



The Highland Lakes Newsette

A publication of Highland Lakes Country Club and Community Association at Highland Lakes, New Jersey © 2024
"All the News That Fits We Print"



Volume 2024 | Issue Number 9 | July 20, 2024

The Science and Art of Lake Management

SUE ROSS, COMMUNICATION COMMITTEE

"I'm not an expert," Dave Martin said as we sat down to discuss current and future lake water management activities and plans, "but, since I became general manager in 2021, I have been working closely with lake management professionals who are recognized leaders in this field and I have been heavily immersed in independent, peer reviewed, studies and literature on lake management and treatment options which have provided real world results applicable to our lakes." From there we went on to discuss in great detail the challenges we face and what is being done to keep our lakes healthy. What follows is a brief summation. To get an in-depth understanding of our lakes and how they are managed, read documents posted in the membership portal and join the Ecology Committee.

All of our lakes are tested regularly and treated as needed to curtail weed and algae growth. As many know, this is a delicate dance because weeds that are killed fall to the bottom of our lakes and as they decay they produce phosphorus which is a nutrient that supports further weed and algae growth. Other environmental factors impair lake health and to keep our lakes in good condition we must manage the effects.

It will come as no surprise that global warming is among the top challenges we face. Like it or not, our weather is changing and having a negative impact on water quality. Winters are rarely as cold, snowy or long as they used to be. Last year, for example, our lakes did not freeze over entirely for any appreciable length of time. This is significant because cold, snowy winters keep our waters below the ice bitterly cold and dark and conditions such as these significantly tamp down weed growth. Instead, winters in recent years have been mild. Warmer waters and sunlight foster unwanted weed growth. By the time spring arrives, weeds are well on their way to blooming.

A condition known as nutrient loading leads to an over abundance of phosphorus and nitrogen in our waters which leads to excessive weed and algae growth. Nutrient loading comes from both internal and external sources. Regardless of its source, be it a leaky septic system or storm water runoff, or decaying lake weeds, when nutrients like this get into our lakes, they feed the weeds and stimulate growth. In an effort to reduce the nutrient loading, the Voting Board took action. It passed a rule requiring all homeowners to have their septic system pumped and checked every three years. As incentive, members are being offered a \$50 credit

toward their dues once proof of the service is submitted to the Club Office. Members have until September 25, 2025 to submit their documentation. Without action, members will be subjected to a \$500 fine. "The Board did not make this decision lightly," Dave said. "A more radical step would have been to insist on inspections by an engineer, but they concluded that mandatory septic pumping was a good first step." The benefit of this approach is that nutrient rich effluent is removed from the system and clogged/broken pipes, leaking tanks or saturated leach fields, all of which are conditions that have serious negative impacts on our lakes can often be identified and corrected in the process.

As storms become more extreme, storm water runoff is of increasing concern. The heavy volume of rain water rushing to the water's edge carries with it contaminants from the ground and road surface that, if left unchecked, will have a deleterious effect on our lakes. Locations around all of our lakes where this is happening are being identified and will be addressed. Evidence of a recently completed project can be found at Shadow Lane on the east side of the Main Lake where a sophisticated filtration system now prevents over 80 percent of the suspended solids and phosphorous in storm water runoff at that point from ever reaching the lake.

In addition to these strategies, weed harvesting occurred on Lake 4 using a machine that literally cuts approximately the top 4 feet of the weeds off – similar in concept to mowing the lawn. Those cut weeds are then captured and discarded. The benefit of this approach is that you are removing weeds from the lake and thereby eliminating the decay that naturally occurs when a weed dies and falls to the bottom of the lake. You may have also noticed bubbling water in Lakes 2, 3, 4 and 5. This is caused by air stratification systems which were installed to help keep the water uniformly oxygenated, thereby helping to limit internal nutrient loading. And, for the second year in a row we have removed hundreds and hundreds of carp from our lakes. This invasive species is a bottom-feeder and is notorious for altering natural ecosystems. Carp reduce water clarity and stir up bottom phosphorus-containing sediments, which contribute to algae blooms.

To learn more on this topic and read reports from studies performed by our lake management consultants go to the Documents Section of the Membership Portal and click on the Lake & Watershed Management heading.

The Do's and Don'ts of Healthy Lake Living

1. DO pump your septic every three years, inspect regularly
2. DO reduce lawn footprint with plantings, minimize fertilizer and weed killer
3. DO divert gutters and runoff from direct entry into the lake, preferably into plantings
4. DO minimize impervious surfaces: gravel vs. asphalt and porous pavers vs. concrete
5. DON'T blow or rake leaves or other debris into the lake. DON'T put in empty lots
6. DON'T put anything into the storm drains as they all eventually lead to the lake
7. DO pickup and properly discard pet waste
8. DO only put the 3 P's into the toilet (pee, poop, paper)
9. DO only allow clean water down the sink (strain food, no grease, no chemicals)
10. DO spread out laundry, showers and dishwasher use



Upcoming Events

- July 20/21 – Art Show
- July 23 – Taco Tuesday
- July 26 – Western Night/Petting Zoo
- July 26 – Alumni Water Polo
- July 27 – B Invitational
- July 27 – 80's/90's Dance
- July 28 – Open Mic

Beach Hours

KAITLYN NAGY, WATER SAFETY DIRECTOR

Lifeguards will be on duty at the following beaches during the below listed times subject to staffing availability.

All other beach hours are swim at your own risk.

- July 1 - August 11:
- Beach 1 - 9 am - 5 pm
- Beach 2 – based on staff availability
- Beach 3 - 10 am - 6 pm
- Beach 4 - based on staff availability
- Beach 5 - based on staff availability
- Beach 6 - based on staff availability
- Beach 7 - 10 am - 6 pm
- August 12 - September 2:
- Beach 1, 3 & 7 – 10 am – 5:30 pm

Beach Water Testing Results

Below are the results of the most recent E. coli testing performed at the Club's beaches and swim lanes by Garden State Laboratories, Inc. Weekly tests are required by the State of New Jersey, and results must not exceed 320 organisms per 100 milliliters. All samples conformed to NJ State recreational bathing standards. Testing results are also reported by the lab to the Sussex County Department of Health.

	6/24	7/3	7/8
Beach 1	20.1	14.6	20.3
Beach 2	21.3	10.9	9.8
Beach 3	99	23.3	31.8
Beach 4	13.5	11.0	8.6
Beach 5	11	1.0	105
Beach 6	23.3	34.1	1
Beach 7	17.3	2.0	11
Swim Lanes	2	59.1	9.8



The Highland Lakes Newsette

Highland Lakes Country Club
and Community Association

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Roe Hall, Administrative Assistant

Karen Vogel, Editor

Special Thanks to the

Communications Committee and
all our contributors

PO Box 578 - 2240 Lakeside Drive West

Highland Lakes, New Jersey 07422

973-764-4366 / Email: info@hlcc.org

Security & Compliance Activity Summary Report – June 2024

SEAN JARON, SECURITY MANAGER

Below is a summary of recent Security calls/incidents and Compliance Officer activity. We provide this information to keep you informed of the important work being performed on behalf of the community. Please get in touch with security@hlcc.org or call 973-764-4266 with any questions concerning Security or Compliance operations.

