



The Highland Lakes Newsette

A publication of Highland Lakes Country Club and Community Association at Highland Lakes, New Jersey © 2015
"All the News That Fits We Print"



Volume 2015 | Issue Number 3 | April 4 - May 1, 2015

Bygone Years Shape the Lake We Know So Well

SUE ROSS, COMMUNICATIONS COMMITTEE MEMBER

It all started as a vision between two men, John Seckler and Clayton Shepperd, who shared ownership in a development corporation. Taken with the idea that they could create a summer community in the mountains of Sussex County, an area that was just close enough to bustling New York City and its suburbs to be within reach of families who were looking for a retreat back to nature. From the start, and interestingly enough, before a lake even existed, these two men were selling the idea of all that it could offer.

Though some of what is promised in the early ads (a fashionable promenade with cascading fountains and sunken gardens) never materialized, the majority of their original vision did. Perhaps more remarkable is the fact that we are all still enjoying the amenities (wide spreading shade trees, sky blue waters, cool breezes, fresh dry air and all outdoor sports – truly a tonic for young and old) these many years later. While our community has seen many changes over the years and the majority of those living here are now year-round residents, Seckler's and Shepperd's vision of how appealing a community like this could be is standing the test of time.

According to the 1995 Highland Lakes Community Plan, the first hundred acres of the community was purchased in 1933 when the Old Vernon-Stockholm Road (now Highland Lakes Road) emerged as the most passable of all three dirt roads to Highland Lakes. It is at the end of this road (where Beach 1 now sits) that they built their real estate office and eventually where our first clubhouse was situated. Within two years they and two others, William Dailey and Clarkson Potter, who joined them, established a new development corporation, named Highland Lakes Inc.. That same year, lands abutting the original tract of land were purchased, including the Fedden Corporation property (600 acres), the Marsh tract (400 acres) and the Rutherford tract (130 acres.)

Construction of properties began in 1936. From the start all homeowners were

the Swing is to

HIGHLAND MALL

Nature lovers quickly respond to this idyllic spot.... Low preview-prices spur demand for scenic sites on new "picture lake"

Get a Lot!
FOR A LITTLE

At Highland Lakes the MALL will surround a newly-created, lily-dotted reflecting lake, with cascading fountains, sunken gardens, flowers and shrubs in a riot of color. An idyllic spot where cabin sites may still be obtained at lowest preview prices! Where cabins among wide-spreading shade trees will mirror their rustic charms in the sky-blue waters!

What was an artist's dream a brief three weeks ago, will soon unfold into a vision of beauty. You really must see the MALL — this picture spot on the top of a mountain 1400-feet above sea level — at New Jersey's Highest Vacation Community.

Come up with the family — and children, to be sure. You'll enjoy the grandeur of this pleasure-planned 1500-acre estate where cool breezes, fresh dry air, and all outdoor sports are a tonic for young and old.

RUSTIC CABINS \$1150 and up P.H.A. 7-year Terms

HIGHLAND LAKES

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● Big two-mile-long lake
● Boating, bathing, fishing
● Miles of bridle trails
● Tennis and Handball courts
● Counselors for children
● Community Clubhouse

Highland Lakes Country Club and Community Association presents

AZUCAR

Latin Jazz

Saturday, April 4
Doors open at 7pm, Show starts at 8pm
Tickets: \$15 members, \$20 non-members

Live at Seckler Stage

Jay Rodriguez - saxophone and flute
Lewis Kahn - trombone and violin
Bill Ware - vibraphone
Pablo Vergara - piano
Jorge Maldonado - vocals
Jimmy Delgado - timbales
George Delgado - congas/tumbadores
Ray Martinez - bass

Tickets for members in good-standing and their guests are on sale now at the club office. Tickets for non-members (\$20, cash-only) will go on sale Feb. 28 at the Club office and may be purchased at the door on the evening of the show, if still available. For more info call 973-764-4366 or 917-232-2366 or go to hlcc.org.

