



The Highland Lakes Newsette

A publication of Highland Lakes Country Club and Community Association at Highland Lakes, New Jersey © 2014

"All the News That Fits We Print"



Volume 2014 | Issue Number 4 | Saturday, May 3, 2014

Going Green (Good or Bad)

BOB REFFELT, CHAIRPERSON, ECOLOGY COMMITTEE

This is that wonderful time of the year when gray and brown colors in our yards start turning green, my favorite color -- except when it describes the appearance of our lakes. Now that the ice is finally gone our lakes are crystal clear, but in a short time nutrients that continually flow into the lakes will encourage growth of aquatic vegetation and algae. The club spends a lot of time and money to counteract the greening of our lakes. Let's all help to minimize this phenomenon by practicing common sense measures in our yards.

Minimize Green Lawns and Use Native Plants

Lawn chemicals seep into our watershed and eventually into the lakes. This is especially true if your property slopes into a lake, stream or wetland. New Jersey recently passed a law that prohibits the use of phosphorous (P) in lawn fertilizers, but fertilizers still contain a large percentage of nitrogen (N), the main greening element. Reduce your use of chemical fertilizers by leaving your grass clippings on the lawn after mowing. Nutrients in decayed clippings will help nourish the lawn. An even better alternative is to reduce the size of your lawn by replacing sections, especially along the water's edge, with native plants that absorb nutrients which otherwise would flow off the lawn into the lake. An added benefit: Native plants will make it less desirable for geese to invade your property since grass is their favorite food. Their fecal droppings are a major source of water pollution and nutrient loading. A sign showing photos of some native plants will be posted at the clubhouse in the near future. Become familiar with these natives: (http://www.wildflower.org/collections/printable_QR_main.php?collection=NJ).

Start Composting

If you want to grow your own



Compost Pile

vegetables and/or flowers, the best way to nourish them is with compost. A compost pile consists of alternating green and brown layers of yard waste supplemented by water and optionally manure from herbivorous animals. Grass clippings, twigs, leaves, coffee grounds, vegetable / fruit table scraps, and limestone can be added to the compost, and in time the decayed matter becomes an excellent garden soil additive. Be sure to locate your garden and compost pile as far away from the waterfront as possible and never blow or dump leaves and grass clippings into the lakes, streams or wetlands. Learn how to start and maintain a compost heap: (http://eartheasy.com/grow_compost.html).

Avoid the Indiscriminate Use of Herbicides and Pesticides

Think before you spray. We have a wide variety of plants, insects and animals some of which are viewed as undesirable and others which are essential for the future of the planet. Some, like bees and bats, seem to fit both categories and are in increasingly short supply. A common approach is to indiscriminately use a general purpose herbicide or pesticide to control the "undesirables" but this often results in the removal of the "desirables" as well. Nobody wants to be stung by a wasp, hornet, or bee, but without honey bees, flowers and

vegetables would cease to reproduce. Some insects help control other insects. For instance, ladybugs feed on aphids which damage vegetable crops. Using pesticides around the house to get rid of ants and spiders often kills ladybugs too, leaving aphids to feast undeterred. I'm old enough to remember when trucks drove around the area spraying DDT to control mosquitoes. This pesticide almost eliminated the population of eagles and other birds of prey. Want to reduce the mosquito population this summer? Install a bat house on the perimeter of your property. Bats love mosquitoes!

Choose your plants wisely

I have been told by professionals that there is no plant that is 100% deer resistant. If they are hungry enough, deer will eat anything that grows, but there are a few plants that are less susceptible to the deer population's seemingly relentless foraging. Consider deer resistant plants: (<http://njaes.rutgers.edu/deerresistance/>) when you work in your yard this year. I have yet to see a deer eat boxwoods or daffodils, but tulips and hostas are among their favorites.

The Ecology Committee is here to help club members make personal decisions that help sustain our natural environment. We don't have all the answers, but we will do our best to find them whenever you ask.



Hostas (Deer Food)



Trumpet Creeper (Native)

From the President's Desk

BOB HUGHES, PRESIDENT

There was no new business on the Voting Board's agenda for the regular April meeting. For our May 7 workshop the Voting Board is looking forward to presentations by the Ecology Committee and the Boat/Dock Committee. All members are encouraged to attend the workshop and the regular monthly meeting on May 16.

Our thanks go out to all of our volunteers who helped with the Roadside Clean-up Day on Saturday, April 26. The weather forecast for the week of April 28 was unfavorable for road sweeping. Therefore, sweeping will start on Monday, May 5 and continue for approximately two weeks. 2014 Permits, Badges, and Membership Cards are ready for pick-up at the clubhouse.

Enjoy May!

Upcoming Events

May 25

Clubhouse Breakfast

May 26

Memorial Day Ceremony

May 26

All Class Spring Fun Race



Upcoming Meetings

Building and Grounds - Monday, May 19 – 7:30 pm
 Clubhouse - Wednesday, May 21 – 7:30 pm
 Ecology - Thursday, May 8 – 7 pm
 Fishing - Thursday, May 8 – 8 pm
 Planning - Tuesday, June 3 – 7:30 pm
 Roads - Thursday, June 5 – 7:30 pm
 Voting Board Workshop - Wednesday, May 7 – 8 pm

Voting Board Meeting - Friday, May 16 – 8 pm
 Annual Meeting - Sunday, August 17 – 2 pm

Since all meetings are subject to change, please verify meeting times by contacting the chairperson of the committee or the Club office prior to the meeting time.

2014 Badges and Permits

Now Available for Pickup

Members who have paid their dues and assessments in full can pick up their 2014 membership badges and permits at the Club Office. Office hours are Monday through Friday, 9:00 am to 4:00 pm, and on Saturday, from 10:00 am to 1:00 pm.

Please pay particular attention to the emergency information section on your badge pick-up form. Having emergency contacts and telephone numbers on file at the Club Office makes it much easier to contact you in an emergency.

Please note that the Club's name has been eliminated from this year's parking permit after comments were received from some members concerned that the permit disclosed where they and their children lived. The Voting Board will appreciate your comments about this change.

Lastly, please take time to review the license plate numbers listed on your form. Your vehicles may have changed, and parking permits are valid only for those vehicles listed in the records at the Club Office. If you have replaced any vehicles, please bring copies of the appropriate vehicle registrations.



Your Septic, Grease & Drain Service Experts!