Calls/Incidents	6/30/2024	YTD
Police Assist	1	5
Traffic Assist	0	8
Motor Vehicle Accidents	0	8
Medical Response/Assists	11	59
Fire Response/Assist	2	20
Vandalism/Criminal Activity	0	1
Amenity Checks	483	2317
Badge Violations (Members)	0	0
Trespassing	11	61
Parking Violations	0	4
Prohibited Vehicles	1	11
Dock/Rack Violations	8	8
Noise Complaints	5	14
Domestic/Disorderly	0	0
Animal Complaints	7	25
Property Violations	1	4
Rental Violations	1	7
Tree Removal Inspections	4	23
Tree Preservation	0	2
Staff and Volunteer Direction	0	0
Exterior Lighting	0	1
Road/Right away	1	2
Open Cases	6	11
Closed Cases	0	10
Current Case Load	36	36
	578	2637

**Next Newsette:
July 27, 2024**

Thinking about a renovation or addition?

Talk to an Architect!

Free no obligation consultation



Jim Schriener, AIA

(973) 764-5817 1110 Lakeside Drive East

HIGHLAND ARCHITECTURAL DESIGN, LLC

jim@highlandarchitectural.com www.highlandarchitectural.com

About Changes in your Recorded Deed

In planning changes to your ownership of property that would be reflected in the recorded Deed, contacting the Club Office before you do so for guidance is advisable and will eliminate any misunderstandings.

The Club's By-Laws, in part, define Active Members as those who own property in Highland Lakes. When persons take title to property in Highland Lakes when they do not own other Highland Lakes property at that time, even when they join in the ownership of property with someone who currently owns property in Highland Lakes, they automatically become an active member and are required to pay the Initiation Fee. If you are considering adding anyone to your Deed, a wife, parent, child, friend, etc., please be aware of these By-Law requirements.

Sometimes members form a living or family trust as part of their estate planning. However, even this type of trust is a different, and therefore new, owner of property, and the payment of the Initiation Fee is required.

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July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14 Lake Appreciation Day	15 9:00 AM Aqua Aerobics 5:00 PM Yoga 6:00 PM Pickleball 7:00 PM Ceramics	16 10:00 AM Women's Auxiliary Mtg. 1:00 PM Bocce 6:00 PM Swim Team Pep Rally 8:00 PM Special Meeting of the Voting Board	17 9:00 AM Aqua Aerobics 5:00 PM Family Fit & Fun 5:00 PM Yoga 6:00 PM Pickleball 7:00 PM Darts Swim Meet (H)	18 8:00 AM -9:30 AM Yoga & Meditation 1:00 PM Bocce 6:00 PM Rules Clinic 7:00 PM Fish Comm. Mtg. 7:00 PM Stitching 7:30 PM Chess Club	19 9:00 AM Aqua Aerobics 10:00 AM Pickleball 8:00 PM VB Mtg.	20 9:00 AM Pickleball 9:00 AM Team Tennis 6:00 PM Art Show
21 2:00 PM Art Show	22 9:00 AM Aqua Aerobics 5:00 PM Yoga 6:00 PM Pickleball 7:00 PM Ceramics	23 10:00 AM Women's Auxiliary Mtg. 1:00 PM Bocce 6:00 PM Taco Tuesday	24 9:00 AM Aqua Aerobics 12:00 PM Sr. Club Lunch 5:00 PM Family Fit & Fun 5:00 PM Yoga 6:00 PM Pickleball 7:00 PM Darts 7:00 PM Swim Meet (H) 8:00 PM Ecology Comm. Mtg.	25 8:00 AM -9:30 AM Yoga & Meditation 1:00 PM Bocce 7:00 PM Stitching	26 9:00 AM Aqua Aerobics 10:00 AM Pickleball 6:00 PM Alumni Team Polo 6:00 PM Petting Zoo and Family Western Night	27 9:00 AM B Invitational 9:00 AM Pickleball 9:00 AM Team Tennis 8:00 PM 80s/90s Dance

Enter the HLCC Chili Cook Off

SPECIAL GUEST: Jack's Petting Zoo!

Western FAMILY FUN NIGHT

JULY 26
4 - 7 PM
CLUBHOUSE

www.hlcc.org MEMBERS & THEIR GUESTS ONLY. TABLES RESERVED.

Community Yard Sale

DORI ZARR

July 13

The yard sale was amazing! It was well organized with color charts showing prices of all items; and prices were so reasonable for beautiful household items; from blenders to lovely bowls, vases, cups and glasses of all shapes and sizes. Although there were large crowds coming to bargain hunt, there were many, many volunteers wearing their pink working shirts eager to help all the shoppers. Due to overcast clouds and light rain, furniture was placed in the lake room. I purchased a colorfully painted end table and the male volunteer helped me load it in my car. Although I've been going to this event every year, each time it just gets better and better! Many thanks for all the hard work.



PHOTO COURTESY OF DORI ZARR

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Upcoming Fun Evenings

MELISSA HARDIN, RECREATION MANAGER

Tuesday, July 23 - 6-8 pm - Taco Tuesday

Come on out for a fun family dinner at the Clubhouse where it is hands on in creating a shared meal. Cost: \$10.00 per family. You will get taco ingredients, rice and beverages.

Thursday, July 25 - 6-8 pm - Beach 1 - Family Kickball

Come on out to beach one where we will be having a blast challenging each other in some good old fashioned kickball. For more information regarding both of these events, please email recreation@hlcc.org.

Babe Ruth League Reunion Game

SUE LOUGHREN

August 3

Not so long ago, many of us dusted off our gloves, cleaned our cleats, and prepared for another memorable summer on the diamonds of Highland Lakes. Four teams, consisting of Red, Blue, Green and Gold faced off in a softball tradition known as the Babe Ruth League.

On Saturday, August 3 at 5 pm, come relive those fond memories with friends and family at Ball Field Two (Canistear Park). Toss the ball around and try to hit a homer with other old timers while we reconnect with younger versions of friends and ourselves. Replicas of the original uniforms will be available for purchase at the Highland General Store.

We hope to see you there no matter the capacity at which you wish to participate. All are welcome.

