

# The Highland Lakes Newsette

A publication of Highland Lakes Country Club and Community Association at Highland Lakes, New Jersey © 2024 "All the News That Fits We Print"



Volume 2024 | Issue Number 13 | August 17, 2024

# Cormorants: Voracious and Stinky but Protected!

### BRENDA FLANAGAN, COMMUNICATIONS COMMITTEE

Highland Lakes has cormorants! Specifically, double-crested cormorants that make the main lake their summer home. Highlights? They're black, long-necked diving ducks but without waterproof feathers (more on that later). They build nests out of all kinds of junk (even dead animals) during breeding season, when their eyes turn a bright turquoise. They lay four eggs and incubate them on their webbed feet.

Lowlights? They scarf up a tidy share of fish. They tend to congregate on the Club's swim rafts. And their acidic, highly corrosive droppings smell so horrible, it can make you gag. Too much of it can even kill trees.

"It stinks. Their poop stinks — really badly. It's disgusting," says Chris Alber, a birding enthusiast and kayaker who doesn't hold a grudge against cormorants (except maybe when they take over the swim raft and make a mess.) "It's worse even than goose poop, in a way."

Alber sees them frequently by Blueberry Island. She says cormorants like to gather in flocks, on a rock outcrop or a stand of trees, where they spread their wet wings out to dry. Wing spans average 52 inches — these are not small birds! Females are larger than males. Both sport feather tufts atop their heads. They congregate in colonies called "gulps" — maybe because each bird can eat one pound of fish per day.

"Cormorants are voracious eaters," says Ecology Committee Chair, Mike O'Neill. He notes nobody keeps count of the cormorant population at Highland Lakes. But you might say the Club hosts a "Big Gulp" with members reporting up to 30 birds, at times. The impact on fishing? Negligible, apparently.

"When we do the carp removal, we have a group from SUNY here, professors and students, and they do an informal survey of our fishery while they're removing carp," O'Neill explains. "Whatever fish come into the electrified field, they do a count. By the professors' assessment of it and, again, this is informal, our fishery is actually healthy."

Here's a little cormorant history: in 1972, cormorants came under the protection of the Migratory Bird Treaty Act. It prohibited killing, capturing, selling, or transporting

the birds — which subsequently experienced a population boom, according to the US Fish & Wildlife Service. On February 12, 2021, a new US rule increased the number of birds that could be killed, in order to manage the cormorant population, while still maintaining conservation goals. Across the four American flyways, the permissible "take" is 121,504 birds. Along the Atlantic flyway (including NJ) — that take is 37,019.

Not that the Club would initiate any such action, or even qualify for a federal permit, O'Neill suspects. "They do look for proof of damage," he says. "I think it's a separate process for private communities, versus public. And I'm not sure that we have a case because I'm unaware of any tree damage. I haven't heard reports of tree damage that's been attributed to the cormorants. So we couldn't make that case."

But cormorants can be a noisome nuisance. Federal officials advise posting mylar tape, or "predator balloons" painted with big eyes to scare off the birds. Club Manager David Martin remembers the Club did purchase a couple of small, inexpensive drones a couple of years ago, to help persuade the main lake's "gulp" to move on.

"We weren't sure it would work, and we don't have an experienced drone pilot, so it was just an experiment," Martin says. "The drones had only limited success in scaring off the birds. They quickly became more irritated than scared and were soon ignoring the drones or counterattacking! The drones only lasted a couple of weeks before a series of rough landings made them inoperable."

Kayakers have tried a similar "startle" technique, using a tactic recommended by the Ecology Club, Alber says. "If I see them congregated on the raft, I kayak directly at them and they scatter," she says. But any displacement wouldn't be permanent. The cormorants won't disappear until fall, when they migrate south to the Gulf Coast and Central America. Ultimately, humans and cormorants share Highland Lakes.

"They're protected by an actual treaty, an international treaty, that protects migratory birds," O'Neill says. "You can't harm them in any way. You can't remove them. So I think our choice here, is peaceful coexistence."





Sr. Appreciation Night Friday, August 16 - 7 pm



# **Upcoming Events**

August 16 – Sr. Appreciation

August 18 - Annual Meeting

August 24 – Jogathon

August 31 - All Boat Regatta

August 31 – Family Camp Out

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# Nomination of Trustee Candidates

## **Updated**

The following individuals have been nominated as candidates for election as trustee for their respective section. Elections will take place at the Annual Meeting on August 18, 2024. Your attendance is vital and appreciated.

Section 2	Joseph DeLorenzo
Section 2	Peter Jablonski
Section 6	David Lagas
Section 6	Thomas Marry
Section 9	Lorayne Castiglione
Section 9	James Schriner
Section 10	Michael Gunning
Section 10	Michael McCleary
Section 10	Bethany Merner
Section 11	Eric Card
Section 11	Andrea Cottrell

Section 6 Trustee will be elected to serve the balance of the term expiring on September 30, 2025. All other section trustees will serve full, three-year terms commencing October 1, 2024. Members may vote for one of the candidates listed for their section or write-in the candidate of their choice in the "Personal Choice" space provided on the ballot.

# **Beach Hours**

#### KAITLYN NAGY, WATER SAFETY DIRECTOR

Through Labor Day Beach 1 - 9 am - 5 pm Beach 3 - 10 am - 5:30 pm Beach 7 - 10 am - 5:30 pm

All hours and beach openings are subject to change based on staff availability. We thank you for your understanding.



# Jr. Appreciation

#### MELISSA HARDIN. RECREATION MANAGER

The following Jr. volunteers were appreciated at a buffet dinner on Wednesday, August 14, and were given an appreciation gift as a token of their volunteer service of ten hours or more. These juniors are on their way to becoming the next generation of adult volunteers!