Residential & Commercial Services
 Pumping – Repairs – Inspections – Installs
 Available 24/7 All Year Round
 Highly Trained Technicians
 Community Discounts Offered

800-428-6166
www.earthcare.us

\$20.00 OFF
Septic Pumping Service
OR
Book with a Neighbor & each get a
FREE year supply of Bacteria Additives

Coupon Code: HILA14

Highland Lakes C.C.
**CLUBHOUSE
 BREAKFAST**

**\$7
 ADULTS**  **\$3
 KIDS
 UNDER 12**

Sunday, May 25th
9:00-11:30am

ALL-YOU-CAN-EAT BUFFET

offering

PANCAKES • FRENCH
 TOAST • SCRAMBLED EGGS •
 BACON • SAUSAGE • HOME FRIES
 RUSS' FAMOUS
 BISCUITS & GRAVY
 ORANGE JUICE,
 COFFEE & TEA

Hosted by
The Clubhouse Committee
VOLUNTEERS WELCOME!



Eastern Teaberry (Native)

Save the Date
Saturday, July 19, 2014
HL Community Yard Sale

Highland Lakes 5 and Under Playgroup – May

MELISSA HARDIN, COORDINATOR, PLAYGROUP 973-764-1433
RENEE ARIAS, ASST. COORDINATOR, PLAYGROUP 973-764-0079

You know what they say, April showers bring May flow-ers!

Bring your little one down to the Clubhouse every Wednesday and Friday for some 5 and younger fun! Playgroup is discovering Animals and Bugs for the month of May. Each month will have a different theme.

Each week we will meet from 10:00am-12:00pm on Wednesday’s and Friday’s.

Schedule on Wednesdays at the Clubhouse:
10:00-10:30 Arrival and Free Play
10:30-11:15 Hands on Activity (Craft, Baking, Painting, etc.)



May 2014

Highland Lakes Happenings

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|------------------------------|---|---|---|---|---|---|---|--|---|---|---|---|---|--|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|--|--|--|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|--|--|--|--|--|--|---|--|--|
| <div><div>Apr 2014</div><table><tr><th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th></tr><tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td></td></tr><tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr><tr><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr><tr><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr><tr><td>27</td><td>28</td><td>29</td><td>30</td><td></td><td></td><td></td></tr></table></div> <div><div>Jun 2014</div><table><tr><th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th></tr><tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr><tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr><tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr><tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr><tr><td>29</td><td>30</td><td></td><td></td><td></td><td></td><td></td></tr></table></div> | | | S | M | T | W | T | F | S | | 1 | 2 | 3 | 4 | 5 | | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | | | | S | M | T | W | T | F | S | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | | | | | | | 1 1:00 PM Bridge 7:30 PM Road Committee | 2 8:00 AM Exercise 10:00 AM Play Group 7:00 PM Cards 7:00 PM Bunco | 3 Private Party Rental Boat & Dock Committee |
| S | M | T | W | T | F | S | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 27 | 28 | 29 | 30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| S | M | T | W | T | F | S | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 29 | 30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4 | 5 8:00 AM Exercise 1:00 PM Bridge 6:00 PM Girl Scouts 7:00 PM Knitters 7:30 PM Ceramics | 6 6:15 PM Cub Scouts | 7 8:00 AM Exercise 10:00 AM Play Group 6:30 PM Cub Scouts 8:00 PM Voting Board Workshop | 8 1:00 PM Bridge 7:00 PM Ecology Committee 8:00 PM Fishing Committee | 9 8:00 AM Exercise 10:00 AM Play Group 6:00 PM Boy Scouts 7:00 PM Cards | 10 Private Party Rental | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 11 | 12 8:00 AM Exercise 1:00 PM Bridge 6:00 PM Girl Scouts 7:30 PM Ceramics | 13 7:00 PM Senior Meeting | 14 8:00 AM Exercise 10:00 AM Play Group | 15 1:00 PM Bridge | 16 8:00 AM Exercise 10:00 AM Play Group 7:00 PM Cards 8:00 PM Voting Board Mtg. | 17 8:00 PM Lakeside Cafe Red Hats | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 18 11:00 AM Boat Retrieval | 19 8:00 AM Exercise 1:00 PM Bridge 6:00 PM Girl Scouts 7:00 PM Knitters 7:30 PM Ceramics 7:30 PM Bldgs. & Grounds | 20 6:15 PM Cub Scouts | 21 8:00 AM Exercise 10:00 AM Play Group 6:30 PM Cub Scouts 7:30 PM Clubhouse Committee | 22 1:00 PM Bridge | 23 8:00 AM Exercise 10:00 AM Play Group 7:00 PM Cards | 24 11:00 AM CPR Recert. | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 25 9:00 AM Clubhouse Breakfast 11:00 AM CPR Review | 26 8:00 AM Exercise 11:00 AM Memorial Day Ceremony 1:00 PM Bridge 2:30 PM All Class Spring Fun Race 7:30 PM Ceramics | 27 7:00 PM Senior Mtg. | 28 8:00 AM Exercise 10:00 AM Play Group | 29 1:00 PM Bridge | 30 8:00 AM Exercise 10:00 AM Play Group 7:00 PM Cards Private Party Rental | 31 Private Party Rental CPR Recert. | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

11:15-11:30 Snack Time
11:30-12:00 Group Activity
On Friday’s we will meet at different local places out-doors and do activities. If it is raining we will meet at the Clubhouse. Please come to Playgroup to check out our outings.
We look forward to seeing you!

WANTED Clubhouse Party Photos

CAROL HASTIE, CHAIRPERSON, CLUBHOUSE COMMITTEE

Over the years we have had many rentals in the club-house for weddings, showers, and parties of all kinds. I am putting together a photo album of pictures showing how it was decorated. If you rented the clubhouse and took pictures, PLEASE can I borrow your pictures of how it was decorated?

There have been so many creative and beautiful ideas. I would like to have an “idea” book for future renters. They can be left at the office in an envelope with my name on it. Thank you for your help.

Family Day

We are changing to Sunday, August 3 for Family Day this year with a rain date of Saturday, August 9.
Volunteers are needed for this day chock full of fun events.

Message to all Returning Lifeguards

PETE JABLONSKI, WATER SAFETY DIRECTOR

Lifeguards data forms should have already been returned. If for some reason you did not get your mailing or were recently certified and wish to apply for the 2014 season, you can request an application by contacting the Highland Lakes Club Office, PO Box 578, Highland Lakes, NJ 07422 or by calling (973) 764-4366.

Preseason schedules will be mailed out shortly. Preseason work will be distributed evenly to those who are interested beginning with senior guards getting first choice. This does not mean that only senior guards will work preseason.

If you should have any questions or concerns please leave your name and phone number with the Club Office and I will return your call. Thank you.

Swim Lesson Sign Ups

PETE JABLONSKI, WATER SAFETY DIRECTOR

Sign ups will be held Saturday and Sunday of Memorial Day Weekend at the Clubhouse from 10 am to 4 pm. An instructor will be there to answer any questions you may have. Beginning the first week in June, the swim lesson registration form will be available in the Clubhouse for you to fill out for your child/children. You will be notified by mail as to the assigned swim lesson time and location. Lessons will begin Monday, July 7.