Women's Auxiliary Casino Trip

CAROL HASTIE

August 1

The Women's Auxiliary is sponsoring a Casino Bus Trip to Wind Creek Casino in Bethlehem, PA, on Tuesday, August 1. Cost will be \$35.00 per person and you will get \$25 back in slot play and 5 hours of casino time. The bus leaves Acme parking lot at 8:15 am. This is open to all Highland Lakes members and guests over 21. Call Doreen at 973-764-8658 or Carol at 973-764-6521.

HIGHLAND LAKES
Country Club & Golf Course

\$25 IN SLOT PLAY!

\$35 per person
21 & Over, 2 Hours of Casino Time

WIND CREEK CASINO BUS TRIP BETHLEHEM, PA

Hosted by: **Women's Auxiliary**
WOMENSAUXILIARY@HLCC.ORG

AUGUST 1

8:15 AM

ACME PARKING LOT

www.hlcc.org MEMBERS & THEIR GUESTS ONLY

HIGHLAND LAKES
Country Club & Golf Course

Come Out & Cheer for Your Favorite Guards!

LIFEGUARD Olympics

AUG 3

6:00 PM

BEACH 1

www.hlcc.org WATERSAFETY@HLCC.ORG

@hlccnj

KIDS Club

SUMMER 2024

Monday			Tuesday			Wednesday			Thursday			Friday		
Time	Activity	Location	Time	Activity	Location	Time	Activity	Location	Time	Activity	Location	Time	Activity	Location
10:00 AM	Games & Table Activities	Clubhouse	10:00 AM	Games & Table Activities	Clubhouse	10:00 AM	Games & Table Activities	Clubhouse	10:00 AM	Games & Table Activities	Clubhouse	10:00 AM	Games & Table Activities	Clubhouse
11:00 AM	Make & Take Craft	Clubhouse	11:00 AM	Make & Take Craft	Clubhouse	11:00 AM	Make & Take Craft	Clubhouse	11:00 AM	Make & Take Craft	Clubhouse	11:00 AM	Make & Take Craft	Clubhouse
1:00 PM	Bingo	Clubhouse	1:00 PM	Board Games	Clubhouse	1:00 PM	Legos	Clubhouse	1:00 PM	JENGA	Clubhouse	1:00 PM	Ping Pong	Clubhouse
2:00 PM	Lawn Games	Clubhouse	2:00 PM	Lawn Games	Clubhouse	2:00 PM	Lawn Games	Clubhouse	2:00 PM	Lawn Games	Clubhouse	2:00 PM	Lawn Games	Clubhouse
Rec Hall Open Daily 10 AM - 9 PM			Rec Hall Open Daily 10 AM - 9 PM			Rec Hall Open Daily 10 AM - 9 PM			Rec Hall Open Daily 10 AM - 9 PM			Rec Hall Open Daily 10 AM - 9 PM		
6:00 PM	Ceramics	Clubhouse	6:00 PM	Weekly Family Evening Activity	Clubhouse		Swim Team		6:00 PM	Weekly Family Evening Activity		6:00 PM	See Newsette for Friday Night Activity	



PHOTOS COURTESY OF SUE BURUCHIAN

Lake Day Appreciated

SUE BURUCHIAN, ECOLOGY COMMITTEE

July 14, 2024

What a great day we had at Lake Appreciation Day! Many members took advantage of all offered starting with Ecology in Home, Yard and Community in the Lake Room and special displays by Christine Alber (bird photography), Glen Kamp (country gardens) and all of our ecology message boards to help guide members. Outside events started at 9:30 with a Kayak Tour given by Shawn Brynes. Our Windsurfer Fleet provided a great day with simulators for many to try. The Fishing Committee ran the derby which was a huge hit - so many award winners! Children of all ages enjoyed lining the outer swim dock to catch the big ones, and trophies were handed out. We had a fantastic Bee demonstration with a live glass hive for all to learn about the queen and all she does. JC Cowell, bee specialist, was fantastic educating young and old on the amazing bees. Avian Wildlife Refuge brought in raptor birds for all to see. It was a fabulous educational live exhibit of a barred owl, northern saw whet owl and red-tailed hawk. Gizelle did a wonderful job with all on these special birds. Karen Dolci headed up the handprint arts and wooden bird crafts. She also helped with the children's book reading of The Lake at Night with Jr. members, and Ms. Cottrell who did a fabulous job. Lunch was hosted by Patty Thompson, Eric Card and organized by Jennifer Ziegler. The garden tours were hosted by Jason Tribiano at the Clubhouse lawn, then to the homes of Buruchian, Marrero and also property of Tribiano. The skill and dedication of the latter gardener was unprecedented. Thank you to all who helped make this a special day for the Highland Lakes community including the Club Office Staff, Club Maintenance, HL Lifeguard Staff, Recreation and HL Security. We all are a team on days like this which once again, proves what a special place we live in.



Amateur Art Show Registration (one form per entry)

Sunday, July 21 - Registration: 9 – 10:30 am

First Name: _____

Last Name: _____

Phone: _____

Email: _____

Member # _____

___ **CONSIDER FOR AWARD (competitive)**

___ **DISPLAY ONLY (non-competitive)**

Age Category

* _____ **18 and under / Age: _____ (please specify)**

* _____ **Adult**

Special category: Fish of Highland Lakes

(any media) _____

Media (circle /check /specify where indicated):

*Painting _____

*Drawing: _____

*Photography (Recognizable HL scene: _____)

*Needlework * Mixed Media

*3-D art *Quilting *Craft *Fiber Art

*Ceramics *Computer Graphics

*Other _____ (media: _____)

Entry Fee: \$.50 cents per item

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Call for Nomination of Trustee Candidates

Filing Deadline - Saturday, July 20, 2024

At this year's Annual Meeting on August 18, 2024, elections will be held for four full, three-year terms commencing October 1, 2024, for trustee positions for Sections 2, 6, 9, 10, and 11. Candidates for the Board of Trustees shall have been members in good standing for each of the three (3) years immediately preceding the election. Members may nominate themselves or other qualified candidates by filing a nomination in writing with the Chair of the Elections Committee. Nominations may be delivered in person, by email to info@hlcc.org, or mailed to the Club at P.O. Box 578, Highland Lakes, NJ 07422. Due to a change in state law, petitions are no longer required for nomination or to run as a candidate for a position on the Voting Board.

All nominations must be received at the Club Office not later than Saturday, July 20, 2024.

The Elections Committee Chairperson shall announce the names of the prospective trustee candidates to the membership by publishing same in the Newsette and by posting them on the Club bulletin board at least seven (7) days prior to the election.

Once the candidates have been certified by the Elections Chairperson, absentee ballots will be made available.

Absentee ballots must be received at the Club Office, either by mail or in person no later than Wednesday, August 14, 2024, at 4 pm. The Club is not responsible for lost or misdirected mail.