Seckler Stage is located at 2240 Lakeside Drive West, Highland Lakes, New Jersey 07422

Upcoming Clubhouse Events

April 4 Azucar Latin Jazz	April 25 Ecology Clean-Up Day
April 18 Lakeside Cafe	April 26 Clubhouse Breakfast

From the President's Desk

BOB HUGHES, PRESIDENT

The only new business passed by the Voting Board in March was a motion to award a contract to Tilcon of New Jersey for road paving in the amount of \$357,643.00 for 2.04 miles of roadway involving 14 of our roads.

Among the activities scheduled for April are the Azucar Latin Jazz Band at the Seckler Stage on Saturday, April 4, the Ecology Committee Clean-up Day on Saturday, April 25, and the Clubhouse Committee breakfast on Sunday, April 26 (someone recently had the nerve to suggest that I've never missed a breakfast - a fact that is difficult for me to deny!).

Just a reminder that while any and all time offered

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Upcoming Meetings

Clubhouse - Wednesday, April 15 – 7 pm
Ecology/CCHL - Thursday, April 9 – 7 pm
Fishing - Thursday, April 9 – 8 pm
Planning - Tuesday, April 7 – 7:30 pm
Roads – Thursday, May 7 – 7 pm
Voting Board Workshop - Wednesday, April 8 – 8 pm
Voting Board Meeting – Friday, April 17 – 8 pm

Since all meetings are subject to change, please verify meeting times by contacting the chairperson of the committee or the Club office prior to the meeting time.

VOTING BOARD
HIGHLAND LAKES COUNTRY CLUB
AND COMMUNITY ASSOCIATION
PO BOX 578
HIGHLAND LAKES, NEW JERSEY 07422

Office 973-764-4366 or Security 973-764-4266
Web page: <http://www.hlcc.org>
E-mail: hlcc@warwick.net

October 1, 2014 - September 30, 2015			
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12	Brian Morton	764-3194	trustee12@hlcc.org

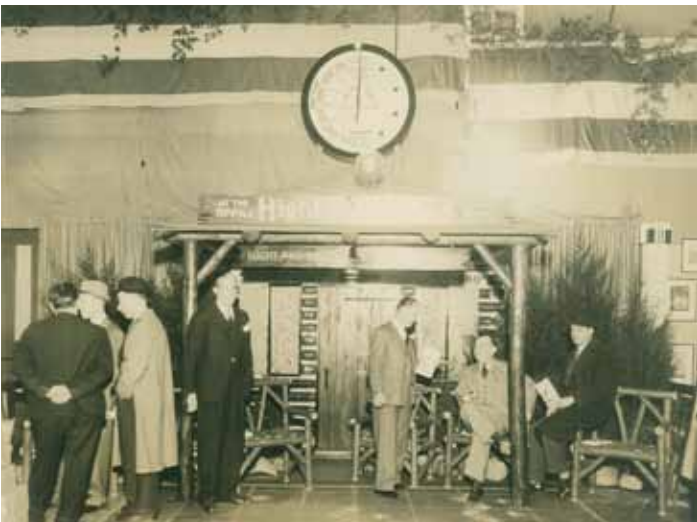
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Highland Lakes, New Jersey 07422
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Bygone Years Shape The Lake

Continued from Page 1

required to also be members of Highland Lakes Country Club and Community Association. Cabins depicted in original ads were precisely what you found in the community. Log cabins or frame cottages were typically 600 square feet with a stone fireplace. They sold for \$1,500. Dues were \$12 a year. Water from Highland Lakes Improvement Company was \$12 per season and Vernon taxes were \$30 annually. Before you start longing for the good old days, you should understand that according to the US Bureau of Labor Statistics, a construction worker's hourly wage in 1935 was 49 cents. Finance, insurance and real estate workers brought in a whopping 78 cents an hour.

What has happened since those early days stands as a testament to all that can be preserved and accomplished when people have the welfare of their community at heart. With every passing year new activities blossom alongside age-old traditional events that continue to thrive. Our lakes remain healthy and our beaches welcoming thanks to the shared diligence of Club management, professional consultants and lake members who actively educate residents concerning matters of lake ecology. While there is no promenade, we have five peaceful lakes where members of every age are free to enjoy the pure pleasure of all that nature offers in, what is still, an idyllic, mountaintop retreat.