Youth Ecology Stewards Wanted!

BOB REFFELT, CHAIRPERSON, ECOLOGY COMMITTEE

The Ecology Committee will be starting a new program this year to enlist Youth Ecology Stewards (YES) volunteers to help maintain and improve the quality and sustainability of Highland Lakes forests and lakes. If you are a teen, a tween, a college age person, or the parent/grandparent of a young person(s), and are interested in the future of our local environment, please consider attending our next Ecology Committee meeting scheduled for May 8, 2014 at 7 pm in the Lake Room. We have a diverse list of environmental projects for which younger people with curious minds and younger/stronger bodies can be of great assistance. This is an opportunity to observe, learn about and serve nature in this wonderful community. If you are interested, but can't make our monthly meetings held every second Thursday, please call me at 973 764-6869 for more details.

HLCC Knit Night

PAULA SCHRINER 973-764-5817

Highland Lakes members, please come down to the Clubhouse Lake Room for knit night! Join other needle crafters—although most of us knit, any needle crafter is welcome.

Where: The Lake Room

When: 7 pm - 8:30 pm (ish...we have so much fun, we lose track of time!) every other Monday evening except on holidays or if otherwise noted. The dates for the upcoming months are: May 5 & 19, and June 2, 16 and 30.

Want to learn to knit? No time like the present! Don't know what to bring? To get started, pick out a skein of yarn that you like the color and feel of, and make sure it's relatively smooth (not too nubby or furry, at least at first).

Pick out a pair of straight needles; try a size 6 or 7. You don't need anything fancy to get started—you can get these

materials at stores like Walmart or AC Moore.

Refreshments are provided. Please call Paula Schriener at 973-764-5817 for more information.



(973) 702-7021
(845) 986-9080



Fax (973) 764-9082

ENVIRONMENTAL SERVICES INC.

PO Box 801 • Vernon • New Jersey 07462
www.aboveenvironmental.com

Thomas Bove

Tank Removal & Installation • Site Investigation
Soil & Groundwater Remediation

Deer Ticks and Lyme Disease

BOB REFFELT, CHAIRPERSON, ECOLOGY COMMITTEE



Adult deer ticks are active now, and if one bites you, you may get Lyme disease. Last year a deer tick that carried the bacteria bit me, but I never noticed the tick nor any marks on my body. More often than not you will notice some sort of inflammation or rash where the tick has bitten you. Several months after the apparent bite I started to experience a variety of unpleasant symptoms. The doctor suggested I have a blood test and sure enough I tested positive for Lyme disease. I took antibiotics for a month and it appears that the symptoms are gone (for now). The following questions and answers are provided for your review of this health hazard, which is quite prevalent in this part of NJ. For more information please check out this link: <http://www.health.ny.gov/publications/2825/>

What is Lyme Disease?

Bacteria transmitted by the deer tick cause Lyme disease. Lyme disease may cause symptoms affecting the skin, nervous system, heart and/or joints of an individual.

Who gets Lyme disease?

Lyme disease can affect people of any age. People who spend time in grassy and wooded environments are at an increased risk of exposure. Ticks can be active any time the temperature is above freezing.

How is Lyme disease transmitted?

Not all deer ticks are infected with the bacteria that cause Lyme disease. The disease can be spread when an infected tick bites a person and stays attached for a period of time. In most cases, the tick must be attached for 36 hours or more before the bacteria can be transmitted. Lyme disease does not spread from one person to another.

What are the symptoms of Lyme disease?

In 60-80 percent of cases, a rash resembling a bull's eye or solid patch, about two inches in diameter, appears and expands around or near the site of the bite. Sometimes, multiple rash sites appear. One or more of the following symptoms usually marks the early stage of Lyme disease: chills and fever, headache, fatigue, stiff neck, muscle and/or joint pain, and swollen glands. If Lyme disease is unrecognized or untreated in the early stage, more severe symptoms may occur. As the disease progresses, severe fatigue, a stiff aching neck, and tingling or numbness in the arms and legs, or facial paralysis can occur. The most severe symptoms of Lyme disease may not appear until weeks, months or years after the tick bite. These can include severe headaches, painful arthritis, swelling of the joints, and heart and central nervous system problems.

When do symptoms appear?

Early symptoms usually appear within three to 30 days after the bite of an infected tick.

Does past infection with Lyme disease make a person immune?

Lyme disease is a bacterial infection. Even if successfully treated, a person may become re-infected if bitten later by another infected tick.

What is the treatment for Lyme disease?

Early treatment of Lyme disease involves antibiotics and almost always results in a full cure. However, the chances of a complete cure decrease if treatment is delayed.

What can I do to prevent Lyme disease?

Deer ticks live in shady, moist areas at ground level. They will cling to tall grass, brush and shrubs. They also live in lawns and gardens, especially at the edges of woods and around old stone walls. In tick-infested areas, your best protection is to avoid contact with soil, leaf litter and vegetation. However, if you garden, hike, camp, hunt, work, or otherwise spend time in the outdoors, you can still protect yourself:

Wear light-colored clothing with a tight weave to spot ticks easily.

Wear enclosed shoes, long pants and a long-sleeved shirt. Tuck pant legs into socks or boots and shirt into pants.

Check clothes and any exposed skin frequently for ticks while outdoors and check again once indoors.

Consider using insect repellent.

Stay on cleared, well-traveled trails. Avoid contacting vegetation.

Avoid sitting directly on the ground or on stone walls.

Keep long hair tied back, especially when gardening.

Service that doesn't



Drop
With
The

Temperature!

Service You Deserve!

ask for

John Roberts
(973) 827-2772

www.fredericksfuel.com

FREDERICKS FUEL
and Heating Service *est. 1878*

P.O. Box 448 • Oak Ridge, NJ 07438

Monday Night Adult Ceramics

ANGELA ABRAMS 973-764-3498
KATHY STRUBE 973-764-4210

The snow has finally melted and soon the flowers will be popping through the ground and covering our community with beautiful colors. You can add to this beauty by creating your own garden of crockery, inspired by nothing but your imagination.

What... you say you have no artistic talent, you have no brushes and no paint? You can't use these statements as excuses. Our instructor, Mary, supplies the brushes and paint. She also supplies a collection of bisque for purchase. Her vast knowledge, accumulated over the years, will help you create colorful wares.

All adult members in good standing are welcome. Young people ages 8 to 15 are also welcome, if accompanied by an adult member. And as with all Highland Lakes activities.... please wear your badges.

So come down at 7:30, sit down, and enjoy creating your own masterpiece!!!!



Morning Exercise

CAROL MONTERO 973-764-5701

Come join us at the Highland Lakes Country Club in the Seckler Room for morning exercise. We will meet three times a week on Monday, Wednesday and Friday mornings.

