10 am to 1 pm. The petition must be received at the Club Office at least twenty (20) days before the election, which means no later than 4 pm on Monday, August 1, 2016.

The Nominating Committee is required to file its report of nominees for Officer positions not less than thirty days before the Annual Meeting. Members not nominated may have their names placed on the ballot by filing a petition with the Elections

Chairperson containing the signatures of sixty (60) members in good standing. The petition must be received at the Club Office at least twenty (20) days before the election, which means no later than 4 pm on Monday, August 1, 2016.

Please note that candidates for Treasurer must have experience in the field of Accounting. The requirements for eligibility to serve the Club as either a Trustee or Officer are found in Article V - Officers and Trustees of the By-Laws.

Once the Nominating Committee report is received and the petitions have been certified by the Elections Chairperson, Absentee Ballots will become available. The Absentee Ballot must be received at the Club Office, either by mail or in person, with your validated 2016 Membership Card enclosed in the provided envelope no later than Wednesday, August 17, 2016, at 4 pm.

Elections will be held at the Annual Meeting on August 21. Please make sure that you attend this meeting and that you have your 2016 Membership Card and badge with you.

Beach Testing Results

Below are the results of the most recent fecal coliform testing at the Club's beaches and swim lanes performed by Garden State Laboratories, Inc. Weekly tests are required by the State of New Jersey, and results must not exceed 200. All samples conformed to state recreational bathing standards. Testing results are reported by the lab to the Sussex County Department of Health.

	7/13	7/5	6/27
Beach 1	40	10	<10
Beach 2 – Clubhouse	10	10	<10
Beach 3 – Lookover Lane	<10	<10	<10
Beach 4 – Bushwick	20	10	20
Beach 5 – E. Lakeshore Dr.	<10	<10	<10
Beach 6 – W. Lakeshore Dr.	10	<10	<10
Beach 7 – Upper HL Dr.	<10	10	<10
Swim Lanes – Clubhouse	10	10	30

Planning Committee Notes – July 2016

LYN KAPLAN, CHAIRPERSON, PLANNING COMMITTEE

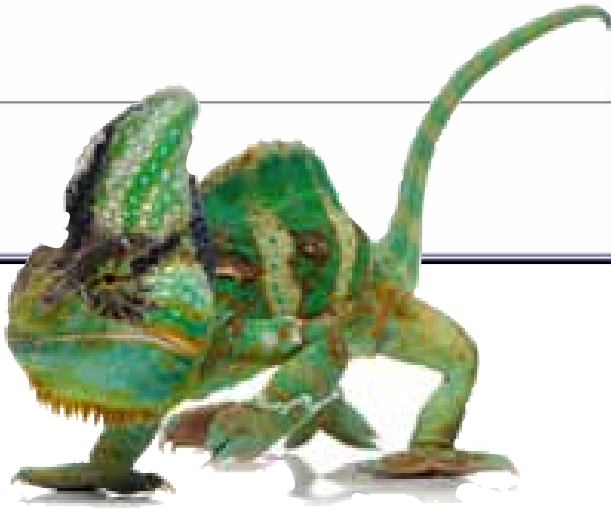
The July meeting of the Planning Committee opened with a review of items related to the Voting Board. These included the protocols for internet access by committee chairs and the possibility of reinstituting new member meetings.

Next on the agenda was the status of the Community Plan update. One more chapter revision needs to be received and then the final additions/deletions/amendments will be made and the revised document will be submitted to the Board for approval.

Finally, items for further discussion were listed. These will be reviewed again at the next meeting and will then be sent to the Board along with a request for direction.

The next meeting will be on September 6. (There will be no meeting in August.)

	<i>Highland Lakes Happenings July 24 - July 30, 2016</i>
<i>Sunday</i> <i>7/24</i>	11:00 AM Flying Junior Races 2:30 PM Sr. Sunfish Races
<i>Monday</i> <i>7/25</i>	8:00 AM Exercise 9:00 AM - 10:00 AM Aqua Aerobics Beach 1 11:00 AM Art Show Meeting 1:00 PM Bridge 1:00 PM Lifeguard Test 7:30 PM Ceramics
<i>Tuesday</i> <i>7/26</i>	10:00 AM Women's Auxiliary Mtg. 6:00 PM - 7:00 PM Artist Group Mtg. 7:00 PM Sr. Club Mtg.
<i>Wednesday</i> <i>7/27</i>	8:00 AM Exercise 9:00 AM - 10:00 AM Aqua Aerobics Beach 1 11:00 AM Jr. Singles Sunfish Races 7:00 PM Swim Meet (H)
<i>Thursday</i> <i>7/28</i>	8:00 AM About Boating Safely Boating Course 11:00 AM Ladies Sunfish Races 1:00 PM Bridge 7:30 PM Clubhouse Mtg.
<i>Friday</i> <i>7/29</i>	8:00 AM - 9:00 AM Exercise 9:00 AM - 10:00 AM Aqua Aerobics Beach 1 11:00 AM Jr. Dbl Sunfish Races
<i>Saturday</i> <i>7/30</i>	9:00 AM HL "B" Invitational 11:00 AM Force 5 Races 3:00 PM Windsurf Races



“Just Us Kids” Ceramics

(Ages 5 and up...please)

Monday evenings throughout the summer.
From 7 – 8 pm @ the Clubhouse

Donations Needed

CLARE SWEENEY AND VINNY GAGLIOSTRO,
CLUBHOUSE DIRECTORS

Please donate your recyclables. Sometimes the best crafts come from “upcycled” items. If you have any of the following, please donate to the clubhouse. Ask for Clare or Vinny and your donation will be accepted graciously.

- baby food jars
- paper towel / toilet paper rolls
- a mini pool table
- old magazines
- buttons
- soda bottles (1l and 2l)
- anything else that you think can help



Save the Date

VINNY GAGLIOSTRO AND CLARE SWEENEY,
CLUBHOUSE DIRECTORS

Raging Reptile Day
Mark your calendars for August 4 at 1 pm. Rizzo’s Wildlife Program will be coming with reptiles. All ages are welcome.

Beach Hours

Beach 1 9:30 am – 7 pm
Beach 2 10:30 am - 5:30 pm
Beach 3 10:30 am – 6 pm
Beaches 4, 5, 6 and Swim Lanes - 12 pm – 5 pm
Beach 7 11:30 am – 6 pm

Schedule for July 25 - July 30

CLARE SWEENEY AND VINNY GAGLIOSTRO,
CLUBHOUSE DIRECTORS

Theme: Camping Monday –July 25

9:30 am - 10:30 am: Game Room Instruction Time (10+)
Learn how to play the games
10:30 am – 11:30 am: Make and Take Crafts (Ages 6+)
Nature Art
11:30 am - 12:30 pm: Tween Room (Ages 9-12)
Paracord Bracelets
12:30 pm- 1 pm: BINGO on the porch
winners get prizes (All Ages)
1 pm - 2 pm: Kickball Game (All Ages)
2 pm - 4 pm: Pool Room Open (Ages 10+)
7 pm - 8 pm: Kids Ceramics (All Ages)

Tuesday – July 26

9:30 am - 10:30 am: Munchkin Fun (2-4)
Clubhouse Scavenger Hunt
10:30 am – 11:30 am: Make and Take Crafts (8 – 10)
Weaving
11:30 am - 12:30 pm: Tween Room (9-12) Twig Letters
12:30 - 1 pm: All Kids Crafts Washer Jewelry
1 pm - 2 pm: Arts & Crafts (7-9) String Art
2 pm - 3 pm: Games at Field 1 (All Ages)
2:30 pm -4 pm: Pool Room Open (10+)/
Krazy Karaoke (All Ages)

Wednesday - July 27

9:30 am - 10:15 am: Picture Bingo and Story Time
winners get prizes(6 and under) in the Lake Room
10:15 am - 11 am: Arts & Crafts (6 and under)
Egg Carton Flowers
11 am - 11:30 am: Card Games /
Small Board Games on the porch (7+)
12 – 1 pm: Kids Can Cook
(Come Hungry, Leave Happy!) Camp Food
Sign Up at the Activity Center
1 pm - 4 pm Pool Room Open (10+)

Thursday – July 28

9:30 am – 10 am: Bead Club (10+) Animal Keychains
10 am - 10:30 am: Make and Take Craft (5+)
Fairy Garden Houses (please bring 2L Soda Bottles)
10:30 am - 11 am: Messy Craft (All Ages) Glue Painting
11am - Noon: Blast from the PAST
“Street Games” on the Lawn
Noon - 1:30 pm: Bingo, board games,
and card games on the Porch (All Ages)
1:30 pm – 2:30 pm: Leathercraft (8+)
2:30 pm-4 pm: Pool Room Open (10+)
5:30 pm -7:30 pm: Weekly Night Activity

Friday –July 29

9:30 am – 10:30 am: Make and Take Craft Friday (All Ages)
Bead Wind Chimes
10:30 am - 11:30 am: Blast from the Past
Street Games on the Lawn
11:30 am – Noon: Water Bonanza on the Lawn
Noon – 1 pm: Weekly craft round up
1 pm – 3 pm: Pool Room Open (10+)

NOTE: The Pool Room will be Open during craft activities, for ages 10 and up only, in addition to the scheduled time slot.