Cabins and Dreams for Sale! Highland Lakes' earliest entrepreneurs look for investors at a New York trade show.

From the President's Desk

Continued from Page 1

by members volunteering is greatly needed and appreciated, our special recognition for outstanding volunteerism is based on a minimum of 20 hours per year. Many members offer many more hours than that.

This weekend marks both solemn and joyous holy days, Good Friday, Passover, and Easter. Best wishes to those observing/celebrating these days.

2015 Badges and Permits

Available for Pickup April 20

Starting April 20, 2015, members who have paid their dues and assessments in full can pick up their 2015 membership badges and permits at the Club Office. Office hours are Monday through Friday, 9 am to 4 pm, and on Saturday, from 10 am to 1 pm.

Please pay particular attention to the emergency information section on your badge pick-up form. Having emergency contacts and telephone numbers on file at the Club Office makes it much easier to contact you in an emergency.

Parking permits are valid only for those vehicles listed in the records at the Club Office. If you have replaced any vehicles, please bring copies of the appropriate vehicle registrations.

Chit Chat

Would you like to congratulate anyone on their birthday, anniversary, birth of children/grandchildren, marriage, etc.? Please share your special news with all of us by sending the information to the Club office by mail or telephone. We would love hearing from you!

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April 2015																																																																																																	
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Monday Night Adult Ceramics

ANGELA ABRAMS AND KATHY STRUBE

The snow has finally melted. (Or has it?) Time to dust off your imagination and join the many creative souls painting wonderful masterpieces of beauty. Your garden is calling for a new gnome, bird house, bird bath, stepping stone... Your kitchen is calling for a new serving dish, set of mugs, sugar bowl... Your friends would love a new candle holder, vase, jewelry box... So come down to the clubhouse on Monday nights at 7:30 and let your imagination take over.

Our instructor, Mary, supplies the brushes and paint. She also supplies a collection of bisque for purchase. Her vast knowledge, accumulated over the years, will help you create things of beauty. As long as you have an imagination you can succeed. All adult members in good standing are welcome. All young people ages 8 to 15 are also welcome, if accompanied by an adult member. And as with all Highland Lakes activities....please wear your badges.

PLEASE NOTE: The pieces pictured are orphans that were left over the winter. (Maybe some longer.) They have been carefully taken care of, but would love to go home to their rightful owners. They can be picked up during class. Any questions contact Angela Abrams 973-764-3498 or Kathy Strube 973-764-4210.

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Spring Planting Suggestions

BOB REFFELT, CHAIRMAN, ECOLOGY COMMITTEE

This is typically the time of the year when we start thinking about maintaining our yards and planting vegetables, bushes, trees, and flower gardens. In the Northeast spring is the best (only) time to plant annual flowers and vegetables, but the fall is actually a better time to plant perennials, trees, and bushes since they don't have to endure the challenges of a long, hot summer. Whatever you decide to plant we suggest you keep a couple of things in mind when you do so.

1. Avoid planting invasive species and remove or reduce their presence whenever possible.

Invasive plants prevent native plants from thriving or surviving. Over hundreds of years we have introduced many invasive species into our area. These plants take over the space that was originally inhabited by native plants. Some examples of invasive species include purple loosestrife, Norway maples, Japanese honeysuckle, Japanese barberry, butterfly bush, tall fescue and garlic mustard. Most garden stores carry comparable looking native plants. Just be sure to ask a knowledgeable salesperson whether what they are selling is native to this area. Also, whenever

you observe invasive species growing on your property, consider removing them.

2. Reduce the size of your lawn and eliminate the over use of fertilizer, herbicides and pesticides.

Ads for greener lawns and fertilizers are prominent during this time of year. There is a close relationship between having green lawns and having green lake water especially along lakefront properties. Very often what we put on our lawns will end up in our lakes promoting the growth of lake weeds and algae. If lawn weeds such as dandelions, and clover seem unpleasant to you, consider the fact that they attract many useful insects and animals. Also



consider mowing your lawn less often and raising the level of the cutting blade. You can fertilize your lawn organically by mulching the grass clippings rather than removing them. Better yet, minimize the amount of green grass on your property by planting native plants, bushes and ground cover, or consider starting an organic vegetable garden in sunny areas where the grass currently grows. There's nothing better than fresh vegetables from a home garden.