Classes at 8 am will be different every day! Tae bo/pilates/yoga/ or weight-training with aerobics.

Bring light weights and a mat if you have one.



Highland Hatters' Tea Party

PAT WOOTTON, QUEEN

April 19 found eight of us visiting Charlotte's Tea Room located in Warwick, NY. We were outfitted for spring in our finest red and purple attire. We were served tea, scones, and delicious finger sandwiches on lovely china. And, naturally, dessert was not to be declined! We were happy to welcome Mary D. and Doris back from Florida, and our Theresa made the trip from Brooklyn! Our usual chatter kept us busy, and discussion took place on some upcoming events. Thank you, Donna, for organizing this relaxing afternoon. Kudos to our drivers, Donna and Cathy. Tea sippers included: Donna Beebe, Marian Benedicto, Irene Boeren, Theresa Deady, Doris Dolan, Mary Duthaler, Cathy Tansey, and myself.

We generally meet every third Saturday, so why not join us? Contact any member, or myself, Queen Pat 973-764-3749 for information.



Community Yard Sale July 19

SUE ROSS, COMMITTEE MEMBER, GOODWILL FUNDRAISING

Springtime brings with it the urge to get things organized and straightened up. For many this is the time of year when unused items in closets, basements, attics and sheds are given a discerning look. Maybe it's time to get rid of the stuff in your house and yard that you or your kids have outgrown or just never use.

As the Goodwill Fundraising Committee prepares for another Community Yard Sale, let us suggest that you DON'T throw anything away just yet. Instead, set it aside and plan to bring it down to the clubhouse on Friday, July 18. We will take most household items in good working order and sell them at yard sale prices the following day.

We'll take small appliances, bric-a-brac, household items (dishes, glasses, mugs), lamps, holiday items and decorations, linens (comforters, sheets, tablecloths, placemats, napkins, etc.), tools, books, DVDs, CDs, stationary, electronic games, small electronics, toys, puzzles, games, sports equipment, bikes, miscellaneous household items including small furniture, jewelry, handbags/totes/backpacks/umbrellas, luggage with working wheels, fabrics/notions/wool, craft and art materials, garden items, pictures, frames, Highland Lakes memorabilia, etc. The very little that we cannot accept includes: clothing, computers, televisions, car seats, cribs, items that have been recalled, luggage without wheels, stuffed animals, exercise equipment or VHS tapes. As always the opportunity to rent table space is available to those who wish to sell their own items privately.

The Community Yard Sale on Saturday, July 19 is a rain-or-shine event and one that always receives a huge turnout. Start preparing for it today by putting aside those long lost treasures.

The Goodwill Fund is a fund that was started in 2005 to help people in our community who were facing financial hardships due to a catastrophic event or series of smaller events that have made life very difficult. Every year members of the community have the opportunity to donate money to this Fund through private donations or through participation in a variety of fundraising activities, like the Community Yard Sale. The money raised in this way is dedicated to the Fund and can only be used to help members in good standing pay their mandatory annual Club dues and assessments or some portion of those fees.

L K MAGEE ARCHITECTURE + DESIGN

Licensed Architect: NY, NJ, PA

www.LKMaggee.com

design@LKMaggee.com (845) 772-3048

Based in Highland Lakes, NJ, we specialize in new homes, renovations and additions. Our client-focused approach ensures creative solutions for projects of all scopes and sizes.

HIGHLAND LAKES C.C.
SEPTIC TANK PUMPING DISCOUNT PROGRAM
STINKY PETE SAYS
"IT'S NOT JUST A GREAT IDEA & VALUE..."



IT'S YOUR DOODIE!"
DETAILS AT HLCC.ORG
— SPONSORED BY THE —
HLCC ECOLOGY COMMITTEE



MARK LINDSAY AND SON
PLUMBING & HEATING, INC.
WELL PUMPS & WATER TREATMENT
AIR CONDITIONING · DRAIN CLEANING
(973) 728-8900
Serving N.J. for over 40 years!
www.marklindsayplumbing.com
info@marklindsayplumbing.com
"Our Reputation is your Guarantee"
NJ PUMP LIC. #2709 | CL. #13VH00523400 | NJ ST.#8100

Vernon Electrical Supply, Inc.

9 Church Street, Vernon, NJ 07462

973-764-1044

Monday - Friday 7 am - 5 pm

Saturday 9 am - 12 pm

WE DELIVER

LIGHT BULBS to GENERATORS

Wholesale-Retail



**GO-GREEN
PEST SOLUTIONS**
973-764-5332

Tom Watson

Residential Services - Gutter Cleaning
Commercial Services - Nuisance Wildlife Control

www.gogreenpestsolutions.com License #90321B





Highlands State Bank®

www.HighlandsStateBank.com


VERNON
310 Route 94
973-764-3200

SPARTA
351 & 31 Sparta Ave
973-726-8294






Our local brown bat population has been decimated by the White Nose Syndrome.



WARREN W. CONSTRUCTION, L.L.C.

RENOVATIONS
CUSTOM CARPENTRY & DESIGN
EXCAVATIONS
DECKS & DOCKS
ALL ASPECTS OF CONSTRUCTION
WORKERS COMP & LIABILITY

WARREN WALDRON JR.
973-534-9507



Building Dreams

License # 13VH01699300

Design


Design is critical in planning the space and efficiently utilizing your resources. Should a wall be moved a foot, thus making one room larger and the other smaller? Don't limit your solution to the existing shape of the house.

People find it extremely helpful to review magazines and websites, clipping photographs of houses, windows, furniture, etc. Try www.HGTV.com or www.HOUZZ.com. These ideas will help define the 'look' and feel of your home.

Throughout the project, there will be a multitude of decisions. There are a number of professionals available to help you. If you are selecting paint colors or wall coverings, paint stores will prove useful. If you are considering furniture, floor and window treatments, talk with an interior designer. If you are thinking of moving walls or adding space, talk with an architect.

In some cases owners can prepare and submit their own drawings for a permit. Otherwise the drawings must be prepared and sealed by a licensed New Jersey architect. The architect can guide you through the process of budget, function, and design; helping you achieve a cost effective solution that you can enjoy for a life time.

Jim Schriner, Licensed Architect
(973) 764-5817
1110 Lakeside Drive East
(brown house across from Beach 3)



HIGHLAND ARCHITECTURAL DESIGN, LLC
jim@highlandarchitectural.com www.highlandarchitectural.com

Ecology Clean-up Day

CAROLE FORTENBACH, COMMITTEE MEMBER

A brisk 52-degree but rain-free morning greeted 41 volunteers who gave their time and energy to help clean-up our roadsides. The usual glass, styrofoam, metal, paper cups, plastic bags, etc. were picked up along with a complete book of unused checks, a broken but full width automobile grill and many small "one shot" vodka, whiskey, rum, etc. bottles. There were some large pieces of wood, metal, pipes, etc. but on a whole, fewer large items than in years past -- are we making a dent?