Abby Amato **Jacob Gelfand** Aiden Arias Makenzie Getch Pharrel Bednarick Ionas Hardin Luca Berg Kvlee Hardin Giselle Bonardi Lincoln Hardin Regina Branter Clayton Hastie Grace Holden Jenna Brennan Owen Buchney Landon Howes Rebecca Cefaloni Abigale Klimash Gabby Cefaloni John Klimash Isabella Cherichella Ava Kraus Massimo Cherichella Cody Kutzman **Jackson Cluck** Gavin Kutzman David Constantin CeCi Laudenberger Cooper Conti Cae Laudenberger Charlie Conti Ava LePore Eli Dalelio Zoey Levens Caleb Dalelio Isabella Martinez Collin Dignan Chase Puccio True DiGuiseppe Nico Puccio Megan Emmerich Edith Roman Lauren Emmerich Aby Roman Joey Evanick William Roman Michael Evanick Ozzie Tobin **Julie Evanick** Sebastian Tobin Ramona Uschnig Nate Fahmy Ben Fahmy Miles Vandenbrock Derek Fleming Samantha Werner Alexa Fleming

# **Chit Chat**

## **DORI ZARR**

### The Wizard of Oz

Once again, Highland Laker Heather Burns, directed an outstanding performance using over 35 of our local talent. The students sang and danced in the likes of Broadway itself. Their practice and their dedication were evident. Special effects took the prize with a large tornado ripping across the Vernon auditorium under dark, menacing clouds filled with thunder. Costumes were clever and lit up with dancing butterflies and beautiful, shiny green vests for the guys upon entering Oz. Nothing was overlooked; even the live dog Toto stayed in character as he was dragged, pulled, prodded and hugged barking on cue. We wondered if he had an understudy. Keep us posted if there will be videos for us to purchase. Thank you all, including the orchestra in the pit. This was a wonderful gift to our community!

# **Upcoming Activities**

MELISSA HARDIN, RECREATION MANAGER

All of the following activities will take place from 6 - 8 pm:

August 20 – Leather Crafting Night

August 22 - Game Night and Root Beer Floats

August 23 - Open Rec Hall

For more information on these and any events, please email <a href="mailto:recreation@hlcc.org">recreation@hlcc.org</a>.



# A Message Regarding Pontoon Boats

MARK BURUCHIAN, CHAIR, BOAT DOCK COMMITTEE

#### **Pontoon Boat Owners:**

The Club recently approved a change to the Rules and Regulations. Effective January 1, 2025, the Club shall require mechanically propelled boats desiring use of a Club controlled dock space (i.e., assigned numbered dock space) to be registered with the State of New Jersey in accordance with the New Jersey Motor Vehicle Commission (MVC) requirements for all mechanically propelled boats. Proof of registration will be required for mechanically propelled boats (e.g., pontoon boats and other boats with electric motors) to be assigned a dock space next year via the Lottery. In addition, it is highly recommended that members with mechanically propelled boats complete the NJ approved Boating Safety Course and receive a boating safety certificate issued by the MVC. Please note the NJ State Marine Police were recently at the lake and may have already issued tickets for any unregistered boats.

We also ask all pontoon boat owners to be cognizant of how to properly secure their boats to the dock. The docks were a significant investment by the Club, and we want to ensure they remain in good condition. I've noticed a lot of the boats are not properly secured and are causing damage to the docks. Please be sure to tie your boat in such a way that it keeps the front edge of the pontoons from rubbing against the docks. This can be done by using the lines to pull the boat back and away from the dock as opposed to just pulling it sideways away from the stringers.

# Next Newsette: August 24, 2024

Newsette articles should be submitted by noon on the Friday before the week of publication. Under no circumstances will submissions be accepted after noon on Monday of the week of publication. Typed submissions must be emailed to the Club Office at info@hlcc.org. Sorry – we can only print photographs submitted as .jpg files with a minimum of 150 dpi. Thanks!

August 2024

			August 2024			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 7 8 14 15 21 22	Jul 2024  T W T F S 2 3 4 5 6 9 10 11 12 13 6 16 17 18 19 20 2 23 24 25 26 27 9 30 31	Sep 2024  S M T W T  1 2 3 4 5  8 9 10 11 12  15 16 17 18 19  22 23 24 25 26  29 30	20 21	8:00 AM -9:30 AM Yoga & Meditation 1:00 PM Bocce 6:00 PM Ice Cream Social 7:00 PM Road Comm. Mtg. 7:00 PM Stitching Casino Bus Trip	9:00 AM Aqua Aerobics 10:00 AM Pickleball 6:00 PM Color Wars Men's Golf Outing	9:00 AM Pickleball 9:00 AM Team Tennis 6:00 PM Lifeguard Olympics (Beach 1)
9:00 AM Family Day	9:00 AM Aqua Aerobics 5:00 PM Yoga 6:00 PM Pickleball 7:00 PM Ceramics	10:00 AM Women's Auxiliary Mig. 1:00 PM Bocce 7:00 PM Bidgs. & Grounds Comm. Mig. 7:00 PM Family Fued Family Movie Night Outside	9:00 AM Aqua Aerobics 5:00 PM Family Fit & Fun 5:00 PM Yoga 6:00 PM Pickleball 7:00 PM Darts 7:00 PM Swim Meet (H)	8:00 AM -9:30 AM Yoga & Meditation 1:00 PM Bocce 6:00 PM Rec Hall open 7:00 PM Stitching	9:00 AM Aqua Aerobics 10:00 AM Pickleball 6:00 PM Volleyball @ Beach 2	9:00 AM Pickleball 9:00 AM Team Tennis  10:00 AM Communications Comm. Mtg. 7:00 PM W/ACovered Dish
5:00 PMAII-Star Sunday Night 6:00 PM Sr. Gala	9:00 AM Aqua Aerobics 5:00 PM Yoga 6:00 PM Pickleball 7:00 PM Ceramics	10:00 AM Women's Auxilary Mtg. 1:00 PM Bocce 6:00 PM Bke Ride @Canistear Park 6:00 PM Swim Team Awards Dinner Women's Golf Outing	9:00 AMAqua Aerobics 5:00 PM Family Fit & Fun 5:00 PM Yoga 6:00 PM Pickleball 6:30 PM Junior Appreciation 7:00 PM Darts 7:30 PM VB Workshop	8:00 AM -9:30 AM Yoga & Meditation 1:00 PM Bocce 6:00 PM Pinewood Derby Races 7:00 PM Fish Comm. Mtg. 7:00 PM Stitching	9:00 AM Aqua Aerobics 10:00 AM Pickleball 7:00 PMAdult Appreciation	9:00 AM Pickleball 9:00 AM Team Tennis
18 2:00 PMAnnual Meeting	9:00 AM Aqua Aerobics 5:00 PM Yoga 6:00 PM Pickleball 7:00 PM Ceramics	10:00 AM Women's Auxiliary Mtg. 1:00 PM Bocce 6:00 PM Leather Crafting Night 7:00 PM Sr. Club Meeting	9:00 AM Aqua Aerobics 5:00 PM Family Fit & Fun 5:00 PM Yoga 6:00 PM Pickleball 7:00 PM Darts	8:00 AM -9:30 AM Yoga & Meditation  1:00 PM Bocce 6:00 PM Game Night & Root Beer Floats  7:00 PM Stitching	9:00 AM Aqua Aerobics 10:00 AM Pickleball 6:00 PM Open Rec Hall	9:00 AM Pickleball 9:00 AM Team Tennis 10:00 AM Jogathon
25	9:00 AM Aqua Aerobics 5:00 PM Yoga 6:00 PM Pickleball 7:00 PM Ceramics	27 1:00 PM Bocce 6:00 PM Giant Chess & Checkers W/A End of Season Lunch off site	9:00 AM Aqua Aerobics 5:00 PM Family Fit & Fun 5:00 PM Yoga 6:00 PM Pickleball 7:00 PM Darts 8:00 PM Ecology Comm. Mtg.	29 8:00 AM -9:30 AM Yoga & Meditation  1:00 PM Bocce 6:00 PM Crafting W/Felt Succulent Plants 7:00 PM Stitching	9:00 AM Aqua Aerobics 9:00 AM Pickleball 10:00 AM Pickleball 6:30 PM Teddy Bear Tea	9:00 AM Team Tennis 10:00 AM All Boat Regatta 6:00 PM End of Summer Camp Out