3. Strive for bio-diversity.

Some say that diversity is the spice of life. That concept also applies to the natural selection of flora and fauna in our watershed. With the exception of invasive species it is generally a good idea to try different types of plants that are likely to thrive in our area. By trying different plants you can learn what works best and what takes the least amount of care and personal intervention on your part.

Links to websites for viewing and selecting native plants:
http://www.npsnj.org/pages/nativeplants_Plant_Lists.html
<https://www.wildflower.org/collections/collection.php?collection=NJ>

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Morning Exercise

CAROL MONTERO

Morning exercise continues in the Seckler Room three times a week on Monday, Wednesday and Friday mornings. Classes at 8 am will be different every day! Tae bo/pilates/yoga/ or weight-training with aerobics. Bring light weights and a mat if you have one.

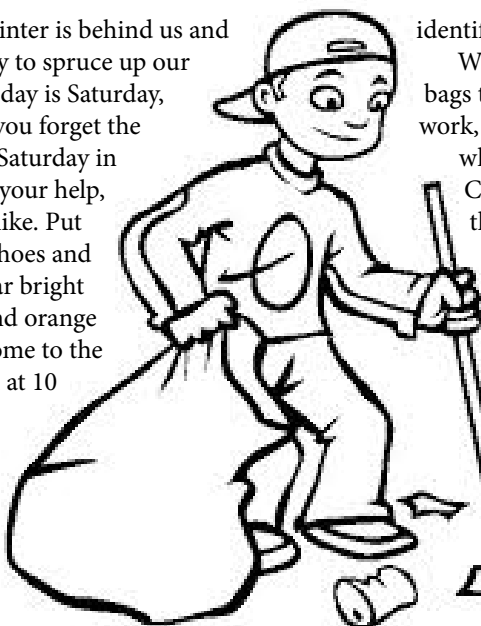


THE Highland Lakes Hiking Club
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Ecology Roadside Clean-up Saturday, April 25

CAROLE FORTENBACH, ECOLOGY COMMITTEE MEMBER

Our brutal winter is behind us and now we are ready to spruce up our roads. Clean-up day is Saturday, April 25 (and if you forget the date, it's the last Saturday in April). We need your help, young and old alike. Put on your sturdy shoes and work gloves, wear bright colors (yellow and orange are good) and come to the clubhouse porch at 10 am on Saturday, April 25. Before then, check the roadsides around the area where you live so we can



identify and clean the worst ones.

We will supply the garbage bags that you leave where you work, hence we need to know where you will be working. Complete directions will be at the clubhouse on the 25th. It is always great to see the many people who are willing to give their time and energy to our community. Thank you in advance. See you April 25 - 10 am until noon. If you have any questions, call Carol Fortenbach at 973-764-4659.

Hiking News

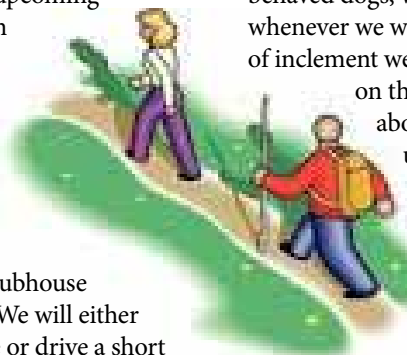
BOB TAFFER, CHRISTINE BILLACK

The Highland Lakes Hiking Club would like to extend an invitation to residents of all ages that enjoy hiking in the great outdoors to join us on one of our upcoming monthly hikes. We are an informal, friendly group who look forward to our moderate Sunday hikes along local trails, some of which offer spectacular, or at least picturesque, views.