The Ecology Committee thanks the following individuals and if you know any of them, give them a high-five and a thank you for their work. What they have done benefits everyone.

| | | |
|-----------------|------------------|-----------------|
| Barbara Jaggi | Jacintha Guerico | Kathleen Spoerl |
| Terry Healey | Chris Kaas | Russ Strube |
| Ana Loibl | Gail Morton | Bob Reffelt |
| Gloria Williams | Brian Morton | Paula Walk |
| Jo Von Essen | Chris Alber | Murt Meltzer |
| Clem Daly | Jack Alber | Larry Meltzer |
| Ray Cassetta | Anna Maria | Diana Antonini |
| Joseph Gummere | Garzilli | Ashley Antonini |
| Judy Fortenbach | Annie Garzilli | Matthew |
| Ray Sperber | Sebastian Grau | Antonini |
| Clark Beebe | Jana Randazzo | Frank Henninger |
| Laura Mulcahy | Steve Randazzo | Dot Henninger |
| Tom Mulcahy | Randy Staley | Carole |
| Janet Redyke | Louise Staley | Fortenbach |
| Mary Kessler | Rich Spoerl | |

THE MIGHTY SENIORS

JOYCE HEALY

Heigh-ho, everyone. (Take a guess when ‘heigh-ho’ was in vogue • ans.later). “Hope all is well with you. A ‘matching quiz’ is a different tack for my article, so, here goes ... T-Shirt sayings:

1. It was Me ...

2. Dads know a lot, but ...

3. Prayer ...

4. It’s been lovely, but ...

5. Life is better ...

6. Wine improves with age ...

7. Inside every older person ...

8.Gardening ...

9. Life is uncertain, so ...
- A. eat dessert first

B. I improve with wine.

C. at the lake.

D. cheaper than therapy.

E. Grandpas know everything.

F. I want to scream now

G. I let the dogs out!

H. The world’s greatest wireless connection.

I. is a younger person saying what the — happened?????

So, how’d you do? Answers? Keep reading.
Our March & April lunches? Both well attended. Our reg. evening meetings start Tues., May 13 @ 7 pm (Lake Room). We’ll welcome home all our snowbirds, collect \$10 dues for the year, give you some event dates & enjoy coffee. Meetings are held the 2nd & 4th Tues. of the month @ 7:00pm. If you’re 50 + yrs. young, come on down!
Be there for our Memorial Day Ceremony on Monday, May 26th @ 11:00 am. ALL Highland Lakes residents & family are invited to the Clubhouse lawn for our salute to the military. An All-American lunch will follow in the Lake Room for \$3.50 per person (kids under 10 . .,free). All invited for Hot dogs, potato salad, baked beans, desserts, beverages!! This is a Senior Group hosted event for all of Highland lakes.
The next day, Tues., May 27th 7:00 pm meeting. Kick off summer at HL with us in a big way! ANSWERS: (Heigh-ho ... 1944-1945. Quiz: I-G, 2-E 3-H,4-F, 5-C, 6-B, 7-I, 8-D,9-A.
‘Need a hand with something, need a ride? Call me. Love ya, Joyce H.

Newsette Article Submissions

COMMUNICATIONS COMMITTEE

If you want to submit an article to be published in an upcoming issue of the Newsette, please adhere to the following rules:
Feature articles should be 400-600 words and must include a headline, subheads (where necessary) and an author byline. (Your computer’s word processing application likely keeps a running word count, but if you don’t know how or where to find it, please refer to the Help tool within that application. To manually calculate the approximate word count for your article, count the number of words in a single paragraph and divide that number by the number of lines in the paragraph to determine the average number of words per line, then multiply that number by the total number of lines in your article.)
All other submissions (including committee meetings, club events, activities, and miscellaneous news) should be 150 words or less, and must include a headline and an author byline.
All submissions must be sent via email to hlcc@warwick.net. The Newsette is published on Saturdays, and every effort must be made for articles to be submitted on the Friday before the week of publication. Under no circumstances will submissions be accepted after noon on Monday. The Newsette is published on the first Saturday of each month (see the production schedule at <http://hlcc.org/about-hlcc/newsette-archive/newsette-production-schedule/>). If you do not have access to a computer and/ or the internet, it is your responsibility to coordinate with someone else on your committee or within your group for assistance. Articles can be typed in the body of the email, or submitted as a Microsoft Word attachment. Articles that aren’t submitted via email won’t be accepted.
The minimum requirement for photos and other artwork is 150 dpi, and all photos and artwork must be submitted electronically. (Historical photos must be scanned so that files can be submitted electronically.) Please attach photos and artwork to the email with the article submission

to keep things organized. If you use Microsoft Word, etc. to prepare your articles, please do not insert pictures in the article but indicate where placement should be. The article and related pictures should be attached separately to the email.

H.L.C.C. PRESENTS

AT THE

OPEN MIC

Lakeside

CAFÉ

THANK YOU BEARY MUCH!

LIVE MUSIC! PERFORMERS WANTED!

★ Third Saturday of Every Month ★

NEXT SHOW: SATURDAY, MAY 17TH

SIGN-UP 7:00PM • SHOWTIME 8:00PM

THE LAKEROOM HLCC CLUBHOUSE

SINCE 1997

Planning Committee Notes

LYN KAPLAN, CHAIRPERSON, PLANNING COMMITTEE

A range of topics was discussed. The first was the new Newsette article stipulations. Next was how to deal with the Communication Committee’s (CC) request for a review of the Planning Committee’s prior suggestions regarding the marketing of Highland Lakes. A list is being prepared and will be sent to the CC.
The questionnaire which will ultimately be sent to the Voting Board concerning governance was reviewed and some changes were made. This will be finalized and sent on, as per the Board’s request for a concrete document they could use as a springboard for their own discussion.
A number of other thoughts were expressed and noted, to be dealt with at future meetings.
One of this committee’s long-standing members, Paul Peters, announced that he will be leaving, as he and his wife are moving to Delaware. We will miss Paul and his vast store of knowledge about the Club. We wish him all the best of luck and much enjoyment in his new life!
Please note that the next meeting date will be April 29, instead of the scheduled date of May 6.



NORTH JERSEY PUMP COMPANY INC
WATER WELL PUMPS* SEWAGE PUMPS*
TANK INSTALLATIONS * REPAIRS OR SERVICE *
ALL MAJOR BRANDS * 24HR EMERGENCY SERVICE
50 YEARS EXPERIENCE
1-800-427-8671
NY AND NJ LICENSED PUMP MECHANICS

From the Heart Elder Care
Helping From Our Heart To Yours



To care for those who once cared for us is one of the highest honors!
973-702-0209
www.FromTheHeartElderCare.com

Bridge Results

BARBARA ECKHART - 973-764-4305
VIRGINIA MC NULTY 973-764-3324

Echos From Eck O Lodge-Come one come all, this is a regular HLCC activity and all are welcome. Any questions please call phone numbers listed above.