Elections will be held at the Annual Meeting on August 18, 2024. If you do not use an absentee ballot and plan to vote at the Annual Meeting, please make sure that you attend this meeting and that you have your 2024 Membership Card and badge with you.

YOUR HIGHLAND LAKES NEIGHBORHOOD EXPERT

When it comes to buying or selling your home in Highland Lakes, why not **trust the realtor who lives, loves, and breathes everything this beautiful community has to offer?**

LIVING THE HIGHLAND LAKES LIFESTYLE

As a proud resident of Highland Lakes, I am not just your agent; **I am your neighbor.** I cherish the unique charm of our community, from the serene mornings on the lake to the vibrant local events that bring us all together. Whether it's a sunny day at the beach or a fun-filled evening at a neighborhood gathering, you'll often find me enjoying the same wonderful experiences that make Highland Lakes so special.



YOUR COMMUNITY ADVOCATE

My deep connection to Highland Lakes means I have an intimate understanding of the local real estate market. I know the neighborhoods, the schools, and the hidden gems that make this area a great place to live. **When you work with me, you're not just getting a realtor; you're getting an advocate who will passionately promote your home and attract buyers who will appreciate it as much as you do.**

READY TO MAKE A MOVE?

Call me today for all your real estate needs. Whether you're looking to buy or sell, I'll provide the personalized service and local expertise you deserve.

And if you see me around—at events, the beach, or even out on the lake—feel free to stop and chat. I'm always happy to talk about how I can help you achieve your real estate goals.

Experience the difference of working with a realtor who truly knows and loves Highland Lakes. Let's make your real estate dreams come true!

MAKE YOUR MOVE WITH ME!



KRISTI ANDERSON
NEW JERSEY: BROKER/REALTOR®
NEW YORK: REALTOR®

Cell: 973.476.0878

KristiAndersonRealtor@gmail.com
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Country Club and Community Association

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Musicians pre-register openmic@hlcc.org

Open Mic

TALENT WANTED!

GUEST BADGES \$2.00

JULY 28

2 PM

LAKE ROOM

All levels of talent and music genres are welcome. If you'd like to perform kindly arrive 30 minutes prior. ✉ Email openmic@hlcc.org with any questions. ✉

www.hlcc.org MEMBERS & THEIR GUESTS ONLY BADGES REQUIRED

HLCC Loughren Breunig Memorial Golf Outing

RAY LOUGHREN

Friday, August 2

Join us for a 58-year-old Highland Lakes tradition on Friday, August 2 at 1 pm for the HLCC annual golf tournament at Black Bear Country Club. As in the past, the format for the tournament will be a four-man scramble, complete with prizes for the Closest to the Pin, Longest Drive, and Raffle. In addition, dinner will be provided at Black Bear at the conclusion of tournament play.

This year we will be honoring Clem Daly. Clem was a veteran, HLCC volunteer, participant and organizer of this very tournament. Most of all, Clem was a friend to anyone who knew him and his absence this year will be felt by many. To honor Clem this year, every participant will receive a HLCC golf hat which memorializes his service to our country, community, and friends.

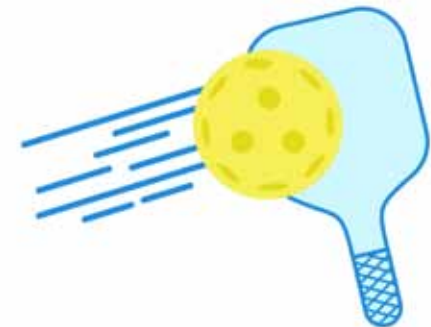
For those interested in participating in this year's tournament, please contact Ray Loughren Jr. (973) 919-3270 or Mike Sweeney (973) 764-7306. Cost per player is \$125.00 and the cost per foursome is \$500.00.

Learn to Play Pickleball

MELISSA HARDIN, RECREATION MANAGER

Hello Highland Lakers! Over the years we have developed quite a large pickleball following. Keith McCotter is a member and awesome pickleball player who would like to teach you how to play.

If you are interested in learning more about pickleball and would like to learn how to play, please send an email of inquiry to recreation@hlcc.org for more information.



Summer Athletics

SUMMER 2024

Monday			Tuesday			Wednesday			Thursday		
Time	Activity	Location	Time	Activity	Location	Time	Activity	Location	Time	Activity	Location
9:00 AM	Youth Tennis Intermediate (8-10 yrs) Co-ed	Beach 1 Tennis Courts	9:00 AM	Softball (6-8 yrs) Co-ed	Beach 1 Ball Field	9:00 AM	Youth Tennis Intermediate (11-12 yrs) Co-ed	Beach 1 Tennis Courts	9:00 AM	Youth Soccer (4-13 yrs)	Beach 1 Ball Field
9:00 AM	T-Ball (4-5 yrs) Co-ed	Beach 1 Ball Field	5:00 PM	Basketball - Open Play (8-15 yrs) Co-ed	Beach 1 Basketball Courts						
10:00 AM	Youth Tennis Beginners (5-7 yrs) Co-ed	Beach 1 Tennis Courts	6:00 PM	Softball (9-12 yrs) Co-ed	Beach 1 Ball Field						
5:00 PM	Basketball (5-12 yrs) Co-ed	Beach 1 Basketball Courts	6:00 PM	Competitive Basketball (15 yrs+)	Beach 1 Basketball Courts	7:00 PM	Swim Team Scheduled Meets	Clubhouse Swim Lanes			



REGISTER
hlcc.org/lifeguards

LIFEGUARD COURSE

JULY 25 & 26
9 AM - 5 PM
CLUBHOUSE

www.hlcc.org WATERSAFETY@HLCC.ORG
 @hlccnj

Junior Photographers

CHASTITY CORTIJO, COMMUNICATIONS MANAGER

The summer fun is in full swing, and I'm still on the lookout for Junior Photographers to help capture our community's special moments! Here's what you need to know:

Who: HLCC Kids

What: Using whatever camera you have available - phone photos are GREAT!

When: Submissions due Monday morning before NOON

Where: Send to chastity@hlcc.org

Include: Child's first name, last name initial and age

Photo Challenge # 2: Make a splash! This week we're going to focus on the movement of the water! Grab your siblings or your friends for help with this one. Capture an image of someone making a splash in one of the lakes; like a cannonball off the dock, kids playing in the shallows, or someone gliding on a paddleboard. Remember to stay safe and be creative.



Sofia 6 and Seneca 8 years old

2024 Sussex Rural Electric Co-op
MEMBER APPRECIATION EVENT

Your Co-op's 2024 Member Appreciation Event at the NJ State Fair is coming up Monday, August 5th!

Don't Miss Out!