Summer Athletics

PAT ECKHART, ATHLETIC DIRECTOR

We enjoyed another successful week in HLCC! It is great to see so many new faces participate in all that Highland Lakes has to offer. Reminder: If there is a threat of bad weather or you don't know if an event is taking place, you can call the Athletic Hotline at 973-764-6674. Let's get to the action!

**Monday:
Farm Team (ages 4-5, 9 am, Field 1)**

Coordinator: Paul Parigi

The Farm Team got together for their second practice on Monday morning. We had 12 boys excited to learn under the tutelage of Coach Paul. They worked on the proper way to throw and catch, then they were ready to hit off the tee. We have some future all-stars in this league. See everyone Monday!

Mosquito League (ages 6-8, 9 am, Field 1)

Coordinators: Peter Parigi, Mike Puccio, Matt Puccio, Frank Fogge

Fireflies and Mosquitoes got together for the third time on Monday. The Mosquitoes lead most of the game until Nico Puccio put the team on his back and hit two home runs for the Fireflies, while also holding down shortstop and letting nothing get past him. A late home run by Anthony LePore was not enough for his Mosquitoes as the Fireflies won the game, 7-6!

Tennis Lessons (ages 9-12, 9 am, Beach 1 tennis courts)

Coordinators: Jennifer Ziegler and Darren Werner

Monday morning was new shirt day for the youth tennis program! The kids looked and felt great in their new duds and it translated to some well-played tennis. Darren put the kids through their hitting drills and then it was time to play their favorite game of Jail. See everyone Monday.

Kids Basketball Lessons (ages 5-14, 5 pm, Beach 1 basketball courts)

Coordinator: Chris Beninati

A whopping 22 kids showed up for basketball Monday evening and were eager to jump right into games. We warmed up with some stretching and passing drills. We then split the kids up by age and practiced our dribbling drills. Then both groups were able to have scrimmages, running half-full on both sides of the basketball court. We are seeing some great improvement already and everyone is looking forward to next week. Special thanks to the Puccio brothers for helping out.

**Tuesday:
Mosquito League (ages 6-8, 9 am, Field 1)**

The Fireflies and Mosquitoes squared off for the fourth game of the season on Tuesday morning. Chaz Vought hit two triples for the Fireflies to get the scoring started. Nico Puccio made an impressive double play at shortstop. Mosquitoes came roaring back however, with some big hits from Anthony LePore. Mosquitoes came away victorious by the score of 5-3. Great game boys!

Butterfly League (ages 9-11, 6 pm, Field 1)

Coordinator: Chip Ziegler

The Butterfly League got together Tuesday and the girls had their first game against the parents! Fourteen Robins and Blue Jays were ready to put the skills they've been

learning the last two weeks under Coach Chip to the test. Katie and Sofia hit home runs and all the girls played well. They beat the parents by the score of 15-6. It looks like this will be a weekly theme, so come on down to Field 1 on Tuesdays to catch the action!

**Men's Basketball League
(ages 17+, 6 pm, Beach 1 courts)**

Coordinator: John Ross

The Black team was in full force this week and came ready to play. They beat both the Red and Blue teams by the scores of 17-15 and 15-9. Some of the players left early, so we ran pickup games for the remainder of the evening. Standings: Red 3-1, Black 2-2, Blue 0-2

**Wednesday:
Tennis Lessons
(ages 5-8, 9 am, Beach 1 tennis courts)**

Coordinator: Darren Werner and Paul Sedlewicz

We held our third official tennis lessons on Wednesday morning and had quite the turnout despite competing with Swim Team Picture Day. We warmed up and practiced ball control by bouncing the balls up and down with the racquets. Darren then taught the kids a proper forehand swing. The first group played a fun game of Jail to finish the hour. The second group practiced forehand on the mini nets and finished off the hour with a fun game of "clear the court". All the coaches agree that these players are really improving their game in such a short time. Very nice to see. The kids were able to get their new tennis shirts at the end of practice and they seemed especially happy with the colors. See everyone Wednesday!

**Thursday:
Girls Farm Team (ages 4-5, 9 am, Field 1)**

Coordinators: Shane and Dean Grundy

The Girls Farm Team got together for the third time this season on Thursday morning. We had a really nice showing of 12 girls. This league is getting very popular. They warmed up by rolling or throwing the ball to a partner or coach. Next it was time to hit, and we have already seen some great improvement after one week. The girls finished up by running the bases. See you next week.

Grasshopper League (ages 9-11, 6 pm, Field 1)

Coordinators: Frank Fogge, Robbie Wisniewski, Grant Wisniewski

The Wasps and Hornets took the field for the third game of the season on Thursday evening. Surprise, surprise... another one run game! These two teams are so evenly matched it's incredible. Colin Dignan made his 2016 Hornets debut and shined all night at shortstop. Mike, Matt, and Nico Puccio kept the Wasps within striking distance all night, with some aggressive base running and lockdown defense. They were just not able to get the one big inning, and the Hornets held on to win by the score of 3-2. Great game boys! Standings: Hornets 2-1, Wasps 1-2

**Friday:
Kids Soccer (ages 5-12, 9 am, Field 1)**

Coordinators: Jonah Revalant, Peter Parigi, Annika Salomonsson, Hannah Wisniewski



Friday morning Gem League in action.

We had our third soccer practice of the season on Friday. The kids warmed up by taking a lap with coach Abby. We separated the groups and the younger kids were able to play a fun game of sharks and minnows. The older group practiced passing, dribbling, and shooting into the goal. Then it was ready to play a game. The 9 on 9 scrimmage went well, with the pinnie team winning 3-0. Special thanks to Chris Conway for helping out. Great job everyone!

Gem League (ages 6-8, 10 am, Field 1)

Coordinator: Dalilah Gomez

The Gems took the field for the third practice of the season and were eager to show off their skills. Dalilah warmed up the girls by putting them through some fielding drills. The girls were able to hit off the tee after that and we are seeing some nice sluggers with this group. See you Friday.

Boys Little League (ages 12-16, 6 pm, Field 2)

Coordinators: Ray Loughren

The boys were able to get some batting practice in before the pouring rain hit. First game results will be included in next week's issue.