Monday afternoon 1 to 4:30 pm contract bridge at the Clubhouse

Thursday afternoon: 1 pm to completion-duplicate or contract bridge at the Club.

Lessons at the convenience of students.

Location: Highland Lakes Country Club -year-round.

March 31: 1. Joy Logan, 2. Dot McAlary, 3. Barbara Eckhart

April 3: 1. Dot Cooper, 2. Dot Mc Alary, 3. Barbara Eckhart

April 7: 1. Dot Mc Alary, 2. Joy Logan, 3. Cathy Tansey

April 10: 1. Barbara Eckhart, 2. Shirley Baldwin, 3. Dot Mc Alary

April 14: 1. Joy Logan, 2. Dot Mc Alary, 3. Cathy Tansey

April 17: 1. No bridge

April 21: 1. Barbara Eckhart, 2. Shirley Baldwin, 3. Liz Holda

April 24: 1. Dot Mc Alary, 2. Shirley Baldwin, 3. Dot Cooper



**14 Church Street
Vernon, NJ 07462
973-764-0900 Ext.1319**

Selling your home?

- **Looking to move up to a larger home, downsize or relocate?**
- **Do you know the current market value of your home?**
- **Need a few staging ideas as you prepare to sell?**

93% of buyers start their shopping online.

We have one of the most extensive internet marketing programs in the industry.

We are not your average Real Estate Company.

I'm not your average agent.

**Contact me on my cell 973-670-7725
or email at linsway@warwick.net
You'll be glad you did!**

**Contact me at:
973-670-7725 (cell)
linsway@warwick.net**



Memorial Day Weekend Office Hours

The Club office will be open on Saturday, May 24, Sunday, May 25, and Monday May 26 from 9 am to 4 pm.

Custom Docks, Inc.

Factory and Showroom

email: custom_docks@yahoo.com

Serving NJ, NY, PA and beyond

We are the ORIGINAL Floating Docks Manufacturer

Commercial - Residential - Swim Floats

Swim Lanes - Accessories

**State of the Art Construction - All Welded Aluminum Frames
with highest grade aircraft aluminum**

Top of the Line Flotation -

**Utilizing the New Standard of Deck Surfaces -
the best in industry**

**MANY PLASTIC DECKINGS - ANTI SKID ALUMINUM
Decking is cool to the touch**

**Dock installation - removal-up to 25 year warranties
Old dock removal also available**

**New dock systems include installation and delivery
Emergency service on our product also available**

**Highland Lakes C.C. original docks were built by our company
over 25 years ago and are still in service today**

**We service what we sell
(973) 948-3732 - Fax 973-948-2729**

OVER 45 YEARS EXPERIENCE

ALL MAJOR CREDIT CARDS ACCEPTED

FACTORY & SHOWROOM

LICENSED AND FULLY INSURED

234 Route 206 North, Sandyston, NJ

WWW.CUSTOMDOCKS.NET



Holistic Services

188 Breakneck Rd

(Corner of Canistear Rd)

(201) 259-4376

bntherapy.com

BNYoga Summer Schedule

Mondays 10am

Hatha Yoga with Beth

Mondays 7:30pm

Hatha Yoga with Beth

Tuesday, May 13th at 7:00pm

Monthly Lecture series:

Mindfulness for Everyday Living with
Linda Buckley

RSVP Required: (973) 476-4413

Thursdays 7:00pm

Hatha Yoga with Beth

Thursdays 8:30pm

BNaked Yoga with Beth

(RSVP Required)

Saturdays 11am (starts May 11th)

Iyengar Yoga with Joe Corasio

RSVP Required: (973) 583-5148

Sunday, May 4th & May 18th at 4pm

BNaked Yoga Summer classes will be
outdoors (see website for details)

Sunday, May 18th at 5:30pm

FREE Reiki Healing Circle

First Hatha Yoga Class FREE

Hatha Yoga Class (walk in) \$15

Package of 5 Classes \$50

(6 weeks to use)

For more information visit

bnyoga.com

Pickleball Paddles Soften Sound

BILL BEARDSLEY

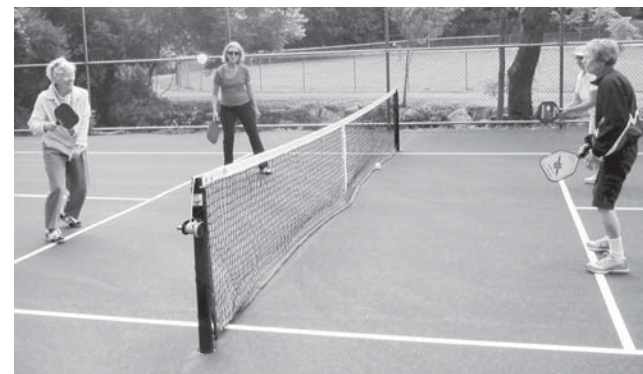
The growth of pickleball in Highland Lakes has created opportunities for all of us to learn more about this exciting sport. In this process we have learned that quieter paddles can be used without reducing the fun of the game and the play of the paddles. As a result, HLCC has instituted two new regulations regarding the use of paddles.

The first is that all paddles purchased for use on HLCC pickle ball courts must be selected from the Sun City Grand "Green Zone" paddle list that can be found at this website: <http://pball.grandpickleball.org/paddlerule.pdf>. These paddles were tested by Acoustics Group, Inc. and found to be the quietest paddles on the market. The only paddles approved in addition to those on this list are the "Venom" by Pickleball Specialties (<http://www.pickleballspecialties.com/>) and the "Vortex".

In order that Club members can try some of these "Green Zone" paddles, the Club has purchased five that were recommended by Pickleball Central, one of the leading suppliers of pickle ball equipment. These demo paddles will be available in early spring when pickleball resumes on Sunday mornings from 9 am -12 pm, and Monday and Tuesday evenings from 6 pm - 8 pm.

The other regulation is that paddles previously purchased by members that are not in the "Green Zone" list will have to be dampened with "quiet pickleball pads" which will be supplied by HLCC. These pads, when tested by HLCC members, were found to significantly reduce the noise of the ball striking the paddle without affecting the play of the paddle. If you have purchased one or more paddles prior to 1/1/14, please contact Bill Beardsley by email (trustee2@hlcc.org) or phone at (973) 764-7730.