# The Highland Lakes Newsette

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PHOTOS COURTESY OF PETE JABLONSKI

# This Week in Sports

PETE JABLONSKI, ATHLETIC DIRECTOR

#### **Week of August 5**

This week marked the last week of athletics and it was another good one. Softball on Monday and Tuesday continued to build on skills that will be on display at All Star Sunday Night. Tennis and Toddler Soccer were canceled due to the rain in the middle of the week. The older kids still played soccer on Thursday in the rain. It was a wet and wild session!

Thank you to all of the kids for their enthusiasm and commitment to get to their sessions. Thank you to the adults who got the kids to their locations. A huge thank you to all of the volunteers. I appreciate everyone. The athletic program wouldn't be what it is without you!

## CHIP ZIEGLER, ATHLETICS VOLUNTEER

Tuesday night, August 6, had another small turnout, of 9 players. Riley and Luca were this week's captains. With so few players, the coaches played pitcher and outfield. Again, there were some big hits by Delilah, Eleanor, Luca, Riley, and Ben. Nate, Zoey, Maggie, and Jason rounded out the rosters. Riley's team completed a double play in the 3rd inning, and then the rain came in and washed us out. Luca's team had the momentum tonight, with a 5-2 win. Next week we will shuffle the players and do it again.









# **Seniors Shine in Final Dual Meet of 2024**

### MICHAEL BUCHNEY, HEAD COACH

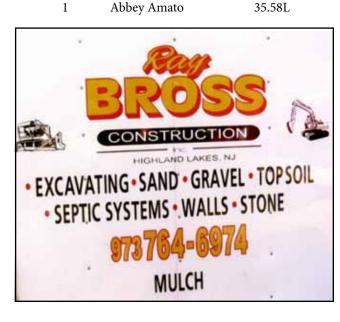
The 2024 LSC Season wrapped up last Wednesday evening as Highland Lakes played host to the Fayson Gators in a Week 6 'crossover' meet. Weather threatened the proceedings but ultimately held out, a blessing from the swim gods! The final home meet of the season meant that the team had the chance to celebrate our eight graduating senior swimmers prior to the start of the meet. Most of these swimmers have been with us since they were 8 & Unders, some as young as 5 or 6! That's 10-12 years as a part of the Highland Lakes Swim Team! Congratulations to Farrell Bednarick, Eli Dalelio, Colin Dignan, Michael Evanick, Isadora Salomonsson, Ketchell Terzakis, Duke Staley, and Hannah Wisniewski on their long and decorated careers on the team. We're proud of you all and look forward to hearing of your future adventures and accomplishments!

The Fayson Gators came hungry for a win to close out their season, and swam a strong line-up despite being the visiting team. The Gators took six of the first ten contests in the breaststroke races. Highland Lakes breaststroke highlights included a 1-2-3-4 clean sweep by the 9/10 Boys squad of Landon Howes, Cae Laudenberger, Ben Fahmy, and Nate Fahmy. Not to be outdone, the 13/14 Girls delivered a clean sweep of their own with Adrienn Kovacs, Alicia Kovacs, Juliet Schwarz and Isabella Cherichella turning in their own 1-4 performance. By the end of the breaststroke events, Fayson built up a sizeable 85-68 lead. The butterfly contests hurt Highland Lakes' prospects of staging a comeback when Fayson took 6 wins and a draw from the eight events on offer. Highland Lakes' lone victory came in the 13/14 Girls race when Alicia Kovacs and Regina Brantner finished 2nd and 3rd to win the event for HL. By the end of the Butterfly events, the Gators' lead grew to 52-point gap.