**Sunday:
Men's Softball League
(ages 17+, 5:30 pm, Field 2)**

The men's league kicked off on Sunday and the Blue Team had the first doubleheader. The Blue Team looks pretty stacked this year, as they easily dispatched Green and Purple by the scores of 14-8 and 17-6. The Purple Team will have the doubleheader this week. Standings: Blue 2-0, Purple 0-1, Green 0-1

2016 Athletics Schedule:**Sunday:**

9 am Pickleball, Ages 13+, Canistear Courts
6 pm Men's Softball League, Ages 17 and up, Field 2

Monday:

9 am Tennis, ages 11-12, Beach 1 Courts
10 am Tennis, ages 9-10, Beach 1 Courts
9 am Boys Farm Team, ages 4-5, Field 1
9 am Mosquito League, boys ages 6-8, Field 1
5 pm Basketball, ages 8-14, Beach 1 Courts
6 pm Pickleball, Ages 13+, Canistear Courts

Tuesday:

9 am Mosquito League, boys ages 6-8, Field 1
6 pm Butterfly League, girls ages 9-11, Field 1
6 pm Adult Men's Basketball, ages 17+, Beach 1 Courts

Wednesday:

9 am Tennis, ages 7-8, Beach 1 Courts
10 am Tennis, ages 5-6, Beach 1 Courts
6 pm Pickleball, Ages 13+, Canistear Courts
7 pm Swim Team Scheduled Meets, @ lanes

Thursday:

9 am Girls Farm Team, ages 4-5, Field 1
10 am Women's Volleyball, ages 18+, Beach 1 Basketball Courts
6 pm Grasshopper League, boys ages 9-11, Field 1

Friday:

9 am Soccer, ages 5-8 & 9-12, Field 1
10 am Gem League, girls ages 6-8, Field 1
6 pm Boys Little League, ages 12-16, Field 2

Saturday:

9 am Adult Team Tennis, Beach 1 Tennis Courts

Grasshopper League Schedule:**Thursday:**

7/28 Hornets v Wasps
8/4 Wasps v Hornets
8/11 Hornets v Wasps
8/18 Wasps v Hornets

Boys Little League Schedule:**Friday:**

7/22 Co v Ch
7/29 Ch v Co
8/5 Co v Ch
8/12 Ch v Co
8/19 Co v Ch

Family Day Volunteers Needed

CAROL HASTIE, CHAIRPERSON, CLUBHOUSE COMMITTEE

Family Day is quickly approaching, and I am still in need of volunteers to help during the day. Please leave your name and phone number at the office or call me at 973-670-0538. Thank you.

Junior Appreciation

CAROL HASTIE, CHAIRPERSON, CLUBHOUSE COMMITTEE

Attention Juniors (those of you under the age of 18): Continue putting in your volunteer hours so you will be invited to attend Junior Appreciation night on August 17. You only need 10 hours, which is not difficult to do. Just stop in the clubhouse and speak to Vinny or Clare to offer your time, speak to Pat at the ball fields, or to someone with swim team or sailing or wherever else you see activities going on. These hours also count towards community service for school, church or scouts.

Wanted: HL Memories Curator

CLARE SWEENEY AND
VINNY GAGLIOSTRO, CLUBHOUSE DIRECTORS

Training in New Digital Picture Frame Provided

Curator: a keeper or custodian of a collection.

Do you enjoy photography? Do you love to have your pictures on display? The Clubhouse is looking for a couple of teens to upload photographs and create playlists of Highland Lakes activities, happenings and scenery. The teens will encourage members to submit pictures taken during activity time and of their favorite scenes from around Highland Lakes.

Our Memories Curators will organize these pictures for display on our new digital picture frame above the Activity Center. Training, equipment and passwords will be provided. Please sign up at the Activity Center if you are interested or leave a message for Clubhouse Directors Clare Sweeney or Vinny Gagliostro.

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Next Newsette: July 30, 2016

Newsette articles should be submitted on the Friday before the week of publication at noon. Under no circumstances will submissions be accepted after noon on Monday of the week of publication. Typed submissions must be emailed to the Club office at hlcc@warwick.net. Sorry – we can only print photographs submitted as .jpg files with a minimum of 150 dpi. Thanks!

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22 Year Old Record Falls, Highland Lakes Wins Second Straight

MICHAEL BUCHNEY, HEAD COACH

The Fayson Lakes Gators visited Highland Lakes this past Wednesday evening for Week 2 of the 2016 Lakeland Swim Conference season. Highland Lakes expected a tough meet, especially with windy conditions. The crowds at the Clubhouse witnessed a very exciting meet in which Highland Lakes eventually prevailed with a final score of 352-328.

Fayson Lakes brought a strong Breaststroke contingent to the meet, outscoring Highland Lakes 86-73 by the end of the breaststroke events. Standout performances from Highland Lakes included a 1-2 finish in the 8 & U Boys (D. Mitchell and S. Allen-Poole), and first place finishes by A. Amato, A. Brantner, S. Staley, and R. Kabbez.

Fayson lengthened their lead through the Butterfly events, despite several first place swims by Highland Lakes (H. Wisniewski, M. Bednarick, S. Bednarick, and R. Wisniewski), capping the butterfly events with a 150-124 lead.

Just like last week, Highland Lakes mounted their comeback through a very strong performance in the backstroke events. The 8 & U Boys set the tone, finishing with a clean 1-4 sweep (A. LePore, S. Allen-Poole, S. Bednarick, T. DiGuiseppe). The 9/10 Girls contributed a 1, 2, 4 finish (H. Wisniewski, D. O'Donnell, C. Leiter) to bank 12 points for HL, the 11/12 Girls followed suit, finishing 1, 2, 4 (A. Salomonsson, V. Cefaloni, C. Conlin). By the end of the backstroke events, Highland Lakes reduced a 24 point lead to a 3 point lead, and impressive swing.

The Freestyle events opened up with a historic performance from 8 year old James Brantner, who broke a 22 year old record (previously held by Matt Davala, 42.05) with a final time of 41.91, while finishing in first place. He was backed up by teammates D. Mitchell and A. LePore, who finished 2nd and 4th, respectively. The 8 & U Girls swept 1-3 in the freestyle events to take maximum points (A. Amato, G. Cefaloni, S. Smaldino), and push the team into the lead for the first time in the meet. Another strong 1, 2, 4 performance from the 11/12 Girls squad (S. Staley, A. Salomonsson, M. Bednarick) kept the score tight. The 15/18 Boys crew swept 1-3 to take maximum points (J. Wootton, R. Wisniewski, B. Bednarick), edging HL into the lead. By the end of the Freestyle events, Fayson and Highland Lakes were tied 296-296.

The Relays were the decisive discipline with Highland Lakes winning 6 of the 8 relays, completing a major comeback, with a final score of 352-328. Special recognition for each of the winning relay teams: 8 & U Mixed (A. Amato, D. Mitchell, G. Cefaloni, J. Brantner); 10&U Boys (F. Uschnig, A. Brantner, M. Puccio, D. Staley); 10&U Girls (D. O'Donnell, V. Annunziata, H. Wisniewski, C. Leiter); 11/12 Girls (A. Salomonsson, S. Randazzo, M. Bednarick, S. Staley); 13/14 Boys (K. Mann, J. Weingram, P. Brantner, S. Sullivan); and the 13/14 Girls (B. Conlin, A. Stoddard, S. Bednarick, E. Meichsner). Several swimmers made their competitive debuts for the Highland Lake Swim Team, including Michael Evanick, Jonessa Rodriguez, Sofia Seaman, and Alejandra Roman. Here's to a long and prosperous swimming career!

The team will travel to Wayne Township next week to face off in a White Division battle, keep an eye out for the next Newsette to see the results. Highland Lakes will return home on July 27th for a home meet versus West Milford. Come down to the lanes at 7 pm to cheer on the team.

Results

- Event #1 Boys 50 Breast 8 & Under
- Allen-Poole, Sean 1:17.87
 - Mitchell, Demetri 1:22.13

- Event #2 Girls 50 Breast 8 & Under
- Amato, Abbey 57.02
 - Werner, Samantha 1:27.15
 - Smaldino, Sadie 1:37.77

- Event #3 Boys 50 Breast 9-10
- Brantner, Andrew 54.38
 - Puccio, Matthew 55.37
 - Zerden, William 1:04.51
 - Kabbez, Daniel 1:04.61
 - Dignan, Colin 1:03.96
 - Gelfand, Joshua 1:06.83
 - Gelfand, Jacob 1:09.27

- Event #4 Girls 50 Breast 9-10
- Annunziata, Victoria 58.80
 - O'Donnell, Deirdre 1:11.39
 - Sullivan, Kateri 2:01.97

- Event #5 Boys 50 Breast 11-12
- Wisniewski, JT 52.34
 - Mann, Declan 54.18
 - Corbutt, Kiernan 1:09.97

- Event #6 Girls 50 Breast 11-12
- Staley, Sofia 46.57
 - Randazzo, Sophia 49.38
 - Yesse, Vaida 56.21
 - Cefaloni, Vanessa 56.73
 - Wootton, Lia 1:00.86
 - Heroux, Julia 1:02.25