Hikers will meet at clubhouse parking lot at 10:30 am. We will either walk from the clubhouse or drive a short distance to the starting point of the hike. It is important that each hiker brings water and lunch and wears appropriate hiking shoes. Most hikes will last an average of 4 - 5 hours, which includes waiting, lunch break and/

or driving time. Anyone capable of hiking at least 5 miles at a steady, moderate pace is welcome. Hikers may bring their well-behaved dogs, which must be on a leash whenever we walk on a roadway. In the case of inclement weather, including snow or ice on the ground, or temperatures above 90 degrees, we will be unable to hike. So, get those hiking boots out of the closet and join us for our next hike.

April 19 - Sitting Bear & Wingdam Trails - Approx. 4 mile easy hike in Wawayanda State Park starting at the Barry Lakes entrance, with one short, steep descent. For more information contact Bob Taffer, 973-764-7975 or Christine Billack, 973-764-1458.



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Sunfish SANJL Regatta May 16

SUE BURUCHIAN

I know it may seem hard to believe but in just one month, we will be hosting the SANJL Championship Sunfish Series Regatta at Highland Lakes. The water will surely be cool but then again, so are these sailors! For those HL participants it's time to dig out your boats, give them a wax and ready those sails. Registration will be available on the day of regatta. Specifics will be in the next Newsette and on the sailing bulletin board at the clubhouse. Any questions, call Buruchians #7420.

Lego Club Continues

MELISSA HARDIN, COORDINATOR, PLAYGROUP

Due to popular demand, the Lego Club is continuing until interest slows down. We will meet the 4th Tuesday of each month from 6 - 7 pm. The scheduled dates remaining are April 28 and May 26.





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Next Bunco - May 1

MARIAN BENEDICTO

Easy, no-brainer game - time to have fun! We meet the first Friday of the month at 7 pm in the Lake Room. Fun & laughs. Bring \$5, drinks & snacks. Come one, come all. Any questions call 973-764-7998.



Voting Board Approves Spring Road Paving

JACK MCLAUGHLIN, GENERAL MANAGER

Portions of the following roads will be paved this spring by TilCon of New Jersey: Acquanonk Road (Onteora Road to Snomokin Road), Alturas Road (Highland Lakes Road to Lakeside Drive West), Ames Road (Canistear Road to Diggles Place), Aniwa Road (complete), Aqueduct Road (complete), Biglow Lane (complete), Kewaunee Road (Onteora Road to Kenosha Road), Lakeside Drive West (Alturas Road to immediately south of Eckhart Sailing Center), Onteora Road (Acquanonk Road to Wenatchee Road), Rutherford Place (portion), Marsh Place South (Phillips Road to East Lakeshore Drive), Pocasset Road, Shawondasee Road (portion), Wiscasset Road (Waconia Road to Mohican Road).

This list includes roads scheduled for paving last fall that did not take place due to poor weather. The paving schedule will fall in the mid-May to mid-June period. **Please - pay attention to the NO PARKING signs which will be posted on these roads prohibiting daytime parking.**

The Mighty Seniors

JOYCE HEALY, PRESIDENT, SENIORS CLUB

Hi, everyone! What's up? How's it going? What's cookin'? Think I ran out of intros. I hope all of you "Lakers" are doing just fine, and I know we're ALL eagerly looking forward to S P R I N G. You golfing guys and gals are watching for green fairways, you fisher-folk are itching to break out the tackle and hit our beautiful lakes, and many of you joggers, hikers and strollers can't wait for pleasant weather to trek around the lakes and up and down the trails (although there are some VERY dedicated walkers in HL who, like the postal service, are undeterred by the weather). Have faith, be patient, the weather will be wonderful very soon.

I've been wondering if I could give you a lesson in geography (sorry, it's a teacher thing) and I decided it certainly can help us all keep mentally sharp or just be a simple way to amaze our friends with trivia!!! So, here it goes: Can you name the 50 states... in alphabetical order?? I'll give you some hints: There are 4 A's, 3 C's, 1 D, 1 F, 1 G, 1 H, 4 I's, 2 K's, 1 L, 8 M's, 8 N's, 3 O's, 1 P, 1 R,



2 S's, 2 T's, 1 U, 2 V's, 4 W's. Seriously, try it. Grab a sheet of paper and go for it! (I was bored sitting at the car dealership waiting for my car to have an oil change and decided to test myself). Now, don't feel badly if you can't get all 50 in one sitting...granted the 8 M's and 8 N's are the trickiest.