Backstroke events followed in a similar fashion with HL only able to scrape two wins from the ten contests. The 11/12 Boys team of Graden Leiter, Joseph Evanick, Gavin Kiefer and Ryan Allen-Poole completed a 1-4 clean sweep. The 13/14 Girls continued to dominate their Gator counterparts with a 1-3-4 finish by Adrienn Kovacs, Eva D, and Liz Allen-Poole. By the end of the backstroke events, the Gators were within touching distance of a technical knock-out with a 260-172 lead. Highland Lakes freestylers did their best to hold off the Gators, winning four events and earning one draw from the ten contests, their best stroke discipline of the night. The Boys 9/10 team of Landon Howes, Gavin Kutzman, Clayton Hastie swept their event 1-2-3. The 8&U Girls team of Anabelle Schwarz, Margaret Fahmy, and Adeline Kothival finished 1-3-5 to win their event. So too did the 11/12 Girls team of Alexa Fleming Zoey Levens, and Rebecca Cefaloni who also delivered a 10-point team performance. Fayson had the meet locked-up by the end of the Freestyle events, rendering the relays academic. The final score of 359-305 demonstrated the large gap between Red and White division teams, but Highland Lakes fans knew full well their team had put on a great

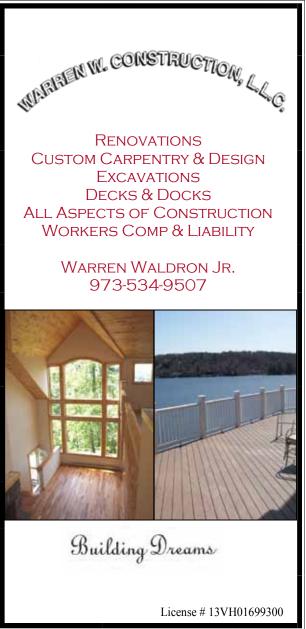
The Swim Team finishes their LSC regular season campaign with a level 3-3 record. Most importantly, they won all three of their White Division meets, which means they reclaim the regular season White Division title, their

second such trophy in the past three years. Congratulations to the entire team on this accomplishment! The team will head to the "A" Championships meet with a good			
f the season.			
nampionships			
he 2024 season!			
1:04.77L			
1:19.92L			
1:27.67L			
1:39.51L			
52.79L			
56.11L			
1:02.97L			
1:04.86L			
1:23.25L			
56.79L			
52.16L			
56.03L			
58.24L			
1:01.42L			
40.04L			
55.12L			
59.20L			
41.96L			
43.90L			
45.36L			
53.31L			
38.82L			
40.32L			
42.58L 47.76L			



Event # 10 Girls 50 Breast 15-18

5	Hannah Wisniewski	43.19L
7	Gabriella Cefaloni	45.46L
8	Isadora Salomonsson	46.74L
Event # 11	Boys 50 Fly 10 & Under	
3	Luca Berg	1:08.27L
4	Nathaniel Fahmy	1:12.14L
5	Brayden Vradenburg	1:29.47L
Event # 12	Girls 50 Fly 10 & Under	
2	Anabelle Schwarz	1:02.34L
6	Avellina Reiser	1:32.36L
Event # 13	Boys 50 Fly 11-12	
1	Derek Fisher	46.32L
Event # 14	Girls 50 Fly 11-12	
1	Alexa Fleming	38.21L
4	Rebecca Cefaloni	47.34L
6	Delilah Taylor	1:05.41L
Event # 15	Boys 50 Fly 13-14	
2	Vincent Fisher	37.16L
Event # 16	Girls 50 Fly 13-14	
2	Alicia Kovacs	41.14L
3	Regina Brantner	53.86L



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Page 6   Au	ugust 17, 2024					
Event # 1	17 Boys 50 Fly 15-18		Event # 28	Girls 50 Back 15-18		
3	James Brantner	31.07L	3	Hannah Wisniewski	37.42L	
5	Duke Staley	35.24L	5	Alexandra Kovacs	39.44L	
7	Declan Olds	44.95L	8	Jenna Brennan	43.51L	
8	Farrell Bednarick	1:07.58L	9	Gabriella Cefaloni	43.70L	Ev
Event # 1	18 Girls 50 Fly 15-18		10	Julie Evanick	44.74L	
5	Hannah Wisniewski	37.04L	11	Isadora Salomonsson	45.25L	
6	Alexandra Kovacs	37.13L	Event # 29	Boys 50 Free 8 & Under		
7	Mia Chonko	39.10L		7		
9	Jenna Brennan	41.35L	3	John Klimash	1:01.60L	Ev
Event # 1			4	Gavin Harris	1:02.45L	
4	Seneca Giunta Field	1:12.64L	5	Seneca Giunta Field	1:08.58L	
5	Gavin Harris	1:15.97L	Event # 30	Girls 50 Free 8 & Under		
Event # 2	20 Girls 50 Back 8 & Under					
3	Margaret Fahmy	1:07.43L	1	Anabelle Schwarz	49.49L	
4	Ezra Dalelio	1:14.58L	4	Margaret Fahmy	1:05.01L	
9	Adeline Kothiyal	1:23.18L	8	Adeline Kothiyal	1:14.51L	
11	Olivia Vazquez	1:38.21L	9	Ezra Dalelio	1:15.76L	Ev
Event # 2	-		10	McKenna Reiser	1:19.76L	
2	Gavin Kutzman	53.19L	12	Ryleigh Brennan	1:31.61L	
5	Clayton Hastie	1:00.57L	13	Annette Kaicher	1:35.57L	
7	Benjamin Fahmy	1:10.62L	Event # 31	Boys 50 Free 9-10		
Event # 2	22 Girls 50 Back 9-10		1	Landon Howes	41.89L	
3	Addison Talerico	1:02.24L	2	Gavin Kutzman	45.63L	
6	Eleanor McCarney	1:10.26L	3	Clayton Hastie	51.00L	
7	Riley Simons	1:15.10L	5	Cae Laudenberger	53.99L	Ev
Event # 2	23 Boys 50 Back 11-12		6	Luca Berg	57.32L	
1	Graden Leiter	47.72L	8	Noah Edwards	1:08.29L	
2	Joseph Evanick	51.56L				
3	Gavin Kiefer	53.30L		. \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \		
4	Ryan Allen-Poole	53.77L				Ev
Event # 2	24 Girls 50 Back 11-12		<b>***</b>			
2	Zoey Levens	43.63L				
4	Ava Kraus	1:01.12L				
Event # 2	25 Boys 50 Back 13-14			·		
3	Caleb Dalelio	43.94L		مراجعتا	<i>)</i>	Ev
4	Braeden Contreni	49.57L			<b>5 A</b>	
Event # 2	26 Girls 50 Back 13-14					
1	Adrienn Kovacs	43.47L		WI O	1111	
3	Eva D	54.00L				
4	Elizabeth Allen-Poole	56.77L		7 X X		Ev
Б , , , ,	NE D 50 D 1 15 10			- 1 ~ X. 1 //		