- Event #7 Boys 50 Breast 13-14
- Sullivan, Sam 53.00
 - Mann, Kilian 54.17
 - Weingran, Joey 55.56

- Event #8 Girls 50 Breast 13-14
- Stoddard, Ariana 48.24
 - Meichsner, Erica 48.62
 - Trongone, Larissa 49.88
 - Campbell, Lucy 52.92

- Event #9 Boys 50 Breast 15-18
- Loughren, Eric 37.53
 - Randazzo, Gregory 41.99
 - O'Donnell, Liam 45.27
 - Sullivan, Luke 49.56

- Event #10 Girls 50 Breast 15-18
- Kabbez, Renee T. 41.63
 - Stoddard, Emmaline P. 45.57
 - Hall, Kelsey 48.02
 - Berutti, Niav 48.04

- Event #11 Boys 50 Fly 10&Under
- Brantner, James 48.49

- Event #12 Girls 50 Fly 10 & Under
- Wisniewski, Hannah 47.29
 - Annunziata, Victoria 1:11.37

- Event #13 Boys 50 Fly 11-12
- Puccio, Michael 42.37
 - Wisniewski, JT 52.17
 - Mann, Declan 58.08
 - Brantner, Peter 1:05.31

- Event #14 Girls 50 Fly 11-12
- Bednarick, Molly 48.02
 - Randazzo, Sophia 51.32

- Event #16 Girls 50 Fly 13-14
- Bednarick, Sarah 40.62
 - Meichsner, Erica 44.16
 - Stoddard, Ariana 45.37
 - Berutti, Ciara 56.45

- Event #17 Boys 50 Fly 15-18
- Wisniewski, Robert 32.08
 - Sweeney, Daniel 34.00
 - Wisniewski, Grant 36.15
 - Bednarick, Bobby 36.83

- Event #18 Girls 50 Fly 15-18
- Berutti, Niav 38.37
 - Runfola, Riley 39.42
 - Corbutt, Maggie 44.07
 - Stoddard, Emmaline P. 47.08

- Event #19 Boys 50 Back 8 & Under
- LePore, Anthony 1:04.35
 - Allen-Poole, Sean 1:17.32
 - Bednarick, Steven 1:19.22
 - DiGuiseppe, True 1:28.20

- Event #20 Girls 50 Back 8 & Under
- Cefaloni, Gabriella 1:02.44
 - Leiter, Audra 1:08.06
 - Dinger, Michelle 1:27.62

- Event #21 Boys 50 Back 9-10
- Staley, Duke 47.76
 - Brantner, Andrew 54.56
 - Uschnig, Felix 55.08
 - Evanick, Michael 56.93

- Event #22 Girls 50 Back 9-10
- Wisniewski, Hannah 48.08
 - O'Donnell, Deirdre 51.34
 - Leiter, Cora 59.93
 - Salomonsson, Isadora 1:01.57
 - Bernier, Ryleigh 57.41
 - O'Reilly, Caitriona 59.21
 - McCarthy, Abigail 1:02.95
 - Borges, Nina 1:09.28

- Event #23 Boys 50 Back 11-12
- Puccio, Michael 41.31
 - Amato, Richard 48.92
 - O'Donnell, Rory 50.35

- Event #24 Girls 50 Back 11-12
- 1. Salomonsson, Annika T. 39.79
 - 2. Cefaloni, Vanessa 50.00
 - 4. Conlin, Catherine 51.88
 - 6. Yesse, Vaida 57.32

- Event #25 Boys 50 Back 13-14
- 3. Sullivan, Sam 1:07.87
 - 4. Weingran, Joey 1:08.84

- Event #26 Girls 50 Back 13-14
- 1. Conlin, Bridget 38.71
 - 2. Bednarick, Sarah 41.69
 - 7. Shmuel, Donna 56.73
 - 8. Berutti, Ciara 1:02.71

- Event #27 Boys 50 Back 15-18
- 1. Wootton, Jacob 33.82
 - 4. Sweeney, Daniel 38.96
 - 6. Zimmerman, Ray 41.13
 - 7. Wisniewski, Grant 41.93

- Event #28 Girls 50 Back 15-18
- 1. Gunning, Colleen 41.32
 - 3. Campbell, Anna 42.58
 - 4. Berutti, Niav 43.33
 - 6. Shmuel, Shayla 47.58

- Event #29 Boys 50 Free 8 & Under
- 1. Brantner, James 41.91
 - 2. Mitchell, Demetri 54.20
 - 4. LePore, Anthony 1:01.64
 - 6. Bednarick, Steven 1:09.63

- Event #30 Girls 50 Free 8 & Under
- 1. Amato, Abbey 51.32
 - 2. Cefaloni, Gabriella 58.71
 - 3. Smaldino, Sadie 1:01.39
 - 5. Werner, Samantha 1:27.26
 - Roman, Alejandra 1:20.37
 - Brennan, Jenna 1:36.59
 - Dinger, Michelle 1:45.09

- Event #31 Boys 50 Free 9-10
- 3. Puccio, Matthew 40.83
 - 4. Staley, Duke 41.69
 - 5. Kabbez, Daniel 49.70

- 7. Uschnig, Felix 52.57
- Zerden, Willlliam 48.30
- Dignan, Colin 48.83
- Gelfand, Joshua 52.41
- Troy, Keiran 57.64

- Event #32 Girls 50 Free 9-10
- 3. Leiter, Cora 50.36
 - O'Reilly, Caitriona 52.35
 - 4. McCarthy, Abigail 54.38
 - 5. Salomonsson, Isadora 56.47
 - 8. Bernier, Ryleigh 1:03.20
 - Borges, Nina 1:04.63
 - Scheuermann, Maddy 1:05.95

- Event #33 Boys 50 Free 11-12
- 3. Amato, Richard 39.54
 - 6. O'Donnell, Rory 45.34
 - 7. Brantner, Peter 50.23
 - 8. Corbutt, Kiernan 52.44

- Event #34 Girls 50 Free 11-12
- 1. Staley, Sofia 34.61
 - 2. Salomonsson, Annika T. 38.11
 - 4. Bednarick, Molly 41.44
 - 8. Rodriguez, Jonessa 51.26

- Event #35 Boys 50 Free 13-14
- 3. Mann, Kilian 40.32

- Event #36 Girls 50 Free 13-14
- 1. Conlin, Bridget 35.06
 - 6. Trongone, Larissa 39.42
 - 7. Shmuel, Donna 46.85
 - 8. Campbell, Lucy 50.29

- Event #37 Boys 100 Free 15-18
- 1. Wootton, Jacob 1:03.76
 - 2. Wisniewski, Robert 1:08.71
 - 3. Bednarick, Bobby 1:12.73
 - 6. Sweeney, Daniel 1:17.07

- Event #38 Girls 100 Free 15-18
- 2. Kabbez, Renee T. 1:16.60
 - 5. Shmuel, Shayla 1:27.88
 - 6. Runfolo, Riley 1:29.43
 - 7. Campbell, Anna 1:31.57

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HLCC Senior Club

JOYCE HEALY, PRESIDENT, SENIOR CLUB

The Progressive Senior Club

Good morning, good afternoon, good evening, whenever you happen to be reading this, my friend. I sincerely hope all is well with you and yours and if things are a bit awry lately, please know your Senior Club friends are thinking of you and wish you well. In particular, special greetings to Dottie, Elaine K., Gene B., Priscilla S., Janet & Jim, Nora, Marie Mc., Joan R., and I truly hope I haven't

forgotten one of our dear friends/members. Can't wait to see you even if you're "on the road again" and everything's A-OK, please know we miss you.

Here is some terrific news: at our last meeting on July 12, we signed in 3 new members. We are growing by leaps and bounds. Special welcome to our group to: Kevin B., Doreen C. and Jennifer Z. I'm blown away by the steady influx of happy faces and how all the members find a way

in which they happily volunteer their time, energy, ideas and expertise in some way. I just found out we now have someone special who is extremely talented in ballroom dancing. How cool is that? We'll just have to ask for a demo.