- ▶ Held at the Sussex County Fairgrounds' BBQ Pavilion
- ▶ Receive giveaway items and coupons for local vendors at the Fair
- ▶ Earn a \$10 bill credit for attending
- ▶ Enter our prize drawing for a chance to win one of several great prizes!



LAST CHANCE FOR FREE TICKETS!
 Registration extended until 7/25 at 11:59 pm!
 Register today to join us at the Fair!

www.sussexrec.com/annual-meeting

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8 PM
CLUBHOUSE

\$20
 (MEMBERS & GUESTS ONLY)

TICKETS AVAILABLE AT THE CLUB OFFICE

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 BADGES REQUIRED

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rain gardens, lake style landscape design, native plantings, natural stone patios and walls, weed control, lawn maintenance, snow plowing, Tick control, outdoor lighting

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 NJHIC #13VH08884200



PHOTO COURESTY OF MIKE EWASKO

Lake Appreciation Day Kids Fishing Derby

MIKE EWASKO, CHAIRMAN, FISH COMMITTEE

July 14

Sunday morning at 11 am twenty-six of our most junior anglers signed in for the annual Lake Appreciation Day Fishing Derby hosted by volunteer members of the HLCC Fish Committee. It was good to see a healthy turnout considering all the other activities planned for the day.

The near week-long heat spell with temperatures reaching into the 90's kept fishing action almost non-existent but once again our young anglers armed with their favorite bait persisted in attempting to catch the most or maybe even the largest fish of the derby. And luckily the fish were cooperating!

All in total over 50+ fish were caught, registered and released by our hard-working fishermen, with bluegills being the most caught along with a couple of yellow perch and at least one largemouth bass.

Trophies were awarded to notable catches along with tackle prizes donated by committee members Ken Eckhart and Bob Gellner. The HLCC Fish Committee is looking forward to seeing everyone at the next Kids Fishing Derby scheduled on Family Day Sunday, August 4, 2024.

The HLCC Fish Committee meets on the third Thursday of every month at 7 pm in the Lake Room.

Ladies Bowling

PAT WOOTTON AND JUDI SUNDA

July 10

Fourteen gals showed up for their first bowling adventure of the summer. It was good to reconnect with former members and greet some newcomers. Fun was had by all, although some expressed their desire not to consider a fourth game!

Accomplishments include:

- Paula Kloza - 3 doubles, 172
- Dianne Kelly - double
- Dolores Gaspari - double, 156, 158
- Pat Wootton - double
- Judi Sunda - double
- Kathy Grifone - 5 splits in one game, ugh!!

Lake Wanda Store

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ALUMNI **JULY 26**
WATER **6:00 PM**
POLO **SWIM LANES**
www.hlcc.org WATERSAFETY@HLCC.ORG
 @hlccnj

Highland Lakes Senior Club

JOYCE HEALY, PRESIDENT

Howdy, partner! Hope you're cool as a mountain stream! So the slight reference with a cowboy theme goes with our BIG dinner-dance coming up on August 11. Yahoo, come along little doggie and sign up to join us for a great catered dinner, a live excellent band for lots of dancin' your boots off! Not a member of the Senior Club? Give me a call and I'll get ya squared away. (Joyce H. 845-544-3749). I'm the boss-lady of the rootin' tootin'-est gals and guys in HL. Why, we even got us some mighty good sharp-shooters right up there with the best in the west! I been keepin' my ears peeled and Marshall Matt Dillon and maybe that gorgeous Miss Kitty from the Long Branch Saloon may ride in from Dodge to say "howdy" on August 11.

Now, all you guys and gals 50+ years, hook up with our Senior Club activities: Lantern Walk, Christmas Party, San Gennaro Feast, guest speakers at meetings, Oktoberfest, baseball game, pot luck supper and pumpkin carving night. These events are jumbled around and you need to pop in to a S/C meeting to find out the schedule. Just call me or speak to one of our nearly 100 members to get the low-down.

Here's hopin' you'll be hittin' the trail down to the Clubhouse soon and meet the prize-winning bunch of cow pokes and lovely country gals of our Senior Club. Catch ya later (but please run slower— I got me a hitch in my git-along). Love ya, Joyce

Family Day

Mark your calendars for this year's Family Day on Sunday, August 4. Volunteers needed and always welcome.

HIGHLAND LAKES
Country Club and Community Association

FAMILY FEUD

hosted by:
Women's Auxiliary

\$25 per person
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AUGUST 6
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www.hlcc.org MEMBERS & THEIR GUESTS ONLY RESERVES REQUIRED

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Swim Team Practice Schedule

9 - 10 AM: ages 13+
 10 - 11 AM: ages 9-12
 11 - 11:45 AM: ages eight and under (8 & U)
 11:30 AM-noon: ages six and under (6 & U)

2024 Swim Team Events

Friday July 26 6:00 PM	Team Parent and Alumni Water Polo Match
Tuesday August 13 6:00 PM	Swim Team Awards Dinner

2024 Swim Team Schedule

Saturday July 20	Individual Age Invitational @ Pequannock
Wednesday July 24	Green Pond @ Highland Lakes
Saturday July 27	Highland Lakes B Invitational
Wednesday July 31	Highland Lakes @ Wayne Township
Thursday August 01	Coaches Choices Invitational @ Wayne Township
Saturday August 03	C Invitational @ Erskine Lakes
Wednesday August 07	Fayson Lakes @ Highland Lakes
Saturday August 10	A Championships @ Fayson Lakes

Parking in Loop Road Around Beach Hut Reserved for "B" Invitational

SHERIF FAHMY, SWIM TEAM PRESIDENT

Notice to Users of Beach 1

The Highland Lakes Swim Team is sponsoring its "B" Invitational on Saturday, July 27. To accommodate the event's parking requirements, the following ONE DAY changes are being made to parking at Beach 1. The Swim Team will be using the entire "loop road" around the Beach Hut for parking. Access from Breakneck Road to the parking aisles next to the ball field and playground will not be possible. Please use the rear entrance at Lakeside Drive for beach parking.



Swim Team Outduels Pirates for First Win of 2024

MICHAEL BUCHNEY, HEAD COACH

The Highland Lakes Swim Team headed south down Route 23 for the second straight week for an LSC Week 2 match-up against White Division rivals Packanack Pirates. With the forecasts indicating the possibility of dodgy weather, the team stormed the beaches of Packanack prepared for a battle on the high seas. Indeed, gale-force winds blew across the lanes for the duration of the meet, creating some very choppy waters. Luckily the prevailing gusts meant swimmers would mostly be traveling downwind! The meet that ensued was a fiercely competitive one, with both teams trading blows throughout the evening. In the end, the Pirates took on too much water, and couldn't survive the rough seas. Highland Lakes had just enough to secure an important 338-327 victory.