If you are interested, Pickleball Central is offering members of the Highland Lakes community a five percent discount on all purchases. An additional five percent will be deposited in the Club account which will then be used to make future purchases of equipment for the Club. You simply have to give Pickleball Central (<http://pickleballcentral.com/>) the Club membership code, *HL Pickleball*, when making your purchase.



Pickleball for Women Starts May 9

PEGGY WARNER

On Friday mornings, beginning May 9 Pickleball instruction and play are being offered for "Women Who Want to Have Fun". This is an activity for women only. The focus is on fun, socializing, and exercise. The sessions will run from 9 to 11 am. Wear sneakers, bring your badge, water, a visor or hat, sun screen, and a smile. Paddles and balls will be provided. This program is being offered at the permanent courts at the end of Glen Wild Way off Cherry Ridge Road. If you have any questions call Peggy Warner at (973) 764-5126.

Pickleball Season Opens May 18!!

BILL BEARDSLEY - 973 764-7730

DORI ZAAR - 973 764-1648.

The 2014 Pickleball season begins Sunday, May 18 from 9 am to 12 noon at the three permanent courts located at the end of Glen Wild Way off Cherry Ridge Road.

Pickleball play and instruction will be offered throughout the season on Sunday mornings from 9 to 12 noon and on Monday and Wednesday evenings from 6 pm to 8 pm. Pickleball will also be offered to women only on Friday mornings from 9 am to 11 am. Equipment will be provided. Sneakers are necessary.

With the new permanent courts, once you learn the sport, you can play with friends and family whenever you wish. If you have any questions, please give us a call.

Dowell Insurance Agency, Inc.

Enterprise Risk Management • Financial & Consulting Services

17-17 Route 208 North
Fair Lawn, NJ 07410
Telephone: 201.794.7144
Facsimile: 201.794.6834

Classified Ads

LEAF RAKERS FOR HIRE - Help teach our school-age members the meaning and value of an honest wage for honest work. No job too large or small, all rates negotiable, all work parentally supervised. Call 973-764-8758.

DJ MURPHY ROOFING SIDING CO.: Roofing, siding, skylights, fully insured. Call 973-764-8783 8/31/14

GEORGE EDMONDSON MASONRY: All types masonry. Specializing in fieldstone, fireplace and brick chimneys. Complete restoration of old stone chimneys. All repairs such as pointing, stone walls, patios and retaining walls. All types of sealing stone work. Home additions and add-ons. Waterproofing basements. All types of excavation. Thirty one years in business. Fully insured. Call 973- 764-1359. 6/14

JP ELECTRIC: Free estimates, insured and bonded. Serving HLCC since 1986 license and permit #8521. Brian Boeren 973-670-4175 4/15

J. FREDERICK'S CONST. CO.: Additions, alterations, decks, docks, bathrooms, kitchens, roofing, siding, masonry & home repair. Thirty years experience. For free estimate, design & blueprints call 201-787-3470 or 973-764-7732. Many local references. 7/27/14

MOUNTAIN CHIMNEY SWEEP: Serving H.L. since 1977. We clean, repair, inspect chimneys. Also flue mounted dampers & chimney caps, repoint chimneys. Repair & replace heatilators. Chimney waterproofing. Fully insured, CSIA Certified, Call 973-764-3125. 6/29/14

DO-IT-YOURSELF DOCKS...SAVE THOUSANDS: Build your own CONNECT-A-DOCK®. Fast shipping direct to you. Local design & technical support. Special discounts. www.russmormarine.com Jim Morgan @ 877.764.9544. 2/15

ARCHITECT: L K Magee Architecture + Design, based in Highland Lakes, specializes in new homes, renovations and additions for projects of all scopes and sizes. Licensed Architect. Call (845) 772-3048, email Design@LKMagee.com or visit www.LKMagee.com. 2/15

BOATS/TRAILERS: Old unwanted boats and trailers taken away for free. Also, can move boats from home to dock and shore for reasonable rates. Call Al for details: 973-271-4282 6/14

P.E. CONTRACTING: From roofing and siding to decks and basements. 973-534-8529 (Call Paul, Highland Lakes resident) 4/15

FOR SALE: Racing Sunfish Sailboat - \$800; Ocean Drifter Kayak- \$300; Craftsman 9 Hp snowblower - \$400. Call 973-764-4321. 5/3/14

SCREEN JOCKEY: In home repairs to screen windows and doors. Most repairs done at your home or same day service. Complete home repairs, all services guaranteed. Serving the mountain. Call: 973-764-4810 or 973-670-7347. 10/4/14

KAYAKS WANTED: Looking for two "sit-in" kayaks in good condition. 201-400-6610. 5/3/14

Hiking

BOB TAFFER- 973-764-7975, CHRISTINE BILLACK - 973-764-1458



The Highland Lakes Hiking Club would like to extend an invitation to residents of all ages who enjoy hiking in the great outdoors to join us on one of our upcoming monthly hikes. We are an informal, friendly group who look forward to our moderate Sunday hikes along local trails, some of which offer spectacular, or at least picturesque, views.

Hikers will meet at clubhouse parking lot at 10:30 am. We will either walk from the clubhouse or drive a short distance to the starting point of the hike. It is important that each hiker bring water and lunch and wear appropriate hiking shoes. Most hikes will last an average of 4 - 5 hours, which includes waiting, lunch break and/or driving time. Anyone capable of hiking at least 5 miles at a steady, moderate pace is welcome. Hikers may bring their well-behaved dogs, which must be on a leash whenever we walk on a roadway. In case of inclement weather, including snow or ice on the ground, or temperatures above 90 degrees, we will be unable to hike.

So, get those hiking boots out of the closet and join us for our next hike.

May 18 - Stone Living Room - 2 mile moderate uphill/downhill hike which includes a climb over boulders to

several viewpoints. Sit on the man-made rock chairs in the "stone living room".

June 8 - Overlook Rock - moderate 4-5 mile circular hike with some inclines/declines along wooded trails and a wooded road. We pass Lake Sonoma & eat lunch at Overlook Rock with a 180 degree panoramic view.

Canoe Trip - We are planning a local canoe trip on the Wallkill River in late May or early June. If you are interested in joining us, please call Christine Billack.

Lake Wanda Store Celebrating our 45th Anniversary

-- Enjoy the lake view seating area --
Deli, Coffee, Fresh Baked Bread,
Pastries, Bagels, Pizza, Beer,
Firewood, Propane Exchange,
Video Rental, Convenience Store,
and More!

Use this coupon to get
2 large Pizzas for \$20.00 or a
FREE topping on a large Pizza.
973 - 764 - 4777

Team Tennis 2014

CATHY TANSEY, COORDINATOR, TEAM TENNIS

Weather is warming up. Spring is here; dust off those tennis racquets; dig those team tennis shirts out of the laundry; it's happening again. Many of the same people are still involved and many new people have also joined us.