If you are thinking of joining us, come on down to the clubhouse on the 2nd and 4th Tuesday nights of the month during the summer at 7 pm for some delicious coffee and, a short business meeting, a guest speaker, and wonderful fellowship with a truly great bunch of people. If you're 50 years of age you're - eligible to join. The dues are \$10 per person for the year. Keep reading for a list of coming events:

- July 26 - 7 pm meeting and guest speaker
 - Aug 9 - 12 noon lunch at the clubhouse - bring your own drinks, we'll provide the eats!
 - Aug. 9 - Yes - two events in 1 day, 7 pm, meeting and guest speaker
 - Aug. 12 - 6 - 10 pm Senior Gala, catered, live music. Please try to attend the meetings on 7/26 & 8/9 if you haven't been to 3 meetings thus far (this is the only requirement to attend the gala). It is a free event.
 - Aug. 16 - 12 noon lunch at Milano's
 - Aug. 23 - meeting at 7 pm - guest speaker
 - Aug. 24 - baseball game at Skylands Stadium be at our clubhouse at 6 pm to carpool.
- **I'll be typing up a new calendar to hand out very soon, there are many more activities/events comin' down the road in September and October.

Here's a little game to play: Side by Side

- | | |
|-----------------------|---------------|
| 1. flotsam & _____ | a. Pollux |
| 2. Heckle & _____ | b. kisses |
| 3. kit & _____ | c. Ginger |
| 4. hugs & _____ | d. jetsam |
| 5. Minnie & _____ | e. Tweedledum |
| 6. Illiad & the _____ | f. Jeckle |
| 7. Bert & _____ | g. caboodle |
| 8. Fred & _____ | h. kisses |
| 9. Tweedledee & _____ | i. Mickey |
| 10. Castor & _____ | j. Odyssey |

How'd you do? Too easy? I'll have more of these in the next issue. If you need a ride to a meeting or an event, don't hesitate to call me. Love ya, Joyce, 973-764-0306

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SATURDAY,

AUGUST 27th

10AM



2016

STARTS & ENDS

AT THE CLUBHOUSE

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and DONUTS at 9:30AM.

PETS!!

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GET DETAILS IN THE NEWSETTE OR AT HLCC.ORG

Standing Water Gives Rise to Mosquito Population

JACK MCLAUGHLIN, GENERAL MANAGER

Each member has a role to play in checking the breeding of mosquitoes here at the lake. Members are urged to immediately **inspect, drain or bail** all boats, whether stored at your lakefront property or on Club docks and boat racks, and *keep them free of standing water* throughout the rest of the summer.

Mosquitoes need water to survive their first two stages of development. Please check your property to be certain that you are not inadvertently increasing the mosquito population at the lake by allowing standing water to remain there. Remove standing water from boats, gutters, tires and other artificial containers like flower pots, tarps, pet dishes, children’s toys and buckets that may be on your property. If you have a bird bath, clean it out every few days to make it less hospitable to these insects.

According to the Centers for Disease Control and Prevention, West Nile Virus is a mosquito borne disease that is on the rise in the United States. The disease is spread when a mosquito feeds on an infected bird and then bites a person. In 80 percent of the cases people do not get symptoms, but the 20 percent who do may suffer from fever, body and head aches, exhaustion, rashes and swollen lymph nodes. In rare cases the virus can lead to more serious symptoms and could

result in death. We can not escape news about the terrible dangers faced from the Zika virus. Learn more about Zika from the CDC’s comprehensive website.

According to the Sussex County Office of Mosquito Control, unattended boats throughout the county represent a continual threat for mosquito breeding, and paddle boats should receive special attention as their design easily traps water. The Office of Mosquito Control, as of Wednesday, July 13 advises that catch basins throughout the county have been treated, it is closely monitoring vacant homes, and no instances of West Nile or Zika virus have been found in the county.

Please do what you can to limit this threat in our community by eliminating the occurrence of stagnant water. If you have not done so within the past week, please check your boats to be sure they are not serving as basins for a mosquito breeding ground and walk around your property and remove water that has puddled in containers.

If you are being bitten by adult mosquitoes or suspect nearby standing water may be a suitable habitat for larval mosquitoes, please call the Sussex County Office of Mosquito Control at 973-948-4545. Please report any instance of dead birds immediately to that office as well.

Badge Checkers Needed

URSULA FAHMY, CHAIRPERSON, BADGE CHECKING

Volunteers are desperately needed to perform badge checking duties for the 2016 season. What a great way to accumulate your 20 hours and also enjoy our lovely beaches. If you are interested, please call any of the following captains or sign up at the Clubhouse and we will contact you.

Let’s all do a little something for our community!

Beach 1	Ursula Fahmy	973-764-6539
Beach 2	Sue Buruchian	973-271-0227
Beach 3	Lou Cataldo	973-764-5537
Beach 4	Pat Gillooley	973-764-4459
Beach 5	Madeline Brancato	973-764-7486
Beach 6	Joann LaRocca	973-764-7329
Beach 7	Sue Imbarrato	973-459-9367



Ecology Corner

THE ECOLOGY COMMITTEE

Why Recycle?

Like most of us, I am a conscientious recycler and have been for years. It wasn’t until I saw a chart titled, “How Long It Takes for Everyday Items to Decompose,” that I was reminded why it is so important. Below is a list of common items and the amount of time they take to decompose under ideal conditions of air flow and sunlight (two conditions that do not exist when covered with dirt in landfills). For the last 5, I will let you guess the appropriate answer. Put the letter from column B next to the number in column A. The answers will follow the quiz.

Item	Time to Decompose
Foam plastic cups	50 Years
Black plastic bags	500-1000 years
Tin cans	50 years
Leather	50 years
Cigarette filters	1-12 years
Glass bottles	1,000,000 years

Column A	Column B
____ 1. disposable plastic shopping bags	A. 500-800 years
____ 2. disposable diapers	B. 450 years
____ 3. Styrofoam	C. 500-1,000 years
____ 4. plastic beverage bottles	D. 600 years
____ 5. monofilament fishing line	E. 1,000,000 to possibly never

As stewards of Earth, we should try to avoid using products that take more than a year to decompose in landfills and recycle products like glass, plastics, aluminum, tin, paper, cardboard, and plastic bags at a recycling center. It is important to note that the Vernon Recycling Center does not recycle plastic bags. Plastic bags should be taken to the local supermarket. Let’s save the space we have left for future generations to enjoy, not for future landfills. *Help to save our planet through recycling.*

Answers: 1. C, 2. A, 3. E, 4. B, 5. D

Highland Lakes Country Club

Third Annual

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SUNDAY JULY 31

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Upcoming Tricky Trays

JILL WALLACE

There will be a Tricky Tray sponsored by the HLF D Women's Auxiliary at the Highland Lakes Firehouse, located at 813 Canistear Road, on Friday, August 5, 2016. All proceeds will benefit the Fire Department. Doors open at 7 pm, with prizes being called at 8 pm. Refreshments will be available, and the firehouse is air-conditioned and handicapped accessible. There will be great trays, specials,



and a 50/50. Admission is \$2, and you must be at least 18 years old to be admitted. For further information, contact Auxiliary President Irene Boeren at 973-764-7371.

****Exciting New Update****

There will be a special prize of four one day Park Hopper tickets for Disney World in Orlando, good until June 2018, and valued at \$620.00. Presented as a Silent Auction item, bidding will start at \$75.00

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Community Yard Sale – Success!

NANCY EISENBERG AND LIZ HOLDA, CHAIRPERSONS

Once again, the Annual Community Yard Sale was a success. The success can only be attributed to the dedicated volunteers who worked tirelessly and the community members who, through donations, shopping and joining us for lunch, supported us. THANK YOU!



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Highland Lakes Rules “the Road”

RON BERUTTI

On Friday evening, July 15, the Highland Lakes Swim Team set off on a trip to visit Cliffwood Lake. The approximately eighty swimmers on the Highland Lakes Swim Team - comprising all skill levels and ages up to 18 - arrived to see if they could make history in the first annual Canistear Cup. Which lake community would have bragging rights as the rulers of the road - Canistear Road, that is?