OK, how about this brain buster...can you name the 21 counties in New Jersey? Hah! I'll give you a hint for these, too: There are: 1 A, 2 B's, 3 C's, 1 E, 1 G, 2 H's, 4 M's, 1 O, 1 P, 3 S's, 1 U, 1 W. Ready, set, GO !!!!! Yes, of course I want you to try it in alpha order. When I see you at the April Clubhouse breakfast, tell me how you fared with these brain busters. (I actually test my memory skills every few days to see how fast I can jot down the 50 states and 21 counties. Hey, as I mentioned before, it can't hurt... my 92-yr. old auntie does word-search puzzles faster than me and she's sharp as a tack!)

So let me tell you about our Senior Club lunches. They've been well-attended and we enjoy getting together, getting out of the house and shootin' the breeze with each other once a

month. Come on out on Wednesday, April 15 at 12 noon... Lake Room. We'll celebrate spring. Jack and I will prepare something yummy for lunch and you'll be brought up to date on Senior Club activities. Did you know that this April luncheon will be the last one until October? May will roll around and we'll begin our evening meetings on May 12, TUESDAY at 7:00 pm in the Lake Room. That's all I'll tell you for now. You'll have to come to the meeting and find out the latest when you get there!

Thanks ever so much to the Senior Club guys and gals who volunteered at the Spring Craft Fair...you ROCK! We love volunteering when we can and no, we are NOT bummed-out being called 'seniors'. Getting older simply means we're LIVING LONGER! Right? Most of us are fully capable of joining in with different activities, volunteering at HL events, being as vital and necessary and needed by so many other people in and out of our families. You know what? WE ROCK! All the seniors! If you're 50 yrs. old or a bit more, what are you waiting for? We'd love to see you at a Mighty Senior meeting or event. If you need a ride to the clubhouse, call me... I'm here for you. Love ya, Joyce

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Get Rid of Bulky Waste Items in April

VERNON TOWNSHIP

The Clean Communities program will be hosting a bulky waste clean-up day on Saturday, April 25, 2015, at the DPW facility located on Riggs Way in Vernon Township from 8 am to 4 pm. This event is for Vernon Township residents only.

Bulky items that will be accepted include the following:

- tires
- furniture
- mattresses

- carpets
- appliances (stoves, washers/dryers, refrigerators, freezers, air conditioners, televisions)

Residents are allowed four tires per household that must be removed from rims. No truck tires will be accepted. No construction debris or hazardous waste type items will be accepted.

Brush will also be accepted at this time free of charge, however; it must be separated from bulky waste

items. Leaves will not be accepted. DPW employees will be available to assist residents. The cost is \$20.00 per residential vehicle load. Tickets may be purchased using cash or check and are available at the DPW office as well as during the event. Please bring proof of residency, such as a driver's license or utility bill for verification.

For any questions or further information, please contact the Vernon Township Department of Public Works at 973-764-3021.

Planning Committee Notes - March 11, 2015

LYN KAPLAN, CHAIRPERSON, PLANNING COMMITTEE

The primary focus of the committee at this time is the Community Plan, since it requires updating every five years and the last update was approved by Vernon in 2011. Discussion ensued as to the

usefulness and viability of this Plan because of a new member on the committee.

Although it had been noted before, the point was once again underscored that all Voting Board members should

have a copy of the Plan and should be encouraged to become familiar with it. Further discussion on the Plan will continue at upcoming meetings. The next meeting date for this committee is April 7.

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Next Newsette: May 2, 2015

Newsette articles should be submitted on the Friday before the week of publication. Under no circumstances will submissions be accepted after noon on Monday of the week of publication. Typed submissions must be emailed to the Club office at hlcc@warwick.net. Sorry – we can only print photographs submitted as .jpg files with a minimum of 150 dpi. Thanks!