The meet began, as always, with the breaststroke events, a traditionally strong stroke for the team. The 8/U girls continued their winning ways from last week by posting a 1-2-3 sweep in Event 2 thanks to Maeve Olsen, Anabelle Schwarz, and Annette Kaicher's performances. The 9/10 boys followed it up with a 1-2-4 performance by Landon Howes, Cae Laudemberger, and Ben Fahmy. Highland Lakes Ladies in the 11/12, 13/14 and 15/18 age groups all won their events. Alexa Fleming, Ceci Laudemberger, and Rebecca Cefaloni turned in a 1-3-4 result in the 11/12 event. Adrienn and Alicia Kovacs, alongside Isabella Cherichella finished 1-2-4 in the 13/14 girls event, while the Senior squad of Abbey Amato, Gabriella Cefaloni, and Isadora Salomonsson returned a 2-3-4 result to close out the stroke. Highland Lakes won a total of seven of the ten contests in the discipline to open up a sturdy 86-62 lead.

The Pirates showed impressive resolve in the butterfly events, winning 6 of the 8 contests. Only the 11/12 girls duo of Fleming and Delilah Taylor and the 13/14 girls squad of Juliet Schwarz, Alicia Kovacs, and Giselle Bonardi turned in winning performances throughout the butterfly portion of the meet. Highland Lakes held on to a slim 130-125 lead by the start of the backstroke events.

Highland Lakes won six and drew one of the ten backstroke contests to rebuild their lead. The 8/U Girls continued their winning ways with another 1-2-3 sweep by the team of Schwarz, Margaret Fahmy, and Lily Elmo; while the duo of Abigail Klimash and rookie Addison Talerico finished 1-2 in the 9/10 girls contest. Both 15/18 squads secured victories, with Steven Bednarick, Colin Dignan, and Farrell Bednarick placing 1-3-5 and Alexandra Kovacs, Hannah Wisniewski and Gabriella Cefaloni finishing 2-3-4. At the end of the backstroke events, Highland Lakes stood 15 points clear at 214-199.

The Pirates nearly clawed their way back through the freestyle events. The teams split the events, winning four and drawing two contests each, however Packanack managed to claw back a few extra points via a few lopsided events in their favor. The girls did most of the heavy lifting in the freestyle, with the 8/U, 9/10, 13/14, and 15/18 girls teams all returning 9-7 wins in their events. The freestyle events closed out with Highland Lakes holding onto a 290-283 lead.

This meant that the relay contests would hold significant sway over the outcome of the meet. If Packanack could

secure five or more of the eight relay events, they would pull off the comeback! The host team elected not to combine relay events, a common time saving strategy, instead electing to have each event swum one at a time. No matter, because the crowds were quickly treated to the most exciting event of the evening - the 8/U Mixed 200 Freestyle relay. Through the course of the first three swimmers, Packanack built a sizable lead. Pirates on the beaches were already starting their celebrations, with their anchor swimmer nearly 2/3's of the way down the lane when the final Highland Lakes swimmer entered the water. Channeling generations of Olsen-clan relay anchor expertise, Maeve Olsen entered the water undeterred. Crowds were stunned as she methodically closed the tremendous gap. By the flags, she had nearly drawn even. Spotting her opponent, she shifted into a magic 6th gear, and doing her best Jason Lezak impression, touched out the Packanack athlete. Highland Lakes' traveling supporters erupted with joy! The tone was set. Highland Lakes would not be deterred! The 11/12 Girls team of Zoey Levens, Alexa Fleming, Rebecca Cefaloni and Delilah Taylor turned in the next HL win. The 13/14 boys team of Derek Fleming, Logan Cole, Fincent Fisher, and Braeden Contreni followed suit. The 13/14 girls team of Juliet Schwarz, Adrienn and Alicia Kovacs, and Giselle Bonardi secured HL's fourth relay win, ensuring victory for the visitors. The scoring table confirmed as much when they announced a 338-327 decision in favor of Highland Lakes!

HL will return north for a series of home meets for the next few Wednesday nights. Come down to the Clubhouse lanes and cheer on the home team as they battle with the best of the Lakeland Swim Conference!

Event # 1 Boys 50 Breast 8 & Under

1	John Klimash	1:07.01L
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Event # 2 Girls 50 Breast 8 & Under

1	Maeve Olsen	58.22L
2	Anabelle Schwarz	1:01.24L
3	Annette Kaicher	1:22.96L
---	McKenna Reiser	1:43.26L

Event # 3 Boys 50 Breast 9-10

1	Landon Howes	52.78L
2	Cae Laudemberger	52.83L
4	Benjamin Fahmy	1:06.22L

Event # 4 Girls 50 Breast 9-10

3	Avellina Reiser	1:23.70L
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Event # 5 Boys 50 Breast 11-12

3	Cody Kutzman	1:04.52L
---	--------------	----------

Event # 6 Girls 50 Breast 11-12

1	Alexa Fleming	43.00L
3	Ceci Laudemberger	58.16L
4	Rebecca Cefaloni	58.89L
---	Ava Kraus	1:21.71L

Event # 7 Boys 50 Breast 13-14

1	Derek Fleming	38.53L
6	Logan Cole	57.63L

Event # 8 Girls 50 Breast 13-14

1	Adrienn Kovacs	39.41L
2	Alicia Kovacs	43.09L
4	Isabella Cherichella	53.59L

CONTINUED FROM PAGE 10

7	Lauren Emmerich	1:04.58L
Event # 9 Boys 50 Breast 15-18		
1	James Brantner	35.51L
3	Ketchell Terzakis	40.87L
5	Steven Bednarick	43.45L
6	Colin Dignan	44.39L
Event # 10 Girls 50 Breast 15-18		
2	Abbey Amato	37.08L
3	Gabriella Cefaloni	45.35L
4	Isadora Salomonsson	47.09L
6	Meghan Emmerich	51.60L
Event # 12 Girls 50 Fly 10 & Under		
2	Avellina Reiser	1:30.20L
Event # 13 Boys 50 Fly 11-12		
2	Chace Puccio	43.36L
Event # 14 Girls 50 Fly 11-12		
1	Alexa Fleming	40.53L
3	Delilah Taylor	1:00.17L
Event # 15 Boys 50 Fly 13-14		
1	Vincent Fisher	36.16L
Event # 16 Girls 50 Fly 13-14		
2	Juliet Schwarz	38.13L
3	Alicia Kovacs	39.51L
4	Giselle Bonardi	39.85L
5	Lauren Emmerich	1:03.19L
Event # 17 Boys 50 Fly 15-18		
1	James Brantner	29.02L
Event # 18 Girls 50 Fly 15-18		
3	Abbey Amato	35.16L
4	Hannah Wisniewski	38.85L
5	Mia Chonko	41.34L
8	Jenna Brennan	46.16L
Event # 19 Boys 50 Back 8 & Under		
5	Gavin Harris	1:16.31L
Event # 20 Girls 50 Back 8 & Under		
1	Anabelle Schwarz	52.05L
2	Margaret Fahmy	1:12.35L
3	Lily Elmo	1:14.24L
Event # 21 Boys 50 Back 9-10		
2	Gavin Kutzman	52.16L
3	Clayton Hastie	59.53L
4	Cae Laudenberger	1:03.37L