The swim meet was coordinated during the winter and spring between Highland Lakes and Cliffwood Lake in order to create a friendly rivalry between the two neighbors. The teams compete in different swimming leagues due to the disparity in their sizes - Cliffwood Lake has about half the number of swimmers that Highland Lakes has - and so they never get to face one another in head-to-head competition. In order to level the playing field, Highland Lakes swimmers were only allowed to swim in one individual event, and one relay, while the Cliffwood Lake swimmers each were allowed to swim in two individual events and one relay.

The evening was beautiful. Cliffwood Lake hosted the event at its facility, which is well-recognized by all Highland Lakes residents using Canistear Road to get to and from Route 23. Slow down! Speed limit 35 mph! Our swimmers all marveled at the clarity of the water in Cliffwood Lake. Meanwhile, parent volunteers who were timing the races were taken by rowboat to the finish dock, since it floats in the water - an island unconnected to land. Cliffwood Lakes

set up a large grill and had lots of delicious food available for hungry swimmers and their parents, all at reasonable prices.

In the end, under the leadership of Highland Lakes Head Coach Mike Buchney and assistant coaches Julia Loughren and Anna Sweeney, Highland Lakes managed to pull off the win in what was a competitive swim meet. The Canistear Cup belongs to the Highland Lakes Hurricanes in 2016. In the process, we all got to make new friends with our neighbors down the road, and to have a good time on a beautiful summer evening.

Next year Highland Lakes will host the Canistear Cup. Cliffwood Lake will be seeking revenge! There can be no resting on laurels. Highland Lakes has several more swim meets left, and also hosts the massive “B” Invitational swim meet on Saturday, July 30. So while for the time being the Canistear Cup - which bears a placard denoting that Highland Lakes won the cup in 2016 - is in safe hands, the fun in the water continues!

If you are a Highland Lakes member in good standing and have a child who is not on the swim team, by all means come down to the swim lanes during the week and introduce that child or children to Coach Mike. The Swim Team is the largest activity group in Highland Lakes. Come join the fun. Swim meets are Wednesday nights. In addition to the “B” Invitational, we have upcoming home meets on July 27, August 3rd and August 10. See you there!





Aqua Aerobics

PAULA SCHRINER

Please join us at Beach 1 for Aqua Aerobics (adults only, please). Enjoy the lake and get fit!
When: Monday, Wednesday and Friday mornings, beginning June 20, 2016, until the end of the summer! For more information call Paula at 973-764-5817 or Gail at 973-764-3194.
Time: 9 am-10 am
Where: Beach 1, in the water!
What to bring: a noodle, and a towel
No experience necessary!

The Breakfast Committee Needs You

CAROL HASTIE, CHAIRPERSON, CLUBHOUSE COMMITTEE

The Clubhouse Breakfast Committee would like to thank all of you for being so understanding about the breakfast that had to be cancelled. The summer is such a wonderful time to hold a breakfast but it is also a time for vacations and having family and friends up to visit. If anyone is interested in helping at any breakfast, all you have to do is call me or leave a message at the office for me. You do not have to be on the Clubhouse Committee to help and you do not have to help at every breakfast. We need 20 volunteers to work the summer breakfasts and about 15 for the others, so as you can see, it takes a lot of volunteers!

Jogathon Coming Soon

NANCY GRIMALDI

Save the date! Our annual Jogathon/Walkathon around the big lake is set for August 27, at 10 am. While most take their time and enjoy the scenic lakeside route, we do have some serious competition. Last year, Craig Bernier and Karen McNamara clocked in at 33:02 and 37:52 respectively. Pretty awesome...and yet the all-time record set by Steve Grube back in 1982 remains intact at 22 minutes and 25 seconds. Will this be the year someone breaks that record? Come on out and join your fellow Highland Lakers in a just-for-fun race, jog, or stroll around our biggest lake. All are welcome, including pets. Sign-in begins as early as 9:30 am with time to socialize and enjoy some “joggers juice” and donuts - or granola bars if you are a serious runner!

Woven Winds Stretches on the Beach

CAROL CHAVE

Come to Beach 7 for Woven Winds Stretching, 8 - 8:30 am, Thursdays and Fridays, beginning July 14, weather permitting. Starting with standing stretches, we will continue with seated stretches and stretches lying down on the beach. We conclude with an optional run/walk around the lake, while enjoying the quiet and beauty of morning at the lake. Wear clothes you can move in comfortably. Bring a towel and a cup. A cool beverage will be available. All ages welcome.

Adult Halloween Dance Needs “New Blood”

CAROL HASTIE, CHAIRPERSON, CLUBHOUSE COMMITTEE

Halloween is a little way away, but, I’d like to thank Roe Hall and her committee for doing an AWESOME job over the past years for putting together a totally eerie adult dance! She has worked hard decorating for a great event. Thank you for everything you have done Roe, it is greatly appreciated! Unfortunately, she is no longer able to continue on with this feat. We are looking for someone (or more than one person) to take on this task. I am sure she would be available to consult you along the way if needed.

Wanted: Art Show Entries

MARY ANN MASTRANGELO

Professional and Amateur

When: Saturday, August 27, 6 – 9 pm
Meet the Artists Reception
Professional Artists
Sunday, August 28
Registration from 9 - 10:30 am
Amateur Artists (HLCC and CA members)

One-time only special category commemorating the 100th anniversary of our National Parks. Entries in this category can use any art/creative medium. All ages are eligible.

Women’s Auxiliary

JENNIFER ZIEGLER, VICE PRESIDENT, WOMEN’S AUXILIARY

The July 12 meeting of the Women’s Auxiliary had 30 members in attendance. We welcomed three new members: Christine Annunziata, Dori Zarr and Catherine McGlynn.

On Tuesday August 2nd the Women’s Auxiliary will hold our 3rd Annual Fashion Show/Live Auction, with scrumptious hors d’oeuvres, (shrimp toast is back by popular demand!), salad, dessert and surprises. The ladies have been putting together beautiful baskets for auction. A laundry basket and barbecue basket are among our offerings as well as six tickets for the day to Aquatopia water park at Camelback. What a fun day for your children with some friends. Get your tickets, only \$20, ASAP, they are going fast! Contact Jennifer Ziegler at 201-979-7135. Doors open at 6:46 pm, BYOB.



Adult Ceramics

ANGELA ABRAMS AND KATHY STRUBE

Summer is here! Come on down to the clubhouse every Monday night at 7:30 pm. You will be amazed at the projects in progress, and more amazed at the beautiful creations you can create. You can begin a project for this year’s Art Show or create unique, birthday, anniversary, Mother’s/Father’s Day gifts. Let your imagination run wild.

Our instructor, Mary, supplies the brushes and paint. She also supplies a collection of bisque for purchase. All adult members in good standing are welcome. All young people ages 8 to 15 are also welcome, if accompanied by an adult member. And as with all Highland Lakes activities... please wear your badges.

Grimaldi "Knot" Today!

SUE BURUCHIAN, SECRETARY, LADIES SF

Nancy Grimaldi showed her nautical talents and schooled the fleet on Thursday. No one was allowed to pass her. It was a grand race with strong steady winds. Five ladies dueled tacks in a full course one race. The lake was in her glory with all the activity. Special shout out to "Dock Tom" Castiglione who helped our ladies ready and launch their respective sunfish off ESC. Extra hands always help. Welcome back Diane!

Calling all lady sailors who want to join in the fun. Need a sunfish? We have one for you. Contact Fleet Captain, Irene Boeren 973-764-7371 for details. Races start at 11 am on Thursday at ESC. No cell phones allowed. Just sailing fun.

Results for 7/14:

- 1 - Nancy Grimaldi
- 2 - Jessica Castiglione
- 3 - Ellen Wisolmerski
- 4 - Diane Buono.
- 5 - Lyle Timpson



Highland Lakes Annual Lighted Boat Parade

LINDA AND FRED WILSON

Family Day

Sunday, August 7, is our Family Day annual Lighted Boat Parade. We will be gathering by 8 pm at the north end of the lake near Beach #3 for departure around 8:15 pm. This year's theme is "Go USA!" for those who want to decorate.