,	Daniel Raicher	1.11.70L
10	Brayden Vradenburg	1:12.61L
11	Stephen Kaicher	1:13.19L
12	Joseph Whitby	2:14.03L
Event # 32	Girls 50 Free 9-10	
4	Addison Talerico	59.69L
5	Charlotte Schreiner	1:03.94L
7	Eleanor McCarney	1:12.75L
8	Riley Simons	1:26.82L
Event # 33	Boys 50 Free 11-12	
1	Derek Fisher	34.52L
6	Joseph Evanick	45.47L
7	Ryan Allen-Poole	45.90L
8	Gavin Kiefer	46.68L
9	Cody Kutzman	48.46L
10	Caleb Burns	49.86L
11	Tristan Talerico	56.30L
Event # 34	Girls 50 Free 11-12	
1	Alexa Fleming	35.99L
3	Zoey Levens	38.74L
5	Rebecca Cefaloni	40.84L
8	Makenzie Getch	44.70L
9	Jenalyss Laszloczky	50.91L
10	Ceci Laudenberger	52.66L
11	Ava Kraus	54.79L
Event # 35	Boys 50 Free 13-14	
1	Derek Fleming	29.90L
3	Vincent Fisher	34.60L
6	Caleb Dalelio	37.33L
8	Braeden Contreni	43.43L
Event # 36	Girls 50 Free 13-14	
2	Juliet Schwarz	35.15L
3	Eva D	39.71L
5	Isabella Cherichella	42.26L
6	Regina Brantner	46.73L
Event # 37	Boys 100 Free 15-18	
3	James Brantner	1:09.75L
6	Sean Allen-Poole	1:15.09L
7	Steven Bednarick	1:16.20L
8	Michael Evanick	1:27.65L
Event # 38	Girls 100 Free 15-18	
4	Alexandra Kovacs	1:14.73L
6	Gabriella Cefaloni	1:21.27L
8	Julie Evanick	1:25.09L
9	Jenna Brennan	1:25.81L

9

Daniel Kaicher

1:11.90L



36.33L

38.02L

40.24L

40.77L

Event # 27 Boys 50 Back 15-18

3

4

6

Nicholas Beninati

Steven Bednarick

Michael Evanick

Elijah Dalelio



HIGHLAND ARCHITECTURAL DESIGN, LLC jim@highlandarchitectural.com\_www.highlandarchitectural.com

# FJ Sailing Results

## JAMES SULLIVAN, FLEET CAPTAIN

Weeks 4, 5 and 6

Race 1 – July 28

- 1 Kevin Murphy and Abbey Amato #25
- 2 Marc and Sue Buruchian #118
- 3 James and Benen Sullivan #24
- 4 Bill and Liz Giannini #18
- 5 Maryjane Kresic and Lisa Wisniewski #13
- 6 Rob Wisniewski and Briana Kresic #6
- 7 Jeff Pellet and Lisa Marcinelli #1
- 8 Lou and Emily Iannucci #20
- 9 Krissy Amato and Dominick Beninati #8
- 10 Allan and LuAnn Napolitano #15
- 1 Kevin Murphy and Abbey Amato #25
- 2 Marc and Sue Buruchian #118
- 3 Maryjane Kresic and Lisa Wisniewski #13
- 4. James and Benen Sullivan #24
- 5 Bill and Liz Giannini #18
- 6 Jeff Pellet and Lisa Marcinelli #1
- 7 Rob Wisniewski and Briana Kresic #6
- 8 Lou and Emily Iannucci #20
- 9 Krissy Amato and Dominick Beninati #8
- 10 Allan and LuAnn Napolitano #15

### Race 1 – August 4

- 1 Bill and Liz Giannini #18
- 2 Marc and Sue Buruchian #118
- 3 Kevin Murphy and Abbey Amato #25
- 4 James Sullivan and Johanna Bloomfield #24
- 5 Maryjane Kresic and Lisa Wisniewski #13
- 6 Allan and LuAnn Napolitano #15
- 7 Krissy Amato and Dominick Beninati #8

#### Race 2

- 1 Kevin Murphy and Abbey Amato #25
- 2 James Sullivan and Johanna Bloomfield #24
- 3 Marc and Sue Buruchian #118
- 4 Bill and Liz Giannini #18
- 5 Maryjane Kresic and Lisa Wisniewski #13
- 6 Allan and LuAnn Napolitano #15
- 7 Krissy Amato and Dominick Beninati #8

#### Race 1- August 11

- 1 Jeff Pellet and Lisa Marcinelli #1
- 2 James and Luke Sullivan #24
- 3 John Wayne Wisniewski and Brianna Kresic #13
- 4 Marc and Sue Buruchian #118
- 5 Maryjane Kresic and Lisa Wisniewski #13
- 6 Lou and Emily Iannucci #20
- 7 Krissy Amato and Dominick Beninati #8
- 8 Roger Kirchner and Christine Alber
- 9 Bill and Liz Giannini #18

#### Race 2

- 1 James and Luke Sullivan #24
- 2 Marc and Sue Buruchian #118
- 3 Bill and Liz Giannini #18
- 4 Maryjane Kresic and Lisa Wisniewski #13
- 5 John Wayne Wisniewski and Brianna Kresic #13
- 6 Jeff Pellet and Lisa Marcinelli #1
- 7 Lou and Emily Iannucci #20
- 8 Roger Kirchner and Christine Alber
- 9 Krissy Amato and Dominick Beninati #8

If anyone is interested in joining the FJ Fleet (or serving as a fill-in crew) on Sunday mornings at 11 am, please contact James Sullivan at 201-741-4235 or jms07432@ yahoo.com.