5	Benjamin Fahmy	1:04.04L
Event # 22 Girls 50 Back 9-10		
1	Abigail Klimash	58.70L
2	Addison Talerico	1:05.18L
5	Riley Simons	1:15.16L
Event # 23 Boys 50 Back 11-12		
2	Derek Fisher	43.33L
3	Joseph Evanick	51.72L
4	Gavin Kiefer	57.62L
7	Tristan Talerico	1:10.62L
Event # 24 Girls 50 Back 11-12		
2	Zoey Levens	43.89L
4	Ava Kraus	1:00.41L
Event # 25 Boys 50 Back 13-14		
1	Derek Fleming	37.40L
4	Braeden Contreni	48.70L
Event # 26 Girls 50 Back 13-14		
2	Juliet Schwarz	41.64L
4	Eva D.	55.51L
5	Lauren Emmerich	56.59L
Event # 27 Boys 50 Back 15-18		
1	Steven Bednarick	38.37L
3	Colin Dignan	46.04L
5	Farrell Bednarick	56.78L
Event # 28 Girls 50 Back 15-18		
3	Hannah Wisniewski	38.75L
2	Alexandra Kovacs	38.76L
4	Gabriella Cefaloni	42.58L
5	Jenna Brennan	42.96L
Event # 29 Boys 50 Free 8 & Under		
3	Gavin Harris	1:06.32L
4	John Klimash	1:10.36L
Event # 30 Girls 50 Free 8 & Under		
1	Maeve Olsen	45.51L
4	Annette Kaicher	1:24.79L
5	Olivia Kluck	1:27.17L
6	Margaret Fahmy	1:27.61L
7	McKenna Reiser	1:31.19L
8	Lily Elmo	1:32.94L
10	Ryleigh Brennan	1:50.74L
Event # 31 Boys 50 Free 9-10		
2	Landon Howes	42.16L

4	Clayton Hastie	54.89L
5	Stephen Kaicher	1:02.91L
---	Daniel Kaicher	1:03.89L
6	Nathaniel Fahmy	1:06.53L
---	Brayden Vradenburg	1:16.81L
Event # 32 Girls 50 Free 9-10		
2	Abigail Klimash	53.14L
6	Addison Talerico	1:08.63L
7	Charlotte Schreiner	1:15.09L
8	Riley Simons	1:20.89L
Event # 33 Boys 50 Free 11-12		
2	Chace Puccio	38.60L
3	Derek Fisher	38.93L
5	Joseph Evanick	48.82L
7	Gavin Kiefer	49.81L
8	Cody Kutzman	50.81L
9	Tristan Talerico	1:02.76L
Event # 34 Girls 50 Free 11-12		
2	Rebecca Cefaloni	0.02L
3	Zoey Levens	41.15L
4	Ceci Laudenberger	52.97L
5	Ava Kraus	1:01.08L
Event # 35 Boys 50 Free 13-14		
1	Vincent Fisher	34.15L
5	Braeden Contreni	43.21L
6	Logan Cole	54.85L
Event # 36 Girls 50 Free 13-14		
2	Adrienn Kovacs	33.43L
3	Giselle Bonardi	33.77L
4	Isabella Cherichella	43.55L
8	Eva D.	46.72L
Event # 37 Boys 100 Free 15-18		
1	James Brantner	1:04.64L
4	Steven Bednarick	1:17.49L
7	Ketchell Terzakis	1:30.07L
8	Colin Dignan	1:37.31L
Event # 38 Girls 100 Free 15-18		
1	Abbey Amato	1:07.67L
4	Alexandra Kovacs	1:13.47L
5	Mia Chonko	1:20.88L
7	Meghan Emmerich	1:27.29L

Classified Ads

BOATS/TRAILERS: Old unwanted boats and trailers taken away for free. Also, can move boats from home to dock and shore for reasonable rates. Call AI for details: 973-271-4282
8/10/24

ELECTRIC: Free estimates, insured and bonded. Serving HLCC since 1986 license and permit #8521. Call JP Electric - Brian Boeren 973-670-4175.
6/28/25



Ladies Sunfish – Such a Beauty

SUE BURUCHIAN, FLEET CAPTAIN

July 11

What a beautiful day it was on Thursday, 7/11. Bright sun, shifty heavy winds and glistening waters. Ladies had the cream of the crop day to sail a course one (island mark) first and enjoy the challenging winds. These ladies were up for the task as the fleet divided into two with the top racers Emmaline, Ellen, Maryjane and Nancy dueled to the first mark. Strong winds had them planing downwind to the club mark. The second set of sailors Kerri, Janet and Carol got hung up just before the first mark with some wind turbulence that had them “stopped in place” for a few seconds. Once corrected, they quickly got around the first mark, jibed successfully - no small take in heavy shift winds. They worked their way downwind as the winds picked up. The leaders hiked fully going upwind. Four were met near the finish when it looked like Maryjane had the first nailed.

Then, like it happens to many, heavy wind forced her to get stuck in irons while Emmaline, Nancy and Ellen took advantage and crossed before. It happens to the best of us! Finally, Maryjane led the second pack of finishers of Kerri, Janet (first time back) and Carol (first time back) to all finish a full course in heavy challenging winds. Great job ladies - a great way to start the season!

Official Finishes were:

- 1 - Emmaline Stoddard
- 2 - Nancy Grimaldi
- 3 - Ellen Wisolmerski
- 4 - Maryjane Kresic
- 5 - Kerri Bednarick
- 6 - Carol Hastie
- 7 - Janet Zatta (required aide)

Senior Sunfish

MLADEN KRESIC, FLEET CAPTAIN

July 14 – Rarified Air

Another low wind day...After the FJs wallowed on glass and a non-race in the morning, we were worried. Our dock committee scoped out a course one for the nine that showed their enthusiasm and hoped that the wind would pick up from the bare 3 knots at the beginning of the race. As the race progressed the wind slowly increased. David built a solid lead on leg one only to be caught by some “chargers” on the downwind. Rarely are there many lead changes in light air, but today was different. The result was a tight finish with JW, Bob and James taking the top three spots coming from way behind, followed by the indestructible Chip and David really close behind. Moi, Allan, Luca and Dillon (welcome!) rounded out the fleet.