Participating boats (Party Boats and any other lighted boats) may gather with us for the parade in the area of Beach #3 or may join the parade as we make our way south turning west at Beach #4 and then north around the island with a house on it. We will finish our Lighted Boat Parade in front of everyone at the Club House in time to enjoy our Family Day fireworks from our boats.

It is important for our enjoyment and safety that all boats in and around the Lighted Boat Parade be lighted.

Also be aware that our "no gas engines on the lake rule" precludes using an on-board gas generator to power your boat lights (battery operated or solar lights only). Contact us if you have any questions. Hopefully the weather will cooperate. On the off chance of inclement/extreme weather such as a thunderstorm, our Family Day and Lighted Boat Parade will be on Sunday, August 14, and the cancellation or postponement date will be recorded on the Sailing Hotline 973-764-7796, call for an update.

Call Fred and Linda Kroeger Wilson at 973-764-3548 or email to linsway@warwick.net with questions in advance or day of parade call Sue Buruchian 973-764-7420.



Comet III Territorials/Martin Murray

SUE BURUCHIAN

The Buruchian clan represented Highland Lakes at the 2016 Comet Territorial Championship/Martin Murray Regatta held at Green Pond Yacht Club last weekend. An impressive eighteen Comet sailors from many states sailed the two-day regatta in extreme conditions. Fog encompassed the Saturday racing with shifty winds taking over the Sunday races. Green Pond always offers challenging sailing and this regatta was no exception. Racing with two new Comets from the new builder Whitecap Composites (www.whitecapcomposites.com) made all keep an eye out for new ideas to speed up their respective vessels. A grand time was had sharing stories at the annual Beef Steak gathering on Saturday night.

Top three finishers were:

- 1-Talbot/Lee Ingram - Shrewsbury Yacht Club
- 2- Peter Schell/Son - GPYC
- 3- Rob Schell/ Son - Minnesota

Kevin Buruchian came in fifth representing Massapaque Yacht Club, MA and Mark Buruchian representing HL came in 10th with one race win and unfortunately had a breakdown when the side stay gave way which split the mast step at the jibe mark when he was the leader of race 7.

As the saying goes, "...and no one got hurt"!

For the many HL Comet enthusiasts, note the Mylar sails on the first placed boat, #4151 Ingrams. You might also note, the loose footed main, (similar to FJ) a new thing for some in Comet sailing.

2016 HLCC Sailing Fleet Schedule

LOU IANNUCCI, SAILING COORDINATOR

Below are the 2016 HLCC sailing fleet schedules. All races begin at the Eckhart Sailing Center located on Lakeside Drive West south of the intersection with Alturas Road.

Please take note of the following dates:

All Boat Regatta: Saturday, August 27
Sailor's Picnic: Sunday, September 4 at 4:30 pm

Senior Sunfish Races – Sundays at 2:30 pm
Mladen Kresic: (973) 764-0452
July 24 / August 7, 14, 21 (2 pm), 28 / Sept. 4

Jr. Singles Sunfish Races – Wednesdays at 11 am
Maryjane Kresic: (973) 764-0452
July 27 / August 3, 10, 17, 24

Ladies Sunfish Races – Thursdays at 11 am
Irene Boeren: (973) 764-7371
July 28 / August 4, 11, 18, 25

Jr. Doubles Sunfish Races – Fridays at 11:00 am
Maryjane Kresic: (973) 764-0452
July 22, 29 / August 5, 12, 19, 26

Force 5 Sailing Races – Saturdays at 11 am
Erika Rodger: (201) 961-3092
July 23, 30 / August 6, 13, 20 / Sept. 3

Flying Junior Fleet Sailing Races – Sundays at 11 am
Mike Gillooley: (973) 764-4185
July 24 / August 7, 14, 21, 28 / Sept. 4

Windsurfer Races – Saturdays at 3 pm
Kevin Gaston: (973) 764-7332
July 23, 30 / August 6, 13, 20 / Sept. 3

Jr. Doubles Sunfish Races

MARYJANE KRESIC, FLEET CAPTAIN

40 Plus Juniors Sail on Friday Doubles

On July 15 the Junior Doubles Sunfish fleet held its annual Ice Cream Sundae Party and Rules and Regulations of Sailing Meeting. Maybe the ice cream was the big draw but we had a large group of juniors out on the water sailing in over 15 boats. Over 5 gallons of ice cream was served while Junior Fleet Captains Robbie and Emmaline discussed sailing rules and going over nautical knots. Unfortunately, the winds did not cooperate and the sailors did a short red, red, red course. Of note was Annika S. who sailed her first race as a skipper. Way to go Annika!

The results were:

- 1 - Robbie Wisniewski and Niko Puccio

2 - Grant Wisniewski and James Brantner

3 - Emmaline Stoddard and Cora Leiter

4 - Sam Sullivan and Duke Staley

5 - JT Wisniewski and Michael Puccio

6 - Declan Mann and Abby Amato

7 - Kilian Mann and Matthew Puccio

8 - Richie Amata and Peter Brantner

9 - Greg Randazzo and Gabriela Cefaloni

10 - Hannah Wisniewski and Isadora Salmonson and Julie Evanick

11 - Ariana Stoddard and Eibhilin O'Reilly

12 - Annika Salmonson and Sofia Staley

13 - Donna Schmucl and Victoria Annunziata

14 - Mrs. Amato and Michael Evanick and Audra Leiter

15 - Mr. Sullivan and Kateri Sullivan, Catriona O'Reilly, Deidre O'Donnell and Zola Oyer and Sophia Vandenbroek. It was a busy boat!

16 - Mr. Mann and Vanessa Cefaloni, Sophia Randazzo and Thea Kellet.

Important dates to keep in Mind:

- July 22 - Ahoy Mates it's Pirate Day - Don't forget to dress the part. - The Mann's are hosting a barbecue after junior sailing. All families are welcome to come. Please speak to the Mann's about contributing items.
- July 23 - SANJL - It is at Spruce Run in Hunterdon this year. Please let me know if you are interested in attending. Boats need to be cleaned and waxed. Last year Highland Lakes won the event, and we hope to do so again this year. In addition we need a strong team to compete for the team trophy. We have won two years in a row so I would like to see HL win a third time.
- July 29 - Dancing on the Downwind and Hawaiian Day.
- Aug 5 - Western Day- Wear your best bandana and western garb.



Force Five Race Results – July 16

ERIKA RODGER, FLEET CAPTAIN

Saturday's Force Five race saw a hot day with very little wind. We had a short course for the first race, and we ended up only rounding one buoy for the second race. (Some fleet members even needed a tow home from the safety boat!) It was a good day for a cold drink. Shout out to Randy Rodger for a great dock committee and to the great safety boat.

- Race 1
- 1 - Erika

2 - Lou

3 - Mike

4 - Ray
- Race 2
- 1 - Erika

2 - Lou

3 - Ray

4 - Mike

Windsurf Happenings

KEVIN GASTON, FLEET CAPTAIN

Half the battle of racing is tweaking the equipment before a race. So, one would think that I would conjure up the perfect combination of rigs and boards for myself, brother Dennis and nephew Joey. I, instead, wound up with a dyslexic combination of boards and sails. For example, I used Joey's high wind board in light winds with my older sail giving Dennis my light wind board with Joey's sail. Then I set Joey up with my high wind board and newer sail. "Voila", whatever works.

As for the race, the light winds prompted Joey to utilize a completely new starting strategy. His board and sail were sitting thirty feet off the starting dock, unmanned, with less than a minute to go before the start. Thinking he was in some kind of Iron Man competition, he dove in, swam to his board, hopped up, up-hauled his sail and got into sailing position all just before the starting horn went off. There was just one minor flaw within all this brilliance -- he was facing the wrong way.

When the breeze dissipated even more for the second race, a new light-wind course concept was put in place. I call it a "#2 Start/Finish and then go home". It goes something like this: Nephew George will sit in a kayak about 40 feet off of the Rock Island red buoy. Both he and the buoy make the finish line. It was a (snails) sprint to the finish but, hey, it's all about having fun. Kudos also go out to Randy Staley for braving the grim conditions. See y'all next week.