# **Windsurf Happenings**

# KEVIN GASTON, FLEET CAPTAIN

## August 10

The Weather Channel forecast went something like this: west-northwest winds at 5 to 10 mph. In contrast, the AccuWeather forecast called for average wind speeds at 15 mph with gusts up to 30. So, after processing all this information, I then proceeded to rig up sail sizes to cover winds anywhere from 5 to 30 mph which is just about everything in my arsenal. It turns out that it didn't matter what I rigged up. Justin Murphy dominated the race course all day long, masterfully navigating the fickle winds and making it look like child's play. Brother Joe also put a scare into yours truly by finishing mere seconds behind me.

The winds were so fickle, in fact, Dock Committee Commander, Mike Gaston, described the conditions as winds that came in from the north south with occasional gusts from the east west. For the first time, we had wind readings from two different directions at the same time. Those were 12.3 mph from the north and 7.7 mph from the south.

In challenger division action, Todd Bennett put an exclamation point on his season by edging out Pat Detwiler in both races. Todd will be missed as he is heading back to his hometown of San Francisco for the rest of the summer.

There are only two race weekends left. Come on out and join the fun before the Summers is over. See you on the line.

#### **Championship division**

# Race 1

- 1 Justin Murphy
- 2 Kevin Gaston
- 3 Joe Gaston

## Race 2

- 1 Justin Murphy
- 2 Kevin Gaston
- 3 Joe Gaston

# **Challenger division**

#### Race 1

- 1 Todd Bennett
- 2 Pat Detwiler

#### Race 2

- 1- Todd Bennett
- 2 Pat Detwiler



# Senior Sunfish - Wow...Wind!

### MLADEN KRESIC, FLEET CAPTAIN

## August 11

So, after a thunderous washout the previous Sunday, we were happy to see the sun and ripples on the water. The 5-knot gusts (they seemed like gusts considering what we have had this season) coming from WSW, made it a solid course 1 blue.

The first race saw some very shifty winds as Mark and John jockeyed around the first two marks, with James and Moi inching close on the downwind. Around the final mark, JW and Mark were neck and neck but Mark took a straight starboard tack down the eastern seam, while JW chose the middle of the lake. As the wind shifted to come directly off Eckhardt center, JW rode starboard straight down the lake, crossing the line first, followed by lucky me, James and Mark. Bob had clear wind for 5th, with Roger, Chip, David, and Dillon close behind.

In race 2, our nine sailors took a similar approach while the winds seemed more steady. JW, Mark and James jockeyed for position from the outset, and were especially close downwind. In the end, JW crossed first with Mark and James right behind, followed by me with lots of clear air, Bob, David, Roger, Chip and Dillon. The whole fleet was very close, a testament to everyone's improvement, and some better winds.

Luanne was on leave, so Ellen managed the races with a great assist from Rob W. providing color at the mike, Lisa W. at the horn and Chris A. checking the finish. Thanks to you all!!

Sunfish team, please note that next weekend (the 18th) is the HLCC Annual Meeting so there are no sunfish races. Have a great week, and I look forward to seeing you in two weeks, Sunday, Aug 25. Let's hope for another perfect-wind day! In the meantime, spread the word. Please check the sailing schedule periodically for any changes or updates. As a reminder, the default for every week will be 2 races.

#### Race 1

1 - John Wayne

#### Wisniewski

- 2 Mladen Kresic
- 3 James Sullivan
- 4 Mark Buruchian5 Bob Tomsey
- 6 Roger Kirchner
- 7 Chip Ehrhardt
- 8 David Goldman 9 - Dillon Waltner

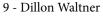
## Race 2

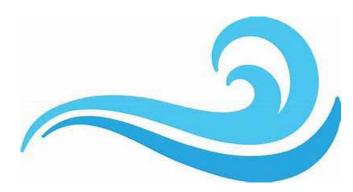
Wisniewski

1 - John Wayne

## 2 - Mark Buruchian

- 3 James Sullivan
- 4 Mladen Kresic
- 5 Bob Tomsey
- 6 David Goldman 7 - Roger Kirchner
- 8 Chip Ehrhardt





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# Ridge & Valley 🛦

Licensed Real Estate Brokerage

## Highland Lakes's hometown, full service Real Estate Brokerage!

I am excited to announce the launch of Ridge & Valley Real Estate, an independent real estate brokerage based in Highland Lakes, serving Highland Lakers.

#### NJ MAIN OFFICE:

188 Breakneck Rd, Ste. 201, Highland Lakes, NJ 07422

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**Carly Ebers** 

Owner & Broker of Record NJ & NY Highland Lakes Specialist









Clubhouse Fun

PHOTOS COURTESY OF TERRY TAYLOR

# **Aqua Aerobics**

#### PAULA SCHRINER AND GAIL MORTON

The water aerobics season is still going strong. We've only had to cancel one session this season and that was due to weather last week. We have had as few as 5 and as many as 22 participants. We have welcomed several new faces this year, and so many returning regulars. Please join us at Beach 1, M-W-F in the water from 9 -10 am, rain or shine (unless there's thunder/lightning). We will be there through Labor Day (officially). Although we have been told we are "hard core," the exercises are accessible to anyone who can swim. So please come and join us for some calisthenics, core work and stretching in both the shallow and deep water. The music consists of laughter and conversation. All you need is a noodle; if you don't have one, we usually have a few extras. As always, make sure you have your badge with you. Come on in – the water's great!

We are holding our historically "end of season" brunch in August this year, and we hope anyone who has participated this year can join us on Sunday, August 25, 2024. Please text or call Paula at (201) 232-3190 for more information.