In race 2 the wind picked up a bit to a steady 5-6. Yours truly had a rare race with a lead off the line and around the three marks. On the last leg the expert sailing of JW had him pull ahead, but the old man managed to eke out a tacking finish inches ahead. I am considering retirement as this is unlikely to happen again. The whole fleet in this race sailed well with everyone finishing within a five-minute window, another rarity.

Thanks to our committee leader LuAnne, who managed the races on her own. Expertly done! Sunfish team, please have a great week, and I look forward to seeing you next Sunday, the 21st. Spread the word!

Please check the sailing schedule periodically for any changes or updates.

As a reminder, the default for every week will be 2 races.

Race 1

- 1 - John W. Wisniewski
- 2 - Bob Tomsey
- 3 - James Sullivan
- 4 - Chip Ehrhardt
- 5 - David Goldman
- 6 - Mladen Kresic
- 7 - Allan Napolitano
- 8 - Luca Bonardi
- 9 - Dillon Waltner

Race 2

- 1 - Mladen Kresic
- 2 - John W. Wisniewski
- 3 - Bob Tomsey
- 4 - James Sullivan
- 5 - Chip Ehrhardt
- 6 - David Goldman
- 7 - Dillon Waltner
- 8 - Luca Bonardi
- 9 - Allan Napolitano



Windsurf Happenings

KEVIN GASTON

July 13

The wind was so light preceding the race last weekend, that we decided to pack up all the equipment, bring it over to the starting line and rig up over there after assessing the conditions. We certainly didn't want to attempt to drift out of the east side lagoon for a second week in a row.

Upon arrival, it turned out that there were enough patches of wind out on the lake, albeit some of it coming from the north and some coming from the south. I've witnessed this phenomenon, let's just say, more than once. I thought I would call a number three course but wait, now there's only wind south of the starting line. So, a number one course with just one mark rounding seems like the best option. It turned out to be a downwind start but so what. That's where the wind, if you want to call it that, was.

With the highest gust being recorded on the wind meter barely tipping the scales at 5.6 mph, I decided to put a first time ever vote to the floor, or in this case, lake surface, to institute an option to pump the sail. It's unanimous. The yeas have it!

Join in the fun every Saturday at 3 PM whether it's blowing 20 mph or it's just a drifter kind of race. It's all about the camaraderie and having fun. See you on the line.

Race 1

- 1 - Kevin Gaston
- 2 - Todd Bennett
- 3 - Pat Detwiler

Race 2

- 1 - Kevin Gaston
- 2 - Todd Bennett
- 3 - Pat Detwiler

FJ Sailing Results

JAMES SULLIVAN, FLEET CAPTAIN

Week 1 – July 7

Race 1

- 1 - James and Luke Sullivan #24
- 2 - Mark and Sue Buruchian #118
- 3 - Bill and Liz Giannini #18
- 4 - John Wayne Wisniewski & Will Kresic #3
- 5 - Chris and Cooper Conti #11
- 6 - Jeff Pellet and Lisa #1
- 7 - Maryjane Kresic and Lisa Wisniewski #13
- 8 - Erika Oak and kids #4
- 9 - Krissy Amato and Dominick Beninati #8
- 10 - Wayne Wisniewski and Dewey #87
- 11 - Allan and LuAnn Napolitano #15

Race 2

- 1 - Mark and Sue Buruchian #118
- 2 - James and Luke Sullivan #24
- 3 - John Wayne Wisniewski & Will Kresic #3
- 4 - Bill and Liz Giannini #18
- 5 - Jeff Pellet and Lisa #1
- 6 - Maryjane Kresic and Lisa Wisniewski #13
- 7 - Wayne Wisniewski and Dewey #87
- 8 - Chris and Cooper Conti #11
- 9 - Allan and LuAnn Napolitano #15
- 10 - Erika Oak and kids #4
- 11 - Krissy Amato and Dominick Beninati #8

If anyone is interested in joining the FJ Fleet (or serving as a fill-in crew) on Sunday mornings at 11 am, please contact James Sullivan at 201-741-4235 or jms07432@yahoo.com.

2024 HLCC Sailing Fleet Schedule

MARK BURUCHIAN, HL SAILING COORDINATOR

Below are the 2024 HLCC sailing fleet schedules. All local fleet races begin at the Eckhart Sailing Center Dock located on Lakeside Drive West, south of the intersection with Alturas Road. All fleets include two races except for the Ladies Sunfish Fleet. The safety boat should arrive approximately fifteen minutes before the start of each race.

Flying Junior (FJ) Races – Sundays at 11:00 am

James Sullivan: 201-741-4235

July 21, 28 / August 4, 11, 18, 25 / September 1

Sunfish Races – Sundays at 2:30 pm

Mladen Kresic: 203-918-1102

July 21, 28 / August 4, 11, 18, 25 / September 1

Jr. Singles Sunfish Races – Wednesdays at 11 am.

Arrive by 10:45 am.

Krissy Amato: 512-206-6717; Kevin Murphy:

973-222-8243; and Justin Murphy: 862-266-0165

July 24, 31 / August 7

Ladies Sunfish Races – (1 race) Thursdays at 11:00 am

Sue Buruchian: 973-271-0227

July 25 / August 1, 8, 15, 22, 29

Jr. Doubles Sunfish Races – Fridays at 11:00 am

Krissy Amato: 512-206-6717; Kevin Murphy:

973-222-8243; and Justin Murphy: 862-266-0165

July 19, 26 / August 2, 9

Force 5 Races – Saturdays at 10:00 am

Erika Rodger: 201-961-3092

July 20, 27 / August 3, 10, 17, 24

Hobie Races – Saturdays at 1:00 pm

Rick Thompson 801-737-3005 and Chip Ehrhardt

973-222-6755

July 20, 27 / August 3, 10, 17, 24

Windsurfer Races – Saturdays at 3:00 pm

Kevin Gaston: 845-893-2923

July 20, 27 / August 3, 10, 17, 24

All Boat Regatta – August 31

Sailors' Picnic – September 1 @ 5:00 pm (safety boat lifeguards are welcome to attend)

Questions? Call Mark at 973.271.0213 or

hlccsailing@gmail.com.

Aqua Aerobics

PAULA SCHRINER AND GAIL MORTON

M - W - F

This season is off to a great start, with returning regulars from prior years and several HLCC members joining us for the first time. Please join us at Beach 1, Mondays, Wednesdays and Fridays in the water from 9-10 am, rain or shine (unless there's thunder/lightning). We will be there through Labor Day (officially), so please come and join us for some calisthenics, core work and stretching in both the shallow and deep water. The music consists of laughter and conversation. Please bring a noodle; if you don't have one, we usually have a few extras. As always, make sure you have your badge with you. Looking forward to seeing you this week.