We will meet on Saturday mornings starting Memorial Day weekend, May 24 from 9:00 am to 11:00 am. Come one, come all. The matches are based on the number of people who show up. We have a fun time. All levels of play are invited and we welcome players new, old, good, great and even not so good.

Come on down on Saturdays for some good tennis and social fun. Any questions, please call Cathy at 3174 or see her at the courts.

Adult Volleyball

KATHLEEN STRUBE

Anyone, 18 and over, interested in playing volleyball on Thursdays, please come on down to the multi-purpose court at Beach 1. We will begin playing at 6pm, and will end when we no longer can see the ball. We will start on May 8.

As with all HLCC activities, please wear your badge.



New Dock Installation

Over the next few weeks, new docks will be assembled at the Clubhouse park and at Beach 2. At the same time, old docks will be dismantled for disposal. The work will take place predominately at Beach 2, and there may be times that the boat launch is unavailable.

Youth Leaf Rakers For Hire

Help teach our school-age members the meaning and value of an honest wage for honest work. No job too large or small, all rates negotiable.
All work parentally supervised.
Call 973-764-8758



ART MOKRAY
Painting & Decorating

INTERIOR ■
EXTERIOR ■
WALL COVERING ■
PAINTED MURALS ■

SUSSEX 973-764-8542

2014 Spring Fun All Boat Race Series

FRED WILSON, FLEET CAPTAIN, SR. SUNFISH - 3548

Our "Fun Spring Race Series For All Classes" will begin Monday (5/26/14) of the Memorial Day weekend and will continue on Sundays starting at 2:30 at the Eckhart Sailing Center through the end of June. All boats are welcome to sail in this Spring Fun Series. This will serve as a warm-up for our official 4th of July 2014 summer season.

Get your boat out of storage, take a break from your yard work and enjoy the spring winds on the water with old friends and hopefully meet some new ones. This Fun Spring Race Series is a great opportunity for all of you who have been thinking about sailing with us but have not yet put your toe in the water. We even have a spare sunfish or two if you don't have access to one.

"Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover." Mark Twain

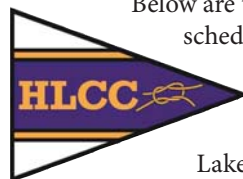
Basic Rules for HL Sailing

- No tying up to racing buoys.
- If you hear thunder get off the lake and if need be go to the closest dock.
- Racing sailboats have right of way.
- All junior racers must wear their PFD. All boats must have one on board for each person on board.
- No boating between a float and the shoreline.
- Register with the Race Committee for each race with your sail number/crew.
- Stay clear of the finish line after you finish.
- We use the 3 minute dingy start series (3min, 2min, 1min, 30sec, 20sec, 10sec, Start)
- No paddling, touching, rocking or pumping after the start of the starting sequence.
- All boaters should follow US Boat Safety and US Sailing rules and regulations.
- If you boat/sail at night, please note, over water your voices travel easily. Keep it quiet and use navigational lighting.
- HAVE FUN!

We will try to keep you up-to-date by email. Check the Newsette, hlcc.org and our HL Sailing Hotline 973-764-7796 when re-activated for updates as well.

HLCC Sailing Fleet Schedules

RANDY RODGER, SAILING COORDINATOR



Below are the 2014 HLCC Sailing Fleet schedules. Please note there are additions from previous years. All races begin at the Eckhart Sailing Center located on Lakeside Drive West south of the intersection with Alturas Road.

Please take note of the following dates:
 Basic Sailing Clinic: Tuesday, July 1 at 10 am
 Stand Up Paddle Board Clinic: Sunday, July 13 at 12 pm
 Open Boat Regatta: Saturday, August 30
 Sailor's Picnic: Sunday, August 31 at 4:30 pm
 SANJL: Saturday, September 20

All Class Spring Fun Race Sundays at 2:30
 Memorial Day, May 26 / June 1, 8, 15, 22, 29
Senior Sunfish Races – Sundays at 2:30 pm
 Fred Wilson – 973-764-3548

July 4 & 6, 13, 20, 27 / August 10, 17, 24, 31
Jr. Singles Sunfish Races – Wednesdays at 11 am
 Maryjane Kresic – 973-764-0452
 July 9, 16, 23, 30 / August 6, 13, 20
Ladies Sunfish Races – Thursdays at 11 am
 Irene Boeren – 973-764-7371
 July 10, 17, 24, 31 / August 7, 14, 21, 28
Jr. Doubles Sunfish Races – Fridays at 11:00 am
 Maryjane Kresic – 973-764-0452
 July 11, 18, 25 / August 1, 8, 15, 22
Force 5 Sailing Races – Saturdays at 11 am
 Chip Ehrhardt – 973-764-2125
 June 28 / July 5, 12, 19, 26 / August 2, 9, 16, 23
Flying Junior Fleet Sailing Races – Sundays at 11 am
 Mike Gillooley – 973-764-4185
 July 6, 13, 20, 27 / August 3, 10, 17, 24, 31
Windsurfer Races – Saturdays at 3 pm
 Kevin Gaston – 973-764-7332
 June 28 / July 5, 12, 19, 26 / August 2, 9, 16, 23

Visit www.hlcc.org for the latest Highland Lakes news

For the most current news on Highland Lakes events, activities and items of interest, visit the Club's website: www.hlcc.org. Here you will find a current calendar of events, the most recent edition of the HL Newsette, as well as archived editions, beach hours, notification of emergency beach closings, board and committee news, informative articles, photos and so much more.

Go to the website to join the Club's email list, too. Once your membership is verified, you will receive our e-blast and all emergency notifications.

Summer Athletics

PATRICK ECKHART, ATHLETIC DIRECTOR 973-557-6824

Summer 2014 is right around the corner and it is time to start thinking about all of the activities of which you would like to be a part. As in the past, the registration book for all club-sponsored athletic teams will be at the Clubhouse Activities Desk beginning Memorial Day weekend. The activities include Tennis, Tennis Lessons (children and teens), Soccer, Softball, Pickleball, Basketball, Volleyball, Bowling, and Golf Outings (TBA). In the next few weeks I will begin the schedule making process, but this can only be done once I get a good sense of the participation this summer by our athletes and volunteers, SO PLEASE SIGN UP! If you or your child volunteered in any capacity last year and wish to continue, please note it on your child's registration form. The teamwork of our volunteers makes everything possible. It is very important for any coach or player that participated in our program last year to sign up again and let us know which team you were on. Remember, there is no I in TEAM, so don't say I can't play, sign up and become part of an HLCC TEAM! I hope everyone is as excited as I am for another fun filled Highland Lakes summer. See you on the fields!



Cruise over
to
Smokey's Tavern
.com

Let us cater your next party!
Smokeystavern.com • 973-764-2600