# YOUR HIGHLAND LAKES NEIGHBORHOOD EXPERT

When it comes to buying or selling your home in Highland Lakes, why not trust the realtor who lives, loves, and breathes everything this beautiful community has to offer?

### LIVING THE HIGHLAND LAKES LIFESTYLE

As a proud resident of Highland Lakes, I am not just your agent; I am your neighbor. I cherish the unique charm of our community, from the serene mornings on the lake to the vibrant local events that bring us all together. Whether it's a sunny day at the beach or a fun-filled evening at a neighborhood gathering, you'll often find me enjoying the same wonderful experiences that make Highland Lakes so special.



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My deep connection to Highland Lakes means I have an intimate understanding of the local real estate market. I know the neighborhoods, the schools, and the hidden gems that make this area a great place to live. When you work with me, you're not just getting a realtor; you're getting an advocate who will passionately promote your home and attract buyers who will appreciate it as much as you do.

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And if you see me around—at events, the beach, or even out on the lake—feel free to stop and chat. I'm always happy to talk about how I can help you achieve your real estate goals.

Experience the difference of working with a realtor who truly knows and loves Highland Lakes. Let's make your real estate dreams come true!

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# Family Feud Recap

SUE BURUCHIAN, W/A FUNDRAISING EVENT CHAIR

## August 7

Thank you, Highland Lakers, for a great time playing Family Feud. Seventy-five people came to duel it out on the Seckler Stage with our professional host, Steven Christopher. We had great prizes to share and giveaways to enjoy. Thank you to ALL our local businesses, restaurants, artists and members who donated fantastic offerings. This Woman's Auxiliary effort was a benefit for all local emergency services in our township and HL Goodwill. They do so much, it's the least we all can do! Thank you to the ladies of HL auxiliary, the "foot soldiers" who went out soliciting for prizes and those who helped with set up, door tickets, kitchen and clean up. You rocked it! We couldn't have done this without you all — helping others is always so gratifying. Thank you!



# **HL Senior Club**

#### JOYCE HEALY, PRESIDENT

Greetings and felicitations to my dear friends in our "Mighty Seniors" Club. Each time we gather at the Clubhouse, a restaurant, a stadium or other sites, I feel the joy of being with you as our group grows in number. We're 94 members strong and always welcome new friends.

Let me share a little message I read by Elisa Morgan entitled: WELCOME MAT. Browsing through the doormats displayed in my local big box store, I noted the messages stamped on their surfaces. "Hello!", "Home" with a heart for the "o". And the more customary one I chose, "Welcome." Putting it in place at home, I checked my heart. Was my home really welcoming the way it should be? To a child selling chocolates for a school project? A neighbor in need? A family member who called on the spur of the moment?

The word welcome means to receive and accept as a guest, even the undervalued and the inconvenient. I thought of my welcome mat and wondered how I extend my love to others.

So, I reiterate: our Senior Club will welcome new friends. Come on down. If you missed our annual Gala, oops! It was wonderful. Catering by Vinny G. was yummy! Music by The Stragglers had lots of friends on the dance floor all night! There was a surprise visit by Pavo, the beautiful horse owned by Steve L. to kick off our countrywestern dinner dance! Our parties aren't complete without Flo's fantastic dessert / cookie board! Wow! Ask me about that! Sincere gratitude for all the help given to make the event great!

We have so much more coming up in Sept., Oct., Nov., and Dec. You may join us anytime. Questions about our BBQ, San Gennaro Feast, Oktoberfest, Lantern Walk, more guest speakers coming up, mid - month luncheons, military Christmas card project, big annual Christmas and holiday dinner dance...give me a call: 845-544-3749. Love ya, Joyce H.

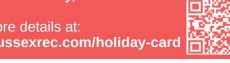
The holidays will be here before you know it. Let your kids express their excitement!



Artwork from your family's young artist can be featured on SREC's 2024 holiday card!

We're now accepting submissions of artwork from children and grandchildren of members (K-5th) for our 2024 Holiday Card Art Contest! Our top 3 submissions will receive prizes and first place will have their art featured on this year's holiday card! Submissions are due Friday, October 25th.

Find more details at: www.sussexrec.com/holiday-card





Sussex Rural **Electric Cooperative** 



Members - We want your feedback! ★



Let us know how we're doing through our **Member Satisfaction Survey!** www.sussexrec.com/surveys

# **Classified Ads**

**BOATS/TRAILERS:** Old unwanted boats and trailers taken away for free. Also, can move boats from home to dock and shore for reasonable rates. Call Al for details: 973-271-4282 12/7/24

**ELECTRIC:** Free estimates, insured and bonded. Serving HLCC since 1986 license and permit #8521. Call JP Electric - Brian Boeren 973-670-4175.

## **SAILING LESSONS:** If

your child needs some extra help sailing, please contact me. I am a captain in the HLCC Junior Sailing program with several years of experience, located on the main lake. Call/text Cooper at 551-286-8501. 8/26/24

# CHIMNEY MAN -GEORGE EDMONDSON

**MASONRY:** Stone chimney builders, repairs, cracks, walls, stairs, block floors, deck excavation, etc. Waterproofing and sealer. Thirty-two years in business in Highland Lakes. Fully insured. Call 973-764-1359. 8/9/25

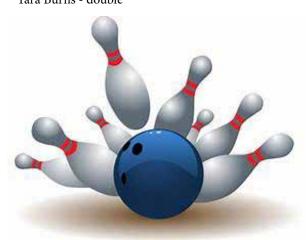
# **Ladies Bowling**

PAT WOOTTON AND JUDI SUNDA

#### Week 5

The gals are not ready for the Bowling Hall of Fame, but are having great conversation, exercise, and fun. There are a few improvements shown, but for the most part, many are keeping their averages.