Race Results for July 16

- Race 1
- 1 - Kevin Gaston

2 - Randy Staley

3 - Joey Gaston

4 - Dennis Gaston
- Race 2
- 1 - Kevin Gaston

2 - Joey Gaston

3 - Dennis Gaston

4 - Randy Staley

Senior Sunfish Race – July 17

MLADEN KRESIC, SENIOR SUNFISH CAPTAIN

It never ceases to amaze me that the lake can have no wind at all and the boats still move. Well, there was at least some wind. We had a modest turnout as a number of usual Sunfish sailors chose to sit this one out, having baked in 1-2 knot winds with the FJ's in the morning; we were also missing the Will and Lyndsay duo as they were in Cape Cod at a regionals race.

Even so, with 8 sailors there was a bit of excitement, as the wind kicked up to a massive - 5 knots (maybe). We set an unusual course 1 – red, white, red. It was obvious that Bob Tomsey got excited by this new approach as he took off with the lead from the start line. He was still in first rounding the white jibe mark as I prepared to catch him on the downwind leg. His sailing tactics were sound as he got inside position at the leeward mark and escaped from there. Bob is having his post-race tests done by the Russian anti-doping federation. I did manage to finish second, with Colonel Wayne making a fabulous racing appearance in 3rd, beating his boy JW who was happily racing a brand new multi-colored recreational sail. Ray Mann made another summer 2016 appearance coming in 5th with Ken B. and his cigar in 6th and Luca in 7th. Maryjane was having a great race jockeying for 3rd position with Wayne until the mainsheet gave way at the leeward mark, followed closely by a tiller extension “snap”. Glad the safety boat was there.

Once again, thanks to our dock committee, Allan and Brett, who are now wearing a bunch of HLCC 2016 sailing shirts. They are complaining about the heat of so many layers, so please come and claim your shirt to cool them off, unless you have already done so.

There will be one race next week – we have a family event off lake so a number of us will be missing in action, but I know that Allan and Brett will run a fabulous race nevertheless.

Race Results

- 1 - Bob Tomsey

2 - Mladen Kresic

3 - Wayne Wisniewski

4 - John Wayne Wisniewski

5 - Ray Mann

6 - Ken Boschert

7 - Luca Bonardi

8 - Maryjane Kresic (dnf)

Junior Single Sunfish Race

MARYJANE KRESIC, FLEET CAPTAIN

On July 13 the winds were blowing strong so a course 1, W/W/W was called. None of the sailors minded the longer course and all finished in record time. Of note was Dennis flipping at the start, but was able to sail strongly after a few tips from the Fleet Captain. The race was won by Robbie who led from start to finish. The results were:

- 1 - Robbie Wisniewski

2 - Grant Wisniewski

3 - Emmaline Stoddard

4 - Greg Randazzo

5 - JT Wisniewski

6 - Dennis Jimenez

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2/17

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4/17

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5/6/17

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8/27/16

FOR RENT: Having a party? Family gathering? Need an extra bedroom, two? Rent our adorable cottage for the weekend, week or month. Sleeps nine. Discount for members. 201-400-6926 Lisbethj.ryan@gmail.com.
8/27/16

WANTED: 2-MONTH CABIN RENTAL: Small, furnished cabin for retired parents to rent for approx two months beginning around Aug 15 to Oct 15

(dates flexible). Lakeside or lake view cabin of main lake preferred, but will consider all options. Call Carol at 917-763-1928 or email alvinbird@aol.com.
8/27/16

FREE: Highland Lakes – 30 cement/cinder blocks – clean, call 201-370-23690.
8/27/16

FOR SALE: Futon bed/ couch, hardly used, in great shape. \$275 OBO, call 973-764-0273
7/30/16



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Ladies Bowling

PAT WOOTTON AND JUDI SUNDA

The HLCC high scorin', high rollin', fun-lovin' ladies continue to heat up the lanes at Pinstreet in Warwick. We had a great week and look forward to continued fun. We are confident we are on our way to the Bowler's Hall of Fame. Pat misses her contribution, but hangs around for the fun. Some noteworthy achievements follow:

- Dolores Gaspari – 152
- Bonnie Fredericks – 160
- Paula Kloza – double, 168
- Dianne Kelly - 158
- Lyn Kaplan – double
- Judi Sunda – 5/6 split, double, 158, 182
- Joyce Healy – Turkey, 169
- Theresa Ruiz – 5/7 split
- Kathy Grifone – 1/2/7 split twice

Women's Volleyball

KNOX STRUBE

The 2nd week of volleyball brought a cloudy but very humid day. Gail gets to go on the record as having the first ball hit over the fence. But Riley was there to quickly bring it back to all of us worn out women. Cheryl started off the day by locking her keys in her car but that didn't mean that her game was locked up. She managed to get her hands on all the balls coming her way. Lynette kept saying that the ball was too close. Then she learned the definition of close when Val (her own teammate) spiked a shot at her head. After a brief scream was heard, Tressa did a ballet dance with Gail as they exchanged turns hitting the ball while Gail was speaking Hindu. Not to be outdone, Keva showed off her moves as she twirled, twisted and then tapped the ball over the net. Christine amazed everyone with her rocket serves right to the feet. As those serves were in the air, Lauren was trying to assist her teammates by saying "in, out, in, out, in, out..." while the ball was in the air. Knox informed everyone that her game would improve when her trunk in the front synchronizes with her behind in the rear. We have so many laughs!



Doesn't this make all you women 18+ want to come out to join us for some volleyball and a lot of laughs on Thursday mornings from 10 am - noon? Then meet us at the utility court at Beach 1. Just bring your badge, sneakers, water and sense of humor. Hope to see you soon!

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Pickleball News

DORI ZARR

This week a newbie graced us with a visit - Jonathan Kohn. We realized that he brought with him his tennis playing skills, however, we were amazed how quickly he caught on to the rules, the serve, the overhead and even poaching. However, we cannot discount the excellent instruction he received from two top men players and one woman. Welcome Jonathan, come back and challenge us again.

Pointer from the Pickleball Takeaway: if you feel that you've been beaten in a diagonal dink contest, try to go to the nearest point of relief. Don't try to go cross court get the ball over, low, and back in play. Author Deb Harrison... Pickleballshow.com/11

Men's Golf Outing

RAY LOUGHREN

This year's outing will be held at the Black Bear Country Club in Franklin, NJ on August 5, 2016. Start time is 1 pm and the format is best ball scramble. The cost is \$100 which includes golf, lunch and dinner back at the Highland Lakes Clubhouse in the Lake Room. Please register early, call Ray Loughren 973-919-3270 or Mike Sweeney 973-764-7306 if you are planning on playing. Thank you.

Ladies Golf Outing

DIANNE KELLY

Looking for all interested golfers or wannabe golfers to join us in August for our annual outing. The outing will be at Farmstead Golf and Country Club on Tuesday, Aug 9. There will be a 9 am shotgun start and we will play the Valley course. Lunch will follow at the Farmstead clubhouse. The cost for this wonderful day will remain at \$61.00. This includes the 9 holes of golf with a cart, lunch and prizes. There will be a cash bar. Please plan to join us! Let me know who you would like to have in your foursome or I will set one up for you. Look forward to hearing from you and spending a great day with you. Please contact Dianne Kelly 973-764-7407 for further information. Reservations and payment are due by Aug 1. Please make your check out to Dianne Kelly. Thanks!

Team Tennis 2016

KNOX STRUBE

July 9 did not present the best weather for tennis games. Attendance was definitely down with only 10 diehard players showing up. We all arrived not knowing if the courts would be dry enough to play. They were dry but it was so foggy and humid that the tennis balls were absorbing the moisture from the air. Lee was quite a trooper coming out to organize the matches. Adele, Knox, Matt and Nelson enjoyed a few close games. While Rosita, Bruce Z., Fran and Jonathan battled through their games and Carol was able to substitute in and briefly give everyone a break in the damp weather. The tennis players are so sorry to hear about the bad misfortune of Elaine's fall. We all send our best wishes for a speedy recovery for your leg and hope to see you back on the courts next year.

If you would like to join us on Saturday mornings from 9 – 11 am, then just bring your badge, sneakers, racquet and water to the tennis courts at Beach 1. We welcome everyone no matter if your tennis skills are for better or worse. We just ask that you bring your enthusiasm and quest for a good time. See you soon!



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