We Get By With Help From Friends and Neighbors

NANCY EISENBERG, CO-CHAIRPERSON,
GOODWILL FUNDRAISING COMMITTEE

Efforts to raise money for the Goodwill Fund were supported in March when the Clubhouse Committee organized a craft fair. Thanks to their devoted work, over \$500 was raised to help eligible families in need. Events of this kind take planning, require volunteers on the day of the event, and need lots and lots of teamwork. Thanks are extended to all who participated in the event and all who attended. The Goodwill Fundraising Committee is grateful to the Clubhouse Committee for their devotion and hard work.

It's never too late to be a part of our fundraising efforts. Individuals are encouraged to send a few extra dollars in with their membership dues to help struggling families. You can join other community members by adding your message to the Path to Goodwill, which is growing steadily, brick by brick. All that you need to do to get your message inscribed in stone is to complete the application form (you can download it from our website or pick it up at the Club office) and deliver it and your check back to the office.

And finally, there's our ever-popular community yard sale, which is scheduled to take place on July 19. Save the date and start cleaning out those closets, basements and garages. What you no longer have a need for may be just the thing your neighbor is after!

Team Tennis 2015

CATHY TANSEY, COORDINATOR, TEAM TENNIS

The weather is warming up. Spring is here; dust off those tennis racquets; dig those team tennis shirts out of the laundry; it's happening again. Many of the same people are still involved and many new people have also joined us.

We will meet on Saturday mornings starting Memorial Day weekend, May 23 from 9 am to 11 am. Come one, come all. The matches are based on the number of people who show up. We have a fun time. All levels of play are invited and we welcome players new, old, good, great and even not so good.

Come on down on Saturdays for some good tennis and social fun. Any questions, please call Cathy at 3174 or see her at the courts.



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St. Patrick's Family Dinner

CAMILLE SPINELLA

Irish eyes were definitely smiling when our guests filled their plates with Irish classics at our St. Patrick's Family Dinner! Our "Irish Iron Chefs" proved another outstanding menu of: corned beef, cabbage, red potatoes, shepherd's pie, chicken pot pie, our famous grilled Rueben sandwiches, hot dogs, iced tea, lemonade, and our extended dessert-to-share table! DJ Mark was busy with Irish Tunes to keep our smiles wide!

Standing ovation to our "Irish Iron Chefs": John Mc Donald, Neal Skyta, Kevin Mc Kenna, and Thomas Pinand. Thank you so much for a delicious dinner! Applause to our support team and servers; Mary Mc Kenna, "Miss Brittany", Terry Mc Donald, Mia Pinand, and Barbara Etzle! Also thanks to Barb Etzle for keeping our schedule "on time"! Ladies in the office: Roe, Pat, and Priscilla, without you we couldn't have had this gala! Thank you one and all!

If you weren't at our St. Patrick's Family Dinner, you certainly missed a great time and delicious menu!

Vernon Township Woman's Club Learns About Black Bears



Vernon Township Woman's Club members Barbara Fimia (left) and Debra Piccirillo examine a bear pelt during a presentation about black bears.

Members of the GFWC Vernon Township Woman's Club were surprised to discover how much they didn't know about black bears. During a presentation at a recent meeting in the Vernon Senior Citizens' Center, Tom Card, an environmental educator at the New Jersey School of Conservation, discussed the life cycle, eating habits and common behaviors of one of New Jersey's largest wildlife creatures. He explained that black bears are characteristically lazy creatures in search of an easy meal, which is why they take advantage of dumpsters or rabbit cages.

While club members guessed that the greatest amount of protein in a bear's diet comes from fish, Card said the most common source is actually insects that they dig up using their front claws.

When asked how people should react if they encounter a black bear, Card explained that it is important to make yourself seem larger than the bear by raising your arms and to speak in a human voice. To discourage the bear from approaching you, the best course of action is to talk loudly and back away; never make animal sounds or turn and run away. It is unwise to play dead because in their quest for an easy meal, bears will eat dead things. Watch for signs that the bear's stress level is increasing, such as jumping on its front legs or swaying from side to side. A bear will also begin a "false charge" in an attempt to frighten off a threat.

The Vernon Township Woman's Club is dedicated to helping those in need with a variety of community service and philanthropic activities. The club meets monthly from September through June; membership is open to women of all ages. For more information, contact Elaine at 973-853-9053.