Highlights for the week include: Joyce Healy - 5/10 split Paula Kloza - 151 Tara Burns - double





rain gardens, lake style landscape design, native plantings, natural stone patios and walls, weed control, lawn maintenance, snow plowing, Tick control, outdoor lighting

mikuliklawnandlandscape.com NJHIC #13VH08884200 Vernon, NJ

# Mother Nature...Thanks!

SUE BURUCHIAN, FLEET CAPTAIN

#### August 1

The Ladies Sunfish fleet sails on Thursdays at 11 am. Sailing is a great way to give ladies a place to just learn a new sport and take in some sun and wind. Sailing is therapeutic as it takes your mind off all the other things in our lives and forces us to challenge ourselves against Mother Nature. Let's face it, she is the one who makes us move on the lake. All that said, Mother Nature blew her winds inconsistently two weeks ago which challenged every sailor. The top skillfully weeded themselves out to the following results:

- 1 Emmaline Stoddard
- 2 Ellen Wisolmerksi
- 3 Nancy Grimaldi
- 4 Christine Alber
- 5 Kerri Bednarick

Due to heavy rains, the August 8 race was postponed. There will be two races on 8/15. Thank you to the Dock Committee of Stoddard/M. Buruchian and our HL Lifeguards especially to Michael Orlando who was top notch every Thursday. Good luck at college buddy!



PHOTOS COURTESY OF SUE BURUCHIAN

# 47th Annual Frank Henninger Memorial Jogathon

NANCY GRIMALDI

## Saturday, August 24

Mark your calendars! It's time again for the Annual Frank Henninger Memorial Jogathon in honor of my father, who started the event in 1977. Even though it's called a "Jogathon," you can run, jog, walk, or do a little of each. Over the years, we've had bikers, pets, babies in strollers, and even a CHIHUAHUA in a stroller! Of course, we always have our serious runners, with amazing speeds of under half an hour, who compete against their best times. Watching the runners make that extra push across the finish line is always exciting.

The course follows a scenic route of approximately 4 ½ miles around our beautiful Big Lake. This year, the Jogathon

will start at the Clubhouse at 10 am on Saturday, August 24. Please arrive with enough time to sign in, stretch, and greet one another. Coffee, donuts, and "Joggers Juice," aka OJ, will be provided outside on the front porch.

As always, the "Courtesy Car" will be making its way around the lake to provide ice-cold water for people and pets or a ride back to the Clubhouse if needed. We hope to see an even bigger crowd this year as we welcome back our regulars and gain some newcomers. We also hope to see our friends across from the Clubhouse, who sometimes have a family party the day of the Jogathon and come in Hawaiian shirts and leis to cheer us on!



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# 2024 HLCC Sailing Fleet Schedule

#### MARK BURUCHIAN, HL SAILING COORDINATOR

Below are the 2024 HLCC sailing fleet schedules. All local fleet races begin at the Eckhart Sailing Center Dock located on Lakeside Drive West, south of the intersection with Alturas Road. All fleets include two races except for the Ladies Sunfish Fleet. The safety boat should arrive approximately fifteen minutes before the start of each race.

Flying Junior (FJ) Races – Sundays at 11:00 am

James Sullivan: 201-741-4235 August 18, 25 / September 1

Sunfish Races – Sundays at 2:30 pm Mladen Kresic: 203-918-1102 August 18, 25 / September 1

Ladies Sunfish Races - (1 race) -

Thursdays at 11:00 am Sue Buruchian: 973-271-0227 August 22, 29

Force 5 Races – Saturdays at 10:30 am

(Time Change)

Erika Rodger: 201-961-3092

August 17, 24

**Hobie Races** – Saturdays at 1:00 pm Rick Thompson 801-737-3005 and Chip Ehrhardt 973-222-6755 August 17, 24

Windsurfer Races – Saturdays at 3:00 pm

Kevin Gaston: 845-893-2923 August 17, 24

All Boat Regatta – August 31

Sailors' Picnic – September 1 @ 5:00 pm (safety boat

lifeguards are welcome to attend)

Questions? Call Mark at 973.271.0213 or hlccsailing@gmail.com.

# **Force Five Results**

#### ERIKA RODGER, FLEET CAPTAIN

#### August 3 and 10

The past two weeks have shown an awesome turnout, and some new blood for the fleet. It's been nice (yes, shifty, but it's HL) wind overall, pretty good weather, and a good time is had by all. We even had a few photo finishes!

Abbey Amato made her Force Five debut on 8/3, and Charlie Conti on 8/12. Great big welcome, and we hope to continue seeing you out there. Thank you to Jonathan Oak for dock committee (Natalie and David for supervising), and thank you to the great safety boat.





#### PHOTOS COURTESY OF ERIKA RODGER

Race 1 - 8/3

- 1- Rob Wisniewski
- 2 Abbey Amato
- 3 James Sullivan
- 4 Erika Rodger
- 5 Mike Gillooley
- 6 Steven Violante

Race 2

- 1 Erika Rodger
- 2 James Sullivan
- 3 Abbey Amato
- 4 Rob Wisniewski
- 5 Mike Gillooley
- 6 Steven Violante

Race 1 - 8/10

- 1 Erika Rodger
- 2 James Sullivan
- 3 Chip Ehrhardt
- 4 Mike Gillooley
- 5 Charlie Conti

Race 2

- 1 James Sullivan
- 2 Erika Rodger
- 3 Chip Ehrhardt
- 4 Mike Gillooley
- 5 Charlie Conti

#### PHOTO COURTESY OF ALICE CARMODY

# HLCC Lifeguards Earned a Gold!

ALICE CARMODY

## **August 6**

On Tuesday we were enjoying watching a catamaran sailing across the lake from Beach 2, when the winds really picked up and it capsized. Lifeguard, Nick Beninati, was working on Beach 2, assessed the situation and let his coworkers know he was going out on the board to help. The on-duty guards from the swim lanes noticed Nick and decided to get the guard boat and also go out to assist. The assisting lifeguards were Kieran Corbutt, Catie Lovett, and Elijah Dalelio. It took a village, but they up righted the boat and safely towed it to the owner's dock. They should be commended for their teamwork and success!

